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WATER SAFETY

not just for
lifeguards

P.46

MONTAUK SKATE PARK

GOES BIG TIME

P.32

Lighthouse Fortification

FOR THE AGES

COMMENCES

P.22

TRANSCENDENTAL
MEDITATION, MEET

MONTAUK

P.14

P.28

BASS & BLUEFISH REGS TIGHTENING in 2021



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ON THE COVER

Walt Lindveld catches phenom Chase Lieder at the Montauk Skatepark.

© Walt Lindveld



46 Montauk Water Safety



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On Montauk Contributors 2021



BOB MILLER devotes his life to life...as lifeguard, surfing instructor, ocean rescuer, and swim coach. Bob, a swimming prodigy from age 5, holds degrees in Earth Science and oceanography from Stonybrook University and a Master's in Elementary Education and Special Education at Dowling College. He lives in Montauk full-time, sometimes traveling abroad to teach and heal.



CAILIN RILEY Cailin Riley is a freelance writer who lives in East Quogue with her husband and three young children. She was formerly the sports editor at the Southampton Press, and was named the New York Press Association's Sportswriter of the Year three times during her tenure there. Her work has also appeared in the Riverhead News Review and Suffolk Times, Northforker Magazine, and at romper.com.



DEBBIE TUMA is a journalist, and a third generation native of Montauk. Her family started the charter fishing industry in the 1940's, and later started Tuma's Dock in the 1950's. Her father, Captain Bob Tuma, ran his charter boat "Dawn" for 60 years. She works at WLNG 92.1 Radio Station and writes for The Daily News, Newsday, and East End papers.



ASHLEY WALKER is the Founder of AWCO—a small creative studio that specializes in making fun and modern designs. A graduate of the Pratt Institute, she began her career creating infographic-based posters and later went on to design for companies such as Google, Nike, and the NBA. She lives and works in Brooklyn, NY with her partner and their two Brussels Griffons.



MIKE WRIGHT is a writer and fisherman who grew up in Southampton. He writes the weekly fishing column for the East Hampton Press and fishes from the beaches of Montauk every chance he can get. Mike changes vehicles frequently to confuse legions of trainspotting anglers who would otherwise follow him, shamelessly, to fishing hot spots throughout the year.



ON MONTAUK®

PUBLISHER.....	Montauk Publishing, Inc.
MANAGING EDITOR.....	Carter Randolph Tyler
EDITOR-IN-CHIEF.....	Carter Randolph Tyler
CREATIVE DIRECTOR.....	Carter Randolph Tyler
DESIGN AGENCY.....	AWCO Studio
CONTRIBUTORS.....	Bob Miller, Cailin Riley, Debbie Tuma, Mike Wright

On Montauk® 2021 Volume 6, Number 1, Montauk Publishing, Inc.

Although every effort is made to provide up-to-date information at the time of publication, before visiting any attraction or business listed, please call ahead to confirm hours of operation, admission prices, or any other information you may need to plan your activities. Printed in the USA.

Mailing address: P.O. Box 2544, Montauk, NY 11954

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hooked

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montauk, ny

bait & lures

	Bowl	Quart
New England Clam Chowder	6	16
Manhattan Clam Chowder	6	16
Kick'n Crab & Corn Chowder	7	18
Lobster Bisque	8	20
Tuna Bites		10
Peel & Eat Shrimp		12
Fried Calamari		12
Steamed Mussels in white wine & garlic		14

salads

Add Chicken +5, Shrimp +7 or Fish +12

Hooked House Salad	13
kale, quinoa, cranberries, cotija cheese & orange segments with cranberry citrus vinaigrette	
Beet & Baby Arugula Salad	13
baby Arugula, beets, walnuts, aged Irish cheddar with a blood orange & shallot vinaigrette	
Kale Caesar Salad	11

hooked on lobster

Lobster Salad Roll	27
served with coleslaw	
Tom Lob	27
vine ripened tomato stuffed with lobster salad	
Lobster Mac & Cheese	15
Whole Local Steamed Lobster	MP
served with mussels & corn - ask about sizes and prices	

locally hooked

*Grilled Tuna, Swordfish or Mahi Mahi	19
served over greens or as a sandwich with fries	
*Tuna Poke Bowl	14
raw ahi tuna, pickled cucumber, shitake mushrooms & scallions, served over soba noodles in a southwestern cilantro vinaigrette	
Fish Tacos	12
two with broccoli slaw, mango salsa & sriracha mayo	

locally dug

*Montauk Pearl Oysters	1/2 doz. 13
*Local Clams on the half shell	1/2 doz. 7 doz. 14
Local Steamers	MP

boats

served with fries

Fish 'n' Chips	15
Fried Shrimp	14
Fried Soft Shell Crab Sandwich	15
Crab Cakes	14
Fried Whole Belly Clams	18
Fried Scallops	14
Fried Clam Strips	12
Fishwich	13

off the hook

served with fries

*Hamburger	12
*Cheeseburger add bacon +2	13
BBQ Baby Back Ribs	16
Grilled Chicken Sandwich	12
Veggie Burger	12

hook ups

French Fries	4
Sweet Potato Fries	5
Coleslaw	4
Corn on the Cob	3
Mac & Cheese	6

guppies (kids)

served with fries

Fish Bites	7	Grilled Cheese	7
Chicken Goujons	7	Hot Dog	7

*Consuming raw or undercooked meats, poultry, seafood and shellfish may increase your risk of foodborne illness.
Before placing your order, please inform us if a person in your party has a food allergy. Menu items and prices subject to change.

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From the Editor

SUMMER AGAIN SHINES

On Montauk. It's a reset time for many of us. A time to take stock and get back to our base state as we finally get to enjoy those things we long for all year... enjoying the beach with the kids, dining out with long separated family and friends, picking up a little something new for yourself, making some new friends, walking a trail that has no other people on it, etc.

Montauk is a great setting for this essential annual reality check because it is reliable even amidst perpetual change. Many of you reading this have grown up coming to Montauk or even in it, others have discovered it more recently and have made it an essential element of your life. That reliability will endure as your kids, friends, and relatives grow to embrace our vast preserves, beautiful beaches, endless trails, and minimal development. All those important things endure, thanks to hard working people today and over the decades that have defended our hamlet against forces that have swamped others.

Some good changes around the edges greet us this summer, though, including a handful of great shopping spots, such as the much-needed Montauk Cycle Company in the harbor area, and El Taco Olé on main street, offering great food at reasonable prices. Oh, and have you noticed a strip of power lines have been buried along Old Montauk Highway in the Hither Hills neighborhood? "Burying the lines means more reliable power and makes our coast look the way mother nature was intended," a resident says with conviction. We like the sound of that...

So get out there and embrace your Montauk. Summer goes fast. And in case you haven't figured it out yet, autumn is heaven in Montauk. Hint hint.

Carter Randolph Tyler

Summer 2019

▼ The Tylers





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One of the world's most renowned teachers of TM discovered Montauk during the pandemic. He, too, is now in on our secret.

by CAILIN RILEY

BOB ROTH HAS A GO-TO

metaphor he uses to illustrate the concept of transcendental meditation. He likens the mind to a storm-tossed ocean—where no matter how choppy the waves become, the deep waters beneath the surface are calm.

Roth, 70, is a world-renowned teacher of transcendental meditation, and he's taught the practice to people from every walk of life, from A-list celebrities like Oprah Winfrey and Hugh Jackman, to military combat veterans, frontline health-care workers, children from low-income neighborhoods, and survivors of domestic violence. His book on TM, "Strength In Stillness," is a New York Times Bestseller.

For half a century, Roth has been on a mission to prove that there is a simple way for people to achieve the calm, balance and peace they are seeking. "It's a natural human desire to want inner calm and clarity," Roth said in a spring 2021 interview. "The operative word is 'inner.' In TM, we hypothesize that deep within every human being, there's a level where your mind is already settled and peaceful."

Montauk is kind of like a meditation itself...

Roth, a New York City resident, came to Montauk in 2020 and plans to stay through summer 2021, continuing the work he does through the David Lynch Foundation, a global nonprofit dedicated to bringing TM to at-risk groups around the world, while also doing private teaching.

"Montauk is the best place I've ever worked for thinking clearly and planning big," he said. While Roth maintains that part of the appeal of TM is that it can be done anywhere, he admits that Montauk is a particularly conducive environment for engaging in the practice, something he's experienced first-hand by spending so much time here during the pandemic.

"Having lived for the last few years in midtown Manhattan, one block away from the UN, with sirens and everything, to have the opportunity to be in Montauk has been great," he said. "Montauk is kind of like a meditation itself, in that it's settled but also dynamic. I'm thinking better for the whole world from Montauk than I was in Manhattan."



Bob Roth

Montauk residents Maureen and Dan Cahill have been big supporters of Roth and his work. They've experienced the benefits by practicing TM in their own lives, and Ms. Cahill said that she admires Roth's work ethic and his deep commitment to helping people in need. "He's just a wonderful person and so incredibly talented," she said. "He's really sincere in what he does and an enlightened human being."

Planning is recommended if you're interested in experiencing TM, or other forms of meditation, in Montauk due to the increasing popularity of both our locale and the practice. Many resorts and hotels in the area, as well as other spaces open to the public, have begun offering meditation classes in recent years. Marram, a boutique resort on Oceanview Terrace, offers its guests "Morning Meditation", overlooking the ocean, on most mornings. The Montauk Salt Cave, too, offers guided meditation and other healing- and wellness-based practices through the summer while the Surf Lodge offers a range of meditation practices to hotel guests. ☺



Hither Hills Beach is ripe for TM.

Despite his reputation as one of the most experienced and sought-after teachers in the world, Roth jokes that he's "the least likely meditation teacher you'll ever meet in your life." As far as appearances, he says people are often surprised when they meet him in person, expecting perhaps a man bun and yoga pants, and instead seeing a clean-cut guy in a pair of jeans and a blazer who defers to science and invites skepticism.

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The Events Calendar

PLEASE NOTE: Due to this year's unusual circumstance, these dates are TBD. Before visiting any attraction or business listed, please call ahead to confirm hours of operation, admission prices, and any other information needed to plan your activities. For the most up-to-date listings, please visit us at **OnMontauk.com**.

RECURRING EVENTS

MONDAY

LIVE MUSIC

Monday Night Concerts On the Green

WEDNESDAY

LIVE MUSIC

Nancy Atlas at The Surf Lodge

WELLNESS

1/2 price Montauk Salt Cave sessions

THURSDAY

RECREATION

Sand Castle Contest at Hither Hills State Park

SHOPPING

Montauk's Farmers Market on the Green, 6/3 to 9/9

FRIDAY

SHOPPING

Montauk's Farmers Market on the Green, 9/17 to 11/19

SUNDAY

LIVE MUSIC

Concerts at Gosmans Dock July and August

MAY

RECREATION: 9th Annual Blessing of the Boards at St. Therese of Lisieux

JUNE

BENEFIT: 9th Annual Navy SEAL Foundation Fundraiser at Navy Beach

ART: 3-Day: Montauk Artist Association 26th Annual Juried Fine Arts Show on the Green

FISHING: 3-Day: 33rd Annual Shark Tournament at Star Island Yacht Club & Marina

RECREATION: Annual Blessing of the Fleet at Montauk Harbor

FISHING: 3-Day: 50th Montauk Marine Basin Shark Tag Tournament at Montauk Marine Basin

JULY

BENEFIT / SPORTS: Rell Sunn 22 Annual Benefit Surf Contest and Raffle and Art Auction at Ditch

SALE: 2-Day: Historical Society Craft Fair at Second House Museum

FISHING: 3-Day: Montauk Mercury Grand Slam Fishing Tournament at Uihlein's Marina

BENEFIT: Ocean Swim Challenge hosted by East Hampton Volunteer Ocean Rescue Squad and Montauk Playhouse Community Center

KIDS: Family Fair Fundraiser at Children's Museum of the East End

TRIATHLON: 25th Annual Lighthouse Sprint Triathlon & Relay

AUGUST

LIVE MUSIC: 6th Annual Music for Montauk Summer Series

LIVE MUSIC: Montauk Music Festival Rocks the Lighthouse at the Montauk Lighthouse

SALE: 2-Day: Historical Society Craft Fair at Second House Museum

KIDS: 2-Day: Kings of the Coast Pirates Show at The Montauk Lighthouse

SEPTEMBER

CHARITY SPORTS: 55th Annual Ride to Montauk For Multiple Sclerosis

SALE: 2-Day: Historical Society Craft Fair at Second House Museum

LIVE MUSIC: Tumbleweed Tuesday On the Green

BENEFIT: A Walk on Water Montauk Fundraiser

FESTIVAL: 2-Day: 9th Annual Montauk Seafood Festival

BENEFIT: Big Bucks Bonanza at the Montauk Fire Department

TRIATHLON: MightyMan Montauk (Sprint) Triathlon Festival at Fort Pond Soccer Field

DAILY EVENTS

OCTOBER

BENEFIT: Pancake Breakfast to benefit Senior Holiday Dinner at Montauk Firehouse

FILM FESTIVAL: 5-Day: Hamptons International Film Festival

FESTIVAL: 2-Day: 40th Fall Festival Clam Chowder Contest On the Green 10/9-10/10

KIDS: Halloween Parade in Town hosted by Montauk School

NOVEMBER

RECREATION: Seal Hikes at Montauk Point State Park by NY State Parks

SPORTS: Brewathlon presented by Old Montauk Athletic Club

BENEFIT: Girls Night Out Benefit 2021

SPORT: 45th Annual "Run for Fun" Turkey Trot Around Fort Pond

RECREATION: 11th Annual Lighting of The Lighthouse

KIDS: Annual Christmas at the Lighthouse with Santa

RECREATION: 42nd Annual Holiday Dinner for Montauk Seniors

DECEMBER - TBD

KIDS: Gingerbread Decorating Party at the Candied Anchor


DECEMBER

BENEFIT: Jingle Bell Hop hosted by St. Therese Parish

KIDS: Santa is Coming to Town! At the Montauk Fire House



Montauk's annual Halloween parade



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SEMINAL Lighthouse Fortification COMMENCES

The iconic symbol of Montauk, our historic lighthouse, is undergoing its most important fortification project ever, ensuring she will stand safe and proud for many generations to come.

by DEBBIE TUMA

ON APRIL 22, 1970, A LITTLE

lady named Giorgina Reid came aboard the ongoing project of trying to stop the erosion of the Montauk Lighthouse bluffs. Coincidentally, this day happened to be the very first Earth Day.

Reid was not a professional landscaper or an environmental engineer...she was simply an artist and textile designer, whose land in Rocky Point was hit by the Nor'easter of 1962, who invented a terracing method to hold up a bluff. It encouraged plantings to get established on the bluff face, preventing the loss of sand and soil. She later wrote and published a book called, "How to Hold Up a Bank."

Fifty-one years ago, Giorgina took this idea to Montauk Point, and so began a love affair with the historic lighthouse and its survival. She started a terracing project there and garnered much publicity in the local press, including Dan's Papers. Publisher Dan Rattiner inspired Reid to contact the U.S. Coast Guard and introduce them to her terrace method. With \$1,000 of funding from the Concerned Citizens of Montauk, she started the original bluff stabilization project under the lighthouse.



Construction staging area west of the lighthouse.



Now, half a century, numerous storms, and several rock replacements later, the Montauk Lighthouse has finally received a long-term lease on life with a world-class rock revetment project that will keep the landmark stable and intact for generations to come. A contract was recently awarded to H & L Construction Company of Bayshore, Long Island, to do the final rock revetment project. They arrived on site in April to begin staging the project by widening the roads, grading, and getting the site ready for the delivery of granite rocks from a quarry in Johnstown, New York.



Greg Donohue is the lighthouse's best friend. He's making this happen.

"We're very happy that a Long Island company won this award," said Greg Donohue, who has worked for decades as the Erosion Control expert of the Montauk Lighthouse. "They have set more stone on Long Island than anyone I can think of. I think we are in good hands because of that."

This 1960s aerial of Montauk Point shows the U.S.A.C.O.E. revetment and the untouched bluff face before Georgina Reids pilot project on the eastern slope.



He said that the first part of the project, which is very important for the Montauk Historical Society, is the repositioning of the World War II bunker resting askew on the beach at Turtle Cove, just below the lighthouse. This 175-ton cement bunker was built in 1942 and sat on top of the bluffs overlooking the ocean until 1977, when erosion let it topple down to the beach below.

"They're going to move it back up to high ground with heavy equipment, then the Montauk Historical Society will create a plan to set it where it was originally so that we can interpret World War II history accurately," said Donohue. "There were also two 16-inch cannons in adjacent Camp Hero that were connected to this bunker and the Fire Tower aside the lighthouse. They were meant to help the U.S. Government protect the Brooklyn Navy Yard (which made American ships) from being attacked by German ships, but the Germans didn't make it that far."

Stephanie Krusa, President of the Montauk Historical Society, said her group is grateful to the Army Corps of Engineers for their foresight in returning this historically significant structure to the lighthouse grounds. "This bunker represents one of the most dramatic periods of local history," she said. "It is one of a few remaining artifacts of World War II and was part of the Eastern Coastal Defense Shield. It served as a lookout station for soldiers when the Army occupied the Montauk Point Lighthouse and took over adjacent State land to establish Camp Hero."

Once the bunker is moved off the beach, the second stage is the construction of the rock revetment. Giant stones will arrive in a nearby staging area and H & L Construction will make a road from Turtle Cove, the beach just south of the lighthouse, to a point east that faces Block Island. The contractor will excavate the ocean bottom and set the stones of the foundation, or "toe." Each stone weighs 15 tons. The toe stone goes 38 feet out in the ocean, and about ten feet down. The lower slope of the revetment will arrive at +10 feet above sea level, whereupon there will be a 20-foot wide platform called the bench that will provide access for fishermen and perform as a maintenance road for repairs. The second slope starts at +10-foot elevation and ascends to an elevation +21-feet above sea level for recreation, such as bird watching, sightseeing, and tourism. These platforms consist of stones set flat. The third slope ascends to +35-feet, which is the top height of the revetment.

Each stone weighs 15 tons

The whole project is one thousand feet long at the shoreline and will use 65,900 tons of stone. The cost of the project is \$30.7 million, which comes from Hurricane Sandy funds -- 65% from the Federal Government and 35% from New York State. The Army Corps of Engineers and the New York State Department of Environmental Conservation are co-funding the entire project, which will take about two years to complete.



The same camera angle thirty years later shows a stabilized toe and bluff face. The cooperative efforts of the U.S.A.C.O.E., the U.S.C.G. the N.Y.S.D.E.C., the Long Island Office of Parks, Recreation and Historic Preservation and the Montauk Historical Society have improved the erosion control protection at Montauk Point.

Dick White, chairman of the Montauk Point Lighthouse Museum Committee of the Montauk Historical Society, who has been working with Donohue since 1989, remembered how some of the first funding for the rock revetment came from a Paul Simon concert during the 1990's at Montauk's Deep Hollow Ranch. "We raised \$600,000, after all expenses," he said. "This has been a 30-year effort, and we're finally getting the proper revetment. It will not only save the lighthouse, but it's going to be here for 100 years."

Donohue said he is thrilled to see this project finally come to fruition. "It's the first time it's been engineered properly from bottom to top," he said. "Up till now it's been underfunded, and this is the first time the Montauk Lighthouse will get a fully engineered project to protect it from the ravages of the sea." ☺

The fallen WWII pillbox will be restored atop the bluff.



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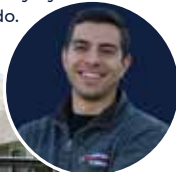
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Striped Bass, Bluefish Regulations Tightening Up

IN 2021

Look lively anglers. Montauk is the surfcasting capital of the world...and tightened rules aim to keep it that way. Slot limits, circle hooks and bag limits, oh my!

by MIKE WRIGHT

THERE ARE HIGH HOPES FOR 2021 summer fishing for striped bass and bluefish in Montauk, but there are also some new rules that fisherman must know so as not to run afoul of efforts to keep the fishery healthy.

For the last couple of years there have been huge numbers of small stripers feeding in our local waters, bolstering Montauk's status as the "Surfcasting Capital of the World." This year promises to set the bar even higher. For three years now we've seen more and more fish in the surf -- where shore-based fishermen can catch them -- from May through December. In 2021 anglers can expect to see many of those fish over the 28-inch minimum "keeper" size, making them prime targets for those looking for some fresh fish for the grill.

As striped bass have rebounded, the scientists who follow fish stocks and try to manage them to keep the populations robust have been trying to tinker with rules to help protect fish where they need protecting.



Mary Ellen Kane with bluefish.

2021 Striped Bass keeper range.





In 2020, New York adopted a “slot limit” for striped bass, which means an angler may only keep a striped bass that is over 28 inches and less than 35 inches long. This was done to protect larger female fish that are important to the species’ breeding success. This rule has also meant that more fish are being caught that need to be released, safely, so this year the state is introducing another new requirement meant to reduce injury from hooks. Namely, “circle hooks.” For 2021, anyone fishing for striped bass with bait -- alive or dead -- must be using a circle hook.

Circle hooks have the point bent inward, like if you curl your index finger in toward the base of your thumb. It’s an ingenious style that prevents the hook from snagging deep in a fish’s mouth, in turn making the hook easier to extract and lessening the likelihood that a fish will be “gut hooked,” a frequently deadly scenario even when the fish is released. All our local tackle shops will have circle hooks available in abundance this year so make sure to ask for them specifically if you are planning on striper fishing.

Anyone fishing for stripers with bait must be using a circle hook.



PER
SS





Kay with striper.



Jessica Lobosco with her striper catch.

As for bluefish, their numbers in our waters have been way, way down in the last several years from what most visitors to Montauk are used to. Their populations are in a slump and a couple years ago the bluefish bag limit -- the number of fish each individual fisherman may keep in a day -- was reduced from 10 to 3. Yes, three...only. Keep that in mind if you hit upon them. There is no minimum size for bluefish so even the small "snappers" that are a family favorite to catch in August are subject to the three-fish maximum.

Expect bluefish and striped bass to be in the waters along all of Montauk's shorelines by Memorial Day Weekend, with the hours on either side of sunrise and sunset the best times to find them hungry. Keep the above guidelines in mind when you want to take a fish or two home for dinner, or when you want to just have fun catching a bunch of them and setting them free, unharmed, to fight again another day.

Tight lines. Welcome to Montauk. 🐟



Mike Wright



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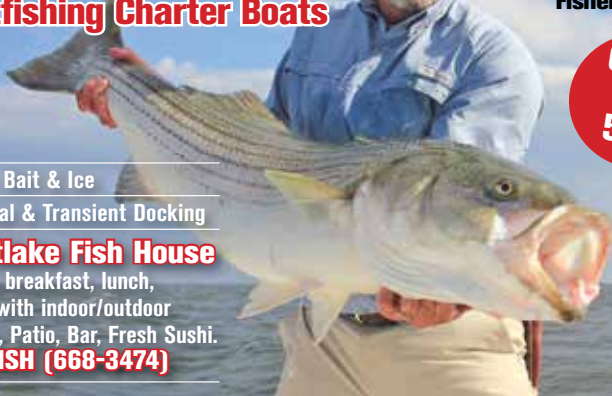
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Westlake-Marina.com



Located on West Lake Drive, Montauk Harbor (just north of Star Island Road)

SECOND HOUSE RESTORATION

Second House is the oldest structure in Montauk, built in 1746. It is historically significant to Montauk's pastoral history when the shepherds and keeper of Second House were housed in the building and were responsible for tending the sheep to the west and the cattle to the east.

VISIT US FOR THE DETAILED REPORT

Enjoy learning more about Montauk's rich and cherished pastoral history.



MONTAUK HISTORICAL SOCIETY

WE NEED YOUR HELP - Your donations and volunteerism will help us to continue restoring this property to its appearance in 1896 when the last keeper left Second House. Our goal is to complete the restoration during 2021. Your support will help make this possible.



www.montaukhistoricalsociety.org



MONTAUK SKATE PARK GOING BIG TIME

by CAILIN RILEY

Montauk native
Cayden Sokol.

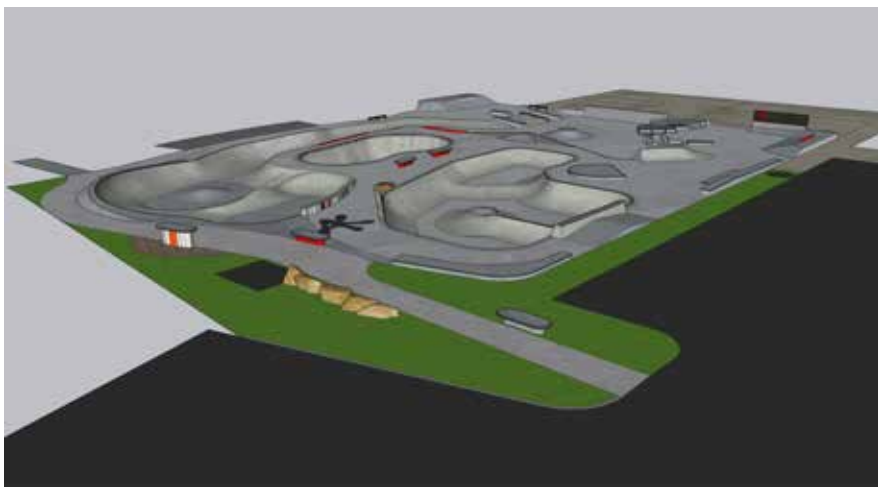
The 20-year-old hangout will be one of the best skate parks in the east after a million-dollar makeover. As if Montauk wasn't hot enough already...

ONE OF THE MOST POPULAR

hangouts in Montauk is about to get a major upgrade. The Montauk Skate Park, designed and built in 1999 by legendary New York City skateboarder Andy Kessler, is set for a large-scale renovation and expansion that is expected to start in September 2021.

A combination of funding from the Town of East Hampton, a groundswell of fund-raising support from the local community, and several generous private donations are fueling the million-dollar project that will make the park even more of a premier destination for avid skateboarders both near and far.

New schematics for the Montauk Skate Park by Pivot Custom.



The park is a staple hang-out in Montauk -- where surfing and skateboarding are deeply intertwined (skating is the go-to activity for young "groms" when the surf's not up) -- but over the course of more than 20 years it has started to show its age with graffiti, bumps, cracks, and rough surfaces posing challenges for beginners and novices.

"...a new BAD ASS snake run"

Now, it is poised to become one of the best skate parks on the east coast thanks to the involvement of Tito Porrata, whose company, Pivot Custom, was hired to oversee the project and, with heavy input from the community, come up with a design that has a little something for everyone. Porrata's plans include a refurbishment of the pool bowl that was part of Kessler's original design, along with the addition of a park series bowl, which is larger and has more features within it. The 10,000 square foot facility will be updated with a new 7,000 sqft street course for skaters who like to grind rails and do other jumps and tricks. For those who prefer a more free-flowing ride like the feeling of surfing, there will be a new "snake run" element that Porrata promised would be "bad ass."

The Skate Park today. ▶

The community fundraising effort has been led by people like local photographer, artist and avid skateboarder Bart Schwarz, who worked at the park for several years when he was in his early 20s in the early 2000s, and parents like Walt Zamora-Lindveld and John Britton, whose children are avid users of the skate park. Colin Ryan, a father of two who has lived in Montauk for 20 years and is a special education teacher at the Montauk School, said he's thrilled about the project and what it will mean for the town, especially the youth.

"It's a great thing for the kids," he said. "It's going to give the community such an asset."

"I think of that skate park like the Giving Tree," Ryan added, referencing the famous Shel Silverstein book. "It gave to us for so many years; the only difference is at the end of the book, because the skate park hasn't crumbled to the ground, it's still holding on."

Groundbreaking is tentatively set for September 2021 and will take a few months to complete, meaning the park will likely be ready for action in early 2022. ☺



THANK YOU FOR SHOPPING AT OUR STORES

www.MyMontauk.com

JUNE - SEPTEMBER 10am - 9pm
OCTOBER - MAY 10am - 6pm

Montauk's finest store. One of Long Island's premier shops for home décor, gifts, books and jewelry. Est. in 1970. We have opened a larger new location on Main St, next to White's Liquor store—come check it out!

Located at:
**Gosman's Dock and
85 The Plaza in Montauk**

HOMEPORT

Remember the great times you had as a kid going to the toy store? Help your kids get off screens and enjoy those same memories. Come visit the store and find the perfect gift be it Lego, Nerf, Ty, Puzzles, Games, Candy... and slime, yes lots of slime!

Located at: **Gosman's Dock**

CAPTAIN KID

Montauk's funnest gifts and apparel store. Amazing Montauk T-shirts and Sweatshirts for all sizes. We have an entire room of Mermaid related gifts as well as a huge selection of fun nautical gifts: Pirates, Sharks, Surfing... you name it, we've got it.

Located at:
Gosman's Dock

FISH CITY

Montuak's premier apparel store for women and men. The home of Free People, Tommy Bahama, Pura Vida, and Rails. We also have an amazing selection of jewelry and bohemian décor. Add some shine and sparkle back into your life!

Located at:
764 Montauk Hwy, Montauk

SHINE



Gosman's Dock 484 Westlake Dr, Montauk

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ON LAND

PATHFINDER COUNTRY DAY CAMP

631-668-2080

pathfinderdaycamp.com

The pièce de résistance of Montauk camps since 1964 provides a traditional summer day camp experience for children 4–12. Located on 5 acres bordering Fort Pond. Flexible scheduling; door-to-door bus pickup and drop-off.

DEEP HOLLOW RANCH SUMMER PONY CAMP

631-668-2744

deephollowranch.com

The iconic ranch run by the Keogh family offers a Summer Pony Camp for kids aged 7–12; Sessions run June to August; campers bring their own jeans, boots, helmets, snack and drink. Classes fill up! Did someone say pony party?

NEO-POLITICAL COWGIRLS THEATER GAMES CAMP

631-748-8307

npcowgirls.org

Kate Mueth's renowned dance, theatre and storytelling company, the Neo-Political Cowgirls, offers one day theatre games camps for boys/girls ages 8–13. Dates and locations TBD at time of printing so check the website for details. An OM partner.

HAMPTON BALLET THEATRE SCHOOL WEEKLY INTENSIVES

631-237-4810

hamptonballettheatreschool.com

The HBTS In Bridgehampton offers weekly summer dance intensives with daily ballet classes and various other fun and exciting forms of dance; kids with dance experience age 5 and up are eligible. Intensives run by HBTS Director, staff and guest teachers. An OM partner.



CHILDREN'S MUSEUM OF THE EAST END (CMEE) PROGRAMS

631-537-8250

cmee.org

The CMEE in Bridgehampton is a valuable East End resource for kids. They offer multifarious daily and weekly camps/programs for ages 2-9, most for the younger set (2-5). Way too many to mention, so check out the website for full details. An OM partner.

ON THE WATER

KID'S SURF ACADEMY® COREYSWAVE

631-668-9283

coreyswave.com

Semi-private 2-hour group lessons designed to get kids stoked on surfing alongside other kids with professional instructors at Ditch. Private lessons available and Spring/Fall specials for local school kids. Previous instruction preferred, but not required. Ocean safety, surf etiquette, and environmental awareness are taught.

SAIL MONTAUK SAILING CAMP

631-522-5183

sailmontauk.com

Learn sailing at Gurney's Star Island Resort and Marina with Sail Montauk's certified professionals; Memorial weekend basic sailing course plus two-week sessions throughout the summer; hands-on instructions learning the basics with 4-5 students per boat, then racing and games! Ages 9-16.

PECONIC WATER SPORTS MONTAUK CAMP

631-680-0111

peconicwatersports.com/montauk

Wakesurfing, waterskiing, wakeboarding, and tubing are taught to kids ages 5-14 by certified professionals; at Gurney's Star Island Resort and Marina in Montauk; no experience required; 9:30-12:30 M-F, most time is spent on the boats where all equipment is included.





**Children's
Museum**
East End

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WITH US!**

(631) 537-8250 | CMEE.ORG

376 Bridgehampton/Sag Harbor Turnpike, Bridgehampton, NY



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ON THE EAST END

Director: Sara Jo Strickland
631-237-4810

HBTS 213 J Butter Lane/ HBTS/BHCH
2357 Montauk Highway | Bridgehampton, N.Y. 11932
hbts07@optonline.net | www.hamptonballettheatreschool

Photo: 2021© Eric Striffler

KID'S STUFF RAINY DAY FUN

SHAUN LOW



Montauk is an outdoor place, but even in the rain it's great to be here! If you're not inclined to beach it in the rain, these East End attractions will take the edge off indoor days in paradise.

THE MONTAUK LIBRARY

871 MONTAUK HWY.

631-668-3377

montauklibrary.org

The best local indoor place to take the kids for a few hours of fun. A great kid's room with books and videos for all ages plus a few computer terminals for online games. They also show movies and have a packed schedule of events for kids and adults. Check the calendar at onmontauk.com and/or the library website.

NOTE: The library is under renovation during 2021 and will operate out of a temporary building on site.

THE MONTAUK LIGHTHOUSE

631-668-2544

montaukLighthouse.com

If you haven't done the lighthouse yet, get on it. Make your way to the top for great views... still great even in the rain...and check out the fascinating museum that explains the seafaring history of the lighthouse, displays historic documents, and offers guided tours. Children under 41" visit free, but are not allowed to enter the tower. Parking fee \$8 until 4:30 in season.

THE MONTAUK PLAYHOUSE

240 EDGEEMERE ST.

631-324-2417

The Playhouse is a historic building across from the train station that houses a large basketball gymnasium (and several other entities) that is open to the public. They have a daily and weekly schedule of activities that includes free time. Call and/or pop in to see their schedule and shoot a few hoops.

OTHER NEARBY RAINY DAY OPTIONS

CHILDREN'S MUSEUM OF THE EAST END (CMEE)

► **about 40 mins from Montauk**

376 BRIDGEHAMPTON/SAG HARBOR
TURNPIKE IN BRIDGEHAMPTON

631-537-8250 CALL TO RSVP

CMEE.org

The CMEE is a great place for kids ages 1-8 any time but especially on rainy days. Kids can enjoy multiple themed play areas for hours and a giant rumpus room full of soft mats and climbing structures. There's a separate soft hang-out area for pre-walkers. Multiple special programs throughout the



summer, daily and weekly, plus an engaging staff make this a must-visit...even if you do wait for a rainy day. Entrance fees apply.

THE SOUTH FORK NATURAL HISTORY MUSEUM AND NATURE CENTER (SOFO)

► **about 40 mins from Montauk**
377 BRIDGEHAMPTON/SAG HARBOR
TURNPIKE IN BRIDGEHAMPTON
631-537-9735
SOFO.org

Across the street from the Children's Museum in Bridgehampton, the SOFO is a family-friendly natural history museum of exploration and discovery for kids and adults. It's full of nature exhibits (with many live creatures) and sits adjacent to the six-mile trail system of the Long Pond Greenbelt. Great staff can help first-time visitors navigate the options and explain the many educational programs held throughout the year.

EAST HAMPTON CINEMA

► **about 20 mins from Montauk**
30 MAIN ST, EAST HAMPTON
fandango.com/regal-ua-east-hampton-cinema-aabkg/theater-page

The closest movie theatre to Montauk is the United Artists East Hampton Cinema with 6 screens showing first run features. We know, you're not in Montauk to watch movies...but the rainy-day thing, yeah.

THE LONG ISLAND AQUARIUM

► **about 1.2 hours from Montauk**
431 EAST MAIN ST. IN RIVERHEAD
631-208-9200
longislandaquarium.com

Yes, it's a seriously good aquarium with a huge shark tank, sea lion show, and countless cool ocean creatures plus a magnificent butterfly room (they land on you!), and bird room (they land on you!). Touch rays, starfish, crabs, etc. and watch 20 lb. stripers meander safely about. There's also an arcade, spider monkey exhibit, and much more. A worthy day trip from Montauk, rain or shine. Hit the nearby Tanger Outlets if that's your bag.

THE CLUBHOUSE IN E. HAMPTON

► **Bowling, Arcade, Sports, Food**
► **In East Hampton, about 25 minutes from Montauk**
174 DANIEL'S HOLE RD. - 631-537-2695
ehitclubhouse.com

Bowl a few frames, let the kids (and you) enjoy some high-end arcade games, and watch sports on massive screens while having lunch, dinner or drinks. All this under one massive, thoughtfully partitioned roof next door to the East Hampton airport. A great way to keep kids and adults occupied for a few hours, if mother nature is out of sorts.

KID'S STUFF *AROUND TOWN*



Montauk has two little league baseball diamonds for public use.

Montauk is about nature...the beaches, water sports, fishing, trail walking, biking, etc. Here are a few more suggestions for the kids...

PLAYGROUNDS

Montauk has five great public playgrounds for traditional kid fun:

1. **The Montauk School** (enter at 2nd House Rd and S. Eaton)
2. **Next to the baseball field** (at S. Edgemere and S. Erie Ave)
3. **Hither Hills State Park**
4. **Montauk Community Church** (at S. Etna Ave. and S. Etna Pl.)
5. **Montauk Lighthouse** (lower parking area, also many grill stations)



Playground at the lighthouse.

EDDIE ECKER COUNTY PARK

► aka The Dog Park

This park at the end of Navy Road (cross the railroad tracks, then turn left) is not a formal playground but a great open park space on Fort Pond Bay for frisbee, lawn games, running wild, walking the dog, etc. There's also a fishing pier jutting deep into the bay.

BASEBALL DIAMONDS

Two little league baseball diamonds are available for public use just north of the circle in town (unless local team has scheduled events).



MONTAUK SKATE PARK

► North of downtown on Essex Street

If you've never been there, Montauk Skate Park has a lot of personality. It is a "free" place open for interpretation by all who roll over its surface. The terrain is bumpy, weathered, and rough so riders should dial in their boards to find their own personal groove. There's even a major-league backyard styled pool for the "Gnardogs." Ride safe and know your abilities...and limits. Open daily in spring/summer.

TENNIS

MONTAUK DOWNS TENNIS

► Open to the Public

330 FAIRVIEW AVE

631-561-1678

themontaukdownstennis.com

Molly Nolan and her crew run various clinics, lessons and day camps for kids and adults through the season on the Downs' six Har-Tru courts, which are also rentable by the hour and for private lessons.

GOTHAM TENNIS

► Open to the Public

91 S. FULTON DR. (OFF WEST LAKE DR.)

631-267-8525

gothamtennis.com.com

The popular NYC tennis academy has opened a Montauk outpost sporting six Har-Tru clay courts. They have a varied program which includes lessons, clinics, kids' day camps and more.

PUBLIC COURTS IN TOWN

631-324-2417

East Hampton Town operates two first-come, first-serve courts at the very end of S. Erie St. (past the soccer field). All year. No lights.

SWEET TREATS

FUDGE N' STUFF



**30 Flavors
of Homemade**



**Fudge & Fresh Chocolates
made daily on premises**

Hot & Iced Coffee, Hot Chocolate



Ice Cream Cones,

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Candy, Popcorn, Nuts

Sugar-Free Chocolates



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Open 7 Days in Summer 10am-10 pm

On the Plaza, Montauk

631-668-4724



FUDGE N' STUFF

► 10am-10pm / 7 days in season

41 S EDMERE STREET

631-668-4724

Candy, Fudge, Ice Cream: Seen Willy Wonka? Fudge N' Stuff is jam-packed with goodies, including 30 different kinds of fudge, an eye-popping assortment of old-fashioned penny candy, lollipops, gourmet jellybeans, hot popcorn, nuts, and chocolate-covered pretzels. Craving soft serve ice cream, sundaes, malts, hot chocolate, hot coffee, iced coffee and hot tea? No problem. Oh, piñatas too.



SWEET TREATS (cont).

JOHN'S DRIVE-IN

677 MONTAUK HWY IN TOWN
631-668-5515

A Montauk institution for amazing home-made ice cream and great old-school drive-in food. Their old-fashioned ice cream truck can be booked for parties!

FRO-YO & GELATO

43S EUCLID AVE
631-668-8393

Frozen yogurt in multiple tasty flavors with a robust and elegant toppings bar will thrill the kids, and you. Also a candy shop if the yogurt is too healthy; sit outdoors or inside.

MONTAUK BAKE SHOPPE

29 THE PLAZA A
631-668-2439
montaukbakeshoppe.com

Breakfast, Lunch: A Montauk institution is the Bake Shoppe. Fresh everything in the morning displayed for easy viewing in classic bakery style. Classic bakery items mingle with specialties like rugelach, quiche, and exotic cookie creations. Homemade doughnuts, cakes and...wow, those breakfast wraps are so big and juicy you could skip lunch. Coffee, juices, refreshments also. Takeout or grab a table outside and people watch.

KID FRIENDLY TRAILS

See Parks & Trails section, page 67

TRAILS AT SHADMOOR

Many easy, kid friendly trails wind throughout Montauk. Among the easiest spots for kids and less energetic adults to "hike" is at Shadmoor. Park in the free lot just east of town on the right and stroll your way down to the spectacular bluffs (about 15 mins) and check out an old WWII pillbox along the way.

MONTAUK LIBRARY

See Rainy Day Fun, page 40

MONTAUK PLAYHOUSE

See Rainy Day Fun, page 40

KID STUFF SHOPPING

CAPTAIN KID

484 WEST LAKE DR.
631-668-4319

Montauk's go-to kid shop. This toy-packed store at Gosman's Dock in the harbor is a great place for Montauk clothes and souvenirs, gifts (gift cards), and kids' games, plus some great gags. For all ages.





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Live Music Almost Every Night
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631.238.5527 | 63 South Euclid Ave, Montauk
taukattrailsend.com

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AT THE

MONTAUK
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HOTEL

631.668.8612



HILLTOP
MANOR RESTAURANT
MONTAUK NY 11954



TAUK SAFE SURF



by **BOB MILLER**

THINK BEFORE YOU SINK!

Ocean Rescuer Bob Miller has spent a life on water; teaching, life-guarding, coaching... and surfing. With decades of experience under his belt, he's the one guy to take seriously when you and your kids are having fun in paradise. Here in *On Montauk*, he reminds us all to...



Are you thinking: what does that mean? Good, you're thinking and that alone may save your life some day. Imagine that: being able to make a good choice in what could be a life-threatening situation. Does that have your attention? Okay then...

Can I ask y'all a question? Again – great – your brain is working. So, when you are out in the ocean surfing, what are you in the most danger from? Rip currents, rocks, lightening bolts, or the infamous 'man in the grey suit' nope... it's you!

With all due respect, it is most likely your own board that will hit you if you're not



careful, so...hold onto that thing. Your board is your responsibility. Where it goes and any damage it causes can be quite serious.

Anyhow, this is not just about holding onto your board, although y'all ought to, but it's about keeping your cool and remaining calm when challenged by the ocean. So there are some simple things that, for nearly thirty years, I've been sharing with kids as young as six. Things like the saying 'think before you sink.'

Thinking about being safe in the ocean is something that crosses my mind every time I ever go surfing. It's not so much about fear of the ocean but respect for the ocean as an incredibly powerful place. Remember... the real danger is yourself and choices that you yourself make. So let's make good choices while surfing.

There are real dangers in the ocean, and things like rip currents have kept the people from some cultures from enjoying what fun surfing can be. Their fear exists and is legitimate, but it's really only there because people didn't have

the opportunity to learn to swim or are not exposed to information about these dangerous currents...like the way our town provides rip current signs.

We've all seen this rip current sign, but do any of us know the physics behind the rip? The way the waves reflect... or bounce back off the beach or an object, such as the jetty at Ditch, and look for the easiest path back out to sea? In the impact zone, of the crashing waves, this path is difficult so the water will travel along the shore looking for a hole in the sand bar.

When the energy finds the hole in the sand bar it heads out into deeper water where it spreads out and loses its powerful pull. But why is it so strong? Because the energy of all the waves up and down the beach is combined together in this narrow river of returning water we call a rip current.

Note these signs near you.





you do nothing but keep calm.

That said, there is also the option of swimming parallel to the shore or on an angle back to the beach, and this will work for most people, but please be aware of which direction you're swimming (again thinking) and don't swim against the long shore current either.

Anyway, we as surfers, on the other hand, absolutely love-love-love rip currents. They are something that should be respected and appreciated but not feared. A rip current is surfing's version of a chair lift and is often the easiest way through the breaking waves.

When I go down to the beach one of the first things I look for are big waves, because they get my heart thumping, but then I look for the rip currents that I'll use to make it easier for me to get outside those breaking waves and I jump right into them, again with respect.

It is this respect that I have for the ocean that I'd ask y'all to share with me. I'd also like to ask that y'all 'think before you sink' and keep safety in your mind whenever you're in the water. And again with all due respect, you are the most dangerous thing out there.

So choose to be safe, please. Hold your board, cover your head, be aware of your surroundings, respect the rip currents, know your limits and know how to get help if you need it—those big orange signs at every beach help a 911 operator know where you're @, and say hello to summer! 🌊

This fast-moving current of water with all its energy digs the channel between sand bars deeper, and when unexpected swimmers, or non-swimmers, reach this part of the ocean, they often can no longer touch the bottom...simply because it is deeper, not because of an undertow!

There is actually no such thing as an undertow. There is no magical force pulling anyone under. The water is just deeper here, and the current may be taking you far out to sea, but this is where I'll ask you 'think so you don't sink' and remember this great article you read in On Montauk mag.

I'd like you to think about what I'm about to say. Remember my little voice if you ever get in this situation... and just chill. There are some studies that say the natural circular cycle of the water will actually bring you back to the beach if

**HAMPTONS
FILM**

OUTDOOR MOVIES EAST HAMPTON VILLAGE

Wednesday Nights, Herrick Park

JUNE 2

BIG WEDNESDAY

JUNE 9

**E.T. THE EXTRA-
TERRESTRIAL**

JUNE 23

FROZEN

JUNE 30

**THE PERFECT
STORM**

JULY 7

**THE PARENT
TRAP**

JULY 14

**HARRY POTTER
AND THE
SORCERER'S
STONE**

JULY 28

SHREK

JULY 21

**WILLY WONKA
& THE CHOCOLATE
FACTORY**

AUG 4

MEAN GIRLS

AUG 11

CARS

AUG 18

**THE WIZARD
OF OZ**

AUG 25




FINDING NEMO

SEPT 1

JAWS

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MUSEUMS



The Montauk Historical Society tirelessly operates the following must-see historic landmarks in Montauk. Learn more at montaukhistoricalsociety.org.



MONTAUK POINT LIGHTHOUSE

► VIEWS VIEWS VIEWS!

Our magnificent lighthouse provides unforgettable 360° views of Block Island Sound, the Atlantic Ocean and beyond. The Montauk Point Lighthouse is the oldest lighthouse in New York, being authorized under George Washington in 1792. Completed in 1796, it still serves as an aid to navigation. It was designated a National Historic Landmark, in recognition of the property's national significance in the history of the United States, in 2012.

MONTAUK OCEANS INSTITUTE & SURF MUSEUM

An exploration of Montauk surfing history and culture alongside an educational primer on marine science, oceanography and physical science. Located adjacent to the lighthouse in the fog signal building. Fees for Museum (includes access to Lighthouse Museum): \$12 Adults, \$8 Seniors, and \$5 Children up to 12.

LIGHTHOUSE MUSEUM & GIFT SHOP

631-668-2544

MontaukLighthouse.com

Located in the Lighthouse, the museum and the Gilmartin Galleries showcase the seafaring history of the Lighthouse, display historic documents, and offer guided tours. Open daily May 1 through Columbus Day; call for off-season times. Fees for Museum (includes access to Ocean and Surf museum): \$12 Adults, \$8 Seniors, and \$5 Children up to 12 and at least 41" tall; Children under 41" are free, but they can't go up the tower. New York State Parking fee: \$8.

MONTAUK INDIAN MUSEUM & SECOND HOUSE MUSEUM

montaukhistoricalsociety.org

Second House, the oldest structure in Montauk, is just west of town across from the Kirk Park parking. It houses the small but fascinating Indian Museum, showcasing artifacts found in Montauk from 15,000 years of Indian habitation. Open Thursday-Sunday from 12-3pm in season. Adults \$5, children \$3.



MONTAUK HISTORICAL SOCIETY

BEACHES



PARKING is free at Amsterdam Beach (limited) but a fee is charged at the Kirk Park Beach, across from the 7-Eleven, Hither Hills State Park and Montauk Point. Many other beaches, such as Ditch and Gin, require a parking permit, which is only available to residents and available at Town Hall Annex in the Montauk Playhouse. 631-668-5081

DOGS ARE NOT allowed on most beaches 10am – 6pm, May 15 through September 15.

BEACH FIRES are allowed on main town beaches from 5pm – 12am but must be fully contained in a metal container.

FOUR WHEEL DRIVE permits for the main town beaches can be purchased at the Town Hall Annex in the Montauk Playhouse. 631-668-5081

NO VEHICLES allowed on the beaches 10am – 6pm, May 15 – September 15. Other beaches around Montauk require various state or county driving permits.

▲
Amsterdam Beach looking east.
Walk the trail and end up here.

AMSTERDAM BEACH

► **Must Hike To Access, Remote, Unspoiled, Quiet, No Facilities, Dogs Ok**

Walk the trail at Amsterdam Beach State Park and be rewarded by one of the most breathtaking vistas of unspoiled shoreline on the east coast. Meander along the intermittently sandy and rocky shoreline eastward or westward and be humbled. The 50-minute round-trip wooded hike to the beach includes a tunnel of American Holly and several exotic large oaks. Bring insect repellent and water as the beach has no facilities, no lifeguards...and probably no other people. Park (free) on the south side of Rt. 27 across from Deep Hollow Ranch.

[ehtps.org/amsterdam-beach-preserve/](https://amsterdam-beach-preserve/)



DITCH PLAINS BEACH

- **Surfer Spot, Families, Can Get Crowded, Limited Permit Parking**

Popular with surfers, this beach is two miles east of the village on the ocean with parking by permit only. The super long break makes surfing ideal for newbies or veteran long boarders. This iconic beach has beautiful cliffs rising at its western end at Shadmoor Park, restrooms, outdoor showers, lifeguards during the summer season, and concession trailers that serve more than just snacks. Parking restricted so arrange drop offs if you must drive.

EDISON BEACH

- **Sandy, Walkable From Village Hotels, Close To Everything, Limited Parking**

Contiguous with Kirk Park beach at the heart of the Village at the end of South Edison Street, this popular beach has a lifeguard on duty during the summer months, restaurants, restrooms, and stores nearby. Limited public parking.

GIN BEACH

- **Sound Side, Calm, Families, Boat Watching, Walk To Shagwong Point, Resident Permit Parking**

At the end of East Lake Drive on Block Island Sound and named for the cattle gins, or pens, that resided here for hundreds of years, Gin Beach is great for families with children, with gentle water and sandy beaches. You can watch the boats come in and out of Montauk Harbor. Parking by resident permit only so arrange drop offs if you must drive. Restrooms, outdoor showers, a concession trailer, and lifeguards during the summer season.

HITHER HILLS STATE PARK

- **Public Parking, Many Facilities, Sandy, Families**

Four miles west of town on Old Montauk Highway. Lifeguards daily from mid June–Labor Day. Non-campers pay a \$10 parking fee. Nice playground, picnic tables, outdoor showers, restrooms, a changing area, and a general store.

KIRK PARK BEACH

- **Montauk's Main Town Beach; Wide, Sandy, Open, Families**

West of town at the IGA supermarket. Park at Kirk Park parking lot, (fee may apply), which contains free public restrooms (across from 7-Eleven). Lifeguards, restaurants and stores in walking distance. If only in town for a few hours, this is the beach.

ENJOYING THE BEACHES ON MONTAUK: SAFETY FIRST

Montauk is all about beaches! Get out there and explore, but keep it safe and always watch your kids in the water. The ocean beach can be rough and treacherous on certain days.

Mind the rip currents and if in doubt, stay out. Lifeguards are generally on duty at most beaches from 10am-5pm through Labor Day.

Please note lifeguard status when choosing your spots, and the orange location signs. The sound side beaches (north side of Montauk) are generally calmer.



MONTAUK POINT STATE PARK BEACH

- Public Parking, Views, Facilities, Rocky, Hiking, Explore, No Lifeguards

Not a traditional “beach”. Park at the lighthouse parking lot (fee during season), walk down to the rocky shoreline and enjoy majestic views of the lighthouse, watch surfcasters on the rocks, or meander around the hills overlooking the ocean. The fit can hike the rocky shoreline in either direction and enjoy unspoiled Montauk coastline or carefully cross atop the lighthouse revetment and watch the ocean’s relentless assault on the giant boulders (note: the revetment is slated for overhaul in 2021 and may be off-limits when construction starts).

NAVY ROAD BEACH

- Sound Side, Calm, Pebbly, Kayak Launch, Families, No Facilities, Resident Permit Parking

On beautiful Fort Pond Bay at the end of 2nd House Rd., over the railroad tracks. Great for launching kayaks, paddleboards, and small boats. A favorite spot for locals and families. The beach is pebbly, so take swim shoes. Parking by resident permit only. Dine waterside at Navy Beach, just down the beach. Boats and small yachts frequently moor in the bay.

THE OTHER BEACHES

- Walkable, even if not parkable

Montauk, surrounded by water on three sides, has many more beaches, but most of them are not protected by lifeguards and parking is not straightforward. For those who enjoy walking the beach, there are many options, as all beaches are public up to the high tide mark. A popular walk is from the village to Ditch Plains beach, where you see the cliffs of Shadmoor on the way. At high tide parts of the beach may be impassable.

▼ Navy Beach

WATERSPORTS

📷 PECONIC WATER SPORTS, MONTAUK



CRUISES & WATER TOURS

Sunset cruises, educational ecotours, seal/whale watching, stargazer cruises, lunch and swim tours, charter excursions, and a host of other iterations are increasingly available in Montauk's waters and along our beautiful, unspoiled coastlines, catering to a variety of customers.



SAIL MONTAUK

▶ Sailing charters & sailing school
631-522-5183
sailmontauk.com

Offers sunset cruises, evening sails, sailing and swimming excursions, and sailing lessons for individuals or groups, plus a junior sailing program; at Gurney's Star Island Marina.

BOAT RENTALS

UIHLEIN'S MARINA

631-668-3799

Uihleinsmarina.com

Rent skiffs, bowriders, and center consoles. Their rental fleet ranges from 16ft to 31ft with all equipment for water skiing, tubing, wake boarding, and fishing.

CANOEING & KAYAKING

Canoe or kayak on Fort Pond (launch at Carol Morrison Park), Fort Pond Bay, Lake Montauk, or one of Montauk's hidden ponds.

UIHLEIN'S MARINA

631-668-3799

Uihleinsmarina.com

Rents ocean kayaks and plans excursions or lessons for the more adventurous.





JET SKI, TUBING, WAKEBOARDING, & WATERSKIING

PECONIC WATER SPORTS MONTAUK

631-680-0111

Peconicwatersports.com/montauk

Offering water sports lessons, rentals and charters in Montauk. Enjoy their brand new malibu wakeboard boats to wakeboard, waterski, wakesurf and tube. Located at Gurney's Star Island Resort and Marina.

UIHLEIN'S MARINA

631-668-3799

Uihleinsmarina.com

Rent jet skis for Block Island sound under the watchful eye of their instructors. Any boat you rent can handle tubing, wakeboarding and waterskiing.

STAND UP PADDLEBOARDING

SU paddleboarding is increasingly popular and great exercise, fun, and works everywhere: ocean, sound, and lakes.

COREYSWAVE

631-668-9283

info@coreyswave.com

Rents SUPs, gives lessons, and tours.

SURFING

COREYSWAVE

631-668-9283

coreyswave.com

Professional surfing instruction for all ages and abilities, private or group, plus guided surf trips, a kids' surf academy, and stand up paddleboard rental and instruction, plus group surfing events and parties.





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Montauk

New York

11954



▲
Mika at Ditch

SURFING ON MONTAUK: **DITCH ETIQUETTE**

Montauk is one of the east coast's top surfing towns, with a culture celebrated by many surfer-themed restaurants and shops.

Ditch Plains is the heart and soul of the surfer community. If you surf Ditch and you are a newbie, remember Ditch etiquette – the surfing areas are 250 feet in either direction to the east and west of the bathing beach.

Surfers looking for bigger waves head to **Camp Hero**, a rock-studded patch of right breakers beneath the cliffs, and Turtle Cove, the farthest east and perhaps best Montauk break, just below the Montauk Lighthouse.

GOLF

MONTAUK DOWNS STATE PARK

50 S. FAIRVIEW AVE.

PRO SHOP: 631-668-1100

Reservations online at:

parks.ny.gov/golf/8/details.aspx

Montauk Downs State Park is a true sleeper; an 18-hole year-round public golf course named a Top 10 municipal course by Links Magazine in 2013. If that's not enough, add a driving range, putting green, pro shop, private lessons and clinics for adults and kids, a grill room, swimming pool, kids wading pool, and tennis. Club rentals and lockers available.

Fees: \$43 weekdays, \$48 weekends (twilight \$26/\$29); Out-of-state residents, \$86 weekdays, \$96 weekends (twilight \$52/\$58).

Senior discounts available.;

Driving range: \$7 per bucket.



Golf lessons at Montauk Downs.

TENNIS & PICKLEBALL

MONTAUK DOWNS TENNIS

► 6 Public Har-Tru Courts

330 FAIRVIEW AVE.

631-377-9623

themontaukdowntennis.com

Molly Nolan and her crew run various clinics, lessons, and day camps for kids and adults throughout the tennis season on the Downs' six Har-Tru courts, which are also rentable by the hour and for private lessons. Visit online or their on-site pro shop for details.

GOTHAM TENNIS ACADEMY IN MONTAUK

► 6 Private/Public Har-Tru Courts

91 S. FULTON DRIVE (OFF WEST LAKE DR.)

631-267-8525

gothamtennis.com

The popular NYC tennis academy opened a Montauk outpost in 2019 sporting six Har-Tru clay hard courts. They offer a varied program that includes lessons, clinics, kids' day camps and more. Open to the public.

PUBLIC COURTS IN TOWN

► 2 Public Har-Tru Courts

631-324-2417

East Hampton Town operates two first-come, first-serve courts (also lined for pickleball) at the very end of S. Erie St. (past the soccer field). All year. No lights.

PICKLEBALL @ MONTAUK PLAYHOUSE

240 EDGEEMERE ST.

631-324-2417

Multiple levels of play and times available. Beginners welcomed. Stop by the Playhouse (across from train station) for updated scheduling and info. All equipment provided.



▲ Hither Hills

BICYCLING

631-668-8975

montaukcyclecompany.com

The Montauk Cycle Co. in the dock area has you covered. Rentals, sales, tours, repairs, and advice.

BIKING TOURS

631-668-8975

montaukcyclecompany.com

The Montauk Cycle Company, in the dock area, offers tours around Montauk's parks and trails with rental bikes and/or a biking guide. Book in advance for any-sized group. Rentals, tours, repairs.

TRIATHLON

See tri-guy.com or tri-gal.com. In 1983, a local Montauk motel owner (Harborside Motel), fisherman, and surfer named Robert Aaron staged one of the first triathlons, "The Mighty Montauk," now held every June. Several others followed. The Sprint Triathlon is held in July and the internationally renowned triathlon weekend held in September: the Sprint Mighty Man on Saturday followed by the Mighty Man 1/2 distance and Mighty Man Olympic on Sunday.

SKATEBOARDING

The Montauk Skate Park near the village on Essex Street, a supervised park for skateboarders, recently renovated, is open from 9am to dusk in season.

Full Service Bike Shop
Sales • Repairs • Rentals
Biking Tours Available
for small or large group (book in advance)

  [@montaukcyclecompany](https://www.instagram.com/montaukcyclecompany)

463A West Lake Drive | In the Harbor
montaukcyclecompany.com | 631-668-8975





CYCLING ON MONTAUK

Montauk is cycling heaven. A popular ride is to the lighthouse, about five miles from the village. En route detour to Camp Hero State Park where roads curve through secluded wooded areas near the ocean. Take a three-mile detour to Montauk Harbor on West Lake Drive, a flat route with wide shoulders.

Mountain bikers can enjoy scenic rides over thousands of acres of parkland for the best mountain biking on Long Island. A great launch point is the Hither Woods trail head at the recycling center entrance about 1.5 miles west of town on Montauk Highway. Learn more at Parks & Trails, page 67.

▼ Rent these bikes at the Montauk Cycle Company





BEACH WALKS

Montauk is surrounded by beautiful beaches. Get out there and walk, explore and unwind.

From Town, East: Walk the beach from town eastward towards Ditch Plains for nice views of cliffs with sporadic rocky and sandy shoreline. At times reaching as far as Ditch may be tough, so pay attention to the tides.

From Town, West: Walk westward from town and pass through the beautiful Hither Hills beach, which can only be reached by walking or from private parking lots for neighborhood residents. See beautiful cliffside properties as you walk and wide expanses of white sand. You'll eventually hit Gurney's and their beach party setup, further still hitting Hither Hills State Park. You could walk all the way to East Hampton and beyond if you're inclined.

See our **BEACHES** section for more beach info. Other great walks would begin from Amsterdam Beach, Montauk Point, and Gin Beach. For beaches that are not easily accessible or have restricted parking, remember bicycles? For the energetic, a great ride would be to Gin Beach from Town, then walk to Shagwong point along the shoreline (bring water!).

▼ Turtle Cove

PLAYGROUNDS

Five great playgrounds in Montauk:

1. **The Montauk School**
(enter at 2nd House Rd and S. Eaton)
2. **Next to the baseball field**
(at S. Edgemere and S. Erie Ave)
3. **Hither Hills State Park**
4. **Montauk Community Church**
(at S. Etna Ave. and S. Etna Pl.)
5. **Montauk Lighthouse**
(lower parking area, also many grill stations)

EDDIE ECKER COUNTY PARK

► aka the Dog Park

At the end of Navy Road is not a formal playground but a great open park space on Fort Pond

Bay for frisbee, lawn games, running wild, walking the dog, etc.

GUIDED HIKES

The East Hampton Trails Preservation Society conducts guided hikes year-round. Check out ehtrails.org for details. The Concerned Citizens of Montauk, 631-238-5720, preservemontauk.org, offer outdoor activities throughout the year. Drop by their office at 6 South Elmwood Avenue for advice or maps.





If you're looking for fish, you came to the right place! "Fishing Capital of the World" is proudly proclaimed as you enter Montauk Harbor. The state's largest commercial harbor, it is the home port for some of the greatest sport fishing on the east coast. Fish offshore for shark, tuna, marlin, and mahi mahi, or stay inshore for flounder, fluke, porgies, bluefish, striped bass, and blackfish. Tight lines!

CHARTER BOATS FOR BIG GAME FISHING

Charter boats offer your group privacy and personal interaction with these experienced captains, who offer a range of different fishing trip options. Their reputations are about finding the fish and offering a great day on the water.

CRUNCH TIME SPORT FISHING CHARTERS

631-295-7626

crunchtimesportfishing.com

Captain Thomas Ritner, 35' Henriques Maine Coaster.

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516-817-1939

ElizabethIICharters.com

Captain Paul Bruno, Montauk Marine Basin,
▲ 45' Custom.

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Striped Bass Keeper Range SLOT LIMIT





Remember to crush your barbs when fishing with lures...

Whether on boats or shore, crushing your barbs will make you a better fisher and save fish by reducing unhooking injuries. Also, its MUCH faster to unhook without barbs, which gets your lure back in the action faster. Perhaps surprisingly, you won't lose many fish. Try it...crushing barbs is sooo hot right now!

And don't forget...

circle hooks are now **REQUIRED** in NYS if you are using live or dead bait.



Crush your lure barbs to save fish and become a better fisher. Dare you.



This de-barbed swimmer with trebles cut to doubles caught countless blues and bass from shore before retiring.



CRUNCH TIME

MONTAUK SPORTFISHING CHARTERS

- STRIPERS
- BLUEFISH
- PORGY
- SEA BASS
- FLUKE
- BLACKFISH
- SHARK
- TUNA

Call Captain TJ Today
631-295-7626
CRUNCHTIMESPORTFISHING.COM

Full and Half Day Fishing
Inshore and Offshore



MARINAS

GURNEY'S STAR ISLAND RESORT AND MARINA

32 STAR ISLAND ROAD
631-668-3100

Gurney's offers a craft capacity of 220 feet with a maximum 12 foot draft. Marina guests have full access to Gurney's Resorts' amenities, wellness activations, and other lifestyle programming.

SNUG HARBOR MOTEL & MARINA

631-668-2860

On Star Island, in a calm corner of Montauk Harbor, provides berths for small craft and those over 45ft. They offer seasonal and transient dockage, individual electric/water/cable, WIFI, bath house with washer/dryer and nearby boat launching.

UIHLEIN'S MARINA

631-668-3799

Family owned and operated, Uihlein's is a full-service marina, boat yard and recreation center, offering Jet Ski, boat, and slip rentals, and boat sales and service.

WESTLAKE FISHING MARINA

631-668-5600

Family owned, located just north of Star Island Road, is home to 160 slips and 17 charter boats and a restaurant.

FISHING SUPPLIES

WESTLAKE MARINA AND UIHLEIN'S MARINA

631-668-5600
631-668-3799

Carry a large selection of boat-oriented fishing supplies and tackle.

PAULIE'S TACKLE

131 S. EDGEMERE ST.
631-668-5520

Considered the surfcasters tackle shop.

SURFCASTING TIPS

Surfcasting in Montauk is epic and legendary, deservedly so. To do it successfully you'll need braided line at 30+ pound test and a nice selection of bucktails and plugs.

Always crush your barbs, bring fish in quickly, and release safely what you won't keep. Cast out by Camp Hero, the Lighthouse, and Gin Beach, plus all the south side beaches from Montauk Point to Hither Hills campground.

The top seasons for surfcasting are spring and fall, when stripers linger off Montauk before migrating, but our big blues can be found from July through October. Permits to park after hours at Camp Hero and the Montauk Point Lighthouse Parking Lot or on the beach by the Lighthouse are sold at Montauk Downs, 631-668-5000.

Purchase Gin Beach driving permits at the park office at the end of East Lake Drive.

Note: A license (it's free!) is required to fish beaches in NY State. Acquire your Marine Fishing License at dec.ny.gov





BOAT RENTAL

UIHLEIN'S MARINA

631-668-3799

Uihlein's Marina is the place if you prefer the relaxation of fishing on your own. Rent skiffs.

 NY STATE DEPT. OF ENVIRONMENTAL CONSERVATION MARINE FISHING REGULATIONS 			
SPECIES	MINIMUM SIZE	DAILY POSSESSION LIMITS	OPEN SEASONS
STRIPED BASS <i>Applies to Party, Charter Boats and Surfcasting</i>	no < 28" and no > 35"	1	APR. 15 - DEC. 15
WINTER FLOUNDER	12"	2	APR. 1 - MAY 30
BLACKFISH	16"	2 3	APR. 1 - APR. 30 OCT. 11 - DEC. 9
BLUEFISH <i>(includes snappers)</i>	No Min Size	3 for individuals 5 for party/charters	ALL YEAR
WEAKFISH	16" 10" filleted 12" dressed	1	ALL YEAR
ATLANTIC COD	21"	10	ALL YEAR
POLLOCK	19"	NO LIMIT	ALL YEAR
HADDOCK	18"	NO LIMIT	ALL YEAR
SUMMER FLOUNDER (FLUKE)	19"	4	MAY 4 - SEPT. 30
PORGY <i>On Party/Charter Boats</i>	9"	30 50	ALL YEAR SEP. 1 - OCT. 31
BLACK SEA BASS	15"	3 7	JUN. 23 - AUG. 31 SEP. 1 - DEC. 31
For the most up-to-date and complete list go to: www.dec.ny.gov/outdoor/7894.html			EFFECTIVE APRIL 21, 2021

FRESHWATER FISHING

Bass, sunfish, perch, and walleyes inhabit Montauk's ponds and lakes. Fort Pond is the largest, but others are deep in the woods, like Oyster Pond in Montauk Point State Park or Fresh Pond in Hither Hills State Park.

Fresh water fishing requires a license; ask at the NY State Park office at Montauk Downs. Fishing at Big Reed Pond in Theodore Roosevelt County Park requires a "Green Key" card, available at Montauk Downs.



Amsterdam Beach trail

Montauk is surrounded by water, and trails meandering through acres of unspoiled parks. White-tailed deer, foxes, raccoons, woodchucks, squirrels, opossums, and chipmunks abound. Watch for deer while driving! Migrating birds rest in the waters off Montauk Point, while seals inhabit our shores during winter and gannets torpedo into the ocean in the fall. Trail maps are available at the Town Hall Annex in the Montauk Playhouse. Be mindful of ticks!

AMSTERDAM BEACH PRESERVE

- Spectacular hike to a pristine, unspoiled beach

A 200-acre park stretching from Ranch Road at Indian Field on the east to the Montauk Association houses (seven cottages designed by McKim, Mead and White in the 1880's) to the west extends southward to the Atlantic Ocean. The natural topography, called "Montauk Moorlands," has tidal and freshwater wetlands interspersed throughout maritime shrub lands. This main trail head on Montauk Highway begins a one-mile hike to the ocean bluffs taking you through a holly arbor and across streams. The hilly trail affords peeks of ocean through the brambles and ends at the ocean beach and bluffs. This easy-to-navigate trail offers a unique reward of coastal beauty. A great hike to an unspoiled beach.

CAMP HERO STATE PARK

- Great spot for biking, hiking, exploring

This 415-acre state park is a decommissioned military base and a National Historic Site (also the home of conspiracy theories linked to the Philadelphia project). Several buildings, bunkers, batteries, and an old radar tower remain, although most are off limits to the public. Roads cross the park, along with an extensive system of trails for hiking, bicycling, horseback riding, a beach used by surfers and surfcasters, a picnic area with grills and an old maritime forest. To enter the park, bear right as you approach the lighthouse. Parking fee \$8 in season. Open daily year-round from sunrise to sunset. You can also park on Camp Hero Road (a right turn before Camp Hero along the highway) to hike Point Woods Trail, one of Montauk's most beautiful trails, taking you south of the highway to the bluffs.



STAYING SAFE: A TICK PRIMER

We all know that that Lyme Disease is transmitted through infected blood from a Blacklegged, or Deer, tick bite. Deer ticks require the presence of white-tailed deer to successfully complete their life cycle, hence the name. Ironically, ticks do not pick up the Lyme bacterium from deer but from other animals among the 300 species they bite.

Local experts at **End Tick & Mosquito Control** recommend spraying your property and doing a **“tick check”** anytime you have been in or near typical tick danger areas such as tall grass and leaf litter. Check for ticks under your arms, your groin and behind your ears. Afterwards, shower as soon as possible.

If an attached tick is found, it should be removed carefully and promptly by gently and slowly pulling the tick out by grasping its head with tweezers. Use of insect repellants with high levels of DEET on your skin and repellants containing **Permethrin** on your clothing will also greatly reduce the threat. If you must go into tick areas, wear long sleeves and long pants, pull socks over pant legs and tuck in your shirt.

**Be aware, alert, and safe as you
enjoy Montauk!**



CULLODEN POINT PRESERVE

► Great hike through a natural habitat

This park is named after the HMS Culloden, a British 74-gun, 170-ft warship that sank in 1781 about 200 yards from shore, where it still rests. A well-marked trail that takes about 2 hours to loop (a mile or less to the shoreline) leads from the parking area off Flamingo Avenue to a picturesque rocky beach on Fort Pond Bay. The trailhead is next to a small plaque commemorating the shipwreck. The natural wooded area and shoreline has seen little change from the days when the Montauketts lived here in a world of hidden ponds, specimen trees, wetlands and beautiful shoreline. Great views of the bluffs at Culloden Point.

EDDIE ECKER COUNTY PARK

► Great dog spot, launch kayaks,
canoes

Located at the end of Navy Road (cross the train tracks, turn left), the large, open park has a fishing pier, rocky beach and offers easy access to trails in Hither Woods Preserve. A good place for launching kayaks and canoes into Fort Pond Bay. Take your dogs to play. Open year round. Free parking.



HIKING TIPS

Buy a trail map. Although major trails are marked, many divergent ones are not. Leaf cover can mask trails, causing confusion. Also, after heavy rains some trails may be muddy or inundated. Get a trail map from the town's website:

hamptonny.gov/DocumentCenter/View/1648/Trail-Guide-East

CAROL MORRISON PARK & FORT POND HOUSE

► Launch kayaks, canoes, or picnic

Carol Morrison Park, containing Fort Pond House, is located on a four-acre site overlooking Fort Pond with a grill station, benches, and open space for play. Steps down to the pond allow for launching kayaks, etc. Carol Morrison was a well-loved conservationist and it is appropriate that this park, which narrowly escaped being sold to private developers in 2010, should be named after her. The house on the premises is available for meetings and other events by appointment through the East Hampton Recreation Department, 631-324-2417.

HITHER HILLS STATE PARK

► Fish, play, hike, bike, facilities

The large beachfront park along Old Montauk Highway sits on two-and-a-half-miles of Atlantic Ocean beach and boasts 1,755 acres of parkland that stretches to Napeague Harbor. Along with hiking and nature trails, it has 168 campsites that can be reserved through ReserveAmerica.com. Activities include ocean swimming, saltwater fishing, guided nature hikes, and children's programs. Non-campers are welcome, but must pay a \$10 daily parking fee. Open year round from sunrise to sunset, 631-668-2554.

HITHER HILLS STATE PARK COMPLEX, HITHER WOODS PRESERVE AND LEE KOPPELMAN NATURE PRESERVE

These adjacent multi-use parks, contiguous with Hither Hills State Park, contain 3,000 acres with 18 different trails covering over 40 miles of terrain stretching from the sound to the Atlantic. To access the trails north of Montauk Highway, park at either the highway overlook at Hither Woods (a large pull-off), the recycling center (1.5 miles west of the village on Montauk Highway), or at the Navy Road (Eddie Ecker Park) parking lot. Bike or hike to Fresh Pond or take a beautiful coastal walk at Rocky Point. Even though the trails are blazed with color-coded markers, hikers should take maps.

KIRK PARK

► Close to town

This quaint three-acre park, just west of the village, is maintained by the Montauk Village Association. It includes Fort Pond, which is the second largest freshwater lake on Long Island, a picnic area, a pavilion on Fort Pond, and it's next to the Second House Museum (the oldest structure in Montauk) and Montauk Indian Museum. Fee may apply for parking.



Shadmoor Bluffs

GUIDED HIKES

The East Hampton Trails Preservation Society conducts guided hikes year-round. Check out ehtps.org for details. The Concerned Citizens of Montauk, 631-238-5720, preservemontauk.org, offer outdoor activities throughout the year. Drop by their office at 6 South Elmwood Avenue for advice or maps.

MONTAUK MOUNTAIN

► A vanishing natural element with rare plants

Montauk Mountain Preserve contains one of the few remaining maritime grasslands in New York and supports some of the state's rarest plants. It contains three extremely rare denizens of this distinctive and disappearing habitat: bushy rockrose, Nantucket shadbush, and New England blazing star. **DO NOT TOUCH OR DISTURB** these specimens. The six-acre preserve is maintained by the Nature Conservancy. To get there, follow Second House Road north 0.7 miles to an asphalt road on the left. Park at the end of the asphalt road by the Nature Conservancy sign. The preserve is at the end of the road past the last house on the right.

MONTAUK POINT STATE PARK

► Lighthouse, fishing, hiking

This 724-acre park at the site of the Montauk Point Lighthouse offers breathtaking views of the sea, Block Island Sound, and Block Island to the northeast, and is great for bird watching year-round and seal watching in winter. Park then set off on foot to explore. Ask for a trail map at the toll booth. The park has surfcasting, five miles of marked and unmarked hiking trails, a picnic area with tables, a playground, restaurant, gift shop, and restrooms. Daily parking is \$8. The Montauk Point Lighthouse, a museum run by the Montauk Historical Society, is open daily in season. This park is contiguous with Camp Hero Park and the Sanctuary and there are several hiking trails that cross them. To the north of Montauk Highway, look for signs for Money Pond Trail, Oyster Pond trail and the Seal Haul Out Trail, where seals can be seen on the rocks just off shore in winter. Attractions: beautiful rugged shorelines, migrating birds, hidden ponds, seals in the winter. Also see **WALKING DUNES**, next page.



SHADMOOR STATE PARK

- Easy hiking, great ocean views, WWII structures

Located two miles east of the village on Montauk Highway, this 99-acre tract of land has a half mile of ocean frontage where tall clay cliffs plunge down to a pebble strewn beach. About 30 percent of Shadmoor is freshwater wetlands with several small ponds hidden in the thickets. Trails and dirt roads lead to the bluffs from the entrance on Montauk Highway, offering an easy walk. A passive-use park, Shadmoor was home to two WWII gun emplacement sites trained on offshore waters to deter German submarines.

MONTAUK COUNTY PARK

- Hiking, views, fishing, camping

Two entrances: one at the end of East Lake Drive just north of the airport, where the park office is located, and the other at Third House, three miles east of the village on Montauk Highway. The park's 1,126 acres feature 3.5 miles of color coded nature trails restricted for hiking (a self-guided brochure is available), five miles of bridle paths, a picnic area, freshwater fishing and canoeing at Big Reed Pond, and surfcasting on the outer beach (Gin Beach and Shagwong Point). Camping is permitted for up to seven days from April through November on the outer beach for vehicles with permits that are self-contained trailers. Tents are not allowed. The view of Big Reed Pond from the observation deck on the blue trail will make you understand why it's a Registered Natural Landmark.

WALKING DUNES

- Self-guided dune hike, unspoiled nature

Part of Hither Hills State Park on the east side of Napeague Harbor, the Walking Dunes reach a height of 80 feet as they slowly move southeast. To get to the dunes, head west on Montauk Highway and turn right at Napeague Harbor Road and drive to the end of the paved road. Park here and follow the path to your right until you reach the dunes. A self-guided nature trail, the three mile loop has great views of Napeague Harbor and winds atop the ridge of the North Dune, which is the most active of the three parabolic, or U-shaped dunes. This area is a natural wonder and deceptively fragile so stay on the trails.

Pier at Ecker Park



DINING OUT



▲
Hooked MTK

THE BACKYARD RESTAURANT AT SOLÉ EAST

► **Open late!**

90 SECOND HOUSE ROAD
631-668-9737

soleeast.com

Breakfast, Lunch, Dinner: A spectacular hidden gem in a beautiful setting appropriate for all sets. S'mores at the fire pit, anyone? The menu features fresh catch from local fishermen and organic meats and vegetables, all creatively done. Dine in or outside in the gardens, or lounge poolside and enjoy a cocktail.

DURYEY'S LOBSTER DECK

65 TUTHILL ROAD
631-668-2410

duryealobsters.com

Lunch, Dinner: The views over Fort Pond Bay are superb in this hottest of hot spots. No better sunset. Great dockside dining and outdoor vibe with the yacht set and a classic menu including grilled or steamed lobster, fresh local fish and Duryea's famous lobster roll, also a Clam Bake, small plates, salads, raw platters, and a kids' menu. Look for the giant boats.

EL TACO OLÉ

805 MONTAUK HIGHWAY
631-668-2071

thetacool.com

Lunch, Dinner, Take Out: An On Montauk favorite, El Taco Ole is a desperately needed addition to the Montauk food scene. Hefty and tasty taco and/or burrito platters with rice and beans starting at \$9.99 include veggie, fish and meat choices. Simple, filling, and affordable. Sit in the rear grotto on cozy picnic tables or in front and people watch on main street...or beach it.

HARVEST ON FORT POND

► **Dinner from 5pm daily**

11 SOUTH EMERY STREET
631-668-5574

harvestfortpond.com

Dinner: An On Montauk favorite, Harvest On Fort Pond has a well-deserved reputation as a Montauk fave, suitable for all sets. Feed the ducks and HUGE fish off the Fort Pond dock while you wait for your table...the kids love it. Dine or drink in the lovely herb and vegetable garden under the stars. Chef Jake Williams prepares Tuscan fare served in LARGE family-style portions, emphasizing local seafood and



homegrown produce. The sophisticated bar is popular with well-heeled locals and sports an impressive wine and beer selection.

HILLTOP MANOR

236 EDMERE ROAD

631-668-8612

thetacool.com

Hilltop Manor Restaurant serves Breakfast, Lunch, and Dinner displaying some amazing local dishes. Hilltop also offers a Coffee bar with Grab and go food choices. The lobby bar lends itself to a nice relaxing glass of wine or cocktail.

HOOKED MTK

34 SOUTH ETNA AVENUE

631-668-2111

hookedmtk.com

Lunch, Dinner, Take Out: One bite and you're...HOOKED! An On Montauk favorite. Montauk's newest coastal eatery showcasing our renowned local seafood has already earned a loyal following with its great menu and reasonable prices, featuring a raw bar with Montauk pearl oysters and clams, local steamers, grilled fish, fish & chips, fish tacos and crab cakes, and yes...lobster rolls! Add burgers, chicken, soups, salads and sides galore. Casual and close to the beach, go take-out and hit the sand or grab a patio table.

NATURALLY GOOD FOODS & CAFÉ

779 MONTAUK HIGHWAY

631-668-9030

naturallygoodcafe.com

Breakfast, Lunch, Organic Groceries: Naturally Good has been serving healthy and organic foods since 1985, featuring fresh fruit and vegetable juices, smoothies, healthy

salads, organic coffee/tea and vegan baked goods. Daily specials include veggie burgers, veggie stir-frys, and a variety of wraps. Try The Bruce, made with local yellow-fin tuna piled high and served on 7-grain bread. Eat outside in the private garden or inside in the shade. **Open year round.**

NATURALLY GOOD SUSHI

38 SOUTH ETNA AVENUE

631-238-5791

naturallygoodsushi.com

Breakfast, Lunch: Made fresh to order traditional sushi and specialty rolls, creative vegan rolls, grab 'N go, organic cold brew and a variety of organic snacks and homemade treats. Daily specials include poke bowls, salads, noodle dishes and organic chicken teriyaki, all made with organic, clean ingredients. Enjoy indoor or outdoor seating in the serene private garden, or call for take out.

PIZZA VILLAGE

► 11:30am to late

700 MONTAUK HIGHWAY

631-668-2232

pizzavillagemontauk.com

Lunch, Dinner, Late Night: Pizza Village, a Montauk staple, has been serving fresh, home-made pizzas and other Italian dishes in the village since 1957. Grab a slice, but don't ignore their full menu of Italian family fare such as baked ziti, veal parmigiana, spaghetti, and linguine with clam sauce. Table service or takeout. Delivery, catering available. Online ordering available!

SHOWFISH MONTAUK AT GURNEY'S STAR ISLAND

32 STAR ISLAND ROAD

631-668-3133

showfishmtk.com



Showfish Montauk at Gurney's Star Island offers an ingredient-driven menu, with fresh fish, ripe vegetables and hand-selected specialties spun into one-of-a-kind dishes to be enjoyed in a seaside venue with stunning marina views.

TAUK AT TRAILS END

63 SOUTH EUCLID AVENUE
631-238-5527

taukattrailsend.com

Lunch, Dinner, Late Night: Tauk At Trail's End is a must-do restaurant with a formula that suits everyone... great food with generous portions is just a start. Add happy hour every day, frequent live music and DJs, a comfortable outdoor dining grotto, convenient location in town, late-night hours, and on-site owner Michael Nasti greeting everyone to make sure they're at home in his corner of Montauk.

THE POINT BAR AND GRILL

697 MONTAUK HIGHWAY
631-668-1500

pointbarandgrill.com

Lunch, Dinner, Late Night: This iconic watering hole and eatery with big-screen TVs features casual fare including wraps, burgers, mussels, and buffalo wings along with signature dishes, such as a 16-ounce steak and fresh Montauk seafood. Sloppy Sundays \$4 everything from 11p till late with DJ Vinny K, from May thru Labor Day. See all MLB games and in the Fall enjoy NFL Sunday Ticket. **Open year round.**

THE SURF LODGE RESTAURANT

183 EDMERE STREET
631-483-5045

thesurfllodge.com

Surf Lodge draws inspiration from the ocean's daily bounty and locally grown ingredients, sourcing sustainable local seafood from the fishing boats of Montauk Harbor and produce from the farms of the East End and North Fork of Long Island. They're committed to reducing their impact on the environment and are proud to have eliminated single-use plastics from their kitchen and on-site. Reservations only.

BEVERAGES/CAFÉS

HAMPTON COFFEE COMPANY

732 MONTAUK HIGHWAY
631-668-8206

hamptoncoffeecompany.com

A Hamptons classic since 1994 opens its first store in Montauk in 2020. Super-premium estate-grown specialty coffees roasted daily by hand in small batches, plus a wide array of goodies to compliment your beverages. Enjoy the large outdoor patio or take it to go. HCC is a family run, community-focused business that provides quality jobs with benefits to locals year round.

ORDER ONLINE
PIZZAVILLAGEMONTAUK.COM

PIZZA
VILLAGE

WE DELIVER!
Call
631-668-2232

Our 64th Year
Serving Montauk for Three Generations

Full Italian Menu

Fresh Salads

Wine & Beer

Catering

Eat-In

Take-Out

Kid Friendly

Assorted Slices

12", 14", & 16" Pies



"Voted BEST PIZZA"

700 MONTAUK HIGHWAY
pizzavillagemontauk.com



BAKERIES & MARKETS

MONTAUK BAKE SHOPPE

29 THE PLAZA A

631-668-2439

montaukbakeshoppe.com

Breakfast, Lunch: A Montauk institution is the Bake Shoppe. Fresh everything in the morning displayed for easy viewing in classic bakery style. Classic bakery items mingle with specialties like rugelach, quiche, and exotic cookie creations. Homemade doughnuts, cakes and...wow, those breakfast wraps are so big and juicy you could skip lunch. Coffee, juices, refreshments also. Takeout or grab a table outside and people watch.

MONTAUK MARKET

► OPENS 5AM!

805 MONTAUK HIGHWAY

631-668-2071

Breakfast, Lunch, Dinner, BAKERY! Many new vegetarian options in 2021. Montauk Market is a superb bakery and market opening at 5am serving fresh muffins, croissants, breads, bagels, flagels, cookies, bialys, pies, or full breakfasts like egg white wraps, omelets, fresh fruit salads, yogurt & granola, plus veggie juices and smoothies. Lunch includes sandwich combos and homemade salads; dinnertime features hot and cold platters, Italian specialties and Latin-American dishes. They cater and can make you a to-go beach basket.

MARSHALL & SONS MARKET

► CIGARS!

701 MONTAUK HIGHWAY

631-668-2990

marshallandsons.com

This Main Street service station has a handy convenience store with coffee and snacks, summer drinks, plus cool, imported beers and



The Montauk Bake Shoppe team and their famous Jelly Croissants!

fine humidor cigars. Pop in while strolling or after filling up.

ICE CREAM/SWEETS

FUDGE N' STUFF

► 10am-10pm / 7 days in season

41 S EDGEMERE STREET

631-668-4724

Candy, Fudge, Ice Cream: Seen Willy Wonka? Fudge N' Stuff is jam-packed with goodies, including 30 different kinds of fudge, an eye-popping assortment of old-fashioned penny candy, lollipops, gourmet jellybeans, hot popcorn, nuts, and chocolate-covered pretzels. Craving soft serve ice cream, sundaes, malts, hot chocolate, hot coffee, iced coffee and hot tea? No problem. Oh, piñatas too.

SHOPPING

HOMEPORT FAMILY OF STORES AT GOSMAN'S DOCK

► Clothes, toys, games

484 WEST LAKE DRIVE

MyMontauk.com

At the Gosman's shopping promenade (and in Town), locally-owned "Homeport" comprises four iconic stops you'll have to hit while in Montauk. CAPTAIN KID is Montauk's premier toy store with a great selection of Lego sets, games, beach toys and kid gifts & clothing. It shares space with FISH CITY, a mecca for T-shirts, sweatshirts, and souvenirs. The flagship HOMEPORT store (also in Town), is an iconic shop for home decor, gifts, unique jewelry and **BOOKS!** PIER GROUP features quality, resort-style clothing for men and women. Also see SHINE .

MONTAUK CYCLE COMPANY

► Bikes, gear, tours, rentals

463 W LAKE DRIVE

631-668-8975

montaukcyclecompany.com

The go-to place in Montauk for anything biking. Aside from selling bikes such as Fuji, SE, and Tuesdays, plus loads of gear, they do repairs, rentals and will give tours.

MONTAUK SALT CAVE

► Gifts, jewelry, clothing

552 WEST LAKE DRIVE

631-668-7258

montauksaltcave.com

This cute, interesting shop at the entrance to the Salt Cave has salt-related products like Himalayan salt lamps in various shapes and sizes, as well as jewelry and clothing.

SHINE

► Clothing, jewelry, accessories

764 MONTAUK HIGHWAY

631-668-8178

mymontauk.com

Shine, in the prestigious Homeport family of stores, is a vital Montauk boutique for women's clothing, jewelry and accessories. They keep the selection fresh and vibrant, so stop in often for unique, fun pieces for every budget.

VINTAGE PINK

► Gifts, clothing, jewelry

787 MONTAUK HIGHWAY

631-668-8200

Mind, body, spirit, and vintage jewelry abound! Their 9th season in the pink cottage. Listen to Far Eastern music and browse through antiques, china, vintage sterling silver jewelry, and crystal. VP carries candles, Buddhas, incense, inspirational items, Jade yoga mats, books, greeting cards, Natural life T-shirts, pom pom pants and shorts, and much more. The pink building behind Montauk Clothing Co.

Vintage Pink

FREE TRADE • NATURAL LIFE
AND MORE



CHARMING
GIFTS

VINTAGE
JEWELRY

FASHION
ZEN HOME
& GARDEN

VEGAN
LEATHER
HANDBAGS

631.668.8200

787B MONTAUK HIGHWAY, MONTAUK
(behind montauk clothing co.)

WWW.VINTAGEPINKMONTAUK.COM

@VINTAGEPINKMONTAUK



MIKE VITELLI

Montauk
Salt Cave ▶

COREYSWAVE

631-668-9283

coreyswave.com

If you want to learn how to surf, call Kristin at CoreysWave or reserve online. Fitness instruction for all abilities will get you started and you can learn the basics at your favorite beach or perfect your skills in more challenging waters. Stand up Paddle Board instruction is also offered...a great way to get fit.

SPA AT THE MONTAUK LAKE CLUB

631-668-5705 EXT 109

montauklakeclub.com/spa

Robert and Maureen Jacob Bonavolta, former owners of the Montauk Wellness Center, offer services at the picturesque, serene Montauk Lake Club. From deeply relaxing treatments to clinical sessions, pre and post sports, to pain management and injuries. Ultrasonic and microcurrent skincare to expert brow styling, waxing and spray tanning. All facials and massages are personalized and performed by caring licensed professionals. Monthly specials available. By appointment in their office or home visits.

▼ The Montauk Lake Club



MONTAUK SALT CAVE

552 WEST LAKE DRIVE

631-668-7258

montauksaltcave.com

Salt therapy, or Halotherapy, clears toxins from our lungs and nasal passageways. The saturated air in the salt cave provides relief from many respiratory ailments, and also gives a sense of peace and serenity. The walls are built with all pink Himalayan salt rocks and the floor is covered with salt. Sit in a zero gravity chair, relax and breathe. They also offer Reiki, Sound Healing with crystal singing bowls, massages, and weekend events. A great gift shop as well. **NEW PRODUCT!** O'Beehave hair and body products refill bar. Call for hours and appointments. Open all year.

LODGING



▲ The Surf Lodge

IN THE HARBOR

Montauk Harbor, on the north, or bay side, of Montauk, has restaurants near the water or docks, upscale shopping, and is home to many of Montauk's charter, party, and commercial boats. Whale watching tours, ferries to Block Island and New London, and sunset cruises originate here.

GURNEY'S STAR ISLAND RESORT AND MARINA

32 STAR ISLAND ROAD
631-668-3100
gurneysresorts.com

Enjoy our 107 luxury waterfront hotel rooms, suites, or villas; 15 acres of grounds with outdoor amenities, and an array of restaurants, bars and meeting rooms for personalized and intimate events centered around the water.

HARBORSIDE RESORT & MOTEL

371 WEST LAKE DRIVE
631-668-2511
montaukharborside.com

Twenty-seven tastefully decorated, air-conditioned rooms, studios and suites, with kitchenettes and Wi-Fi. Amenities include a pool and tennis courts. A short distance to Montauk Harbor. Open March–December.

SNUG HARBOR MOTEL & MARINA

3 STAR ISLAND ROAD
631-668-2860
montauksnugharbor.com

Located on the water in the Harbor, 34 units from poolside bedrooms to Harbor-side apartments, offering air conditioning, Wi-Fi, a pool, and BBQ. Snug Harbor is also a full-service marina. Pets allowed in some units. Open March–November.

UIHLEINS MOTEL

10 WELLS AVENUE
631-668-3799
uihleinsmarina.com

Friendly small motel with 7 units equipped with full kitchens, flat screen TV, Wi-Fi, A/C. Grounds have BBQs, a putting green with mini golf course, play area and room to relax. Discount on boat rentals. Open all year.



ON OLD MONTAUK HIGHWAY AND IN NAPEAGUE

West of town the undulating Old Montauk Highway is flanked by bucolic Hither Hills and Hither Woods neighborhoods on one side (north), and wide, beautiful Atlantic Ocean beaches on the other (south). Great views and wide, sandy, uncrowded beaches abound here.

LENHART'S COTTAGES

421 OLD MONTAUK HIGHWAY
631-668-2356

Spectacularly situated, charming cottage complex amidst undulating, manicured grounds directly across the street from the beautiful Hither Hills beach. Twelve cottages with kitchens, ocean views, A/C, and log-burning fireplaces. There is a pool, gardens and lots of lawn space. Open all year. Lenhart's has a loyal following of returning guests and pets.

WAVECREST ON THE OCEAN

170 OLD MONTAUK HIGHWAY
631-668-2141
wavecrestonocean.com

A spectacular location right on a stretch of secluded ocean beach. Seventy units with pool, tennis, kitchen, and A/C. Studios and suites, all with private terraces overlooking the ocean. Open April thru October.

FORT POND AREA

MONTAUK MANOR RESORT

236 EDGEEMERE STREET
631-668-4400
montaukmanor.com

Historic, grand building with a beautiful vaulted rotunda and old-world character on a 12-acre hill with views of Gardiner's Bay and Block Island Sound. Ample parking on site with shuttle bus services. 140 studio, one, two, and three bedroom apartments with indoor and outdoor pools, tennis, kitchens, A/C, and Wi-Fi. A restaurant on premises serves guests and the public. Open all year.

SOLÉ EAST

90 SECOND HOUSE ROAD
631-668-2105
soleeast.com

Solé East is a hip spot with a stunningly beautiful courtyard containing a full-service restaurant and lounge, swimming pool and expansive lawn with mature trees and landscaping. 60 renovated rooms, one-bedroom suites, and 7 garden suites. Heated pool, gardens with wood-burning fire pits, Wi-Fi, IPOD docking stations. Pets welcome. May thru October.

THE SURF LODGE

183 EDGEEMERE STREET
631-483-5045
thesurflodge.com

Formerly just a simple Irish divebar in Montauk, it has been transformed into one of the hippest spots in the Hamptons, in-part thanks to a now-legendary outdoor summer concert series that takes place on a deck overlooking Fort Pond. Free Wi-Fi, free bike rentals, restaurant on premises.

Beware.



Blacklegged (deer) tick

Did you know?

Most people are bitten by ticks picked up in *their own yard*. Ticks can spread serious diseases to people and pets. A *single* tick bite could put you at risk for *six* different diseases. According to scientists at Stony Brook University, "Tick-borne infections have reached epidemic proportions on LI." You can prevent illness by checking your body carefully, promptly removing any ticks found and showering soon after spending time outdoors. Ticks must make direct contact with a host (*that's you*) and feed slowly until engorged with blood.

Protect your family.

Since 1997, East End Tick & Mosquito Control has provided the most effective, year-round, tick-prevention program possible, using the most environmentally-responsible methods available. Tick and mosquito control is our *only* business, not a sideline like it is for so many others claiming to be "experts." Knowledge and experience matters. Let us help you keep your family safe. Call us today for a free estimate.

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MONTAUK'S ROADS
CLEAN AND PRISTINE.





East Hampton
631-324-9700

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Best of the Best
BY DAN'S PAPER

EAST END™

EST. 1997

Tick & Mosquito

CONTROL



tickcontrol.com



Stony Brook Southampton Hospital
Regional Tick-Borne Disease Resource Center
PROUD SUPPORTER

EAST END TICK & MOSQUITO CONTROL

EAST HAMPTON
631-324-9700
tickcontrol.com

These are the folks to call if you're worried about ticks and mosquitos. Beginning in 1997, East End Tick developed an effective, environmentally-sensitive, innovative program for tick eradication. They have partnered with Stony Brook Southampton Hospitals' Tick-Borne Disease Resource Center. Services large or small in Montauk.

JANE'S HOUSE CLEANING

631-668-2941 & 516-658-0682

Weekly or monthly maintenance, openings and closings. Call for a free estimate.

Jane's House Cleaning

Openings & Closings—
Weekly or Monthly
"It's Up To You"

Free Estimates

631.668.2941/Cell: 516.658.0682

jdesous1@optonline.net



MARSHALL & SONS AND PRADO BROTHERS PLUMBING & HEATING

701 MONTAUK HIGHWAY
631-668-9169

marshallandsons.com

Marshall & Sons Fuel Oil, a full-service fuel oil delivery company offers service in conjunction with Prado Brothers Plumbing & Heating. Marshall & Sons Service Station offers full and self-serve Shell gasoline, diesel fuel, and kerosene, as well as a convenience store. The MER Service Corp. is at your service for vehicle maintenance, repairs, indoor storage, towing and NY State Inspections.



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631-668-2990

701 Montauk Highway,
Montauk

www.marshallandsons.com



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24 HOUR EMERGENCY SERVICE

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701 Montauk Highway
Montauk

www.marshallandsons.com



MONTAUK PLUMBING & HEATING LLC

213 EDGEEMERE ST, MONTAUK
631-668-8499

montaukplumbing.net

Montauk Plumbing and Heating is a locally owned and operated, full-service plumbing and heating service. They are available for all types of projects from commercial buildings and large scale luxury homes to maintenance of existing residences. Call now to schedule a service.

TWIN FORKS PEST CONTROL

EAST HAMPTON

631-324-9020

twinforkspestcontrol.com

Whether it flies, crawls or walks, if it bugs you, call Twin Forks Pest Control and they'll make it disappear! This family-owned firm offers a free, no-obligation whole-house pest inspection. Even if you don't have an immediate pest problem, this thorough, free inspection by their highly-trained, licensed technicians will give you peace of mind.

AUTO REPAIR

See Marshall & Sons listing.



MONTAUK

PLUMBING & HEATING



24 HR EMERGENCY SERVICE

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MontaukPlumbing.net



RESIDENTIAL

Customer experience is, and will always be a priority.



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Delivering experience, quality, and speed that only we can deliver

ABOUT US

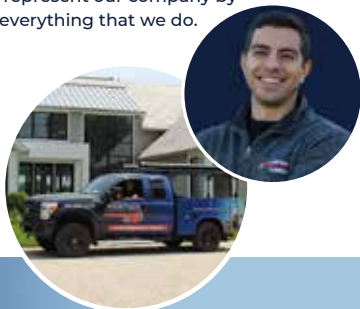
Montauk Plumbing offers full-service plumbing & heating solutions.

It is our duty to utilize the most modern and advanced industry standards. We offer innovative solutions custom-tailored to your needs from a full-service plumbing & heating specialist.

We honor superior ethical policies in business practice, and we believe that with trained conscientious plumbers, we can operate as a business more efficiently. We regularly work closely with builders, architects, and interior designers to ensure that this is achieved. Our aim is to proudly represent our company by standing by everything that we do.

OUR SERVICES

- Residential
- Commercial
- Plumbing Repairs
- New Construction
- Gas Services & Installations
- Watermain & RPZ Installations
- Underground Gas Piping
- Fire Sprinklers
- Heating & Boiler Installations
- All general plumbing repairs





MARINA – RESTAURANT – SWIMMING POOL – SPA – GUEST ROOMS – GYM

MONTAUK LAKE CLUB

& Marina

MEMBERS ONLY

MONTAUKLAKECLUB.COM
IG: @montauklakeclub

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Wednesday Sunset Sessions

THE NANCY ATLAS PROJECT

STARTING MAY 26TH RAIN OR SHINE



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EAST HAMPTON

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