LIGHTHOUSE FORTIFICATION

continues, nears half-way mark in 2022

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On Montauk Contributors 2022



DAVE DAVIS teaches preschool for the Head Start program based at the Children's Museum of the East End in Bridgehampton, NY. He is also a columnist for the East End Beacon, and a frequent contributor to the popular children's podcast, Who Smarted?



CHRIS PFUND is a consummate business man with deep roots in Montauk. He once ran a local hardware store, which he turned into Montauk's only bike shop for 31 years, and today concentrates on professional live sound reinforcement throughout the Hamptons and tri-state area through his company, Quantum Sound Systems, which he has run for 30 years. He stays in shape with daily trail rides on his bike and annual triathlon entries.



DEBBIE TUMA is a journalist, and a third generation native of Montauk. Her family started the charter fishing industry in the 1940's, and later started Tuma's Dock in the 1950's. Her father, Captain Bob Tuma, ran his charter boat "Dawn" for 60 years. She works at WLNG 92.1 Radio Station and writes for The Daily News, Newsday, and East End papers.



ASHLEY WALKER is the Founder of AWCO-a small creative studio that specializes in making fun and modern designs. A graduate of the Pratt Institute, she began her career creating infographic-based posters and later went on to design for companies such as Google, Nike, and the NBA. She lives and works in Brooklyn, NY with her partner and their two Brussels Griffons.



MIKE WRIGHT is a writer and fisherman who grew up in Southampton. He writes the weekly fishing column for the East Hampton Press and fishes from the beaches of Montauk every chance he can get. Mike changes vehicles frequently to confuse legions of trainspotting anglers who would otherwise follow him, shamelessly, to fishing hot spots throughout the year.



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EDITOR-IN-CHIEF	Carter Randolph Tyler
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CONTRIBUTORS	Dave Davis, Denise DiPaolo, Chris Pfund, Debbie Tuma, Mike Wright

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bait & lures	locally dug
New England Clam Chowder 7	uart 18 *Montauk Pearl Oysters 1/2 doz. 14
Manhattan Clam Chowder 7	*Local Clams on the half shell 1/2 doz. 8 doz. 16
Kick'n Crab & Corn Chowder 9	20 Local Steamers MP
Lobster Bisque 9	20
Tuna Bites 14	boats
Peel & Eat Shrimp 13	served with fries
Fried Calamari 12	Fish 'n' Chips 17
Steamed Mussels in white wine & garlic 18	Fried Shrimp 16
salads	Fried Soft Shell Crab Sandwich 16
Add Chicken +5, Shrimp +7, Fish +12 or Lobster Salad	+27 Crab Cakes 14
Hooked House Salad	Fried Whole Belly Clams 18
kale, quinoa, cranberries, cotija cheese &	Fried Scallops 14
orange segments with cranberry citrus vinaigret	
Beet & Baby Arugula Salad	13 Fishwich 15
baby Arugula, beets, walnuts, aged Irish cheddar	
with a blood orange & shallot vinaigrette	off the hook
Kale Caesar Salad	13 served with fries
hooked on lobster	*Hamburger 14
Lobster Salad Roll	*Cheeseburger add bacon +2 15
served with coleslaw	BBQ Baby Back Ribs 17
Tom Lob	32 Grilled Chicken Sandwich 14
vine ripened tomato stuffed with lobster salad	Veggie Burger 14
Lobster Mac & Cheese	16
Whole Local Steamed Lobster	MP hook ups
served with mussels & corn - ask about	French Fries 4
sizes and prices	Sweet Potato Fries 5
locally hooked	Coleslaw 4
	20 Corn on the Cob 3
served over greens or as a sandwich with fries	Mac & Cheese 6
*Tuna Poke Bowl	15
raw ahi tuna, pickled cucumber, shitake	guppies (kids)
mushrooms & scallions, served over soba noodle in a southwestern cilantro vinaigrette	served with tries
Fish Tacos	Fish Bites 9 Grilled Cheese 9
two with broccoli slaw, mango salsa & sriracha ma	Chiefron Courience Q Heat Dea
=	

*Consuming raw or undercooked meats, poultry, seafood and shellfish may increase your risk of foodborne illness.

Before placing your order, please inform us if a person in your party has a food allergy. Menu items and prices subject to change.



From the Editor 2022

1AC IS HERE!

We're in Year 1 of the post-covid era, 2022. Call it 1AC (after covid). We've crossed over a demarcation line that separates then, and now, and begins a new history. It was a global assault we lived through, like an alien invasion that unexpectedly fades away (think Wells' War of the Worlds). The simple "before" time is long gone and the brutal, mindbending shock of 20-21 is transitioning into a weird and uncertain new reality that's both exciting and unnerving. We're quitting jobs and moving all over the place with curious vigor, reevaluating priorities, finding new interests, and just getting on with our lives with greater clarity. Why? I think it's a collective sense of relief that covid, while it sadly claimed many we love, didn't end the world and that we're, well, still around after the nightmare.

We've got a bit more pep and appreciate more the things we took for granted.... like, Montauk? No. Nobody would do that. But the AC enlightenment has inspired a lot of folks to stop flirting and finally make a move on Montauk, and score. This includes not just new homebuyers that have moved out (remember what brought you here?), but existing homeowners who have decided to make Montauk permanent. This is undoubtedly good for the fabric of our community as it boosts year-round appeal, which in turn brings more kids, families, diversity, and jobs that last longer than 3 months a year!

The winter of 2022, or 1AC, was more active in Montauk than any time I can remember in my 15 years here. That's great to see. But sleep easy if that makes you uneasy: Montauk will always be a giant anchor securing a little ship. So get out there and enjoy the End!

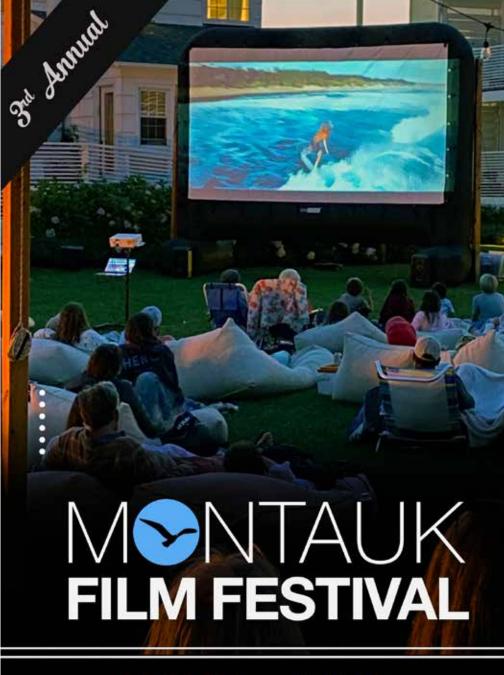
CARTER R. TYLER



The Tyler's during COVID.

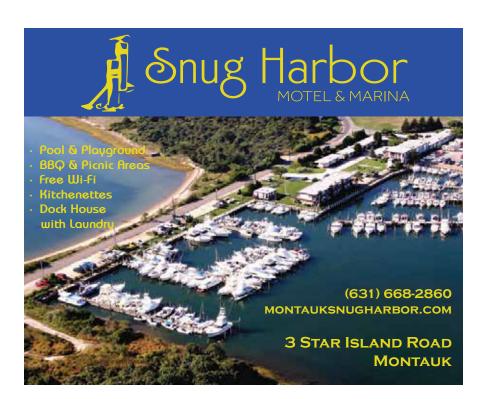


The Tyler's AC!



JULY 22 - JULY 31

Check the website for ticket and screening locations: montaukfilmfestival.org







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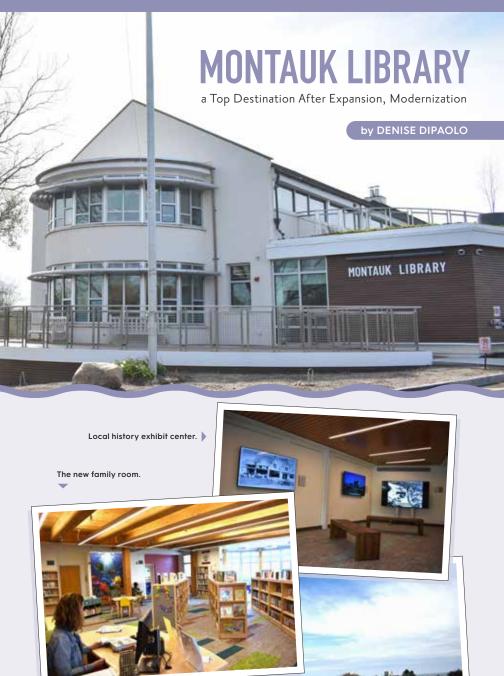


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Outdoor west facing terrace with ocean views.

A much-anticipated modernization of the Montauk Library has yielded a brand-new children's wing, family room, teen area, sound studio, local history center, book sale room, and three exterior spaces with spectacular views and greenery. A robust slate of 2022 programming for kids and adults has already begun! Visit montauklibrary.org/calendar.

SPRING 2022 MARKS THE

completion of a key modernization project at the Montauk Library. Already much loved and frequented by Montaukers and visitors alike all year round, the expanded Library has cemented itself as one the End's top destinations. Of course, it's still the best rainy day spot around, but so much more. If its new walls could talk:

The new FAMILY ROOM walls would brag about the child-height picture book browsing bins, the preschool-age play area, the interactive puzzles and games, the cozy nooks where children can read, the growing bilingual book collection, and the new outdoor deck.

The newly expanded UPPER LEVEL walls would crow about the spectacular views from the outdoor decks, the comfortable reading areas for adults, and the board game tables.

The LOWER LEVEL walls would cheer about the new recording studio, the book sale room, and the additional meeting room where small groups can reserve space for tutoring, proctoring, and book clubs.

The walls of the new ARCHIVAL STORAGE room would boast about the grand space where maps, documents, photos, and other memorabilia pertaining to Montauk's illustrious history reside safely.

The walls in the brand-new LOCAL HISTORY EXHIBIT CENTER actually can talk. Scan the QR code under each

...the best rainy day spot around...

portrait on the new Oral History Wall and hear, in their own voices, Frank Tuma, Mary Gosman, Craig Tuthill, Gus Pitts, and so many others sharing anecdotes and memories of their day-to-day Montauk life and adventures.

All are welcome. Stop by and see for yourself at 871 Montauk Hwy, just east of town. 631-668-3377.

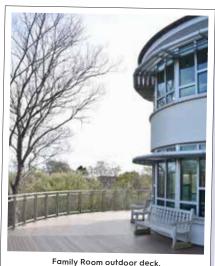
>> MONTAUKLIBRARY.ORG





Denise's experience includes over 20 years as a Library Administrator/Supervisor. Denise joined Montauk Library as Director in 2015. She is particularly interested in sustainability,

technology and archival collections and collaborating with community organizations to create an enriching library experience for visitors of every age & distinction.



Once Upon A Time...

by SALLY KRUSCH

The town of Montauk had no library until 1980. Before that, starting in 1963, all Montauk had was a Bookmobile that came every two weeks. It was operated by the Suffolk Cooperative Library System (SCLS) and in the late 1970s, they decided they would stop the service.

The first library was opened in a small cottage (which is still standing) on property owned by the Montauk Community Church. They kindly offered it for rent at one dollar a year. It opened in November 1980 with ten thousand books donated by other libraries and library patrons, plus financial aid and guidance from SCLS.

Soon the community supported a building plan for a new, much larger facility. In 1982 Montauk voted to purchase 2.5 acres east of town for the site. A bond issue was approved, a State Grant was obtained, and fundraising was started. Construction began in 1989.

In 1991 the main floor opened, and fundraising continued. In 1997, the downstairs Archival Room was completed, followed by the meeting room in 1999. Finally, the mezzanine level opened in 2001, marking the library's completion.

But by the time it was completed, it was already too small. Twenty years had passed since the idea for a library was hatched, and another twenty years would pass before another renovation would be completed. In 2022, under the direction of Director Denise DiPaolo and the Board of Trustees, which is led by matriarch Joan Lycke, the library was modernized and enhanced with 50% more space added, including a greatly expanded children's library. Be sure to see it!



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HAMPTON BALLET THEATRE SCHOOL



The Events Calendar

PLEASE NOTE: Before visiting any attraction or business listed, please call ahead to confirm hours of operation, admission prices, and any other information needed to plan your activities. For the most up-to-date listings, please visit us at **OnMontauk.com**.

RECURRING EVENTS

MONDAY

LIVE MUSIC

Kate and the Sturdy Souls at The Surf Lodge
 Monday Night Concerts On the Green

WEDNESDAY

LIVE MUSIC

Nancy Atlas at The Surf Lodge

WELLNESS

1/2 price Montauk Salt Cave sessions

THURSDAY

RECREATION

· Sandcastle Contest at Hither Hills State Park

SHOPPING

Montauk's Farmers Market on the Green, 6/9 to 9/8

FRIDAY

SHOPPING

Montauk's Farmers Market on the Green, 9/16 to 11/18

SUNDAY

LIVE MUSIC

Concerts at Gosmans Dock July and August

DAILY EVENTS

MAY

RECREATION: 10th Annual Blessing of the Boards at St. Therese of Lisieux

JUNE

ART: 3-Day: Montauk Artist Association 27th Annual Juried Fine Arts Show on the Green

FISHING: 3-Day: 52nd Montauk Marine basin Shark Tag Tournament at Montauk Marine Basin

RECREATION: Annual Blessing of the Fleet at Montauk Harbor

RECREATION: 38th Annual Robert I. Agron. Memorial Mighty Montauk Triathlon

JULY

BENEFIT / SPORTS: Rell Sunn 24th Annual Benefit Surf Contest and Raffle and Art Auction at Ditch

SALE: 2-Day: Historical Society Craft Fair at Second House Museum

FISHING: 3-Day: Montauk Mercury Grand Slam Fishing Tournament at Uihlein's Marina

BENEFIT: Ocean Swim Challenge hosted by East Hampton Volunteer Ocean Rescue Squad and Montauk Playhouse Community Center

FESTIVAL: 5-Day: Montauk Film Festival

KIDS: Family Fair Fundraiser at Children's Museum of the East End

TRIATHLON: Annual Lighthouse Sprint Triathlon & Relay

AUGUST

LIVE MUSIC: Annual Music for Montauk Summer Series

LIVE MUSIC: Montauk Music Festival Rocks the Lighthouse at the Montauk Lighthouse

SALE: 2-Day: Historical Society Craft Fair at Second House Museum

KIDS: 2-Day: Kings of the Coast Pirates Show at The Montauk Lighthouse

SEPTEMBER

CHARITY SPORTS: 56th Annual Ride to Montauk For Multiple Sclerosis

SALE: 2-Day: Historical Society Craft Fair at Second House Museum

LIVE MUSIC: Tumbleweed Tuesday On the Green

BENEFIT: A Walk on Water Montauk **Fundraiser**

FESTIVAL: 2-Day: Annual Montauk Seafood Festival

BENEFIT: Big Bucks Bonanza at the Montauk Fire Department

TRIATHLON: MightyMan Montauk (Sprint) Triathlon Festival at Fort Pond Soccer Field

DAILY EVENTS

OCTOBER

BENEFIT: Pancake Breakfast to benefit Senior Holiday Dinner at Montauk Firehouse

FILM FESTIVAL: 5-Day: Hamptons International Film Festival

FESTIVAL: 2-Day: 41st Fall Festival Clam Chowder Contest On the Green 10/8-10/9

KIDS: Halloween Parade in Town hosted by Montauk School

NOVEMBER

RECREATION: Seal Hikes at Montauk Point State Park by NY State Parks

SPORTS: Brewathlon presented by Old Montauk Athletic Club

BENEFIT: Girls Night Out Benefit 2022

SPORT: 46th Annual "Run for Fun" Turkey Trot Around Fort Pond



RECREATION: 12th Annual Lighting of

The Lighthouse

KIDS: Annual Christmas at the Lighthouse with Santa

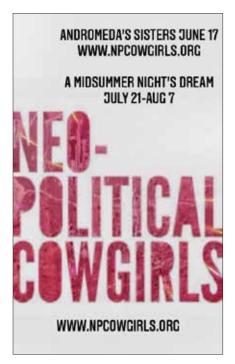
RECREATION: 43rd Annual Holiday Dinner for Montauk Seniors

DECEMBER

KIDS: Gingerbread Decorating Party at the Candied Anchor

BENEFIT: Jingle Bell Hop hosted by St. Therese Parish

KIDS: Santa is Coming to Town! At the Montauk Fire House



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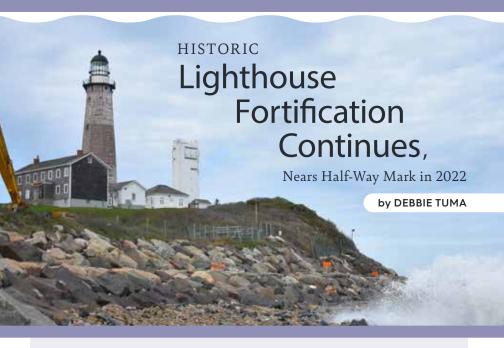
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AT IN or TAKE



After almost a year of construction, the massive rock revetment project shoring up the Montauk Lighthouse is almost at its half-way mark. Think 70,000 tons of stone!



Picking up boulders, one-by-one.

THE DESIGN CALLS FOR about 1,000 feet of revetment and there's about 400-500 feet done so far, according to Greg Donohue, erosion control expert at the lighthouse.

"It's a two-year project, so they will be on time," he said. "The sea wall is nearing half-way to completion. There's 70,000 tons of stone being installed, one at a time." Donohue said that although it's been a challenging job, the project is well coordinated by H & L Contracting, the New York State DEC, the U.S. Army Corps of Engineers, the NYS Parks Department, and the Montauk Historical Society.

"The level of professionalism and communication is very high, and it's all an inspiring team," said Donohue. "The way the design criteria is being installed by the contractor is insurance and a guarantee that the lighthouse will be on its perch for hundreds of years," he said.

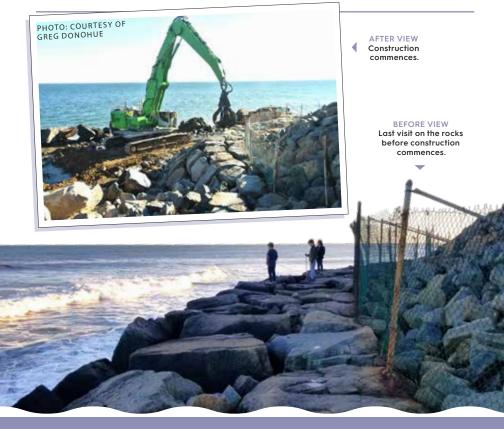
Noting that this half-way mark came around the time of Earth Day 2022, Donohue explained that the first Earth Day in 1970, 52 years ago, heralded the beginning of modern day attempts to control erosion at Montauk Point. This was when Georgina Reid started her first terracing project by planting grasses to hold up the bluffs around the lighthouse

In 1991, the Montauk Historical Society joined with the U.S. Army Corps of Engineers in studying how to protect her terraces from wave attack. Donohue says, "Now in 2022, we are happy and blessed to see the engineers give an engineered solution to stabilize these bluffs.

Georgina's early initiative is why we're here today. This is the biggest capital project that Montauk will ever know."

The Montauk Lighthouse has since become a National Historic Landmark, allowing Congress to appropriate money to preserve it.

The revetment project is timely as concerns grow about climate change and a receding coastline. These concerns were aired in April 2022 at a meeting of the Express News Group held at Gurney's Montauk. Members of the East Hampton Town Board, the Concerned Citizens of Montauk, erosion control experts, and local citizens gathered to discuss details of the newly released





This iconic monument has been there for hundreds of years.

East Hampton Coastal Assessment and Resiliency Project, which addresses how to handle the long-term effects of erosion and our coastline.

Later, Aram Terchunian, a coastal geologist and owner of First Coastal Consulting of Westhampton Beach, a panelist at the meeting, said the Montauk Lighthouse project is an example of being "proactive." He has worked on hundreds of restorations and erosion control

projects throughout the east end over 35 years.

"The Montauk Lighthouse project is not just local but of international significance and interest," he said. "This iconic monument has been there for hundreds of years. Sailors and vacationers go to the lighthouse from all over the world. Even the whalers who left Sag Harbor sailed past this lighthouse on their way to the Atlantic Ocean...and it was their beacon home."





















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2022 is shaping up to be gangbusters for Montauk fishermen! Along with a steadily expanding near-shore bluefin tuna fishery and the outstanding bottom fishing for delicious porgies, fluke and black sea bass we have enjoyed for the last decade or so, this should also be a banner year for striped bass fishermen.

THERE ARE ALWAYS A LOT OF

striped bass in Montauk and there is no better place to catch a trophy striper for your photo collection. But with the "slot limit" in place in NY and other states, catching a trophy does not always mean bringing home dinner. In the last few years, bringing home a striper from that slot sweet spot -- between 28 and 35 inches -- has been a bit harder than it used to be when a "keeper" just had to be over a minimum size.

Part of the problem has been due to some long stretches of very poor spawning returns in the striped bass population that have caused big gaps in the sizes of fish being caught. For several years now there have been lots of very big fish, while in the last few years there has also arisen a surge of small fish. Good news for the future, but not helpful to the frying pan.

This year, 2022, however, there are three relatively large spawning year-classes of striped bass that should be growing







into "keeper" size in significant numbersmeaning it should be easier than ever to bring home impressive fish from Montauk's fertile waters.

The harbor's many charter boats are, of course, the most reliable way to put some stripes on ice on any given day. But, of course, stripers are also the prized target for shore-based fishermen. There are few things more rewarding in the sporting world than catching your family's dinner from the suds of Montauk's surf breaks.

While the "fall run" is what has made Montauk famous as the "Surfcasting Capital of the World," stripers are actually in the surf here from mid-April straight through the summer and can be caught fairly reliably with a bit of diligence - and the sacrifice of some sleep.

Stripers start roaming our shores in early

spring - this year, the fishing turned on about the second week of April - but the real push of fish into Montauk waters usually comes well after the Memorial Day holiday.

It's a well-worn adage that sunrise and sunset are...

There is typically a week or so in June when the truly trophy stripers are moving into the area along the ocean and can present some opportunities to surf fishermen for spectacular catches for those in the right place at the right time. Sometimes the big push is mid-month and sometimes it's not until nearly the July 4th holiday, but certainly stalking the usual haunts is worthwhile well before Father's Day weekend.

When they are first arriving in our waters, usually hot on the heels of big schools of bunker (something to keep an eye out for from the beach as a good indicator of where to start), the fish can be found during daylight hours, especially if there's a little easterly breeze blowing.



As late spring becomes summer and the days and nights get warmer, however, the fish will get much more sensitive to daylight.

It's a well-worn adage that sunrise and sunset are the best times to fish. This is doubly true for surfcasting, with one caveat being that it's not actually sunrise and sunset, but well before sunrise and well after sunset when you are most likely to draw a strike from a striper in the ocean surf.

And, truth be told, the morning hours are the far superior time. Striped bass in summer are primarily nocturnal, but if fishing the surf at night is not your bag then the hour and a half or so from when you can first reliably see without a flashlight until the sun has gotten above the horizon are by far your best bet.

Fair warning: this is very early. Sunrise in June and July is right around 5:20 a.m., which means it's getting light out by 4:45 a.m. and the fishing has often slowed down already by 6 a.m. So, set your alarm and plan on taking a mid-morning nap at the beach.

Wherever or whenever you go on the hunt for stripers – especially if it's on a charter boat, where you are likely to catch all the fish you can stand – please be realistic about how much fresh fish meat you can truly use.

If you're here for just a short visit, are you going to eat fish more than once? How much space do you have in the fridge? Our hotel owners can tell you about the fish that is left behind in their refrigerators, or in garbage cans. Striped bass are not infinite and are actually in a down-cycle, so we cannot afford to have fish going to waste. Our kids should be able to catch some, too.

We cannot afford to have fish going to waste.

If you are on a charter boat, please tell the captain and mate what your needs are. They will be happy to put the fish you will eat on ice and help you capture photos of the ones you won't, then send them back to the sea to bite again the next time you visit the End.

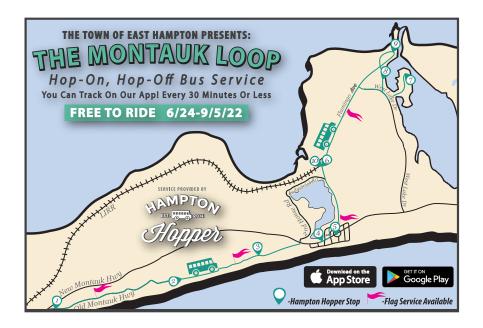








Second House is the oldest house in Montauk, originally built to house livestock keepers in 1746, and rebuilt in 1797. While the museum remains closed for its historic restoration, our grounds are open for strolls and activities. Come and join our amazing band of volunteers to help with our garden and craft fairs! Please visit montaukhistoricalsociety, org or call us on 631,668,5340.



STOPPING DAILY FROM 10AM-10PM AT:

- 1. Hither Hills Campground
- 2. Gurney's Montauk
- 3. Beachcomber/Breakers
- 4. Kirk Park Beach
- 5. Montauk Chamber
- 6. LIRR Fort Pond Rd
- 7. Gurney's Star Island Resort & Marina
- 8. Viking Fleet & TT's
- 9. Gosman's Dock
- 10 LIRR Station

FLAG SERVICE LOCATIONS:
WAVECREST, HARTMAN'S BRINEY BREEZES, TAUK@TRAILS END,
MONTAUK BREWING CO., CORNER OF FLAMINGO & FALCON PL

It Takes a Village

by DAVE DAV

Mesmerizing, serene Montauk, humble in its limitless appeal mere hours from NYC, has always lured visitors and well-heeled homebuyers from all corners of the globe. The Covid outbreak, perhaps unexpectedly, kicked that phenomenon up another notch.



Volunteers are the heart and soul of the pantry! Meet some of the dedicated volunteers (from left to right): Front row: Andy Harris, Lorraine Kelly, Alice Houseknecht Middle row: Gillian & Peter Ciaccia, Aurelia Jurgensen, John & Jane Twiname, Simone Monahan Back row: Kevin Burke, Carrie Cullen, Patricia Byrne, Patty Kinney, Sally Richardson

IT BROUGHT MORE FULL-TIME

residents to the End as vacation homeowners hunkered down with remote work arrangements and looky loos finally jumped off the fence to buy dream homes away from larger population centers. Commensurately, ever-growing staffing needs of local businesses abruptly plummeted, forcing many workers dependent on Montauk's vibrant tourism industry to seek out stop-gap measures to make ends meet. Enter the Montauk Food Pantry (MFP), which was established over 30 years ago by two prominent local educators, Fran Ecker and Ines Fox, to help provide lunches for families with kids in the Montauk School.

Over 30+ years, the pantry has grown to serve a legendary community that would make Carl Fisher proud (google him!). Montauk is a place where surfers, fishermen, hikers, bikers, boaters, and the rich and famous co-exist anonymously with countless weekenders and day



trippers, all at peace in the knowledge that they have discovered their promised land. But none of this is cheap, well... not anymore. It's, uh, expensive to live in Montauk, where a million dollars gets you, well, not much.

...a million dollars gets you, well, not much.

So, if you consider Montauk's limited and fabulously expensive housing (to rent or buy), high-priced basics like gasoline, food and utilities, a growing service sector needed to meet surging demand, and an explosion of seasonal workers every summer -- Covid years notwithstanding, then you can appreciate how valuable this well-run, local organization can be in serving a stretched local community.

The MFP, which today dispenses not just food, but essentials like diapers and formula, to hundreds of local families year-round, is well run, structured, and professional, living up to the adage "It takes a village" offered by Alice Houseknecht in a recent interview conducted while food was being packed. As a long-time resident with a penchant for helping others in need, Alice has overseen the operation as far back as 2010 when she served as its president and more recently as its director. Under her guidance, the pantry's crew has grown to some 30 dedicated volunteers that unload, stock, package, and disburse all items.

Befitting Montauk's locale, nearly all the pantry's fresh food is locally sourced, ranging from large operations like Share the Harvest Farm in East Hampton to a





blessed little plot of land at the Montauk Community Garden. Individuals have also stepped up to provide much-needed items that might otherwise be elusive. Maureen Cahill regularly purchases and delivers fresh eggs from a farm on Shelter Island. And Stephen Robinson, the owner of Hamptons Sourdough, donates and delivers fresh rolls on distribution days, which are typically twice a month. Even Jon Bon Jovi has pitched in, supplying the pantry with pallets of non-perishable food throughout the summer of 2020 when it was difficult to procure such items due to shortages at many stores.

...a valuable organization serving a legendary

Funding for the pantry comes from Long Island Cares - The Harry Chapin Food Bank, plus multiple sources around the east end and private donations, but the need is ongoing. Food drives have also been sponsored by the Montauk School, the Montauk Girl Scouts and others. Last autumn, I personally had the opportunity to cheer on hundreds participating in a local run/walk fundraiser sponsored by The Dock, while none other than Peter Ciaccia, former president of the New York Road Runners and race director of the NYC Marathon, put his skills to work by organizing a "Virtual 5K" event that raised some \$12K for the pantry. Now that's getting creative!



KID'S STUFF SUMMER



ON LAND

PATHFINDER COUNTRY DAY CAMP

631-668-2080

pathfinderdaycamp.com

The pièce de résistance of Montauk camps since 1964 provides a traditional summer day camp experience for children 4–12. Located on 5 acres bordering Fort Pond. Flexible scheduling; door-to-door bus pickup and drop-off.

DEEP HOLLOW RANCH SUMMER PONY CAMP

631-668-2744

deephollowranch.com

The iconic ranch run by the Keogh family offers a Summer Pony Camp for kids aged 7-12; Sessions run June to August; campers bring their own jeans, boots, helmets, snack and drink. Classes fill up! Did someone say pony party?

NEO-POLITICAL COWGIRLS THEATER GAMES CAMP

631-748-8307

npcowgirls.org

Kate Mueth's renowned dance, theatre and storytelling company, the Neo-Political Cowgirls, offers one day theatre games camps for boys/girls ages 8-13. Dates and locations TBD at time of printing so check the website for details. An OM partner.

HAMPTON BALLET THEATRE SCHOOL WEEKLY INTENSIVES

631-237-4810

hamptonballettheatreschool.com

The HBTS In Bridgehampton offers weekly summer dance intensives with daily ballet classes and various other fun and exciting forms of dance; kids with dance experience age 5 and up are eligible. Intensives run by HBTS Director, staff and guest teachers. An OM partner.



CHILDREN'S MUSEUM OF THE EAST END (CMEE) PROGRAMS

631-537-8250

cmee.org

The CMEE in Bridgehampton is a valuable East End resource for kids. They offer multifarious daily and weekly camps/programs for ages 2-9, most for the younger set (2-5). Way too many to mention, so check out the website for full details. An OM partner.

ON THE WATER

KID'S SURF ACADEMY® COREYSWAVE

631-668-9283

coreyswave.com

Semi-private 2-hour group lessons designed to get kids stoked on surfing alongside other kids with professional instructors at Ditch. Private lessons available and Spring/Fall specials for local school kids. Previous instruction preferred, but not required. Ocean safety, surf etiquette, and environmental awareness are taught.

SAIL MONTAUK SAILING CAMP

631-522-5183

sailmontauk.com

Learn sailing at Gurney's Star Island Resort and Marina with Sail Montauk's certified professionals; Memorial weekend basic sailing course plus two-week sessions throughout the summer; hands-on instructions learning the basics with 4-5 students per boat, then racing and games! Ages 9-16.

PECONIC WATER SPORTS MONTAUK CAMP

631-680-0111

peconicwatersports.com/montauk

Wakesurfing, waterskiing, wakeboarding, and tubing are taught to kids ages 5-14 by certified professionals; no experience required; 9:30-12:30 M-F, most time is spent on the boats where all equipment is included.



KID'S STUFF RAINY DAY FUN



Montauk is an outdoor place, but even in the rain it's great to be here!

If you're not inclined to beach it in the rain, these East End attractions will take the edge off indoor days in paradise.

THE MONTAUK LIBRARY

871 MONTAUK HWY. 631-668-3377

montauklibrary.org

The best local indoor place to take the kids for a few hours of fun. The newly renovated library has an expanded kid's room with books and videos for all ages. The library also shows movies, hosts concerts, and maintains a packed schedule of various events for all ages. Check the calendar at the library website.

THE MONTAUK LIGHTHOUSE

631-668-2544

montaukLighthouse.com

If you haven't done the lighthouse yet, get on it. Make your way to the top for great views... still great even in the rain...and check out the fascinating museum that explains the seafaring history of the lighthouse, displays historic documents, and offers guided tours. Children under 41" visit free, but are not allowed to enter the tower. Parking fee \$8 until 4:30 in season.

THE MONTAUK PLAYHOUSE

240 EDGEMERE ST. 631-324-2417

The Playhouse is a historic building across from the train station that houses a large basketball gymnasium (and several other entities) that is open to the public. They have a daily and weekly schedule of activities that includes free time. Call and/or pop in to see their schedule and shoot a few hoops.

OTHER NEARBY RAINY DAY OPTIONS

CHILDREN'S MUSEUM OF THE EAST END (CMEE)

about 40 mins from Montauk 376 BRIDGEHAMPTON/SAG HARBOR TURNPIKE IN BRIDGEHAMPTON 631-537-8250

CMEE.org

The CMEE is a great place for kids ages
1-8 any time but especially on rainy days.
Kids can enjoy multiple themed play areas
for hours and a giant rumpus room full of
soft mats and climbing structures. There's a
separate soft hang-out area for pre-walkers.
Multiple special programs throughout the
summer, daily and weekly, plus an engaging
staff make this a must-visit...even if you do wait
for a rainy day. Entrance fees apply.



THE SOUTH FORK NATURAL HISTORY MUSEUM AND NATURE CENTER (SOFO)

► about 40 mins from Montauk 377 BRIDGEHAMPTON/SAG HARBOR TURNPIKE IN BRIDGEHAMPTON 631-537-9735 SOFO.ora

Across the street from the Children's Museum in Bridgehampton, the SOFO is a amily-friendly natural history museum of exploration and discovery for kids and adults. It's full of nature exhibits (with many live creatures) and sits adjacent to the six-mile trail system of the Long Pond Greenbelt. Great staff can help first-time visitors navigate the options and explain the many educational programs held throughout the year.

EAST HAMPTON CINEMA

▶ about 20 mins from Montauk 30 MAIN ST, EAST HAMPTON fandango.com/regal-ua-east-hamptoncinema-aabkg/theater-page

The closest movie theatre to Montauk is the United Artists East Hampton Cinema with 6 screens showing first run features. We know, you're not in Montauk to watch movies...but the rainy-day thing, yeah.

THE LONG ISLAND AQUARIUM

▶ about 1.2 hours from Montauk 431 EAST MAIN ST. IN RIVERHEAD 631-208-9200

longislandaquarium.com

Yes, it's a seriously good aquarium with a huge shark tank, sea lion show, and countless cool ocean creatures plus a magnificent butterfly room (they land on you). Touch rays, starfish, crabs, etc. and watch 20 lb. stripers meander safely about. There's also an arcade, spider monkey exhibit, and much more. A worthy day trip from Montauk, rain or shine. Hit the nearby Tanger Outlets if that's your bag.

THE CLUBHOUSE IN E. HAMPTON

- Bowling, Arcade, Sports, Food
- In East Hampton, about 25 minutes from Montauk

174 DANIEL'S HOLE RD. - 631-537-2695 ehitclubhouse.com

Bowl a few frames, let the kids (and you) enjoy some high-end arcade games, and watch sports on massive screens while having lunch, dinner or drinks. All this under one massive, thoughtfully partitioned roof next door to the East Hampton airport. A great way to keep kids and adults occupied for a few hours, if mother nature is out of sorts.

KID'S STUFF AROUND TOWN



Montauk is about nature...the beaches, water sports, fishing, trail walking, biking, etc. Here are a few more suggestions for the kids...

PLAYGROUNDS

Montauk has four great public playgrounds for traditional kid fun:

1. The Montauk School

(enter at 2nd House Rd and S. Eaton)

2. Next to the baseball field

(at S. Edgemere and S. Erie Ave)

3. Hither Hills State Park

4. Montauk Lighthouse

(lower parking area, also many grill stations)





EDDIE ECKER COUNTY PARK

aka The Dog Park

This park at the end of Navy Road (cross the railroad tracks, then turn left) is not a formal playground but a great open park space on Fort Pond Bay for frisbee, lawn games, running wild, walking the dog, etc. There's also a fishing pier jutting deep into the bay.

BASEBALL DIAMONDS

Two little league baseball diamonds are available for public use just north of the circle in town (unless local team has scheduled events).

SOCCER FIELD

Across from the baseball diamonds, north of the circle, is a wide open soccer field that's available for any type of open recreation, soccer included!

MONTAUK SKATE PARK

North of downtown on Essex Street

The skate park is under renovation in 2022 and will be one of the best of its kind on the east coast when complete. Go to montaukskatepark.com.

TENNIS

MONTAUK DOWNS TENNIS

► Open to the Public 330 FAIRVIEW AVE 631-561-1678

themontaukdownstennis.com

The Downs run various clinics, lessons and day camps for kids and adults through the season on the Downs' six Har–Tru courts, which are also rentable by the hour and for private lessons.

GOTHAM TENNIS

Open to the Public

91 S. FULTON DR. (OFF WEST LAKE DR.) 631-267-8525 gothamtennis.com.com

Now in its fifteenth year in the Hamptons and NYC, the Gotham MTK coaching staff excel at teaching juniors. Gotham's Kids Camps are known for instilling a lifelong love of tennis in young players, while developing friendships, skills, good sportsmanship and confidence. For an added bonus, why not drop your child off at camp and indulge yourself with a private lesson or adult clinic? Full and half day options.

PUBLIC COURTS IN TOWN

631-324-2417

East Hampton Town operates two first-come, first-serve courts at the very end of S. Erie St. (past the soccer field). All year. No lights.



SWEET TREATS

JOHN'S DRIVE-IN

677 MONTAUK HWY IN TOWN 631-668-5515

A Montauk institution for amazing home-made ice cream and great old-school drive-in food. Their old-fashioned ice cream truck can be booked for parties!

KID FRIENDLY TRAILS

See Parks & Trails section, page 67.

TRAILS AT SHADMOOR

Many easy, kid friendly trails wind throughout Montauk. Among the easiest spots for kids and less energetic adults to "hike" is at Shadmoor. Park in the free lot just east of town on the right and stroll your way down to the spectacular bluffs (about 15 mins) and check out an old WWII pillbox along the way.

MONTAUK LIBRARY

See Rainy Day Fun, page 40.

MONTAUK PLAYHOUSE

See Rainy Day Fun, page 40.



Digging at Ditch

MONTAUK BAKE SHOPPE

29 THE PLAZA A

631-668-2439

montaukbakeshoppe.com

Breakfast, Lunch: A Montauk institution is the Bake Shoppe. Fresh everything in the morning displayed for easy viewing in classic bakery style. Classic bakery items mingle with specialties like rugelach, quiche, and exotic cookie creations. Homemade doughnuts, cakes and...wow, those breakfast wraps are so big and juicy you could skip lunch. Coffee, juices, refreshments also. Takeout or grab a table outside and people watch.



Baked goods from Montauk Bake Shoppe!



Lunch • Dinner • Late Night Happy Hour • Fresh Seafood Vegan & Gluten Free Options Live Music Almost Every Night Indoor/Outdoor Patio Open 7 Days a Week



631.238.5527 | 63 South Euclid Ave, Montauk taukattrailsend.com

HILLTOP MANOR

AT THE

MONTAUK MANOR HOTEL

631.668.8612







Here's another morsel of Montauk swagger...it's one of the birthplaces of what was to become an Olympic sport, the Triathlon. Specifically, the two places where Triathlon originated are Kona Hawaii, for Iron Man, and the east end of Long Island for Olympic distance races. Every other race and race series in the world is based after these two places! Few people in Montauk or the east end ever knew this, at least until now.

I WITNESSED THIS CRAZY NEW

area of sport spawn almost simultaneously with mountain biking. It originally evolved in Hawaii from a barroom challenge as to which athlete was the toughest - the swimmer, the cyclist, or the runner.

Using the logic of extreme one-upmanship that only beer can produce, it was decided to combine all three of the toughest events the island had to offer, yielding a 2.4-mile swim, 112-mile ride around the island, and then a 26.2-mile run to see who was the roughest, toughest of them all. I don't think anyone was really satisfied with the results because we've

2022 TRIATHLON RACES IN MONTAUK ROBERT J. AARON MEMORIAL MIGHTY MONTAUK TRIATHLON 1 mile swim, 19 mile bike, 6.2 mile run. The classic race since 1982, run by Merle McDonald-Aaron in memory of her late husband, Bob, who died of pancreatic cancer in 2002. mightymontauk.com MONTAUK LIGHTHOUSE TRIATHLON 0.5 mile swim, 14 mile bike, 3.1 mile run. eventpowerli.com MIGHTYMAN MONTAUK TRI FESTIVAL eventpowerli.com MIGHTYMAN MONTAUK (SPRINT) TRIATHLON 750 meter swim, 17k bike, 5k run MIGHTYMAN MONTAUK (OLYMPIC) TRIATHLON 1.5k swim, 4ok bike, 1ok run MIGHTYMAN MONTAUK (HALF IRON) TRIATHLON 1.2k swim, 56k bike, 13.1k run

enjoyed countless rematches that have spilled over to the mainland, the world, and then the Olympics.

In 1982, the Mighty Hamptons triathlon in Sag Harbor was started by Ray Charron. That race would be the precursor to the seminal Mighty Montauk Triathlon that was started shortly thereafter by Montauk's own Bob Aron, who tragically died of pancreatic cancer in 2002. The race, still a classic must-do, is currently run by Bob's wife, Merle McDonald-Aaron, in Bob's memory.

Bob made this race special with his own flair for fun amidst the pain. He always introduced little tweaks to keep racers guessing. Like...how long is the swim?... or what do you do when you're trying to figure your run pace and you come upon a sign that says Mile 3+? I think Bob had so much fun keeping us all guessing that he sometimes comes back in spirit to continue his fun with the athletes. One

time in 2006 we saw so much rain that it washed away some of the course markers, leaving a few key racers to run astray. The Mighty Montauk Triathlon has historically been the season opener for the Northeast, including veteran runners and newcomers. It starts in water that is just beginning to feel the late spring sun, then emerges onto land into a hilly, rolling bike course that takes you around Lake Montauk and out to the point for a not-so-flat ride, culminating on a 10K run with a flat 1.5 mile beginning, followed by nothing but hills for the remainder. It is a very diverse race with an elite field of northeast top age groupers slugging it out in the front, followed by the rest of the mortal beings.

I have had the good fortune to be at every edition of the Mighty Montauk Triathlon and have competed in all but a few. Bob hired me to provide the sound system at the first running and within a few years, I graduated from spectator to competitor. Since then I have competed in a few. I first thought it was a monumental undertaking until I did my first one and realized that it was just plain fun. The triathlon to me is a celebration of life, or maybe I just like beating my head against the wall cause if feels good when I stop.

I must say...of all the races I have done over the years, the Mighty Montauk will always be the most special. Its history, the faces I see year after year, and the feeling of family that Bob created -- and Merle has preserved -- make it fitting that this is one of the founding races of the sport.

Anyway, triathlon in Montauk had its second incarnation in 1995 when Dan Kulchinsky and Jose Lopez teamed up to start the Lighthouse Sprint Triathlon, still

a very popular first-timer event. This is a point-to-point race, meaning that it has two transitions areas. The swim to the bike transition area is at Gin Beach and the second bike/run is at the lighthouse. This is a great first-time race with arguably the sport's most breathtaking finish as you cross the line at the top of the hill next to the lighthouse itself.

In 1996, Dan and Jose organized Montauk's first half distance race. That's a 1.4-mile swim, 56-mile bike, and 13mile run. Upon learning that it was just a one-year affair, I fantasized with my friend Steve Tarpinian about making that distance work again. One issue was that the original staging area was problematic, but after the town built the soccer field next to Fort Pond, we knew we had a venue.



For more information and to register, go to eventpowerli.com

So, eight years later, in 2004, we put on the first running of the MightyMan Montauk Half Iron Triathlon. Triathlete Magazine (the US mag for Tri-Geeks) heard the buzz and came to investigate, calling it a must-do race and putting it in their shortlist of must-do events. They even did a listing of what they considered to be the ten best triathlon cities in the US with a headline "From Kona to Montauk".

Of course, you don't need to be a Gear-Head, Mud-Stud, or Tri-Geek to enjoy what Montauk has to offer. Jaunts out to the Point or the dock area are easy for the whole family and both have points of interest at their respective halfway points. Either trip takes about two hours with stops for a snack at Gosman's or the lighthouse café. Except for the village itself, almost all of Montauk's roads are sparsely trafficked. So get out there to ride, bike, and swim the end!



MUSEUMS



MONTAUK POINT LIGHTHOUSE > VIEWS VIEWS VIEWS!

631.668.2544 montaukhistoricalsociety.org/montaukpoint-lighthouse/

Our magnificent lighthouse provides unforgettable 360° views of the surrounding waters and land. The Montauk Point Lighthouse is the oldest lighthouse in New York: authorized by George Washington in 1792. Built in 1796, it still serves as a federal aid to navigation. It was designated a National Historic Landmark in 2012.

LIGHTHOUSE MUSEUM & GIFT SHOP

631.668.2544 montaukhistoricalsociety.org/montaukpoint-lighthouse/

The museum, housed in the Keeper's Residence, focuses on lighthouse, maritime and local history, and includes exhibits about keepers' lives, erosion and erosion control at Montauk Point, shipwrecks, fishing and indigenous people. They offer group tours by appointment; please call 631.668.2544 to book.

The Montauk Historical Society tirelessly operates the following must-see historic landmarks in Montauk. Learn more at montaukhistoricalsociety.org.

Courtesy of Montauk Historical Society.

MONTAUK OCEAN'S INSTITUTE & SURF MUSEUM

The Ocean's Institute, located in the former fog signal building east of the lighthouse tower, features changing exhibitions concerning marine science, oceanography, fishing and conservation.

Please check our website for opening times.

Fees: (includes access to museum and Oceans Institute): \$13 Adults, \$8 Seniors, and \$5 Children up to 12 and at least 41" tall; Children under 41" are free, but they can't go up the tower. New York State Parking fee: \$8.

SECOND HOUSE MUSEUM

631.668.5340 montaukhistoricalsociety.org/secondhouse-museum/

Second House, built in 1797 to house livestock keepers, is the oldest dwelling in Montauk. It is located just west of town, across from the Kirk Park parking. Currently undergoing a massive historic restoration, the museum is closed but the grounds are open for public enjoyment.

INDIAN MUSEUM

631.903.9603 montaukhistoricalsociety.org/montaukindian-museum/

On the grounds of Second House, just west of town, this museum showcases artifacts found in Montauk from 15,000 years of indigenous habitation. Open Thursday - Sunday from 12-3pm in season. Adults \$5, children \$3.



PARKING is free at Amsterdam Beach (limited) but a fee is charged at the Kirk Park Beach, across from the 7-Eleven, Hither Hills State Park and Montauk Point. Many other beaches, such as Ditch and Gin, require a parking permit, which is only available to residents and available at Town Hall Annex in the Montauk Playhouse 631-668-5081

DOGS ARE NOT allowed on most beaches 10am - 6pm, May 15 through September 15.

BEACH FIRES are allowed on main town beaches from 5pm - 12am but must be fully contained in a metal container

FOUR WHEEL DRIVE permits for the main town beaches can be purchased at the Town Hall Annex in the Montauk Playhouse. 631-668-5081

NO VEHICLES allowed on the beaches 10am - 6pm, May 15 - September 15. Other beaches around Montauk require various state or county driving permits.

AMSTERDAM BEACH

Must Hike To Access, Remote. Unspoiled, Quiet, No Facilities, Doas Ok

ehtps.org/amsterdam-beach-preserve/

Walk the trail at Amsterdam Beach State Park and be rewarded by one of the most breathtaking vistas of unspoiled shoreline on the east coast. Meander along the intermittently sandy and rocky shoreline eastward or westward and be humbled. The 50-minute round-trip wooded hike to the beach includes a tunnel of American Holly and several exotic large oaks. Bring insect repellent and water as the beach has no facilities, no lifeguards...and probably no other people. Park (free) on the south side of Rt. 27 across from Deep Hollow Ranch

DITCH PLAINS BEACH

Surfer Spot, Families, Can Get Crowded, Limited Permit Parking

Popular with surfers, this beach is two miles east of the village on the ocean with parking by permit only. The super long break makes surfing ideal for newbies or veteran long boarders. This iconic beach has beautiful cliffs rising at its western end at Shadmoor Park, restrooms, outdoor showers, lifequards during the summer season, and concession trailers that serve more than just snacks. Parking restricted so arrange drop offs if you must drive.



EDISON BEACH

Sandy, Walkable From Village Hotels, Close To Everything, Limited Parking

Contiguous with Kirk Park beach at the heart of the Village at the end of South Edison Street, this popular beach has a lifeguard on duty during the summer months, restaurants, restrooms, and stores nearby. Limited public parking.

GIN BEACH

 Sound Side, Calm, Families, Boat Watching, Walk To Shagwong Point, Resident Permit Parking

At the end of East Lake Drive on Block Island Sound and named for the cattle gins, or pens, that resided here for hundreds of years, Gin Beach is great for families with children, with gentle water and sandy beaches. You can watch the boats come in and out of Montauk Harbor. Parking by resident permit only so arrange drop offs If you must drive. Restrooms, outdoor showers, a concession trailer, and lifeguards during the summer season.

HITHER HILLS STATE PARK

Public Parking, Many Facilities, Sandy, Families

Four miles west of town on Old Montauk Highway. Lifeguards daily from mid June– Labor Day. Non-campers pay a \$10 parking fee. Nice playground, picnic tables, outdoor showers, restrooms, a changing area, and a general store.

KIRK PARK BEACH

Montauk's Main Town Beach; Wide, Sandy, Open, Families

West of town at the IGA supermarket. Park at Kirk Park parking lot, (fee may apply), which contains free public restrooms (across from 7-Eleven). Lifeguards, restaurants and stores in walking distance. If only in town for a few hours, this is the beach.

MONTAUK POINT STATE PARK BEACH

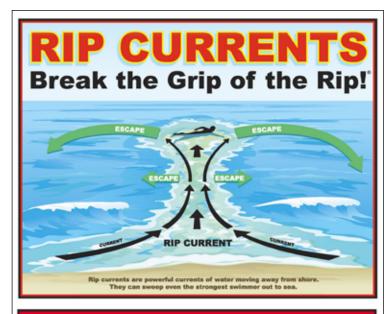
Public Parking, Views, Facilities, Rocky, Hiking, Explore, No Lifeguards

Not a traditional "beach". Park at the lighthouse parking lot (fee during season), walk down to the rocky shoreline and enjoy majestic views of the lighthouse, watch surfcasters on the rocks, or meander around the hills overlooking the ocean. The fit can hike the rocky shoreline in either direction and enjoy unspoiled Montauk coastline or carefully cross atop the lighthouse revetment and watch the ocean's relentless assault on the giant boulders. **NOTE:** the revetment is slated for overhaul in 2022/3 and may be off-limits in areas due to construction.



Carved driftwood found at Hither Hills.





IF CAUGHT IN A RIP CURRENT

- Don't fight the current
- Swim out of the current, then to shore
- If you can't escape, float or tread water
- If you need help, call or wave for assistance

SAFETY

- Know how to swim
- **Never swim alone**
- If in doubt, don't go out

More information about rip currents can be found at the following web sites:

www.ripcurrents.noaa.gov www.usla.org



ENJOYING THE BEACHES ON MONTAUK: SAFETY FIRST

Montauk is all about beaches! Get out there and explore, but keep it safe and always watch your kids in the water. The ocean beach can be rough and treacherous on certain days.

Mind the rip currents and if in doubt, stay out. Lifeguards are generally on duty at most beaches from 10am-5pm through Labor Day.

Please note lifequard status when choosing your spots, and the orange location signs. The sound side beaches (north side of Montauk) are generally calmer.



NAVY ROAD BEACH

 Sound Side, Calm, Pebbly, Kayak Launch, Families, No Facilities, Resident Permit Parking

On beautiful Fort Pond Bay at the end of 2nd House Rd., over the railroad tracks. Great for launching kayaks, paddleboards, and small boats. A favorite spot for locals and families. The beach is pebbly, so take swim shoes. Parking by resident permit only. Dine waterside at Navy Beach, just down the beach. Boats and small yachts frequently moor in the bay.

THE OTHER BEACHES

Walkable, even if not parkable

Montauk, surrounded by water on three sides, has many more beaches, but most of them are not protected by lifeguards and parking is not straightforward. For those who enjoy walking the beach, there are many options, as all beaches are public up to the high tide mark. A popular walk is from the village to Ditch Plains beach, where you see the cliffs of Shadmoor on the way. At high tide parts of the beach may be impassable.



WATERSPORTS



CRUISES & WATER TOURS

Sunset cruises, educational ecotours, seal/whale watching, stargazer cruises, lunch and swim tours, charter excursions, and a host of other iterations are increasingly available in Montauk's waters and along our beautiful, unspoiled coastlines, catering to a variety of customers.

SAIL MONTAUK

Sailing charters & sailing school 631-522-5183

sailmontauk.com

Offers sunset cruises, evening sails, sailing and swimming excursions, and sailing lessons for individuals or groups, plus a junior sailing program; at Gurney's Star Island Marina.





BOAT RENTALS

UIHLEIN'S MARINA

631-668-3799

Uihleinsmarina.com

Rent skiffs, bowriders, and center consoles. Their rental fleet ranges from 16ft to 31ft with all equipment for water skiing, tubing, wake boarding, and fishing.





JET SKI, TUBING, WAKEBOARDING, & WATERSKIING

PECONIC WATER SPORTS MONTAUK

631-680-0111

Peconicwatersports.com/montauk

Offering water sports lessons, rentals and charters in Montauk. Enjoy their brand new malibu wakeboard boats to wakeboard, waterski, wakesurf and tube. Call for details.

UIHLEIN'S MARINA

631-668-3799

Uihleinsmarina.com

Rent jet skis for Block Island sound under the watchful eye of their instructors. Any boat you rent can handle tubing, wakeboarding and waterskiing.

STAND UP PADDLEBOARDING

SU paddleboarding is increasingly popular and great exercise, fun, and works everywhere: ocean, sound, and lakes

COREYSWAVE

631-668-9283

info@coreyswave.com

Rents SUPs, gives lessons, and tours.

SURFING

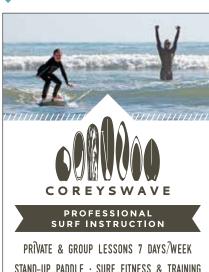
COREYSWAVE

631-668-9283

coreyswave.com

Professional surfing instruction for all ages and abilities, private or group, plus guided surf trips, a kids' surf academy, and stand up paddleboard rental and instruction, plus group surfing events and parties.





KIDS' SURF CLASSES - PARTIES & EVENTS

(631) 668-9283 (sms)

INFO@COREYSWAVE.COM COREYSWAVE.COM



HEIPING PEOPLE MEET BASIC NEEDS IN MONTALIK

FOR HELP VISIT: WWW.MONTAUKFOODPANTRY.ORG

HOW TO HELP

EMAIL

ALICE@MONTAUKFOODPANTRY.ORG

MAIL CHECKS PAYABLE TO

MONTAUK FOOD PANTRY P.O. BOX 997, MONTAUK, NEW YORK 11954

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www.musicformontauk.org





SURFING ON MONTAUK: DITCH ETIQUETTE

Montauk is one of the east coast's top surfing towns, with a culture celebrated by many surfer-themed restaurants and shops.

Ditch Plains is the heart and soul of the surfer community. If you surf Ditch and you are a newbie, remember Ditch etiquette — the surfing areas are 250 feet in either direction to the east and west of the bathing beach.

Surfers looking for bigger waves head to **Camp Hero**, a rockstudded patch of right breakers beneath the cliffs, and Turtle Cove, the farthest east and perhaps best Montauk break, just below the Montauk Lighthouse.

OUTDOOR ACTIVITIES

GOLF

MONTAUK DOWNS STATE PARK

50 S. FAIRVIEW AVE. PRO SHOP: 631-668-1100 Reservations online at:

parks.ny.gov/golf/8/details.aspx

Montauk Downs State Park is a true sleeper; an 18-hole year-round public golf course named a Top 10 municipal course by Links Magazine in 2013. If that's not enough, add a driving range, putting green, pro shop, private lessons and clinics for adults and kids, a grill room, swimming pool, kids wading pool, and tennis. Club rentals and lockers available. Fees: \$43 weekdays, \$48 weekends (twilight \$26/\$29); Out-of-state residents, \$86 weekdays, \$96 weekends. Senior discounts available. Driving range: \$8 per bucket.

TENNIS & PICKLEBALL

MONTAUK DOWNS TENNIS

6 Public Har-Tru Courts 330 FAIRVIEW AVE. 631-377-9623

themontaukdownstennis.com

The Downs run various clinics, lessons, and day camps for kids and adults throughout the tennis season on the Downs' six Har-Tru courts, which are also rentable by the hour and for private lessons. Visit online or their on-site pro shop for details.

GOTHAM TENNIS ACADEMY IN MONTAUK

8 Private/Public Har-Tru Courts 91 S. FULTON DRIVE (OFF WEST LAKE DR.) 631-267-8525

aothamtennismtk.com

Celebrating its 15th year in NYC and the Hamptons, Gotham Tennis Academy is one of the leading operators of tennis clubs and innovative tennis programs in NYC and the Hamptons. Gotham's Montauk outpost features eight pristine Har-Tru courts and a scenic viewing area on the grounds of a beautiful nature preserve. Gotham Tennis Academy is known for innovation in teaching tennis to players of all ages and levels. Gotham junior programs and camps emphasize fundamentals, while stressing sportsmanship, hard work and fun. Gotham adult clinics balance competitive play with fun drills, strategy and instruction.

PUBLIC COURTS IN TOWN

2 Public Har-Tru Courts 631-324-2417

East Hampton Town operates two first-come, first-serve courts (also lined for pickleball) at the very end of S. Erie St. (past the soccer field). All year. No lights.





PICKLEBALL @ MONTAUK PLAYHOUSE

240 EDGEMERE ST. 631-324-2417

Multiple levels of play and times available. Beginners welcomed. Stop by the Playhouse (across from train station) for updated scheduling and info. All equipment provided.

BICYCLING

631-668-8975 montaukcyclecompany.com

The Montauk Cycle Company in the dock area has you covered. Rentals, sales, tours, repairs and advice.

BIKING TOURS

631-668-8975

montaukcyclecompany.com

The Montauk Cycle Company, in the dock area, offers tours around Montauk's parks and trails with rental bikes and/or a biking guide. Book in advance for any-sized group. Rentals, tours, repairs.

TRIATHLON

See tri-guy.com or tri-gal.com. In 1983, a local Montauk motel owner (Harborside Motel), fisherman, and surfer named Robert Aaron staged one of the first triathlons, "The Mighty Montauk," now held every June. Several others followed. The Sprint Triathlon is held in July and the internationally renowned triathlon weekend held in the fall: the Sprint Mighty Man on Saturday followed by the Mighty Man 1/2 distance and Mighty Man Olympic on Sunday.



SKATEBOARDING

The skate park is under renovation in 2022 and will be one of the best of its kind on the east coast when complete. Go to montaukskatepark.com.

PLAYGROUNDS

Four great playgrounds in Montauk:

- 1. The Montauk School (enter at 2nd House Rd and S. Eaton)
- 2. Next to the baseball field (at S. Edgemere and S. Erie Ave)
- 3. Hither Hills State Park
- 4. Montauk Lighthouse

(lower parking area, also many grill stations)

EDDIE ECKER COUNTY PARK

aka the Dog Park

At the end of Navy Road is not a formal playground but a great open park space on Fort Pond Bay for frisbee, lawn games, running wild, walking the dog, etc.



Full Service Bike Shop Sales · Repairs · Rentals **Biking Tours Available**

for small or large group (book in advance)

■ Image: Im

463A West Lake Drive | In the Harbor montaukcyclecompany.com | 631-668-8975





Chis Pfund enjoying one of many East Hampton trails.

CYCLING ON MONTAUK

Montauk is cycling heaven. A popular ride is to the lighthouse, about five miles from the village. En route detour to Camp Hero State Park where roads curve through secluded wooded areas near the ocean. Take a threemile detour to Montauk Harbor on West Lake Drive, a flat route with wide shoulders.

Mountain bikers can enjoy scenic rides over thousands of acres of parkland for the best mountain biking on Long Island. A great launch point is the Hither Woods trail head at the recycling center entrance about 1.5 miles west of town on Montauk Highway. Learn more at Parks & Trails, page 67.



BEACH WALKS

Montauk is surrounded by beautiful beaches. Get out there and walk, explore and unwind

From Town, East: Walk the beach from town eastward towards Ditch Plains for nice views of cliffs with sporadic rocky and sandy shoreline. At times reaching as far as Ditch may be tough, so pay attention to the tides

From Town, West: Walk westward from town and pass through the beautiful Hither Hills beach, which can only be reached by walking or from private parking lots for neighborhood residents. See beautiful cliffside properties as you walk and wide expanses of white sand. You'll eventually hit Gurney's and their beach party setup, further still hitting Hither Hills State Park. You could walk all the way to East Hampton and beyond if you're inclined.

See our **BEACHES** section for more beach info. Other great walks would begin from Amsterdam Beach, Montauk Point, and Gin Beach. For beaches that are not easily accessible or have restricted parking, remember bicycles? For the energetic, a great ride would be to Gin Beach from Town, then walk to Shagwong point along the shoreline (bring water!).

GUIDED HIKES

The East Hampton Trails Preservation Society conducts guided hikes year-round. Check out ehtps.org for details. The Concerned Citizens of Montauk, 631-238-5720, preservemontauk.org, offer outdoor activities throughout the year. Drop by their office at 6 South Elmwood Avenue for advice or maps.



Hither Hills.

FISHING



If you're looking for fish, you came to the right place! "Fishing Capital of the World" is proudly proclaimed as you enter Montauk Harbor. The state's largest commercial harbor, it is the home port for some of the greatest sport fishing on the east coast. Fish offshore for shark, tuna, marlin, and mahi mahi, or stay inshore for flounder, fluke, porgies, bluefish, striped bass, and blackfish. Tight lines!

CHARTER BOATS FOR BIG GAME FISHING

Charter boats offer your group privacy and personal interaction with these experienced captains, who offer a range of different fishing trip options. Their reputations are about finding the fish and offering a great day on the water.

CRUNCH TIME SPORT FISHING **CHARTERS**

631-295-7626 crunchtimesportfishing.com

Captain Thomas Ritner, 35' Henriques Maine Coaster.

VIKING FLEET

462 WEST LAKE DRIVE 631-668-5700 https://vikingfleet.com/ferry-service/

Located in Montauk Harbor, we offer a variety of services on the water: Year-round legendary fishing trips. Seasonal interstate passenger fast ferry service. Fun excursions like whale watching and sunset cruises. Private charters!





Remember to crush your barbs when fishing with lures...

Whether on boats or shore, crushing your barbs will make you a better fisher and save fish by reducing unhooking injuries. Also, its MUCH faster to unhook without barbs, which gets your lure back in the action faster. Perhaps surprisingly, you won't lose many fish. Try it...crushing barbs is sooo hot right now!

And don't forget...

circle hooks are now REQUIRED in NYS if you are using live or dead bait.





Crush your lure barbs to save fish and become a better fisher. Dare you.



This de-barbed swimmer with trebles cut to doubles caught countless blues and bass from shore before retiring.



MARINAS

GURNEY'S STAR ISLAND RESORT AND MARINA

32 STAR ISLAND ROAD 631-668-3100

Gurney's offers a craft capacity of 220 feet with a maximum 12 foot draft. Marina quests have full access to Gurney's Resorts' amenities, wellness activations, and other lifestyle programming.

SNUG HARBOR MOTEL & MARINA

631-668-2860

On Star Island, in a calm corner of Montauk Harbor, provides berths for small craft and those over 45ft. They offer seasonal and transient dockage, individual electric/water/ cable, WIFI, bath house with washer/dryer and nearby boat launching.

UIHLEIN'S MARINA

631-668-3799

Family owned and operated, Uihlein's is a full-service marina, boat yard and recreation center, offering Jet Ski, boat, and slip rentals, and boat sales and service.

WESTLAKE FISHING MARINA

631-668-5600

Family owned, located just north of Star Island Road, is home to 160 slips and 17 charter boats and a restaurant.

FISHING SUPPLIES

WESTLAKE MARINA

631-668-5600

Carry a large selection of boat-oriented fishing supplies and tackle.

PAULIE'S TACKLE

131 S. EDGEMERE ST. 631-668-5520

Considered the surfcasters tackle shop.



462 West Lake Drive - Montauk, NY 11954

Fishing

1/2 Day Fishing | Full Day Fishing Night Striped Bass | Offshore

Ferries

To Block Island I To New London

Fun Cruises

Theme Nights - Live Music

Whale Watching

July 3 to Sept 4 - 2pm to 7pm Wednesday & Sunday

Boats Available for Private Charter

Montauk's Largest Private Fishing Charter Boat The Vikina Starlite



Visit us online for Schedules. Rates and Tickets vikingfleet.com 631-668-5700



FRESHWATER FISHING

Bass, sunfish, perch, and walleyes inhabit Montauk's ponds and lakes. Fort Pond is the largest, but others are deep in the woods, like Oyster Pond in Montauk Point State Park or Fresh Pond in Hither Hills State Park.

Fresh water fishing requires a license; ask at the NY State Park office at Montauk Downs. Fishing at Big Reed Pond in Theodore Roosevelt County Park requires a "Green Key" card, available at Montauk Downs.

SURFCASTING TIPS

Surfcasting in Montauk is epic and legendary, deservedly so. To do it successfully you'll need braided line at 30+ pound test and a nice selection of bucktails and plugs.

Always crush your barbs, bring fish in quickly, and release safely what you won't keep. Cast out by Camp Hero, the Lighthouse, and Gin Beach, plus all the south side beaches from Montauk Point to Hither Hills campground.

The top seasons for surfcasting are spring and fall, when stripers linger off Montauk before migrating, but our big blues can be found from July through October. Permits to park after hours at Camp Hero and the Montauk Point Lighthouse Parking Lot or on the beach by the Lighthouse are sold at Montauk Downs, 631-668-5000.

Purchase Gin Beach driving permits at the park office at the end of East Lake Drive.

Note: A license (it's free!) is required to fish beaches in NY State. Acquire your Marine Fishing License at dec.ny.gov

SALTWATER FISHING

EFFECTIVE APRIL 28, 2022

NY STATE DEPT. OF ENVIRONMENTAL CONSERVATION MARINE FISHING REGULATIONS			
SPECIES	MINIMUM SIZE	DAILY POSSESSION LIMITS	OPEN SEASONS
Striped Bass Applies to Party, Charter Boats & Surfcasting	no < 28", and no > 35"	1	APR. 15 – DEC. 15
Winter Flounder	12"	2	APR. 1 – MAY 30
Blackfish	16"	2 3	APR. 1 – APR. 30 OCT. 11 – DEC. 9
Bluefish (Includes snappers)	No Min. Size	3 for individuals 5 for party/charters	ALL YEAR
Weakfish	16",10"filleted,12"dressed	1	ALL YEAR
Atlantic Cod	21"	10	ALL YEAR
Pollock	19"	NO LIMIT	ALL YEAR
Haddock	18"	NO LIMIT	ALL YEAR
Summer Flounder (Fluke)	18.5"	4	MAY 1 – OCT. 9
Porgy On Party/Charter Boats	9"	30 50	ALL YEAR SEP. 1 – OCT. 31
Black Sea Bass	15"	3 7	JUN. 23 – AUG. 31 SEP. 1 – DEC. 31

For the most up-to-date and complete list, go to: www.dec.ny.gov/outdoor/7894.html

PARKS & TRAILS



Montauk is surrounded by water, and trails meandering through acres of unspoiled parks. White-tailed deer, foxes, raccoons, woodchucks, squirrels, opossums, and chipmunks abound. Watch for deer while driving! Migrating birds rest in the waters off Montauk Point, while seals inhabit our shores during winter and gannets torpedo into the ocean in the fall. Trail maps are available at the Town Hall Annex in the Montauk Playhouse. Be mindful of ticks!

AMSTERDAM BEACH PRESERVE

Spectacular hike to a pristine, unspoiled beach

A 200-acre park stretching from Ranch Road at Indian Field on the east to the Montauk Association houses (seven cottages designed by McKim, Mead and White in the 1880's) to the west extends southward to the Atlantic Ocean. The natural topography, called "Montauk Moorlands," has tidal and freshwater wetlands interspersed throughout maritime shrub lands. This main trail head on Montauk Highway begins a one-mile hike to the ocean bluffs taking you through a holly arbor and across streams. The hilly trail affords peeks of ocean through the brambles and ends at the ocean beach and bluffs. This easy-to-navigate trail offers a unique reward of coastal beauty. A great hike to an unspoiled beach.

CAMP HERO STATE PARK

Great spot for biking, hiking, exploring

This 415-acre state park is a decommissioned military base and a National Historic Site (also the home of conspiracy theories linked to the Philadelphia project). Several buildings, bunkers, batteries, and an old radar tower remain, although most are off limits to the public. Roads cross the park, along with an extensive system of trails for hiking, bicycling, horseback riding, a beach used by surfers and surfcasters, a picnic area with grills and an old maritime forest. To enter the park, bear right as you approach the lighthouse. Parking fee \$8 in season. Open daily year-round from sunrise to sunset. You can also park on Camp Hero Road (a right turn before Camp Hero along the highway) to hike Point Woods Trail, one of Montauk's most beautiful trails, taking you south of the highway to the bluffs.



STAYING SAFE: A TICK PRIMER

We all know that that Lyme Disease is transmitted through infected blood from a Blacklegged, or Deer, tick bite. Deer ticks require the presence of white-tailed deer to successfully complete their life cycle, hence the name. Ironically, ticks do not pick up the Lyme bacterium from deer but from other animals among the 300 species they bite.

Local experts at End Tick & Mosquito Control recommend spraying your property and doing a "tick check" anytime you have been in or near typical tick danger areas such as tall grass and leaf litter. Check for ticks under your arms, your groin and behind your ears. Afterwards, shower as soon as possible.

If an attached tick is found, it should be removed carefully and promptly by gently and slowly pulling the tick out by grasping its head with tweezers. Use of insect repellants with high levels of DEET on your skin and repellants containing Permethrin on your clothing will also greatly reduce the threat. If you must go into tick areas, wear long sleeves and long pants, pull socks over pant legs and tuck in your shirt.

Be aware, alert, and safe as you enjoy Montauk!

CULLODEN POINT PRESERVE

Great hike through a natural habitat

This park is named after the HMS Culloden, a British 74-gun, 170-ft warship that sank in 1781 about 200 yards from shore, where it still rests. A well-marked trail that takes about 2 hours to loop (a mile or less to the shoreline) leads from the parking area off Flamingo Avenue to a picturesque rocky beach on Fort Pond Bay. The trailhead is next to a small plaque commemorating the shipwreck. The natural wooded area and shoreline has seen little change from the days when the Montauketts lived here in a world of hidden ponds, specimen trees, wetlands and beautiful shoreline. Great views of the bluffs at Culloden Point

EDDIE ECKER COUNTY PARK

Great dog spot, launch kayaks, canoes

Located at the end of Navy Road (cross the train tracks, turn left), the large, open park has a fishing pier, rocky beach and offers easy access to trails in Hither Woods Preserve. A good place for launching kayaks and canoes into Fort Pond Bay. Take your dogs to play. Open year round. Free parking.



HIKING TIPS

Buy a trail map. Although major trails are marked, many divergent ones are not. Leaf cover can mask trails, causing confusion. Also, after heavy rains some trails may be muddy or inundated. Get a trail map from the town's website: ehamptonny.gov/DocumentCenter/View/1648/Trail-Guide-East

CAROL MORRISON PARK & FORT POND HOUSE

Launch kayaks, canoes, or picnic

Carol Morrison Park, containing Fort Pond House, is located on a four-acre site overlooking Fort Pond with a grill station, benches, and open space for play. Steps down to the pond allow for launching kayaks, etc. Carol Morrison was a well-loved conservationist and it is appropriate that this park, which narrowly escaped being sold to private developers in 2010, should be named after her. The house on the premises is available for meetings and other events by appointment through the East Hampton Recreation Department, 631-324-2417.

HITHER HILLS STATE PARK

Fish, play, hike, bike, facilities

The large beachfront park along Old Montauk Highway sits on two-and-a-half-miles of Atlantic Ocean beach and boasts 1,755 acres of parkland that stretches to Napeague Harbor. Along with hiking and nature trails, it has 168 campsites that can be reserved through ReserveAmerica.com. Activities include ocean swimming, saltwater fishing, guided nature hikes, and children's programs. Non-campers are welcome, but must pay a \$10 daily parking fee. Open year round from sunrise to sunset, 631-668-2554.

HITHER HILLS STATE PARK COMPLEX, HITHER **WOODS PRESERVE AND** LEE KOPPELMAN NATURE **PRESERVE**

These adjacent multi-use parks, contiguous with Hither Hills State Park, contain 3,000 acres with 18 different trails covering over 40 miles of terrain stretching from the sound to the Atlantic. To access the trails north of Montauk Highway, park at either the highway overlook at Hither Woods (a large pull-off), the recycling center (1.5 miles west of the village on Montauk Highway), or at the Navy Road (Eddie Ecker Park) parking lot. Bike or hike to Fresh Pond or take a beautiful coastal walk at Rocky Point. Even though the trails are blazed with color-coded markers, hikers should take maps.

KIRK PARK

Close to town

This quaint three-acre park, just west of the village, is maintained by the Montauk Village Association. It includes Fort Pond, which is the second largest freshwater lake on Long Island, a picnic area, a pavilion on Fort Pond, and it's next to the Second House Museum (the oldest structure in Montauk) and Montauk Indian Museum. Fee may apply for parking.





GUIDED HIKES

The East Hampton Trails Preservation Society conducts guided hikes year-round. Check out ehtps.org for details. The Concerned Citizens of Montauk, 631-238-5720, preservemontauk. org, offer outdoor activities throughout the year. Drop by their office at 6 South Elmwood Avenue for advice or maps.

MONTAUK MOUNTAIN

A vanishing natural element with rare plants

Montauk Mountain Preserve contains one of the few remaining maritime grasslands in New York and supports some of the state's rarest plants. It contains three extremely rare denizens of this distinctive and disappearing habitat: bushy rockrose, Nantucket shadbush, and New England blazing star. DO NOT TOUCH OR DISTURB these specimens. The six-acre preserve is maintained by the Nature Conservancy. To get there, follow Second House Road north 0.7 miles to an asphalt road on the left. Park at the end of the asphalt road by the Nature Conservancy sign. The preserve is at the end of the road past the last house on the right.

MONTAUK POINT STATE PARK

Lighthouse, fishing, hiking

This 724-acre park at the site of the Montauk Point Lighthouse offers breathtaking views of the sea, Block Island Sound, and Block Island to the northeast, and is great for bird watching year-round and seal watching in winter. Park then set off on foot to explore. Ask for a trail map at the toll booth. The park has surfcasting, five miles of marked and unmarked hiking trails, a picnic area with tables, a playground, restaurant, gift shop, and restrooms. Daily parking is \$8. The Montauk Point Lighthouse, a museum run by the Montauk Historical Society, is open daily in season. This park is contiguous with Camp Hero Park and the Sanctuary and there are several hiking trails that cross them. To the north of Montauk Highway, look for signs for Money Pond Trail, Oyster Pond trail and the Seal Haul Out Trail, where seals can be seen on the rocks just off shore in winter. Attractions: beautiful rugged shorelines, migrating birds, hidden ponds, seals in the winter. Also see WALKING DUNES, next page.



SHADMOOR STATE PARK

Easy hiking, great ocean views, WWII structures

Located two miles east of the village on Montauk Highway, this 99-acre tract of land has a half mile of ocean frontage where tall clay cliffs plunge down to a pebble strewn beach. About 30 percent of Shadmoor is freshwater wetlands with several small ponds hidden in the thickets. Trails and dirt roads lead to the bluffs from the entrance on Montauk Highway, offering an easy walk. A passive-use park, Shadmoor was home to two WWII gun emplacement sites trained on offshore waters to deter German submarines.

MONTAUK COUNTY PARK

Hiking, views, fishing, camping

Two entrances: one at the end of East Lake Drive just north of the airport, where the park office is located, and the other at Third House, three miles east of the village on Montauk Highway. The park's 1,126 acres feature 3.5 miles of color coded nature trails restricted for hiking (a self-guided brochure is available), five miles of bridle paths, a picnic area, freshwater fishing and canoeing at Big Reed Pond, and surfcasting on the outer beach (Gin Beach and Shagwong Point). Camping is permitted for up to seven days from April through November on the outer beach for vehicles with permits that are self-contained trailers. Tents are not allowed. The view of Big Reed Pond from the observation deck on the blue trail will make you understand why it's a Registered Natural Landmark.

WALKING DUNES

Self-quided dune hike, unspoiled nature

Part of Hither Hills State Park on the east side of Napeague Harbor, the Walking Dunes reach a height of 80 feet as they slowly move southeast. To get to the dunes, head west on Montauk Highway and turn right at Napeague Harbor Road and drive to the end of the paved road. Park here and follow the path to your right until you reach the dunes. A self-guided nature trail, the three mile loop has great views of Napeague Harbor and winds atop the ridge of the North Dune, which is the most active of the three parabolic, or U-shaped dunes. This area is a natural wonder and deceptively fragile so stay on the trails.



DINING OUT



Seared Scallops at The Backyard Restaurant at Solé East.

THE BACKYARD RESTAURANT AT SOLÉ EAST

► Open late! 90 SECOND HOUSE ROAD 631-668-9737

soleeast.com

Breakfast, Lunch, Dinner: A spectacular hidden gem in a beautiful setting appropriate for all sets. S'mores at the fire pit, anyone? The menu features fresh catch from local fishermen and organic meats and vegetables, all creatively done. Dine in or outside in the gardens, or lounge poolside and enjoy a cocktail.

DURYEA'S LOBSTER DECK

65 TUTHILL ROAD 631-668-2410 duryealobsters.com

Lunch, Dinner: The views over Fort Pond Bay are superb in this hottest of hot spots. No better sunset. Great dockside dining and outdoor vibe with the yacht set and a classic menu including grilled or steamed lobster, fresh local fish and Duryea's famous lobster roll, also a Clam Bake, small plates, salads, raw platters, and a kids' menu. Look for the giant boats.

HARVEST ON FORT POND

► Dinner from 5pm daily 11 SOUTH EMERY STREET 631-668-5574

harvestfortpond.com

Dinner: An On Montauk favorite, Harvest On Fort Pond has a well-deserved reputation as a Montauk fave, suitable for all sets. Feed the ducks and HUGE fish off the Fort Pond dock while you wait for your table...the kids love it. Dine or drink in the lovely herb and vegetable garden under the stars. Chef Jake Williams prepares Tuscan fare served in LARGE family-style portions, emphasizing local seafood and homegrown produce. The sophisticated bar is popular with well-heeled locals and sports an impressive wine and beer selection. **Open year round.**

HILLTOP MANOR

236 EDGEMERE ROAD 631-668-8612 hilltopmanormontauk.com

Hilltop Manor Restaurant serves Breakfast, Lunch, and Dinner displaying some amazing local dishes. Hilltop also offers a Coffee bar with Grab and go food choices. The lobby bar lends itself to a nice relaxing glass of wine or cocktail. **Open year round.**

HOOKED MTK

34 SOUTH ETNA AVENUE 631-668-2111

hookedmtk.com

Lunch, Dinner, Take Out: One bite and you're...HOOKED! An On Montauk favorite. Montauk's newest coastal eatery showcasing our renowned local seafood has already earned a loyal following with its great menu and reasonable prices, featuring a raw bar with Montauk pearl oysters and clams, local steamers, grilled fish, fish & chips, fish tacos and crab cakes, and yes...lobster rolls! Add

burgers, chicken, soups, salads and sides galore. Casual and close to the beach, go take-out and hit the sand or grab a patio table.

NATURALLY GOOD FOODS & CAFÉ

779 MONTAUK HIGHWAY 631-668-9030 naturallygoodcafe.com

Breakfast, Lunch, Organic Groceries: Naturally Good has been serving healthy and organic foods since 1985, featuring fresh fruit and vegetable juices, smoothies, healthy salads, organic coffee/tea and vegan baked goods. Daily specials include veggie burgers, veggie stir-frys, and a variety of wraps. Try The Bruce, made with local yellow-fin tuna piled high and served on 7-grain bread. Eat outside in the private garden or inside in the shade.

Open year round.



PIZZA VILLAGE

▶ 11:30am to late 700 MONTAUK HIGHWAY 631-668-2232

pizzavillagemontauk.com

Lunch, Dinner, Late Night: Pizza Village, a Montauk staple, has been serving fresh, homemade pizzas and other Italian dishes in the village since 1957. Grab a slice, but don't ignore their full menu of Italian family fare such as baked ziti, veal parmigiana, spaghetti, and linguine with clam sauce. Table service or takeout. Delivery, catering available. Online ordering available! Open year round.

TAUK AT TRAILS END

63 SOUTH EUCLID AVENUE 631-238-5527

taukattrailsend.com

Lunch, Dinner, Late Night: Tauk At Trail's End is a must-do restaurant with a formula that suits everyone... great food with generous portions is just a start. Add happy hour every day, frequent live music and DJs, a comfortable outdoor dining grotto, convenient location in town, late-night hours, and on-site owner Michael Nasti greeting everyone to make sure they're at home in his corner of Montauk.

THE POINT BAR AND GRILL

697 MONTAUK HIGHWAY 631-668-1500

pointbarandgrill.com

Lunch, Dinner, Late Night: This iconic watering hole and eatery with big-screen TVs features casual fare including wraps, burgers, mussels, and buffalo wings along with signature dishes, such as a 16-ounce steak and fresh Montauk seafood. Sloppy Sundays \$4 everything from 11p till late with DJ Vinny K, from May thru Labor Day. See all MLB games and in the Fall enjoy NFL Sunday Ticket. Open year round.



COMMON GROUND MTK

435 EAST LAKE DRIVE 917-972-9421

@commongroundmtk
commongroundmtk.com

Nestled in the harbor on Lake Montauk, Common Ground Montauk is open for the season! Formally known as Rick's Crabby Cowboy, Common Ground will offer the same friendly environment, same menu, & same chef! The locally sourced seasonal menu combined with amazing cocktails makes Common Ground the place to be for lunch, dinner, & nightlife. Join them for indoor & outdoor dining this summer season!

THE SURF LODGE RESTAURANT

183 EDGEMERE STREET 631-483-5045

thesurflodge.com

Surf Lodge draws inspiration from the ocean's daily bounty and locally grown ingredients, sourcing sustainable local seafood from the fishing boats of Montauk Harbor and produce from the farms of the East End and North Fork of Long Island. They're committed to reducing their impact on the environment and are proud to have eliminated single-use plastics from their kitchen and on-site. Reservations only.

BEVERAGES/CAFÉS

HAMPTON COFFEE COMPANY

732 MONTAUK HIGHWAY 631-668-8206

hamptoncoffeecompany.com

A Hamptons classic since 1994 opens its first store in Montauk in 2020. Super-premium estate-grown specialty coffees roasted daily by hand in small batches, plus a wide array of goodies to compliment your beverages. Enjoy the large outdoor patio or take it to go. HCC is a family run, community-focused business that provides quality jobs with benefits to locals year round. **Open year round.**

BAKERIES & MARKETS

BALSAM FARMS

► Farm fresh produce, homemade products, specialty items and more 662 MONTAUK HIGHWAY 631-238-5119

balsamfarms.com/locations-montauk-market/

Opened in 2019, the Montauk market is an indoor produce and grocery store that sells the same fresh Balsam produce as their Amagansett farm stand, delivered daily to the store! Additionally, they also carry a variety of specialty items and local Montauk products.



GOSMAN'S FISH MARKET

Farm fresh produce, homemade products, specialty items and more

484 WEST LAKE DR 631-668-5645

aosmans.com/fishmarket.html

Gosman's retail market features the freshest and best selection of seafood in Montauk and on the east end of Long Island. Locally caught fish direct from our own docks to you! We have specialty seafood flown in daily from around the world making many exciting options available for amateur and professional chefs alike

MONTAUK BAKE SHOPPE

29 THE PLAZA A 631-668-2439 montaukbakeshoppe.com

Breakfast, Lunch: A Montauk institution is the Bake Shoppe. Fresh everything in the morning displayed for easy viewing in classic bakery style. Classic bakery items mingle with specialties like rugelach, quiche, and exotic cookie creations. Homemade doughnuts, cakes and...wow, those breakfast wraps are so big and juicy you could skip lunch. Coffee, juices, refreshments also. Takeout or grab a table outside and people watch.

MONTAUK MARKET

► OPENS 5AM!

805 MONTAUK HIGHWAY 631-668-2071

Breakfast, Lunch, Dinner, BAKERY! Many new vegetarian options in 2022. Montauk Market is a superb bakery and market opening at 5am serving fresh muffins, croissants, breads, bagels, flagels, cookies, bialys, pies, or full breakfasts like egg white wraps, omelets, fresh fruit salads, yogurt & granola, plus veggie juices and smoothies. Lunch includes sandwich combos and homemade salads; dinnertime

features hot and cold platters, Italian specialties and Latin-American dishes. They cater and can make you a to-go beach basket.

Open year round.

MARSHALL & SONS MARKET

CIGARS!

701 MONTAUK HIGHWAY 631-668-2990 marshallandsons.com

This Main Street service station has a handy convenience store with coffee and snacks. summer drinks, plus cool, imported beers and fine humidor cigars. Pop in while strolling or after filling up. Open year round.

TONY'S MEAT MARKET

Located at the former Gaviola's Market

541 WEST LAKE DRIVE 631-483-5040

TONYSMTK.COM

Tony's Meat Market is a purveyor of fine, prime cuts of meat, excellent prepared foods, and artisanal breads.



SHOPPING

HOMEPORT

▶ Books, housewares and unique gifts 85 THE PLAZA IN TOWN 631-668-3174

MyMontauk.com

Montauk's only bookstore is no longer a hidden gem like it was in 2021 when it opened in the lower level of Homeport, on the circle. That's a good thing, in this case, because bookstores should not be secrets. The Flight family that runs the bookstore, which also carries Legos, are experienced retailers and Montaukers with a knack for knowing what's cool and what people want. The bookstore is modern and very chill, laid out for easy browsing and relaxing if you want to sit and unwind with a title. Humor, classics, travel, and loads of kids offerings. A must do in Montauk. **Open year round.**

MONTAUK CYCLE COMPANY

► Bikes, gear, tours, rentals 463 WEST LAKE DRIVE 631-668-8975

montaukcyclecompany.com

The go-to place in Montauk for anything biking. Aside from selling bikes such as Fuji, SE, and Tuesdays, plus loads of gear, they do repairs, rentals and will give tours.

Open year round.

SHINE

► Clothing, jewelry, accessories 764 MONTAUK HIGHWAY IN TOWN 631-668-8178

mymontauk.com

Shine, in the prestigious Homeport family of stores, is a vital Montauk boutique for women's clothing, jewelry and accessories. They keep the selection fresh and vibrant, so stop in often for unique, fun pieces for every budget.

Open year round.



SPAS & WELLNESS



COREYSWAVE

631-668-9283

If you want to learn how to surf, call Kristin at CoreysWave or reserve online. Fitness instruction for all abilities will get you started and you can learn the basics at your favorite beach or perfect your skills in more challenging waters. Stand up Paddle Board instruction is also offered...a great way to get fit.

GURNEY'S MONTAUK RESORT AND SEAWATER SPA

290 OLD MONTAUK HIGHWAY 631-668-1892

gurneysresorts.com/montauk/wellness/ seawater-spa

Experience diverse wellness treatments at Gurney's breathtaking seaside location. Enjoy distinct wellness traditions and innovations including seawater and marine-based therapies, hydrotherapy and contrast bathing, advanced skincare, and therapeutic bodywork. Call for more information, pricing, and to book your treatment.

Open year round.

SPA AT THE MONTAUK LAKE CLUB

211 EAST LAKE DRIVE 631-668-5705 FXT 109

Robert and Maureen Jacob Bonavolta, former owners of the Montauk Wellness Center, offer services at the picturesque, serene Montauk Lake Club. From deeply relaxing treatments to clinical sessions, pre and post sports, to pain management and injuries. Ultrasonic and microcurrent skincare to expert brow styling, waxing and spray tanning. All facials and massages are personalized and performed by caring licensed professionals. Monthly specials available. By appointment in their office or home visits.



The Montauk Lake Club.

LODGING



Montauk Harbor, on the north, or bay side, of Montauk, has restaurants near the water or docks, upscale shopping, and is home to many of Montauk's charter, party, and commercial boats. Whale watching tours, ferries to Block Island and New London, and sunset cruises originate here.

HARBORSIDE RESORT & MOTEL

371 WEST LAKE DRIVE 631-668-2511

montaukharborside.com

Twenty-seven tastefully decorated, airconditioned rooms, studios and suites, with kitchenettes and Wi-Fi. Amenities include a pool and tennis courts. A short distance to Montauk Harbor. Open March-December.

SNUG HARBOR MOTEL & MARINA

3 STAR ISLAND ROAD 631-668-2860 montauksnugharbor.com

Located on the water in the Harbor, 34 units from poolside bedrooms to Harbor-side apartments, offering air conditioning, Wi-Fi, a pool, and BBQ. Snug Harbor is also a full-service marina. Pets allowed in some units. Open March-November.

ON OLD MONTAUK HIGHWAY AND IN NAPEAGUE

West of town the undulating Old Montauk Highway is flanked by bucolic Hither Hills and Hither Woods neighborhoods on one side (north), and wide, beautiful Atlantic Ocean beaches on the other (south). Great views and wide, sandy, uncrowded beaches abound here.

LENHART'S COTTAGES

421 OLD MONTAUK HIGHWAY 631-668-2356

Spectacularly situated, charming cottage complex amidst undulating, manicured grounds directly across the street from the beautiful Hither Hills beach. Twelve cottages with kitchens, ocean views, A/C, and log-burning fireplaces. There is a pool, gardens and lots of lawn space. Lenhart's has a loyal following of returning guests and pets.

Open year round.



WAVECREST ON THE OCEAN

170 OLD MONTAUK HIGHWAY 631-668-2141

wavecrestonocean.com

A spectacular location right on a stretch of secluded ocean beach. Seventy units with pool, tennis, kitchen, and A/C. Studios and suites, all with private terraces overlooking the ocean. Open April thru October.

FORT POND ARFA

MONTAUK MANOR RESORT

236 FDGEMERE STREET 631-668-4400

montaukmanor.com

Historic, grand building with a beautiful vaulted rotunda and old-world character on a 12-acre hill with views of Gardiner's Bay and Block Island Sound. Ample parking on site with shuttle bus services. 140 studio, one, two, and three bedroom apartments with indoor and outdoor pools, tennis, kitchens, A/C, and Wi-Fi. A restaurant on premises serves quests and the public. Open year round.

SOLÉ EAST

90 SECOND HOUSE ROAD 631-668-2105

soleeast.com

Solé East is a hip spot with a stunningly beautiful courtyard containing a full-service restaurant and lounge, swimming pool and expansive lawn with mature trees and landscaping. 60 renovated rooms, onebedroom suites, and 7 garden suites. Heated pool, gardens with wood-burning fire pits, Wi-Fi, IPOD docking stations. Pets welcome. May thru October.

THE SURF LODGE

183 FDGFMFRF STRFFT 631-483-5045

thesurflodae.com

Formerly just a simple Irish divebar in Montauk, it has been transformed into one of the hippest spots in the Hamptons, in part thanks to a nowlegendary outdoor summer concert series that takes place on a deck overlooking Fort Pond. Free Wi-Fi, free bike rentals and restaurant on premises.



Wayecrest Perort on the heach



SERVICES



Most people are bitten by ticks picked up in their own yard. Ticks can spread serious diseases to people and pets. A single tick bite could put you at risk for six different diseases. According to scientists at Stony Brook University, "Tick-borne infections have reached epidemic proportions on LI." You can prevent illness by checking your body carefully, promptly removing any ticks found and showering soon after spending time outdoors. Ticks must make direct contact with a host (that's you) and feed slowly until engorged with blood.

Protect your family.

Since 1997, East End Tick & Mosquito Control has provided the most effective, year-round, tick-prevention program possible, using the most environmentally-responsible methods available. Tick and mosquito control is our only business, not a sideline like it is for so many others claiming to be "experts." Knowledge and experience matters. Let us help you keep your family safe. Call us today for a free estimate.

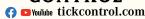




East Hampton

631-324-9700 Tick & Mosquito CONTROL







EAST END TICK & MOSQUITO CONTROL

EAST HAMPTON 631-324-9700 tickcontrol.com

These are the folks to call if you're worried about ticks and mosquitos. Beginning in 1997, East End Tick developed an effective, environmentally-sensitive, innovative program for tick eradication. They have partnered with Stony Brook Southampton Hospitals' Tick-Borne Disease Resource Center. Services large or small in Montauk.

JANE'S HOUSE CLEANING

516-658-0682

Weekly or monthly maintenance, openings and closings. Call for a free estimate.

HAMPTON HOPPER

The easiest way to get around the Hamptons.

hamptonhopper.com

The Hampton Hopper is an app-based transportation network that makes it affordable, easy, and fun to get around the Hamptons in the Summer. They operate a free

House Cleaning

Openings & Closings— Weekly or Monthly "It's Up To You"

Free Estimates

Cell: 516.658.0682 idesous1@optonline.net



local route in Montauk that includes 15 stops between Hither Hills and the docks, including various hotels and points downtown, provided with funding from the Town of East Hampton. They also operate commuter routes, as part of the South Fork Commuter Connection, that help people get to work in Southampton, East Hampton, Amagansett, and Montauk. See map on pg. 34.

MARSHALL & SONS AND PRADO BROTHERS PLUMBING & HEATING

701 MONTAUK HIGHWAY 631-668-9169

marshallandsons.com

Marshall & Sons Fuel Oil, a full-service fuel oil delivery company, offers service in conjunction with Prado Brothers Plumbing & Heating. Marshall & Sons Service Station offers full and self-serve Shell aasoline, diesel fuel, and



Marshall & Sons Service Station

COMPLETE AUTO SERVICE REPAIRS • MAINTENANCE TOWING • FLAT BED ELECTRIC VEHICLE CHARGERS **CONVENIENCE STORE** BBO TANKS . HUMIDOR FINE CIGARS

631-668-2990 701 Montauk Highway,

Montauk www.marshallandsons.com

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631-668-9169

701 Montauk Highway Montauk

www.marshallandsons.com



kerosene, as well as a convenience store. The MER Service Corp. is at your service for vehicle maintenance, repairs, indoor storage, towing and NY State Inspections.

TWIN FORKS PEST CONTROL

EAST HAMPTON 631-324-9020

twinforkspestcontrol.com

Whether it flies, crawls or walks, if it bugs you, call Twin Forks Pest Control and they'll make it disappear! This family-owned firm offers a free, no-obligation wholehouse pest inspection. Even if you don't have an immediate pest problem, this thorough, free inspection by their highly-trained, licensed technicians will give you peace of mind.

VIKING FERRY

462 WEST LAKE DRIVE 631-668-5700

vikingfleet.com/ferry-service/

Located in Montauk Harbor, they offer a variety of services on the water: year-round legendary fishing trips, seasonal interstate passenger fast ferry service and fun excursions like whale watching and sunset cruises.

AUTO REPAIR

See Marshall & Sons listing.





MONTAUK LAKE CLUB & Marina

MEMBERSONLY

MONTAUKLAKECLUB.COM IG: @montauklakeclub

WELCOME BACK!

Join us for lunch, dinner, and drinks

COMMON GROUND MTK

OPEN FOR THE SEASON STARTING JUNE 15TH 12PM - LATE









MENU BELOW!



*DINING RESERVATIONS ON RESY

KEEP IN TOUCH!

@commongroundmtk
commongroundmtk.com
435 East Lake Drive
Montauk, NY 11954
(917) 972-9421
info@commongroundmtk.com

FORMERLY KNOWN AS RICK'S CRABBY COWBOY CAFE

same menu, same chef, same family atmosphere

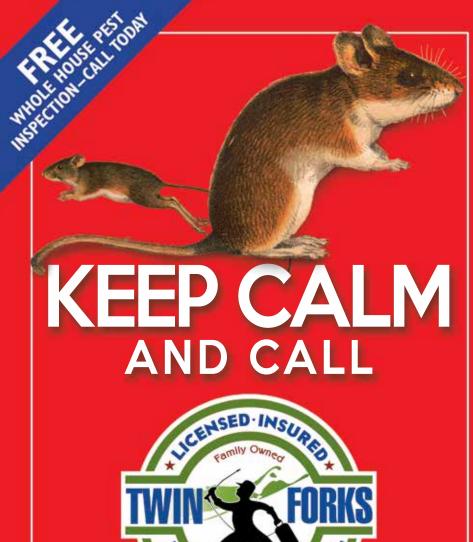
THE SURF LODGE

Wednesday Sunset Sessions

THE NANCY ATLAS PROJECT

STARTING JUNE 1ST RAIN OR SHINE







EAST HAMPTON 6313249020



TWINFORKS PESTCONTROLEOM • YouTube

