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The History & Legend of Camp Hero

p.20

Hangin' Ten
with AWOW

p.24

PLUS

Surfcasting
Capital of
the World

Lighthouse
Toughens Up

Tauk Safe Surf
with Bob Miller

THE MONTAUK MAP — 2020 EVENT CALENDAR
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Table of Contents



From the Editor 7

Tauk Safe Surf with Bob Miller..... 12

The Events Calendar..... 16

The History & Legend
of Camp Hero 20

Hangin' Ten With AWOW 24

Lighthouse Revetment Update 30

Welcome to the Surfcasting
Capital of the World 34

KID'S STUFF Summer Camps..... 38

KID'S STUFF Rainy Day Fun..... 42

KID'S STUFF Around Town..... 44

Museums..... 47

Beaches 48

MONTAUK MAP after page 48

Outdoor Activities..... 51

Fishing 58

Parks & Trails..... 62

Staying Safe: a Tick Primer 63

Dining Out 67

Spas & Wellness 73

Shopping 74

Lodging..... 76

Services..... 78



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On Montauk Contributors 2020



DAVE DAVIS teaches preschool for the Head Start program at the Children’s Museum of the East End in Bridgehampton, and is a featured columnist for the *East End Beacon*. His work with special-needs children and their families was the inspiration for a script about Autism titled, *Everybody Knew*, appearing on the award-winning TV-web series *Front Seat Chronicles*.



BOB MILLER devotes his life to life...as lifeguard, surfing instructor, ocean rescuer, and swim coach. Bob, a swimming prodigy from age 5, holds degrees in Earth Science and oceanography from Stony Brook University and a Master’s in Elementary Education and Special Education at Dowling College. He lives in Montauk full-time, sometimes traveling abroad to teach and heal.



DEBBIE TUMA is a journalist, and a third generation native of Montauk. Her family started the charter fishing industry in the 1940’s, and later started Tuma’s Dock in the 1950’s. Her father, Captain Bob Tuma, ran his charter boat “Dawn” for 60 years. She works at WLNG 92.1 Radio Station and writes for *The Daily News*, *Newsday*, and East End papers.



LAURA WEIR is a former editor at *The Southampton Press* and has been recognized by the New York Press Association for her work as a writer and editor at several newspapers. In 2009, she published her own magazine called *Hamptons Journal*. She has also worked as a television news writer, traffic reporter, and radio broadcaster. Laura is a member of the Kiwanis Club of East Hampton and lives in Wainscott.



MIKE WRIGHT is a writer and fisherman who grew up in Southampton. He writes the weekly fishing column for the *East Hampton Press* and fishes from the beaches of Montauk every chance he can get. Mike changes vehicles frequently to confuse legions of trainspotting anglers who would otherwise follow him, shamelessly, to fishing hot spots throughout the year.



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From the Editor



Montauk kids.

Didn't see that coming. The echo reverberates across the planet. Covid-19 has been the most successful sneak attack anyone alive has ever faced. Upending everything... school, love, work, complacency, health, and expectations. The thoughtful among us are troubled deeply about having to raise our anchors unexpectedly; the thoughtless and reckless, annoyed. As I ponder the collective plight of so many of us living upside down lives, I realize how fragile the world is and how much we take for granted being able to live and vacation in Montauk.

To get through this, we pay homage to the reality check of Covid-19 and must tap into that primordial vein we rarely ever contemplate, the basics

of life...and find new anchors. For me, three healthy children (who are blissfully unaware of the pandemic's implications) are the anchors. Hold that thought and even if all else is lost... job, money, home... happiness, though at times elusive, would be possible.

What are your anchors? Dig a little deeper than usual and you will find one, maybe two. Amid Covid, you've probably already done that...no? If you're reading this and you're still adrift mentally or emotionally, and haven't found a new anchor yet, I bet Montauk can help.

Maybe Montauk itself is your new anchor after Covid-19? It's rare to be able to live, own a vacation home, or even chill out for a few days in such a special place. Don't take that for granted as you fret over high prices or parking restrictions. If, however, you need something more concrete than the beauty of the End, let Montauk, at least, grease your wheels. Head out again to that great hike you did long ago, or that beach walk you don't have time for anymore...or just watch the sun come up, or fade, from anywhere you might be, and take a few minutes to ponder all the things you have to be grateful for. It'll come to you.

Of Covid, this, too, shall pass. Montauk will not.

Carter Randolph Tyler
2020



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bait & lures

	Bowl	Quart
New England Clam Chowder	6	16
Manhattan Clam Chowder	6	16
Kick'n Crab & Corn Chowder	7	18
Lobster Bisque	8	20
Tuna Bites		10
Peel & Eat Shrimp		12
Fried Calamari		12
Steamed Mussels in white wine & garlic		14

salads

Add Chicken +5, Shrimp +7 or Fish +12

Hooked House Salad	13
kale, quinoa, cranberries, cotija cheese & orange segments with cranberry citrus vinaigrette	
Beet & Baby Arugula Salad	13
baby Arugula, beets, walnuts, aged Irish cheddar with a blood orange & shallot vinaigrette	
Kale Caesar Salad	11

hooked on lobster

Lobster Salad Roll	27
served with coleslaw	
Tom Lob	27
vine ripened tomato stuffed with lobster salad	
Lobster Mac & Cheese	15
Whole Local Steamed Lobster	MP
served with mussels & corn - ask about sizes and prices	

locally hooked

*Grilled Tuna, Swordfish or Mahi Mahi	19
served over greens or as a sandwich with fries	
*Tuna Poke Bowl	14
raw ahi tuna, pickled cucumber, shitake mushrooms & scallions, served over soba noodles in a southwestern cilantro vinaigrette	
Fish Tacos	12
two with broccoli slaw, mango salsa & sriracha mayo	

locally dug

*Montauk Pearl Oysters	1/2 doz.	13
*Local Clams on the half shell	1/2 doz.	7 doz. 14
Local Steamers		19

boats

served with fries

Fish 'n' Chips	15
Fried Shrimp	14
Fried Soft Shell Crab Sandwich	15
Crab Cakes	14
Fried Whole Belly Clams	18
Fried Scallops	14
Fried Clam Strips	12
Fishwich	13

off the hook

served with fries

*Hamburger	12
*Cheeseburger add bacon +2	13
BBQ Baby Back Ribs	16
Grilled Chicken Sandwich	12
Veggie Burger	12

hook ups

French Fries	4
Sweet Potato Fries	5
Coleslaw	4
Corn on the Cob	3
Mac & Cheese	6

guppies (kids)

served with fries

Fish Bites	7	Grilled Cheese	7
Chicken Goujons	7	Hot Dog	7

*Consuming raw or undercooked meats, poultry, seafood and shellfish may increase your risk of foodborne illness. Before placing your order, please inform us if a person in your party has a food allergy. Menu items and prices subject to change.

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TAUK SAFE SURF

BY BOB MILLER



Ocean Rescuer Bob Miller has spent a life on water; teaching, life-guarding, coaching...and surfing. With decades of experience under his belt, he's the one guy to take seriously when you and your kids are having fun in paradise. Here in *On Montauk*, he reminds us all to...

THINK BEFORE YOU SINK!



Are you thinking: *what does that mean?* Good, you're thinking and that alone may save your life some day. Imagine that: being able to make a good

choice in what could be a life-threatening situation. Does that have your attention? Okay then...

Can I ask y'all a question? Again — great — your brain is working. So, when you are out in the ocean surfing, what are you in the most danger from? Rip currents, rocks, lightening bolts, or the infamous 'man in the grey suit' nope... it's **you!**

With all due respect, it is most likely your own board that will hit you if you're not careful, so...hold onto that thing. Your board is your responsibility. Where it goes and any damage it causes can be quite serious.

Anyhow, this is not just about holding onto your board, although y'all ought to, but it's about keeping your cool and remaining calm when challenged by the ocean. So there are some simple things that, for nearly thirty years, I've been sharing with kids as young as six. Things like the saying '*think before you sink.*'

Thinking about being safe in the ocean is something that crosses my mind every time I ever go surfing. It's not so much about fear of the ocean but respect for the ocean as an incredibly powerful place. Remember... the real danger is yourself and choices that you yourself make. So let's make good choices while surfing.

There **are** real dangers in the ocean, and things like rip currents have kept the people from some cultures from enjoying what fun surfing can be. Their fear exists and is legitimate, but it's really only there because people didn't have the opportunity to learn to swim or are not exposed to information about these dangerous currents...like the way our town provides rip current signs.



IF CAUGHT IN A RIP CURRENT

- Don't fight the current
- Swim out of the current, then to shore
- If you can't escape, float or tread water
- If you need help, call or wave for assistance

SAFETY

- Know how to swim
- Never swim alone
- If in doubt, don't go out

More information about rip currents can be found at the following web sites:
www.dnr.ca.gov
www.csb.org

We've all seen this rip current sign, but do any of us know the physics behind the rip? The way the waves reflect... or bounce back off the beach or an object, such as the jetty at Ditch, and look for the easiest path back out to sea? In the impact zone, of the crashing waves, this path is difficult so the water will travel along the shore looking for a hole in the sand bar.



Note these signs near you.

When the energy finds the hole in the sand bar it heads out into deeper water where it spreads out and loses its powerful pull. But why is it so

strong? Because the energy of all the waves up and down the beach is combined together in this narrow river of returning water we call a *rip current*.

This fast-moving current of water with all its energy digs the channel between sand bars deeper, and when unexpected swimmers, or non-swimmers, reach this part of the ocean, they often can no longer touch the bottom...simply because it is deeper, not because of an undertow!

There is actually no such thing as an undertow. There is no magical force pulling anyone under. The water is just

deeper here, and the current may be taking you far out to sea, but this is where I'll ask you *'think so you don't sink'* and remember this great article you read in *On Montauk* mag.

I'd like you to think about what I'm about to say. Remember my little voice if you ever get in this situation... and just *chill*. There are some studies that say the natural circular cycle of the water will actually bring you back to the beach if you do nothing but keep calm.

That said, there is also the option of swimming parallel to the shore or on an angle back to the beach, and this will work for most people, but please be aware of which direction you're swimming (again thinking) and don't swim against the long shore current either.

Anyway, we as surfers, on the other hand, absolutely love-love-love rip currents. They are something that should be respected and appreciated but not feared. A rip current is surfing's version of a chair lift and is often the easiest way through the breaking waves.

When I go down to the beach one of the first things I look for are big waves, because they get my heart thumping, but then I look for the rip currents that I'll use to make it easier for me to get outside those breaking waves and I jump right into them, again with respect.

It is this respect that I have for the ocean that I'd ask y'all to share with me. I'd also like to ask that y'all *'think before you sink'* and keep safety in your mind whenever you're in the water. And again with all due respect, you are the most dangerous thing out there.

So choose to be safe, please. Hold your board, cover your head, be aware of your surroundings, respect the rip currents, know your limits and know how to get help if you need it—those big **orange** signs at every beach help a 911 operator know where you're @, and say hello to summer! **OM**

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The Events Calendar

PLEASE NOTE: Due to this year's unusual circumstance, these dates are TBD. Before visiting any attraction or business listed, please call ahead to confirm hours of operation, admission prices, and any other information needed to plan your activities.

For the most up-to-date listings, please visit us at OnMontauk.com.

RECURRING EVENTS

MONDAY

FOOD

Happy Hour every weekday at The Point Bar and Grill

LIVE MUSIC

Monday Night Concerts On the Green, starting 6/22 thru July

WEDNESDAY

LIVE MUSIC

Nancy Atlas at The Surf Lodge thru 9/2

KIDS

Camp Soulgrow at the Surf Lodge

WELLNESS

1/2 price Montauk Salt Cave sessions

THURSDAY

RECREATION

Sand Castle Contest at Hither Hills State Park, thru 8/27

SHOPPING

Montauk's Farmers Market on the Green, 6/11 to 8/27

FRIDAY

LIVE MUSIC

DJ Night at The Point Bar and Grill

SHOPPING

Montauk's Farmers Market on the Green, 9/4 to 10/2

SATURDAY

LIVE MUSIC

DJ Night at The Point Bar and Grill

SUNDAY

LIVE MUSIC

Concerts at Gosmans Dock, 7/12 through August

DAILY EVENTS

MAY 23 - SATURDAY

HIFF SCREENING: TBD at Guild Hall

MAY 24 - SUNDAY

RECREATION: 9th Annual Blessing of the Boards at St. Therese of Lisieux

JUN - TBD

BENEFIT: 8th Annual Navy SEAL Foundation Fundraiser at Navy Beach

JUN 5 - FRI

ART: 3-Day: Montauk Artist Association 26th Annual Juried Fine Arts Show on the Green 6/5-6/7

JUN 11 - THURS

FISHING: 3-Day: 33rd Annual Shark Tournament at Star Island Yacht Club & Marina 6/11-6/13

JUN 14 - SUN

RECREATION: Annual Blessing of the Fleet at Montauk Harbor

JUN 25 - THURS

FISHING: 3-Day: 50th Montauk Marine Basin Shark Tag Tournament at Montauk Marine Basin 6/25-6/27

JUL - TBD

BENEFIT / SPORTS: Rell Sunn 21 Annual Benefit Surf Contest and Raffle and Art Auction at Ditch

JUL - TBD

FESTIVAL: 7th Annual Taste of Montauk on the Great Lawn of the Montauk Yacht Club

JUL 4 - SAT

RECREATION: Montauk's Fireworks Dinner Cruise hosted by Viking Starship

JUL 4 - SAT

RECREATION: Stars Over Montauk July 4th Fireworks at Umbrella Beach

JUL 11 - SAT

SALE: 2-Day: Historical Society Craft Fair at Second House Museum 7/11-7/12

JUL 17 - FRI

FISHING: 3-Day: Montauk Mercury Grand Slam Fishing Tournament at Uihlein's Marina 7/17-7/19

JUL 18 - SAT

BENEFIT: Ocean Swim Challenge hosted by East Hampton Volunteer Ocean Rescue Squad and Montauk Playhouse Community Center

JUL 18 - SAT

KIDS: Family Fair Fundraiser at Children's Museum of the East End

JUL 19 - SUN

TRIATHLON: 25th Annual Lighthouse Sprint Triathlon & Relay

JUL 26 - SUN

KIDS: Peter & the Wolf at Southampton Cultural Center

JUL 28 - TUES

KIDS: Peter & the Wolf at Children's Museum of the East End

AUG - TBD

LIVE MUSIC: 5th Annual Music for Montauk Summer Series

AUG - TBD

LIVE MUSIC: Montauk Music Festival Rocks the Lighthouse at the Montauk Lighthouse

AUG - TBD

BENEFIT: Lobster Bake to benefit the CCOM at Gurney's Star Island Resort

AUG 8 - SAT

SALE: 2-Day: Historical Society Craft Fair at Second House Museum 8/8-8/9

AUG 15 - SAT

KIDS: 2-Day: Kings of the Coast Pirates Show at The Montauk Lighthouse 8/15-8/16

SEP - TBD

CHARITY SPORTS: 55th Annual Ride to Montauk For Multiple Sclerosis

SEP 3 - THURS

THEATRE: 2-Day: Andromeda's Sisters at Guild Hall

SEP 5 - SAT

SALE: 2-Day: Historical Society Craft Fair at Second House Museum 9/5-9/6

SEP 8 - TUES

LIVE MUSIC: Tumbleweed Tuesday On the Green

SEP 11 - FRI

BENEFIT: A Walk on Water Montauk Fundraiser at the Montauk Beach House

SEP 12 - SAT

FESTIVAL: 2-Day: 9th Annual Montauk Seafood Festival at TBD 9/12-9/13

SEP 19 - SAT

HIFF SCREENING: TBD at Guild Hall

SEP 20 - SUN

BENEFIT: Big Bucks Bonanza at the Montauk Fire Department

SEP - TBD

TRIATHLON: MightyMan Montauk (Sprint) Triathlon Festival at Fort Pond Soccer Field

OCT - TBD

SALE: Montauk Library Columbus day weekend Sale at the Montauk Library

OCT 3 - SAT

HIFF SCREENING: TBD at Guild Hall

OCT 4 - SUN

BENEFIT: Pancake Breakfast to benefit Senior Holiday Dinner at Montauk Firehouse

OCT 8 - THURS

FILM FESTIVAL: 5-Day: Hamptons International Film Festival 10/8-10/12

OCT 10 - SAT

FESTIVAL: 2-Day: 39th Fall Festival Clam Chowder Contest On the Green 10/10-10/11

OCT 31 - SAT

KIDS: Halloween Parade in Town hosted by Montauk School

NOV - TBD

RECREATION: Seal Hikes at Montauk Point State Park by NY State Parks

NOV - TBD

SALE: Montauk Library Holiday Book Sale at the Montauk Library

NOV - TBD

SPORTS: Brewathlon presented by Old Montauk Athletic Club

NOV - TBD

BENEFIT: Girls Night Out Benefit 2020 at Gurney's Montauk

NOV 7 - SAT

HIFF SCREENING: TBD at Guild Hall

NOV 14 - SAT

HIFF SCREENING: TBD at Guild Hall

NOV 21 - SAT

HIFF SCREENING: TBD at Guild Hall

NOV 26 - THURS

SPORT: 44th Annual "Run for Fun" Turkey Trot Around Fort Pond

NOV 28 - SAT

SHOPPING: Community Church Women's Guild Christmans and Rummage Sale

NOV 28 - SAT

RECREATION: 11th Annual Lighting of The Lighthouse

NOV 29 - SUN

KIDS: Annual Christmas at the Lighthouse with Santa

NOV 29 - SUN

RECREATION: 41st Annual Holiday Dinner for Montauk Seniors at Montauk Firehouse

DEC - TBD

KIDS: Gingerbread Decorating Party at the Candied Anchor

DEC - TBD

BENEFIT: Jingle Bell Hop at Clam and Chowder House at Salivar's Dock hosted by St. Therese Parish

DEC 6 - SUN

KIDS: Santa is Coming to Town! At the Montauk Fire House

DEC 11 - FRI

KIDS THEATRE: Hampton Ballet Theatre School Presents The Nutcracker at Guild Hall

DEC 12 - SAT

SHOPPING: Community Church Women's Guild Rummage Sale

DEC 12 - SAT

KIDS THEATRE: Hampton Ballet Theatre School Presents The Nutcracker at Guild Hall

DEC 13 - SUN

KIDS THEATRE: Hampton Ballet Theatre School Presents The Nutcracker at Guild Hall

DEC 19 - SAT

HIFF SCREENING: TBD at Guild Hall

DEC 26 - SAT

HIFF SCREENING: TBD at Guild Hall



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The History & Legend of CAMP HERO

STORY & PHOTOS
BY LAURA WEIR



This picture was taken on solid ground in Camp Hero, can you find the spot yourself?

One of Montauk's most historical places is also its most mysterious... and under-appreciated, for both its beauty and recreational opportunities. So, bone up here on the mystery then get out there!

Montauk's Camp Hero is my favorite place on the East End. I go there for the hiking trails and views from the cliffs, but often find myself pondering its history as a secret military base during WW2. It's also hard to resist delving into the site's dark urban legend.

At the eastern-most point of the United States the camp provided wartime defense in the 1940s disguised as a small fishing village, but some say it remained in operation long after that for more sinister purposes. The site is now a State park loaded with hiking trails, beautiful views

of the Atlantic, picnic spots, and WW2-era structures. Placards beside huge batteries, which stored military vehicles and held large coastal gun emplacements, explain the camp's wartime history. The batteries were decommissioned in 1947, but parts of the camp were still in operation during the Cold War.

The giant radar tower, which still stands high over the ruins like a steel beacon, was to provide early warning for the east coast by transmitting the alert if German U-boats or submarines were detected in the Atlantic. The tower remained active

for the US Air Force until 1980. It sits near boarded-up barracks that once housed military personnel, and a small building disguised as a church that was actually a gym. In addition to these relics, there are ominous signs along the hiking trails leading to the beach that warn of landmines that could still be live. On shore lay hollowed-out fortifications that were prepared for use as defense artillery against potential invaders. Salty waves from the raging sea now gush through the eroded concrete walls onto the rocky beach.

Salty waves from the raging sea now gush through the eroded concrete walls onto the rocky beach.

The historical record says the base closed following the war, but legend has it that it was re-opened in the early 1980s for top-secret scientific research known as The Montauk Project. Conspiracy theorists say this covert operation drew on the discoveries of Nikola Tesla, whose theories and experimentation were considered unorthodox by conventional science. In some of Tesla's letters, he refers to correspondence with highly advanced beings from outer space.

According to some published accounts, extra-terrestrials assisted the CIA with mind control and inter-dimensional travel that opened portals to other dimensions and let in beings from beyond that still roam the site. It is reported the aliens lived in the camp's underground bunkers. Most disturbing are reports that children were used in the mind control experiments. Youngsters put under spells and commanded to leap from tall buildings were sacrificed in the name of science, according to the legend.

Theorists also connect the Montauk



The radar tower is defunct – or is it?

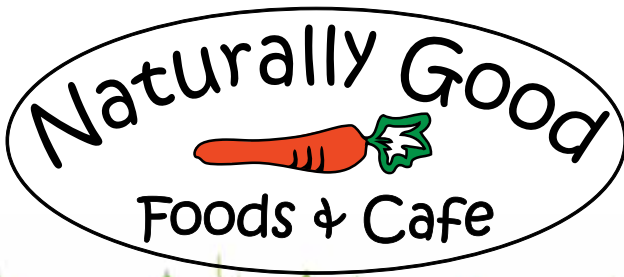
Project to the infamous Philadelphia Experiment. The United States Naval ship, the USS Eldridge, disappeared from a Philadelphia shipyard during radar invisibility testing in 1943 and is said to have appeared off Montauk in 1983, possibly through an inter-dimensional portal. Something went terribly wrong during the invisibility shield experiment and the sailors became physically imbedded in the vessel when their molecules fused with ships'. Many men died during the agonizing ordeal and those who survived were said to have endured a lifetime of psychotherapy due to what they saw that day.

...trails where landmines could still be live?

As the legend goes, Camp Hero was finally closed in the late 1980s and authorities ordered the underground tunnels to be filled with cement and sealed shut. When the site was dedicated as a park in 1992, all the buildings, including the barracks, were boarded up and the site was opened to visitors.

For anyone interested in such tales of monsters, space aliens, and time warps,

Continued on page 32.



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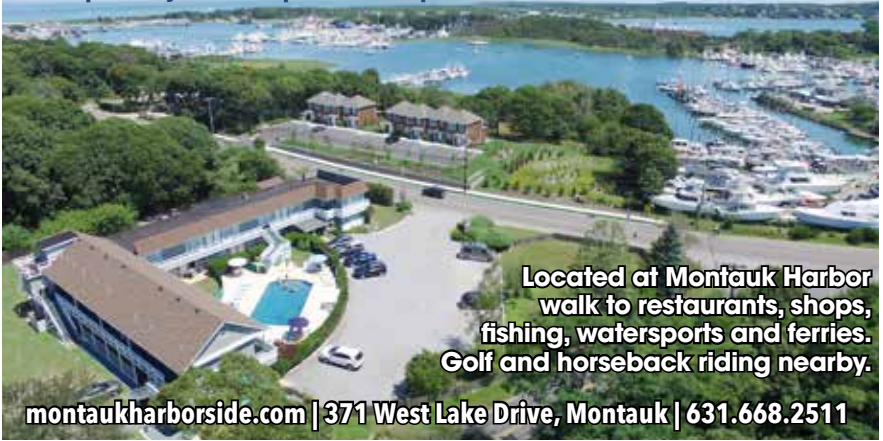
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Hangin' Ten with **AWOW**

BY DAVE DAVIS



Here in Montauk, the ocean attracts countless visitors to its shores each year for a variety of pleasures: world-class fishing, pristine beaches, and an abundance of outdoor activities. Yet for one group of dedicated people involved with A Walk on Water (AWOW), the rolling surf is the ultimate natural resource, possessing transformative, therapeutic properties.

AWOW, based in Southern California and launched in 2012, is again holding a truly inspiring “Surf Therapy” event in Montauk, this year on Friday and Saturday, September 11th & 12th, at Ditch. The primary mission of AWOW, through sponsors, participating local businesses, members, and volunteers, is to offer individuals with special needs or circumstances (along with their families) an amazing day at the beach and in the water.



Photo by Liane Curtis



Photo by Simi Friedman

...individuals with special needs get an amazing day in the water.

“Surf Therapy” as described on the organization’s website is “The act of guided surf instruction – provided by trained Surf Therapists – in concert with a carefully constructed support structure of volunteers and supporters.” Having personally witnessed this unique paradigm in action the last several years, I know that it’s clearly something that sets AWOW apart.

By encouraging family and friends to participate alongside their Athlete (a term used for each participant, dropping any label of disability), a more “shared” experience is had by all. Additionally, the well-deserved day of respite highlights the best of surf culture by providing healthy meals/snacks alongside numerous family-oriented activities such as yoga, art, and music.

Once an Athlete has been suited-up and is ready to enter the surf, it’s up to an exceptional team of watermen to ensure that each is safe while together they



Photo by Benjamin Chateauvert

experience the sheer exhilaration of the sport. For the local event, now entering its sixth consecutive year, much of that responsibility falls upon a remarkable group of surfers from CoreysWave, a Montauk-based surf instruction business with family ties that date back to Ditch’s fabled surf scene of the 1970’s.

During a recent chat, AWOW’s Executive Director, Sean Swentek, and founding Board Member/Director of Production, Jason Wolk, heaped tremendous praise



Photo by Liane Curtis



Photo by Simi Friedman



Photo by Benjamin Chateauvert

upon those in Montauk who unfailingly come together to make this event such a success, year after year. Montauk local and AWOW's East Coast President, Walt Lindveld, knows firsthand what a supportive community can provide as his son Clash has Down syndrome. Given the incredible reception he gets from countless Athletes and adults, it's not an understatement to say that Clash has reached rock star status!

The profound sense of empowerment participants receive is on display during the daily trophy ceremony at water's edge, where a huge circle of cheering volunteers, supporters, and family members is formed. One by one, AWOW staff call each Athlete by name, inviting them into the center to receive their hand-carved award.

The 2-day event will be capped by a fundraiser and auction on Saturday, September 12th from 6 – 10 pm, hosted by Left Hand Coffee's Co-Founder, Larry Siedlick, at The Montauk Beach House. Food, cocktails, and a guest DJ will keep things rolling at the downtown boutique hotel at 55 South Elmwood Avenue, only a block from the ocean.

AWOW recently announced a team up with the award-winning Media Arts Lab to produce a feature documentary filmed in Cabo San Lucas, Mexico, which highlights the community bonds established through Surf Therapy and the special connection the organization has forged with its surf instructors.

Athletes, family members and those who wish to volunteer are being directed to awalkonwater.org to register. Visitors to the site will find up-to-date information about the documentary, informative bios of the AWOW crew, beautiful photography captured from previous outings, and an opportunity to donate, which goes directly towards hosting future events. **OM**

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History to be Laid with a New **LIGHTHOUSE REVETMENT**

BY DEBBIE TUMA

Photo by Greg Choron

The Montauk Lighthouse, besieged by the relentlessly encroaching Atlantic, will soon receive a defense for the ages. Fingers crossed!

In over 30 years working as the erosion control expert for the Montauk Lighthouse, Greg Donohue has seen many changes. Over the years there have been numerous people, groups, and organizations involved in shoring up the bluffs and providing stabilizing boulders.

Fighting back the ocean has been a never-ending project, from Giorgina Reid's first grass terracing project back in 1970 to the U.S. Army Corps of Engineers' current revetment, which contains an exhilarating, if not somewhat treacherous, pedestrian and surfcasters walkway upon the boulders high above the pounding surf. But now, hopefully by the end of 2020, if plans go through as promised, this National Historic Landmark lighthouse will have one final

revetment overhaul that will last for generations to come.

A whole new chapter called "The Hurricane and Storm Damage Reduction, Montauk Lighthouse Seawall Stabilization Project" is about to become a reality and will take about two years to complete. It will entail a total restructuring of the current rock revetment, or seawall, which was never engineered from bottom to top and doesn't have a proper long-term foundation. It will also include two unique features -- a new world-class fishing platform for surfcasters and a recreation area for tourists, photographers, bird watchers, and nature lovers.

Donohue said the project went out to bid in late 2019 and is now in the hands of

contracting officers and the lawyers.

“It’s out to bid and right now, amid the Coronavirus, everyone is working from home, so it’s slowing everything down,” he explained. “It’s up to the U.S. Army Corps of Engineers to select the contractor and so far, they are looking at two of them.”

Donohue said that with good fortune, the project will start in 2020. “The good thing is that the funding is still available, and they are moving forward, but at their pace,” he said. “I’m encouraged — the plan is great — but when it starts there will have

...a new world-class fishing platform for surfcasters and a recreation area for tourists

to be a lot of concentration and teamwork... and that’s what they do.”

The Montauk Historical Society, which maintains and oversees the Montauk Lighthouse, started a revetment project in 1991 and spent years petitioning the Federal Government for funding. Over the years they received some funding, but with the many storms and climate changes, more was needed. This new stabilization project will cost \$25 million and be paid for by

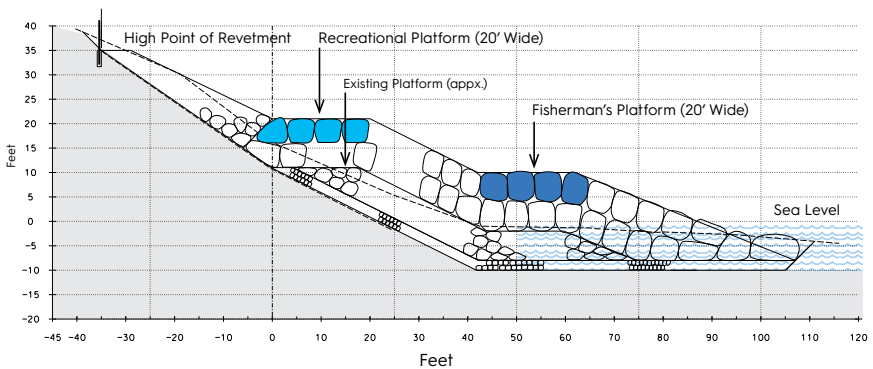
Federal and State governments, the U.S. Army Corps of Engineers, and the New York State Department of Environmental Conservation, out of funds from Hurricane Sandy relief. The Montauk Historical Society will continue to maintain the lighthouse, which was commissioned by President George Washington in 1792 and built in 1796.

With this new project, the existing seawall will be dismantled and a new one constructed with a different slope angle using the existing gigantic rocks, and many new ones. The new seawall will extend to an elevation of +35 feet above sea level instead of the original +25 feet above sea level, and instead of the 25,000 tons of rock in the existing seawall, the new seawall will include 63,900 tons – greatly increasing its stability.

Donohue said that during the construction, surfcasters will have to stop fishing off the lighthouse for about two years, but at the end of this time, they will have a much safer and sturdier platform. He said that surfers, however, could continue to surf during the construction phase since they are out in the water, adding that they could also move further down the beach.

When told of the revetment overhaul plans, one long-time Montauk Lighthouse surfcaster, Greg Choron, of Montauk and

THE PLANNED SEAWALL PROFILE



Source: Army Corp of Engineers



The current revetment platform is shared by fishermen and sightseers. North view.



Greg Donahue gave Montauk the fisherman's gangway under the light.

Florida, said that he welcomes the idea. "It's a big increase in safety that's needed," he said. "I've fished off the lighthouse boulders frequently and it's really dangerous, especially on the edges where it becomes more slippery. If I catch a fish, I have to climb down the rocks to land it while enduring the incoming swells, which is really hazardous. This sounds like a much better situation and it's a great fringe benefit to shoring up Montauk's beloved lighthouse." **OM**

SECRETS OF CAMP HERO Continued from page 21



The author in Camp Hero.

there are books on the subject, including *The Montauk Project, Experiments in Time*, by Preston Nichols. There have also been movies, YouTube documentaries, and there is currently a television series that draws on the urban legend.

Camp Hero, adjacent to the Lighthouse with ample parking, is formerly known as Fort Hero and is now a registered national historic site. The 400-acre landscape is a perfect setting for people like me who seek solitude, exercise, ocean air, and a little mystery. And you will always find surfers and fishers on the scenic shore because, after all, it's Montauk. **OM**

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Second House is the oldest structure in Montauk, built in 1746. It is historically significant to Montauk's pastoral history when the shepherds and keeper of Second House were housed in the building and were responsible for tending the sheep to the west and the cattle to the east.

VISIT US FOR THE DETAILED REPORT

Enjoy learning more about Montauk's rich and cherished pastoral history.



MONTAUK HISTORICAL SOCIETY

WE NEED YOUR HELP - Your donations and volunteerism will help us to continue restoring this property to its appearance in 1896 when the last keeper left Second House. Our goal is to complete the restoration during 2021. Your support will help make this possible.



www.montaukhistoricalsociety.org

WELCOME TO THE SURFCASTING CAPITAL OF THE WORLD!

BY MIKE WRIGHT

Right here in Montauk, acre-sized schools of striped bass thrash the surface of the sea to a roiling froth with their tails, often churning their way to within just a few feet of dry sand. At times, fish up to five feet long and weighing 50 pounds or more are feeding within a stone's throw of beach towels.

Whether you are visiting Montauk for a weekend away, are a regular summer visitor, or have lived here for decades and just haven't gotten "into" the fishing scene yet, wetting a line from one of Montauk's legendary beaches is a must-do. You ARE in The Surfcasting Capital of the World, after all.

While Montauk might be better known for things other than a surfcasting destination nowadays, that unofficial title was never just some tourism advertiser's Hail Mary to give a once sleepy hamlet a little marketing pizzazz.

There are perhaps only one or two other places on the planet that would even hope to compare themselves to Montauk in terms of the opportunity they present a visitor to catch a fish — possibly a really big fish — from the shoreline of one of the seven seas.



Mike Wright
on his way to work.



You never know what's waiting at the water's edge in Montauk.

Fall striper blitz in Montauk.

You see, Montauk is a geographically unique place. Here, the shape of the New England coastline conspires with a ballet of tides and wind and the maritime food chain to create a showcase for some of Mother Nature's most awe-inspiring displays and give anglers unique access to fish that otherwise would be out of reach of landlubbers.

Experiencing what it is that makes Montauk a veritable Mecca for those obsessed with surfcasting can be a very easy and laid back affair involving beach chairs, or it can be a technical, athletic adventure that is more akin to mountaineering, amid the crashing waves.

For equipment, you can go as simple as a basic pole of at least 7 feet and a reel capable of holding at least 15-pound-test line and some bait or a lure called a bucktail (just ask at any tackle shop). A hundred bucks and you're ready. Or, depending on how aggressive you want to be, you may need to add waders, a jacket, rock-spikes and even flashlights for nighttime prowling to your arsenal.

Fish can be caught off the beach at just about any time between April and December, though certainly there are times when the catching — as compared to just fishing — is more reliable than others.



Near Montauk Point

Sunrise and sunset are the cliché, but also accurate, “best times” on any given day, especially in the heat of summer.

But that does not mean that if you are planning a basic day at the beach that you shouldn't throw a rod and reel and a bucktail or some frozen clams in with the Kadima paddles and frisbee. You never know what's waiting at the water's edge in Montauk. **OM**

Editor's Note: Be sure to crush the barbs down on your hooks to minimize injury to fish you'll release... and to make hook release from fingers and hands easier as well.



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Kid's Stuff:

SUMMER CAMP

ON LAND

PATHFINDER COUNTRY DAY CAMP

631-668-2080

pathfinderdaycamp.com

The pièce de résistance of Montauk camps since 1964 provides a traditional summer day camp experience for children 4-12. Located on 5 acres bordering Fort Pond. Flexible scheduling; door-to-door bus pickup and drop-off.

DEEP HOLLOW RANCH SUMMER PONY CAMP

631-668-2744. deephollowranch.com

The iconic ranch run by the Keogh family offers a Summer Pony Camp for kids aged 7-12; Sessions run June to August; campers bring their own jeans, boots, helmets, snack and drink. Classes fill up! Did someone say pony party?

NEO-POLITICAL COWGIRLS THEATER GAMES CAMP

631-748-8307, npcowgirls.org

Kate Mueth's renowned dance, theatre and storytelling company, the Neo-Political Cowgirls, offers one day theatre games camps for boys/girls ages 8-13. Dates and locations TBD at time of printing so check the website for details. An OM partner.

HAMPTONS BALLET THEATRE SCHOOL WEEKLY INTENSIVES

631-237-4810

hamptonballettheatreschool.com

The HBTS In Bridgehampton offers weekly summer dance intensives with daily ballet classes and various other fun and exciting forms of dance; kids with dance experience age 5 and up are eligible. Intensives run by HBTS Director, staff and guest teachers. An OM partner.

CAMP SOULGROW

631-668-8800; @CampSoulGrow
Campsoulgrow.org

Camp Soulgrow hosts interactive workshops and events throughout Montauk for kids ages 7+, frequently in conjunction with local businesses. Programs are designed to help kids disengage from technology and experience healthy, fun activities and find new passions. Visit the Camp Soulgrow Studio at 7 The Plaza, downtown.

CHILDREN'S MUSEUM OF THE EAST END (CMEE) PROGRAMS

631-537-8250, cmee.org

The CMEE in Bridgehampton is a valuable East End resource for kids. They offer multifarious daily and weekly camps/programs for ages 2-9, most for the younger set (2-5). Way too many to mention, so check out the website for full details. An OM partner.

ON THE WATER

KID'S SURF ACADEMY® COREYSWAVE

516-639-4879, coreyswave.com

Semi-private 2-hour group lessons designed to get kids stoked on

surfing alongside other kids with professional instructors at Ditch. Private lessons available and Spring/Fall specials for local school kids. Previous instruction preferred, but not required. Ocean safety, surf etiquette, and environmental awareness are taught.

SAIL MONTAUK SAILING CAMP

631-522-5183, sailmontauk.com

Learn sailing at Gurney's on Star Island with Sail Montauk's certified professionals; Memorial weekend basic sailing course plus two-week sessions throughout the summer; hands-on instructions learning the basics with 4-5 students per boat, then racing and games! Ages 9-16.

PECONIC WATER SPORTS MONTAUK CAMP

631-680-0111

peconicwatersports.com/montauk

Wakesurfing, waterskiing, wakeboarding, and tubing are taught to kids ages 5-14 by certified professionals; at Star Island in Montauk; no experience required; 9:30-12:30 M-F, most time is spent on the boats where all equipment is included.





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East End

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Sunday, July 26th, 6:00p.m.

CMEE

Tuesday, July 28th, 6:00 p.m.

HBTS SUMMER INTENSIVES

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"BALLET ONLY"
Aug. 10-14 and/or Aug. 17-21

"MIXED DANCE"
AUG. 24-28

NUTCRACKER 2020 Guild Hall

John Drew Theater

December 11, 12 & 13



Photo: 2020© Eric Striffler

www.hamptonballettheatreschool.com

Kid's Stuff:

RAINY DAY FUN

Montauk is an outdoor place, but even in the rain it's great to be here! If you're not inclined to beach it in the rain, these East End attractions will take the edge off indoor days in paradise.

THE MONTAUK LIBRARY

871 Montauk Hwy.
631-668-3377
montauklibrary.org

The best local indoor place to take the kids for a few hours of fun. A great kid's room with books and videos for all ages plus a few computer terminals for online games. They also show movies and have a packed schedule of events for kids and adults. Check the calendar at onmontauk.com and/or the library website. **NOTE:** The library is under renovation during 2020 and will operate out of a temporary building on site.

THE MONTAUK LIGHTHOUSE

631-668-2544
MontaukLighthouse.com

If you haven't done the lighthouse yet, get on it. Make your way to the top for great views...still great even in the rain...and check out the fascinating museum that explains the seafaring history of the lighthouse, displays historic documents, and offers guided

tours. Children under 41" visit free, but are not allowed to enter the tower. Parking fee \$8 until 4:30 in season.



THE MONTAUK PLAYHOUSE

240 Edgemere St.
631-324-2417

The Playhouse is a historic building across from the train station that houses a large basketball gymnasium (and several other entities) that is open to the public. They have a daily and weekly schedule of activities that includes free time. Call and/or pop in to see their schedule and shoot a few hoops.

OTHER NEARBY RAINY DAY OPTIONS

CHILDREN'S MUSEUM OF THE EAST END (CMEE)

376 Bridgehampton/Sag Harbor
Turnpike in Bridgehampton
(about 40 mins from Montauk)
631-537-8250
CMEE.org

The CMEE is a great place for kids ages 1-8 any time but especially on rainy days. Kids can enjoy multiple themed play areas for hours and a giant rumpus room full of soft mats and climbing structures. There's a separate soft hang-out area for pre-walkers. Multiple special programs throughout the summer, daily and weekly, plus an engaging staff make this a must-visit...even if you do wait for a rainy day. Entrance fees apply.

THE SOUTH FORK NATURAL HISTORY MUSEUM AND NATURE CENTER (SOFO)

377 Bridgehampton/Sag Harbor
Turnpike in Bridgehampton
(about 40 mins from Montauk)
631-537-9735
SOFO.org

Across the street from the Children's Museum in Bridgehampton, the SOFO is a family-friendly natural history museum of exploration and discovery for kids and adults. It's full of nature exhibits (with many live creatures) and sits adjacent to the six-mile trail system of the Long Pond Greenbelt. Great staff can help first-time visitors navigate the options and explain the many educational programs held throughout the year.

EAST HAMPTON CINEMA

30 Main St, East Hampton
(about 25 mins from Montauk)
fandango.com/regal-ua-east-
hampton-cinema-aabkg/
theater-page

The closest movie theatre to Montauk is the United Artists East Hampton Cinema with 6 screens showing first run features. We know, you're not in Montauk to watch movies...but the rainy-day thing, yeah.

THE LONG ISLAND AQUARIUM

431 East Main St. in Riverhead
(about 1.2 hours from Montauk)
631-208-9200
longislandaquarium.com

Yes, it's a seriously good aquarium with a huge shark tank, sea lion show, and countless cool ocean creatures plus a magnificent butterfly room (they land on you!), and bird room (they land on you!). Touch rays, starfish, crabs, etc. and watch 20 lb. stripers meander safely about. There's also an arcade, spider monkey exhibit, and much more. A worthy day trip from Montauk, rain or shine. Hit the nearby Tanger Outlets if that's your bag.

THE CLUBHOUSE IN E. HAMPTON

Bowling, Arcade, Sports, Food
174 Daniel's Hole Rd.
(In East Hampton, about
20 minutes from Montauk)
631-537-2695, ehclubhouse.com

Bowl a few frames, let the kids (and you) enjoy some high-end arcade games, and watch sports on massive screens while having lunch, dinner or drinks. All this under one massive, thoughtfully partitioned roof next door to the East Hampton airport. A great way to keep kids and adults occupied for a few hours, if mother nature is out of sorts.



Kid's Stuff:

AROUND TOWN

Fudge N' Stuff

Montauk is about nature...the beaches, water sports, fishing, trail walking, biking, etc. Here are a few more suggestions for the kids...

PLAYGROUNDS

Montauk has five great public playgrounds for traditional kid fun:

1. **The Montauk School**
(enter at 2nd House Rd and S. Eaton)
2. **Next to the baseball field, just off the circle** (at S. Edgemere & S. Erie)
3. **Hither Hills State Park** (west of town on Old Montauk Highway)
4. **Montauk Community Church**
(at S. Etna Ave. and S. Eta Pl.)
5. **Montauk Lighthouse**
(lower parking area, also many grill stations).

EDDIE ECKER COUNTY PARK

Aka The Dog Park

This park at the end of Navy Road

(cross the railroad tracks, then turn left) is not a formal playground but a great open park space on Fort Pond Bay for frisbee, lawn games, running wild, walking the dog, etc. There's also a fishing pier jutting deep into the bay.

MONTAUK LIBRARY

See *Rainy Day Fun*, page 42

MONTAUK PLAYHOUSE

See *Rainy Day Fun*, page 42

MONTAUK SKATE PARK

North of downtown on Essex Street.

If you've never been there, Montauk Skate Park has a lot of personality. It is a "free" place open for interpretation by all who roll over its surface. The terrain is bumpy, weathered, and rough so riders should dial in their boards to find their own personal groove. There's even a major-league backyard styled pool

for the “Gnardogs.” Ride safe and know your abilities...and limits. Open daily in spring/summer.

TENNIS

MONTAUK DOWNS TENNIS

Open to the Public

330 Fairview Ave

631-561-1678

themontaukdownstennis.com

Molly Nolan and her crew run various clinics, lessons and day camps for kids and adults through the season on the Downs’ six Har-Tru courts, which are also rentable by the hour and for private lessons.

GOTHAM TENNIS

Open to the Public

91 S. Fulton Dr. (off West Lake Dr.)

631-267-8525

gothamtennis.com.com

The popular NYC tennis academy has opened a Montauk outpost sporting six Har-Tru clay courts. They have a varied program which includes lessons, clinics, kids' day camps and more.

PUBLIC COURTS IN TOWN

631-324-2417

East Hampton Town operates two first-come, first-serve courts at the very end of **S. Erie St.** (past the soccer field). All year. No lights.

SWEET TREATS

FUDGE N’ STUFF

41 S Edgemere Street

631-668-4724

Candy, fudge, ice cream, homemade treats...seen Willy Wonka? Oh, piñatas too. 10am-10pm / 7 days in season.

JOHN’S DRIVE-IN

677 Montauk Hwy in town

631-668-5515

A Montauk institution for amazing home-made ice cream and great old-school drive-in food. Their old-fashioned ice cream truck can be booked for parties!

FRO-YO & GELATO

43S Euclid Ave, 631-668-8393

Frozen yogurt in multiple tasty flavors with a robust and elegant toppings bar will thrill the kids, and you. Also a candy shop if the yogurt is too healthy; sit outdoors or inside.

KID STUFF SHOPPING

CAPTAIN KID

484 West Lake Dr., 631-668-4319

Montauk’s go-to kid shop. This toy-packed store at Gosman’s Dock in the harbor is a great place for Montauk clothes and souvenirs, gifts (gift cards), and kids’ games, plus some great gags. For all ages.

KID FRIENDLY TRAILS

See Parks & Trails section, page 62

TRAILS AT SHADMOOR

Many easy, kid friendly trails wind throughout Montauk. Among the easiest spots for kids and less energetic adults to “hike” is at Shadmoor. Park in the free lot just east of town on the right and stroll your way down to the spectacular bluffs (about 15 mins) and check out an old pill box along the way.

THE POINT BAR & GRILL

Established 2000 (631) 668-1500

**GREAT FOOD AT GREAT PRICES!
GREAT MUSIC!**

**Steaks
Seafood
Salads
Best Burgers
Around Town!
Kids Menu**

**HAPPY HOUR
Mon. thru Fri.
4pm-7pm**

**1/2 Priced Appetizers
(Select Items Seasonal)**

1/2 Priced Drinks

Sloppy Sundays

\$4 Everything From 11...til

**Serving Dinner
from 5-10pm
Open at Noon
Lunch Daily
Bar Menu Til
Midnight**

HOME OF NY SPORTS

**18 TVs with All the Games
Yanks + Mets Guaranteed**

NFL Sunday Ticket

MLB Package ALL GAMES!

Flat Screen TV's

Fridays & Saturdays—Best Party in Town!

Montauk's Headquarters for After Wedding Parties

(631) 668-1500

697 Main St, Montauk | www.pointbarandgrill.com

Museums



The Montauk Historical Society tirelessly operates the following must-see historic landmarks in Montauk. Learn more at montaukhistoricalsociety.org.

MONTAUK POINT LIGHTHOUSE

VEWS VIEWS VIEWS! Our magnificent lighthouse provides unforgettable 360° views of Block Island Sound, the Atlantic Ocean and beyond. The Montauk Point Lighthouse is the oldest lighthouse in New York, being authorized under George Washington in 1792. Completed in 1796, it still serves as an aid to navigation. It was designated a National Historic Landmark, in recognition of the property's national significance in the history of the United States, in 2012.

LIGHTHOUSE MUSEUM & GIFT SHOP

631-668-2544

MontaukLighthouse.com

Located in the Lighthouse, the museum and the Gilmartin Galleries showcase the seafaring history of the Lighthouse, display historic documents, and offer guided tours. Open daily May 1 through Columbus Day; call for off-season times. Fees for Museum (includes access to Ocean and Surf museum): \$12 Adults, \$8 Seniors, and \$5 Children up to 12 and

at least 41" tall; Children under 41" are free, but they can't go up the tower. New York State Parking fee: \$8.

MONTAUK OCEANS INSTITUTE & SURF MUSEUM

An exploration of Montauk surfing history and culture alongside an educational primer on marine science, oceanography and physical science. Located adjacent to the lighthouse in the fog signal building. Fees for Museum (includes access to Lighthouse Museum): \$12 Adults, \$8 Seniors, and \$5 Children up to 12.

MONTAUK INDIAN MUSEUM & SECOND HOUSE MUSEUM

montaukhistoricalsociety.org

Second House, the oldest structure in Montauk, is just west of town across from the Kirk Park parking. It houses the small but fascinating Indian Museum, showcasing artifacts found in Montauk from 15,000 years of Indian habitation. Open Thursday-Sunday from 12-3pm in season. Adults \$5, children \$3.

Beaches



Amsterdam Beach looking east. Walk the trail and end up here.

PARKING is free at the Kirk Park Beach, across from the 7-Eleven, and Amsterdam Beach (limited) but a fee is charged at Hither Hills State Park and Montauk Point. Many other beaches, such as Ditch and Gin, require a parking permit, which is only available to residents and available at Town Hall Annex in the Montauk Playhouse. 631-668-5081.

DOGS ARE NOT allowed on most beaches 10am – 6pm, May 15 through September 15.

BEACH FIRES are allowed on main town beaches from 5pm – 12am but must be fully contained in a metal container.

FOUR WHEEL DRIVE permits for the main town beaches can be purchased at the Town Hall Annex in the Montauk Playhouse. 631-668-5081.

NO VEHICLES allowed on the beaches 10am – 6pm, May 15 – September 15. Other beaches around Montauk require various state or county driving permits.

AMSTERDAM BEACH

Must Hike To Access, Remote, Unspoiled, Quiet, No Facilities, Dogs Ok

Walk the trail at Amsterdam Beach State Park and be rewarded by one of the most breathtaking vistas of unspoiled shoreline on the east coast. Meander along the intermittently sandy and rocky shoreline eastward or westward and be humbled. The 50-minute round-trip wooded hike to the beach includes a tunnel of American Holly and several exotic large oaks. Bring insect repellent and water as the beach has no facilities, no lifeguards...and probably no other people. Park (free) on the south side of Rt. 27 across from Deep Hollow Ranch. <https://www.montaukstatepark.org/amsterdam-beach-preserve/>

DITCH PLAINS BEACH

Surfer Spot, Families, Can Get Crowded, Limited Permit Parking

Popular with surfers, this beach is two miles east of the village on the ocean with parking by permit only. The super long break makes surfing ideal for newbies or veteran long

ENJOYING THE BEACHES ON MONTAUK: SAFETY FIRST

Montauk is all about beaches! Get out there and explore, but keep it safe and always watch your kids in the water. The ocean beach can be rough and treacherous on certain days.

Mind the rip currents and if in doubt, stay out. Lifeguards are generally on duty at most beaches from 10am-5pm through Labor Day.

Please note lifeguard status when choosing your spots, and the orange location signs. The sound side beaches (north side of Montauk) are generally calmer.

boarders. This iconic beach has beautiful cliffs rising at its western end at Shadmoor Park, restrooms, outdoor showers, lifeguards during the summer season, and concession trailers that serve more than just snacks. Parking restricted so arrange drop offs if you must drive.

EDISON BEACH

Sandy, Walkable From Village Hotels, Close To Everything, Limited Parking

Contiguous with Kirk Park beach at the heart of the Village at the end of South Edison Street, this popular beach has a lifeguard on duty during

the summer months, restaurants, restrooms, and stores nearby. Limited public parking.

GIN BEACH

Sound Side, Calm, Families, Boat Watching, Walk To Shagwong Point, Resident Permit Parking

At the end of East Lake Drive on Block Island Sound and named for the cattle gins, or pens, that resided here for hundreds of years, Gin Beach is great for families with children, with gentle water and sandy beaches. You can watch the boats come in and out of Montauk Harbor. Parking by resident permit only so arrange drop offs if you must drive. Restrooms, outdoor showers, a concession trailer, and lifeguards during the summer season.

HITHER HILLS STATE PARK

Public Parking, Many Facilities, Sandy, Families

Four miles west of town on Old Montauk Highway. Lifeguards daily from mid June-Labor Day. Non-campers pay a \$10 parking fee. Nice playground, picnic tables, outdoor showers, restrooms, a changing area, and a general store.

KIRK PARK BEACH

Montauk's Main Town Beach; Free Parking; Wide, Sandy, Open, Families

West of town at the IGA supermarket. Park for free at Kirk Park parking lot, which contains free public restrooms (across from 7-Eleven). Lifeguards, restaurants and stores in walking distance. If only in town for a few hours, this is the beach.

BEACHES ON MONTAUK

MONTAUK POINT STATE PARK BEACH

**Public Parking, Views,
Facilities, Rocky, Hiking, Explore,
No Lifeguards**

Not a traditional “beach”. Park at the lighthouse parking lot (fee during season), walk down to the rocky shoreline and enjoy majestic views of the lighthouse, watch surfcasters on the rocks, or meander around the hills overlooking the ocean. The fit can hike the rocky shoreline in either direction and enjoy unspoiled Montauk coastline or carefully cross atop the lighthouse revetment and watch the ocean’s relentless assault on the giant boulders (note: the revetment is slated for overhaul in 2020 and may be off-limits when construction starts).

NAVY ROAD BEACH

**Sound Side, Calm, Pebbly, Kayak
Launch, Families, No Facilities,
Resident Permit Parking**

On beautiful Fort Pond Bay at the end of 2nd House Rd., over the railroad tracks. Great for launching kayaks, paddleboards, and small boats. A favorite spot for locals and families. The beach is pebbly, so take swim



Navy Beach

shoes. Parking by resident permit only. Dine waterside at Navy Beach, just down the beach. Boats and small yachts frequently moor in the bay.

THE OTHER BEACHES

Walkable, even if not parkable

Montauk, surrounded by water on three sides, has many more beaches, but most of them are not protected by lifeguards and parking is not straightforward. For those who enjoy walking the beach, there are many options, as all beaches are public up to the high tide mark. A popular walk is from the village to Ditch Plains beach, where you see the cliffs of Shadmoor on the way. At high tide parts of the beach may be impassable.



Ditch Plains

Outdoor Activities

WATERSPORTS CRUISES & WATER TOURS

Sunset cruises, educational ecotours, seal/whale watching, stargazer cruises, lunch and swim tours, charter excursions, and a host of other iterations are increasingly available in Montauk's waters and along our beautiful, unspoiled coastlines, catering to a variety of customers.



MTK CRUISES:

**SAILING, BOAT TOURS &
EXCURSIONS: 631-668-8079**

Cruisemontauk.com; harbor/lake history tours, sunset and stargazer cruises, lunch/swim tours, lake eco tours. At Gosman's Dock.

CATAMARAN MON TIKI CRUISES, CHARTER

631-668-2826, sailmontauk.com


Day & evening outings amidst beautiful fluttering sails of their fleet of Polynesian-inspired catamarans; they now have 3 different boats ranging in size from 26' to 65' for different needs. At Gurney's Montauk Yacht Club.

SAIL MONTAUK

**SAILING CHARTERS & SAILING
SCHOOL: 631-522-5183
sailmontauk.com**

Offers sunset cruises, evening sails, sailing and swimming excursions, and sailing lessons for individuals or groups, plus a junior sailing program; at Gurney's Montauk Yacht Club.

OUTDOOR ACTIVITIES **WATERSPORTS**



MON TIKI
MONTAUK'S SAILING CATAMARANS

Sailing Daily from May-October

Our spacious eco-conscious catamarans were inspired by traditional Polynesian designs. Take one of our daily scheduled trips, or book a private charter and create your own special seafaring adventure!



Buy Tickets Online: sailingmontauk.com
or call us at: (631) 668-2826
Sailing from: Gurney's Star Island - 32 Star Island Rd.

CANOEING & KAYAKING

Canoe or kayak on Fort Pond (launch at Carol Morrison Park), Fort Pond Bay, Lake Montauk, or one of Montauk's hidden ponds.

UIHLEIN'S MARINA

631-668-3799, Uihleinsmarina.com

Rents ocean kayaks and plans excursions or lessons for the more adventurous.

JET SKI, TUBING, WAKEBOARDING, & WATERSKIING

PECONIC WATER SPORTS MONTAUK

631-680-0111

Peconicwatersports.com/montauk

Offering water sports lessons, rentals and charters in Montauk. Enjoy their brand new malibu wakeboard boats to wakeboard, waterski, wakesurf and tube. At Star Island Yacht Club.

UIHLEIN'S MARINA

631-668-3799, Uihleinsmarina.com

Rent jet skis for Block Island sound under the watchful eye of their instructors. Any boat you rent can handle tubing, wakeboarding and waterskiing.



BOAT RENTALS

UIHLEIN'S MARINA

631-668-3799, Uihleinsmarina.com

Rent skiffs, bowriders, and center consoles. Their rental fleet ranges from 16ft to 31ft with all equipment for water skiing, tubing, wake boarding, and fishing.



Photo courtesy of Sail Montauk

Montauk

SUMMERTIME FUN!



BOAT RENTALS
JET SKIS
WATER SPORTS
MOTEL & MARINA

Bachelor & Bachelorette
Birthday Parties
Corporate
& More

SAMMY'S RESTAURANT



Uihlein's
Marina & Boat Rentals

444 West Lake Drive

Reserve Today! 631.668.3799

www.uihleinsmarina.com

Montauk

New York

11954

SURFING

COREY'S WAVE

516-639-4879, coreyswave.com

Professional surfing instruction for all ages and abilities, private or group, plus guided surf trips, a kids' surf academy, and stand up paddleboard rental and instruction, plus group surfing events and parties.

SURFING ON MONTAUK: DITCH ETIQUETTE

Montauk is one of the east coast's top surfing towns, with a culture celebrated by many surfer-themed restaurants and shops.

Ditch Plains is the heart and soul of the surfer community. If you surf Ditch and you are a newbie, remember Ditch etiquette — the surfing areas are 250 feet in either direction to the east and west of the bathing beach.

Surfers looking for bigger waves head to **Camp Hero**, a rock-studded patch of right breakers beneath the cliffs, and Turtle Cove, the farthest east and perhaps best Montauk break, just below the Montauk Lighthouse.

See the article on page 20 for more about Camp Hero.

STAND UP PADDLEBOARDING

SU paddleboarding is increasingly popular and great exercise, fun, and works everywhere: ocean, sound, and lakes.

COREY'S WAVE

631-639-4879, info@coreyswave.com

Rents SUPs, gives lessons, and tours.



ON LAND

GOLF



MONTAUK DOWNS STATE PARK

50 S. Fairview Ave.,

Pro shop, 631-668-1100

Reservations online at:
parks.ny.gov/golf/8/details.aspx

Montauk Downs State Park is a true sleeper; an 18-hole year-round public golf course named a Top 10 municipal course by Links Magazine in 2013. If that's not enough, add a driving range, putting green, pro shop, private lessons and clinics for adults and kids, a grill room, swimming pool, kids wading pool, and tennis. Club rentals and lockers available.

Fees: \$43 weekdays, \$48 weekends (twilight \$26/\$29); Out-of-state residents, \$86 weekdays, \$96 weekends (twilight \$52/\$58). Senior discounts available.; Driving range: \$7 per bucket.

TENNIS & PICKLEBALL

MONTAUK DOWNS TENNIS

(6 Public Har-Tru Courts)

631-377-9623

themontaukdowntennis.com

330 Fairview Ave.

Molly Nolan and her crew run various clinics, lessons, and day camps for kids and adults throughout the tennis season on the Downs' six Har-Tru courts, which are also rentable by the hour and for private lessons.

Visit online or their on-site pro shop for details.

GOTHAM TENNIS ACADEMY IN MONTAUK

(6 Private/Public Har-Tru Courts)

631-267-8525, gothamtennis.com

91 S. Fulton Drive (off West Lake Dr.)

The popular NYC tennis academy opened a Montauk outpost in 2019 sporting six Har-Tru clay hard courts. They offer a varied program that includes lessons, clinics, kids' day camps and more. Open to the public.

PUBLIC COURTS IN TOWN

(2 Public Har-Tru Courts)

631-324-2417

East Hampton Town operates two first-come, first-serve courts (also lined for pickleball) at the very end of S. Erie St. (past the soccer field). All year. No lights.

PICKLEBALL @ MONTAUK PLAYHOUSE

631-324-2417, 240 Edgemere St.

Multiple levels of play and times available. Beginners welcomed. Stop by the Playhouse (across from train station) for updated scheduling and info. All equipment provided.

CYCLING ON MONTAUK



Montauk is cycling heaven. A popular ride is to the lighthouse, about five miles from the village. En route detour to Camp Hero State Park where roads curve through secluded wooded areas near the ocean. Take a three-mile detour to Montauk Harbor on West Lake Drive, a flat route with wide shoulders.

Mountain bikers can enjoy scenic rides over thousands of acres of parkland for the best mountain biking on Long Island. A great launch point is the Hither Woods trail head at the recycling center entrance about 1.5 miles west of town on Montauk Highway. Learn more at Parks & Trails, page 62.

BICYCLING

631-668-8975

montaukcyclecompany.com

The Montauk Cycle Co. in the dock area has you covered. Rentals, sales, tours, repairs, and advice.

SKATEBOARDING

The Montauk Skate Park near the village on Essex Street, a supervised park for skateboarders, recently renovated, is open from 9am to dusk in season.

TRIATHLON

See tri-guy.com or tri-gal.com. In 1983, a local Montauk motel owner (Harborside Motel), fisherman, and surfer named Robert Aaron staged one of the first triathlons, "The Mighty Montauk," now held every June. Several others followed. The Sprint Triathlon is held in July and the internationally renowned triathlon weekend held in September: the Sprint Mighty Man on Saturday followed by the Mighty Man 1/2 distance and Mighty Man Olympic on Sunday.

PLAYGROUNDS

Five great playgrounds in Montauk: 1. The Montauk School (enter at 2nd House Rd and S. Eaton); 2. next to the baseball field (at S. Edgemere and S. Erie Ave); 3. Hither Hills State Park; 4. Montauk Community Church (at S. Etna Ave. and S. Etna Pl.); 5. Montauk Lighthouse (lower parking area, also many grill stations).

Eddie Ecker County Park (aka the Dog Park) at the end of Navy Road is not a formal playground but a great open park space on Fort Pond Bay for frisbee, lawn games, running wild, walking the dog, etc.

BEACH WALKS

Montauk is surrounded by beautiful beaches. Get out there and walk, explore and unwind.

From Town, East: Walk the beach from town eastward towards Ditch Plains for nice views of cliffs with sporadic rocky and sandy shoreline. At times reaching as far as Ditch may be tough, so pay attention to the tides.



Hither Hills Beach

From Town, West: Walk westward from town and pass through the beautiful Hither Hills beach, which can only be reached by walking or from private parking lots for neighborhood residents. See beautiful cliffside properties as you walk and wide expanses of white sand. You'll eventually hit Gurney's and their beach party setup, further still hitting Hither Hills State Park. You could

walk all the way to East Hampton and beyond if you're inclined.

See our BEACHES section for more beach info. Other great walks would begin from Amsterdam Beach, Montauk Point, and Gin Beach. For beaches that are not easily accessible or have restricted parking, remember bicycles? For the energetic, a great ride would be to Gin Beach from Town, then walk to Shagwong point along the shoreline (bring water!).

GUIDED HIKES

The East Hampton Trails Preservation Society conducts guided hikes year-round. Check out ehtps.org for details. The Concerned Citizens of Montauk, 631-238-5720, preservemontauk.org, offer outdoor activities throughout the year. Drop by their office at 6 South Elmwood Avenue for advice or maps.

BIKING TOURS

631-668-8975

Montaukcyclecompany.com.

The Montauk Cycle Company, in the dock area, offers tours around Montauk's parks and trails with rental bikes and/or a biking guide. Book in advance for any-sized group. Rentals, tours, repairs.

New!

Full Service Bike Shop

Sales • Repairs • Rentals

Fuji • SE • Tuesdays

Biking Tours Available

for small or large group (book in advance)

  [@montaukcyclecompany](https://www.instagram.com/montaukcyclecompany)



463A West Lake Drive | In the Harbor
montaukcyclecompany.com | 631-668-8975

Fishing



If you're looking for fish, you came to the right place! "Fishing Capital of the World" is proudly proclaimed as you enter Montauk Harbor. The state's largest commercial harbor, it is the home port for some of the greatest sport fishing on the east coast. Fish offshore for shark, tuna, marlin, and mahi mahi, or stay inshore for flounder, fluke, porgies, bluefish, striped bass, and blackfish. Tight lines!

PARTY-BOAT FISHING FOR FAMILIES AND GROUPS

Party or "head" boats are fun for the whole family. Experienced captains and crew provide fishing gear, advice, and know how to put you in the action. One of Montauk's best bets is:

EBB TIDE

631-668-2818

ebbtidefishing.com

at Salivar's Dock In the harbor

Captain Tom Jordan offers two half day trips daily on their 65' custom-built boat and promises super fishing for the whole family.

CHARTER BOATS FOR BIG GAME FISHING

Charter boats offer your group privacy and personal interaction with these experienced captains, who offer a range of different fishing trip options. Their reputations are about finding the fish and offering a great day on the water.

BLUE FIN IV

631-668-932, BlueFinIV.com

Captain Michael Potts, Star Island Yacht Club; 41' Custom Sportfisherman.

CRUNCH TIME SPORT FISHING CHARTERS

631-295-7626

crunchtimesportfishing.com

Captain Thomas Ritner, 35' Henriques Maine Coaster.

FISHING ON MONTAUK

ELIZABETH II CHARTERS

45 ft. Custom Charter Boat
Multi-Passenger Charters Up To 25 People
Captain Paul Bruno



Inshore • Offshore • Sunset Cruises

Montauk Marine Basin Elizabeth II Charters

516.817.1939 • ElizabethIICharters.com

ELIZABETH II CHARTERS

516-817-1939

ElizabethIICharters.com

Captain Paul Bruno,
Montauk Marine Basin,
45' Custom.

LADY GRACE V

516-768-6849

LadyGraceCharters.com

Captain Mario Melito,
Westlake Marina, 42' Custom.

MY JOYCE III

631-641-2138, MyJoyceFishing.com

Captain Ken Hejducek,
at Viking Dock, 41' Michael Fitz.

NOVEMBER RAIN CHARTERS

646-335-7315, 646-423-8806

NovemberRainCharters.com

Captain Jill Maganza,
Westlake Marina, 43" Lowell.

WEEJACK

631-252-2536, WeeJack.com

Captain Scott Wymbs, Westlake
Marina, 38' Duffy Custom.



CRUNCH TIME
MONTAUK SPORTFISHING CHARTERS

**STRIPERS
BLUEFISH
PORGY
SEA BASS
FLUKE
BLACKFISH
SHARK
TUNA**

Call Captain TJ Today
631-295-7626
CRUNCHTIMESPORTFISHING.COM

Full and Half Day Fishing
Inshore and Offshore

FISHING ON MONTAUK

SURFCASTING

Surfcasting in Montauk is epic and legendary, deservedly so. To do it successfully you'll need braided line at 30+ pound test and a nice selection of bucktails and plugs.

Always crush your barbs, bring fish in quickly, and release safely what you won't keep. Cast out by Camp Hero, the Lighthouse, and Gin Beach, plus all the south side beaches from Montauk Point to Hither Hills campground.

The top seasons for surfcasting are spring and fall, when stripers linger

off Montauk before migrating, but our big blues can be found from July through October. Permits to park after hours at Camp Hero and the Montauk Point Lighthouse Parking Lot or on the beach by the Lighthouse are sold at Montauk Downs, 631-668-5000.

Purchase Gin Beach driving permits at the park office at the end of East Lake Drive. **Note: A license (it's free!) is required to fish beaches in NY State. Acquire your Marine Fishing License at dec.ny.gov.**

MARINAS

UIHLEIN'S MARINA

631-668-3799

Family owned and operated, Uihlein's is a full-service marina, boat yard and recreation center, offering Jet Ski, boat, and slip rentals, and boat sales and service.

WESTLAKE FISHING MARINA

631-668-5600

Family owned, located just north of Star Island Road, is home to 160 slips and 17 charter boats and a restaurant.

MONTAUK INLET SEAFOOD

631-668-3419

On East Lake Drive is a working dock and NY's largest commercial fishing fleet. Also superb Inlet Seafood Restaurant and Sushi Bar.

SNUG HARBOR MOTEL & MARINA

631-668-2860

On Star Island, in a calm corner of Montauk Harbor, provides berths for

small craft and those over 45ft. They offer seasonal and transient dockage, individual electric/water/cable, WIFI, bath house with washer/dryer and nearby boat launching.

FISHING SUPPLIES

WESTLAKE MARINA AND UIHLEIN'S MARINA

631-668-5600, 631-668-3799

Carry a large selection of boat-oriented fishing supplies and tackle.

PAULIE'S TACKLE

131 S. Edgemere St.

631-668-5520

Considered the surfcasters tackle shop.

BOAT RENTAL

UIHLEIN'S MARINA

631-668-3799,

is the place if you prefer the relaxation of fishing on your own. Rent skiffs.

Lady Grace V



Families Welcome!
1-16 Person Charters Available

**Montauk's Safest, Comfortable,
 Cleanest, State-of-the-Art,
 42' Charter Vessel**

Sailing out of Westlake Marina between
 4:30AM-5:00PM. Call to book 631.842.0237



Bass · Fluke · Tuna · Shark

Capt. Mario · Lady Grace V



**516.768.6849
 631.842.0237**

ladygracecharters.com

FRESHWATER FISHING

Bass, sunfish, perch, and walleyes inhabit Montauk's ponds and lakes. Fort Pond is the largest, but others are deep in the woods, like Oyster Pond in Montauk Point State Park or Fresh Pond in Hither Hills State Park.

Fresh water fishing requires a license; ask at the NY State Park office at Montauk Downs. Fishing at Big Reed Pond in Theodore Roosevelt County Park requires a "Green Key" card, available at Montauk Downs.

NY STATE DEPT. OF ENVIRONMENTAL CONSERVATION MARINE FISHING REGULATIONS

SPECIES	MINIMUM SIZE	DAILY POSSESSION LIMITS	OPEN SEASONS
STRIPED BASS <i>Applies to Party, Charter Boats and Surfcasting</i>	no < 28" and no > 35"	1	APR. 15 - DEC. 15
WINTER FLOUNDER	12"	2	APR. 1 - MAY 30
BLACKFISH	16"	2 3	APR. 1 - APRIL 30 OCT. 11 - DEC. 9
BLUEFISH <i>(includes snappers)</i>	No Min Size for first 10 12" TL for next 5	15, no > 10 can be less than 12" TL	ALL YEAR
WEAKFISH	16" 10" filleted 12" dressed	1	ALL YEAR
ATLANTIC COD	21"	10	ALL YEAR
POLLOCK	19"	NO LIMIT	ALL YEAR
HADDOCK	18"	NO LIMIT	ALL YEAR
SUMMER FLOUNDER (FLUKE)	19"	4	MAY 4 - SEPT. 30
PORGY <i>On Party/Charter Boats</i>	9"	30 50	ALL YEAR SEP. 1 - OCT. 31
BLACK SEA BASS	15"	3 7	JUN. 23 - AUG. 31 SEP. 1 - DEC. 31

For the most up-to-date and complete list go to:
dec.ny.gov/outdoor/7894.html

EFFECTIVE MARCH 31, 2020

Parks & Trails



Montauk is surrounded by water, and trails meandering through acres of unspoiled parks. White-tailed deer, foxes, raccoons, woodchucks, squirrels, opossums, and chipmunks abound. Watch for deer while driving! Migrating birds rest in the waters off Montauk Point, while seals inhabit our shores during winter and gannets torpedo into the ocean in the fall. Trail Maps are available at the Town Hall Annex in the Montauk Playhouse.

AMSTERDAM BEACH PRESERVE

Spectacular hike to a pristine, unspoiled beach.

A 200-acre park stretching from Ranch Road at Indian Field on the east to the Montauk Association houses (seven cottages designed by McKim, Mead and White in the 1880's) to the west extends southward to the Atlantic Ocean. The natural topography, called "Montauk Moorlands," has tidal and freshwater wetlands interspersed throughout maritime shrub lands. This main trail head on Montauk Highway begins a one-mile hike to the ocean bluffs taking you through a holly arbor and across streams. The hilly trail affords peeks of ocean through the brambles and ends at the ocean beach and bluffs. This easy-to-navigate trail offers a unique reward of coastal beauty. A great hike to an unspoiled beach.

CAMP HERO STATE PARK

Great spot for biking, hiking, exploring.

This 415-acre state park is a decommissioned military base and a National Historic Site (also the home of conspiracy theories linked to the Philadelphia project). Several buildings, bunkers, batteries, and an old radar tower remain, although most are off limits to the public. Roads cross the park, along with an extensive system of trails for hiking, bicycling, horseback riding, a beach used by surfers and surfcasters, a picnic area with grills and an old maritime forest. To enter the park, bear right as you approach the lighthouse. Parking fee \$8 in season. Open daily year-round from sunrise to sunset. You can also park on Camp Hero Road (a right turn before Camp Hero along the highway) to hike Point Woods Trail, one of Montauk's most beautiful trails, taking you south of the highway to the bluffs.

CULLODEN POINT PRESERVE**Great hike through a natural habitat.**

This park is named after the HMS Culloden, a British 74-gun, 170-ft warship that sank in 1781 about 200 yards from shore, where it still rests. A well-marked trail that takes about 2 hours to loop (a mile or less to the shoreline) leads from the parking area off Flamingo Avenue to a picturesque rocky beach on Fort Pond Bay. The trailhead is next to a small plaque commemorating the shipwreck. The natural wooded area and shoreline has seen little change from the days when the Montauketts lived here in

a world of hidden ponds, specimen trees, wetlands and beautiful shoreline. Great views of the bluffs at Culloden Point.

EDDIE ECKER COUNTY PARK**Great dog spot, launch kayaks, canoes.**

Located at the end of Navy Road (cross the train tracks, turn left), the large, open park has a fishing pier, rocky beach and offers easy access to trails in Hither Woods Preserve. A good place for launching kayaks and canoes into Fort Pond Bay. Take your dogs to play. Open year round. Free parking.

STAYING SAFE: A TICK PRIMER

We all know that that Lyme Disease is transmitted through infected blood from a Blacklegged, or Deer, tick bite. Deer ticks require the presence of white-tailed deer to successfully complete their life cycle, hence the name. Ironically, ticks do not pick up the Lyme bacterium from deer but from other animals among the 300 species they bite.



Local experts at End Tick & Mosquito Control recommend spraying your property and doing a **“tick check”** anytime you have been in or near typical tick danger areas such as tall grass and leaf litter. Check for ticks under your arms, your groin and behind your ears. Afterwards, shower as soon as possible.

If an attached tick is found, it should be removed carefully and promptly by gently and slowly pulling the tick out by grasping its head with tweezers. Use of insect repellants with high levels of DEET on your skin and repellants containing **Permethrin** on your clothing will also greatly reduce the threat. If you must go into tick areas, wear long sleeves and long pants, pull socks over pant legs and tuck in your shirt.

Be aware, alert, and safe as you enjoy Montauk!

HIKING TIPS

Buy a trail map. Although major trails are marked, many divergent ones are not. Leaf cover can mask trails, causing confusion.

Also, after heavy rains some trails may be muddy or inundated.

Get a trail map from the town's website; ehamptonny.gov/DocumentCenter/View/1648/Trail-Guide-East

CAROL MORRISON PARK & FORT POND HOUSE

Launch kayaks, canoes, or picnic

Carol Morrison Park, containing Fort Pond House, is located on a four-acre site overlooking Fort Pond with a grill station, benches, and open space for play. Steps down to the pond allow for launching kayaks, etc. Carol Morrison was a well-loved conservationist and it is appropriate that this park, which narrowly escaped being sold to private developers in 2010, should be named after her. The house on the premises is available for meetings and other events by appointment through the East Hampton Recreation Department, 631-324-2417.

HITHER HILLS STATE PARK

Fish, play, hike, bike, facilities

The large beachfront park along Old Montauk Highway sits on two-and-a-half-miles of Atlantic Ocean beach and boasts 1,755 acres of parkland that stretches to Napeague Harbor. Along with hiking and nature trails, it has 168 campsites that can be

reserved through ReserveAmerica.com. Activities include ocean swimming, saltwater fishing, guided nature hikes, and children's programs. Non-campers are welcome, but must pay a \$10 daily parking fee. Open year round from sunrise to sunset, 631-668-2554.

HITHER HILLS STATE PARK COMPLEX, HITHER WOODS PRESERVE AND LEE KOPPELMAN NATURE PRESERVE

These adjacent multi-use parks, contiguous with Hither Hills State Park, contain 3,000 acres with 18 different trails covering over 40 miles of terrain stretching from the sound to the Atlantic. To access the trails north of Montauk Highway, park at either the highway overlook at Hither Woods (a large pull-off), the recycling center (1.5 miles west of the village on Montauk Highway), or at the Navy Road (Eddie Ecker Park) parking lot. Bike or hike to Fresh Pond or take a beautiful coastal walk at Rocky Point. Even though the trails are blazed with color-coded markers, hikers should take maps.

KIRK PARK

Close to town, free parking

This quaint three-acre park, just west of the village, is maintained by the Montauk Village Association. It includes Fort Pond, which is the second largest freshwater lake on Long Island, a picnic area, a pavilion on Fort Pond, and it's next to the Second House Museum (the oldest structure in Montauk) and Montauk Indian Museum.

MONTAUK MOUNTAIN**A vanishing natural element with rare plants**

Montauk Mountain Preserve contains one of the few remaining maritime grasslands in New York and supports some of the state's rarest plants. It contains three extremely rare denizens of this distinctive and disappearing habitat: bushy rockrose, Nantucket shadbush, and New England blazing star. **DO NOT TOUCH OR DISTURB** these specimens. The six-acre preserve is maintained by the Nature Conservancy. To get there, follow Second House Road north 0.7 miles to an asphalt road on the left. Park at the end of the asphalt road by the Nature Conservancy sign. The preserve is at the end of the road past the last house on the right.

MONTAUK POINT STATE PARK**Lighthouse, fishing, hiking**

This 724-acre park at the site of the Montauk Point Lighthouse offers breathtaking views of the sea, Block Island Sound, and Block Island to the northeast, and is great for bird watching year-round and seal watching in winter. Park then set off on foot to explore. Ask for a trail map at the toll booth. The park has surfcasting, five miles of marked and unmarked hiking trails, a picnic area with tables, a playground, restaurant, gift shop, and restrooms. Daily parking is \$8. The Montauk Point Lighthouse, a museum run by the Montauk Historical Society, is open daily in season. This park is contiguous with Camp Hero Park and the Sanctuary and there are several hiking trails that cross them. To

the north of Montauk Highway, look for signs for Money Pond Trail, Oyster Pond trail and the Seal Haul Out Trail, where seals can be seen on the rocks just off shore in winter. Attractions: beautiful rugged shorelines, migrating birds, hidden ponds, seals in the winter. Also see **WALKING DUNES**, page 66.

SHADMOOR STATE PARK**Easy hiking, great ocean views, WWII structures**

Located two miles east of the village on Montauk Highway, this 99-acre tract of land has a half mile of ocean frontage where tall clay cliffs plunge down to a pebble strewn beach. About 30 percent of Shadmoor is freshwater wetlands with several small ponds hidden in the thickets. Trails and dirt roads lead to the bluffs from the entrance on Montauk Highway, offering an easy walk. A passive-use park, Shadmoor was home to two WWII gun emplacement sites trained on offshore waters to deter German submarines.

MONTAUK COUNTY PARK**Hiking, views, fishing, camping**

Two entrances: one at the end of East Lake Drive just north of the airport, where the park office is located, and the other at Third House, three miles east of the village on Montauk Highway. The park's 1,126 acres feature 3.5 miles of color coded nature trails restricted for hiking (a self-guided brochure is available), five miles of bridle paths, a picnic area, freshwater fishing and canoeing at Big Reed Pond, and surfcasting on the outer beach (Gin Beach

PARKS & TRAILS **ON MONTAUK**

and Shagwong Point). Camping is permitted for up to seven days from April through November on the outer beach for vehicles with permits that are self-contained trailers. Tents are not allowed. The view of Big Reed Pond from the observation deck on the blue trail will make you understand why it's a Registered Natural Landmark.

WALKING DUNES

Self-guided dune hike, unspoiled nature

Part of Hither Hills State Park on the east side of Napeague Harbor, the Walking Dunes reach a height of 80 feet as they slowly move southeast. To get to the dunes, head west on Montauk Highway and turn right at Napeague Harbor Road and drive to

the end of the paved road. Park here and follow the path to your right until you reach the dunes. A self-guided nature trail, the three mile loop has great views of Napeague Harbor and winds atop the ridge of the North Dune, which is the most active of the three parabolic, or U-shaped dunes. This area is a natural wonder and deceptively fragile so stay on the trails.

GUIDED HIKES

The East Hampton Trails Preservation Society conducts guided hikes year-round. Check out ehtrails.org for details. The Concerned Citizens of Montauk, 631-238-5720, preservemontauk.org, offer outdoor activities throughout the year. Drop by their office at 6 South Elmwood Avenue for advice or maps.

710 Montauk Hwy | 631.668.2823

PANCAKE
Anthony's
SINCE 1952
HOUSE
MONTAUK, NY

DINER Serving
Breakfast and Late
Lunch all day long
Open for Extended Hours

NEWLY RENOVATED AND UNDER NEW MANAGEMENT

Dining Out



ANTHONY'S PANCAKE AND WAFFLE HOUSE – NEWLY RENOVATED!

710 Main Street
631-668-9705

Open daily 7am-2pm.

Breakfast, Lunch: An On Montauk top choice. Anthony's is a Montauk classic serving breakfast and lunch since 1952 with vintage charm. A great choice for families or dine solo at the bar. Reasonably priced (for Montauk!). Takeout available.

THE BACKYARD RESTAURANT AT SOLÉ EAST

90 Second House Road
631-668-9737, soleeast.com

Open late.

Breakfast, Lunch, Dinner: A spectacular hidden gem in a beautiful setting appropriate for all sets. S'mores at the fire pit, anyone? The menu features fresh catch from local fishermen and organic meats and vegetables, all creatively done. Dine in or outside in the gardens, or lounge poolside and enjoy a cocktail.



INLET SEAFOOD

Restaurant & Sushi Bar

Nightly Dinner and Sushi Specials

WATERFRONT DINING

Spectacular Sunset Views • Indoor/Outdoor Seating
Serving Lunch & Dinner Open February thru November

(631) 668-4272 • InletSeafood.com 541 East Lake Drive, Montauk, NY

BIRD ON THE ROOF

47 South Elmwood Avenue
631-668-5833

8am-1:30pm, 7 days

Breakfast, Lunch: An On Montauk breakfast favorite with style and creative twists on traditional fare. Dine inside or out. They do eggs right! Look for the seagull painted on the roof of a giant A-frame. After eating, browse through Bird's beach boutique for clothes and accessories.

EL TACO OLÉ

805 Montauk Highway
631-668-2071
thetacoole.com

Lunch, Dinner, Take Out: An On Montauk favorite, El Taco Ole is a desperately needed addition to the Montauk food scene. Hefty and tasty taco and/or burrito platters with rice and beans starting at \$9.99 include veggie, fish and meat choices. Simple, filling, and affordable. Sit in the rear grotto on cozy picnic tables or in front and people watch on main street...or beach it.

HARVEST ON FORT POND

11 South Emery Street
631-668-5574, harvestfortpond.com
Dinner from 5pm daily

Dinner: An On Montauk favorite, Harvest On Fort Pond has a well-deserved reputation as a Montauk fave, suitable for all sets. Feed the ducks and HUGE fish off the Fort Pond dock while you wait for your table...the kids love it. Dine or drink in the lovely herb and vegetable garden under the stars. Chef Jake Williams prepares Tuscan fare served in LARGE family-style portions, emphasizing local seafood and homegrown produce. The sophisticated bar is popular with well-heeled locals and sports an impressive wine and beer selection.

HOOKED MTK

34 South Etna Avenue
631-668-2111, hookedmtk.com

Lunch, Dinner, Take Out: One bite and you're...HOOKED! An On Montauk favorite. Montauk's newest coastal eatery showcasing our renowned local seafood has already earned a loyal following with its great menu and reasonable prices, featuring a raw bar with Montauk pearl oysters and clams, local steamers, grilled fish, fish

& chips, fish tacos and crab cakes, and yes...lobster rolls! Add burgers, chicken, soups, salads and sides galore. Casual and close to the beach, go take-out and hit the sand or grab a patio table.

INLET SEAFOOD RESTAURANT & SUSHI BAR

541 East Lake Drive
631-668-4272, inletseafood.com

Lunch, Dinner, Sunday Brunch: For boat lovers! A beautiful waterfront restaurant at the end of East Lake Drive with spectacular sunset views overlooking the sound. Named one of the 10 best seafood restaurants on Long Island by Newsday in 2015, Inlet is owned by six commercial fishermen from Montauk. Watch the boats cruise in and out of the Harbor while enjoying fresh seafood, sushi and lobster caught daily from local fishing boats or enjoy signature cocktails from the bar. Land lubbers be advised, their steaks, burgers, and pastas are superb.

NATURALLY GOOD FOODS & CAFÉ

779 Montauk Highway
631-668-9030
naturallygoodcafe.com

Breakfast, Lunch, Organic Groceries: Naturally Good has been serving healthy and organic foods since 1985, featuring fresh fruit and vegetable juices, smoothies, healthy salads, organic coffee/tea and vegan baked goods. Daily specials include veggie burgers, veggie stir-frys, and a variety of wraps. Try The Bruce, made with local yellow-fin tuna piled high and served on 7-grain bread. Eat outside in the private garden or inside in the shade.

R	Bird on the Roof	B
E		O
S		U
T	RESTAURANT • BEACH SHOP	T
A	<i>Serving Gourmet Breakfast All Day</i>	I
U	<i>From 8am to 1:30pm Daily</i>	Q
R	Patio Dining	U
A	Boutique open until 5pm	E
N	631-668-5833	
T		

NATURALLY GOOD SUSHI

38 South Etna Avenue
631-238-5791, naturallygoodsushi.com

Breakfast, Lunch: Made fresh to order traditional sushi and specialty rolls, creative vegan rolls, grab 'N go, organic cold brew and a variety of organic snacks and homemade treats. Daily specials include poke bowls, salads, noodle dishes and organic chicken teriyaki, all made with organic, clean ingredients. Enjoy indoor or outdoor seating in the serene private garden, or call for take out.

NAVY BEACH

16 Navy Road
631-668-6868, navybeach.com

Lunch, Dinner: Sunset anyone? This laid-back, family-friendly restaurant and bar is on a beautiful stretch of beach on Fort Pond Bay. Enjoy casual coastal cuisine with an emphasis on sustainable seafood and local produce. Signature dishes include Local Catch Ceviche, Buttermilk Fried Chicken, and the Lobster & Clam Bake. Dine inside or on the beach and watch breathtaking sunsets and boats meandering offshore. Great wedding/event spot. Open seven days in season.

ORDER ONLINE
PIZZAVILLAGEMONTAUK.COM

PIZZA VILLAGE

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Call
631-668-2232

Our 64th Year
Serving Montauk for Three Generations

Full Italian Menu
Fresh Salads
Wine & Beer
Catering
Eat-In
Take-Out
Kid Friendly
Assorted Slices
12", 14", & 16" Pies



"Voted BEST PIZZA"
700 MONTAUK HIGHWAY
pizzavillagemontauk.com

PIZZA VILLAGE

700 Montauk Highway
631-668-2232
pizzavillagemontauk.com
11:30am to late.

Lunch, Dinner, Late Night: Pizza Village, a Montauk staple, has been serving fresh, home-made pizzas and other Italian dishes in the village since 1957. Grab a slice, but don't ignore their full menu of Italian family fare such as baked ziti, veal parmigiana, spaghetti, and linguine with clam sauce. Table service or takeout. Delivery, catering available. Online ordering available!

THE POINT BAR AND GRILL

697 Montauk Highway
631-668-1500, pointbarandgrill.com
Open daily and late

Lunch, Dinner, Late Night: This iconic watering hole and eatery with big-screen TVs features casual fare including wraps, burgers, mussels, and buffalo wings along with signature dishes, such as a 16-ounce steak and fresh Montauk seafood. Sloppy Sundays \$4 everything from 11p till late with DJ Vinny K, from May thru Labor Day. See all MLB games and in the Fall enjoy NFL Sunday Ticket.

TAUK AT TRAIL'S END

63 South Euclid Avenue
631-238-5527, taukattrailsend.com

Lunch, Dinner, Late Night: Tauk At Trail's End is a must-do restaurant with a formula that suits everyone... great food with generous portions is just a start. Add happy hour every day, frequent live music and DJs, a comfortable outdoor dining grotto, convenient location in town, late-night hours, and on-site owner Michael Nasti greeting everyone to make sure they're at home in his corner of Montauk.

WESTLAKE FISH HOUSE

352 West Lake Drive
631-668-FISH (3474)
westlakefishhouse.com

Breakfast, Lunch, & Dinner: This family friendly seafood restaurant in Montauk is located at the Westlake Marina, right next to the docks. Watch fishing boats dock and unload their catch while enjoying fresh cocktails and frequent live music. The extensive menu features local seafood, fish & chips, chowder, sushi, the Westlake Burger and an impressive kid's menu.

BAKERIES & MARKETS

MONTAUK BAKE SHOPPE

29 The Plaza A
631-668-2439

montaukbakeshoppe.com

Breakfast, Lunch: A Montauk institution is the Bake Shoppe. Fresh everything in the morning displayed for easy viewing in classic bakery style. Classic bakery items mingle with specialties like rugelach, quiche, and exotic cookie creations. Homemade doughnuts, cakes and... wow, those breakfast wraps are so big and juicy you could skip lunch. Coffee, juices, refreshments also. Takeout or grab a table outside and people watch.

MONTAUK MARKET

805 Montauk Highway
631-668-2071
OPENS 5AM!

Breakfast, Lunch, Dinner, **BAKERY!** Many new vegetarian options in 2020. Montauk Market is a superb bakery and market opening at 5am serving fresh muffins, croissants, breads, bagels, flagels, cookies, bialys, pies, or full breakfasts like egg white wraps, omelets, fresh fruit salads, yogurt & granola, plus veggie juices and smoothies. Lunch includes sandwich combos and homemade salads; dinnertime features hot and cold platters, Italian specialties and Latin-American dishes. They cater and can make you a to-go beach basket.

NAVY BEACH



EST. MONTAUK NY 2010

Montauk's Favorite Beachfront Restaurant

Amazing Sunsets | Boaters Welcome

16 Navy Road, Montauk
631.668.6868
navybeach.com



MARSHALL & SONS MARKET (CIGARS!)

701 Montauk Highway
631-668-2990
marshallandsons.com

This Main Street service station has a handy convenience store with coffee and snacks, summer drinks, plus cool, imported beers and fine humidor cigars. Pop in while strolling or after filling up.



ON MONTAUK

Bookmark the Events
Calendar at OnMontauk.com
and never miss out.

ICE CREAM/SWEETS

FUDGE N' STUFF

41 S Edgemere Street

631-668-4724

10am-10pm / 7 days in season.

Candy, Fudge, Ice Cream: Seen Willy Wonka? Fudge N' Stuff is jam-packed with goodies, including 30 different kinds of fudge, an eye-popping assortment of old-fashioned penny candy, lollipops, gourmet jellybeans, hot popcorn, nuts, and chocolate-covered pretzels. Craving soft serve ice cream, sundaes, malts, hot chocolate, hot coffee, iced coffee and hot tea? No problem. Oh, piñatas too.

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COMPLETE AUTO SERVICE
REPAIRS • MAINTENANCE
TOWING • FLAT BED
ELECTRIC VEHICLE CHARGERS
CONVENIENCE STORE
BBQ TANKS • HUMIDOR
FINE CIGARS

631-668-2990
701 Montauk Highway,
Montauk
www.marshallandsons.com



BEVERAGES/CAFÉS

NEW! HAMPTON COFFEE COMPANY

732 Montauk Highway

631-668-8206

hamptoncoffeecompany.com

A Hamptons classic since 1994 opens its first store in Montauk in 2020. Super-premium estate-grown specialty coffees roasted daily by hand in small batches, plus a wide array of goodies to compliment your beverages. Enjoy the large outdoor patio or take it to go. HCC is a family run, community-focused business that provides quality jobs with benefits to locals year round.

WHITES LIQUOR AND WINE

771 Montauk Highway

631-668-2426

Whites is chocked full of wines and other spirits, including Sake, and is a Montauk classic. They'll deliver free and have great staff that know the massive inventory well.

FUDGE N' STUFF

30 Flavors of Homemade Fudge & Fresh Chocolates made daily on premises

Hot & Iced Coffee. Hot Chocolate Ice Cream Cones. Shakes. Malted. Hot Fudge Sundaes. Candy. Popcorn. Nuts. Sugar-Free Candy & Fudge. Piñatas

NEW! SOFT-SERVE ICE CREAM

Open 7 Days in Summer 10am-10pm On the Plaza. Montauk

631-668-4724



Spas & Wellness



Montauk Salt Cave

Photo by Mike Vitelli

COREY'S WAVE

516-639-4879

coreyswave.com

If you want to learn how to surf, call Kristin at Corey's Wave or reserve online. Fitness instruction for all abilities will get you started and you can learn the basics at your favorite beach or perfect your skills in more challenging waters. Stand up Paddle Board instruction is also offered...a great way to get fit.

MEETING HOUSE LANE MEDICAL PRACTICE

679 Main Street

631-668-3705

southamptonhospital.org

Located in the village next to The Point restaurant, this medical practice provides comprehensive primary medical care for all ages. Affiliated with Stony Brook Medicine. Open from 9am-5pm Mon. through Fri.

MONTAUK SALT CAVE

552 West Lake Drive

631-668-7258

montauksaltcave.com

Salt therapy, or Halotherapy, clears toxins from our lungs and nasal passageways. The saturated air in the

salt cave provides relief from many respiratory ailments, and also gives a sense of peace and serenity. The walls are built with all pink Himalayan salt rocks and the floor is covered with salt. Sessions are 45 minutes. Sit in a zero gravity chair, relax and breathe. They also offer Reiki, Sound Healing with crystal singing bowls, massages, and weekend events. A great gift shop as well. Open Thurs. through Tues. Closed Wed. Call for hours and appointments. Open all year.

SPA AT THE MONTAUK LAKE CLUB

631-668-5705 ext 109

montauklakeclub.com/spa

Robert and Maureen Jacob Bonavolta, former owners of the Montauk Wellness Center, offer services at the picturesque, serene Montauk Lake Club. From deeply relaxing treatments to clinical sessions, pre and post sports, to pain management and injuries. Ultrasonic and microcurrent skincare to expert brow styling, waxing and spray tanning. All facials and massages are personalized and performed by caring licensed professionals. Monthly specials available. By appointment in their office or home visits.



Shopping

BIRD ON THE ROOF

Restaurant, Beach Boutique

**47 S Elmwood Avenue
631-668-5833**

Bird On The Roof, a terrific combination of shop and restaurant, is a Montauk institution. Before or after breakfast or anytime at all, shop at the Bird Boutique for the latest in dresses, outfits, casual wear, jewelry, beachwear, hats, shoes, and bags. Get lost in their large selection of Montauk sweats and tees for the entire family.

HOMEPORT FAMILY OF STORES AT GOSMAN'S DOCK

Clothes, Toys, Games

**484 West Lake Drive
MyMontauk.com**

At the Gosman's shopping promenade, locally-owned "Homeport" comprises four iconic stops you'll have to hit while in Montauk. CAPTAIN KID is Montauk's premier toy store with a great selection of Lego sets, games, beach toys and kid gifts & clothing.

Next is FISH CITY, a mecca for T-shirts, sweatshirts, and souvenirs. The flagship HOMEPORT store is an iconic shop for home decor, gifts, and unique jewelry. PIER GROUP features quality, resort-style clothing for men and women. Also see SHINE.

INDY HOME MONTAUK

Furniture, Tableware, Rugs, Art

**71 South Elmwood Ave
631-668-8415
Indyhomemontauk.com**

Located a block south of Main St., this chic beachside design boutique features a curated collection of relaxed and contemporary décor. A stylish selection of furniture, pillows, linens, rugs, tableware, art, and surfboards reflect an elegant, easy, beach living lifestyle. Find accessories for every room. Design services, home accessory consultations, gift registry and customized gift bags available.

MONTAUK CYCLE COMPANY

Bikes, Gear, Tours, Rentals

**463 W Lake Drive
631-668-8975
montaukcyclecompany.com**

The go-to place in Montauk for anything biking. Aside from selling bikes such as Fuji, SE, and Tuesdays, plus loads of gear, they do repairs, rentals and will give tours.

MONTAUK SALT CAVE

Gifts, Jewelry, Clothing

**552 West Lake Drive
631-668-7258, montauksaltcave.com**

This cute, interesting shop at the entrance to the Salt Cave has salt-related products like Himalayan salt lamps in various shapes and sizes, as well as jewelry and clothing.

SHINE

Clothing, Jewelry,
Accessories

764 Montauk Highway
631-668-8178
mymontauk.com

Shine, in the prestigious Homeport family of stores, is a vital Montauk boutique for women's clothing, jewelry and accessories. They keep the selection fresh and vibrant, so stop in often for unique, fun pieces for every budget.

Westward Ho!...Shine recently expanded with a sister location on Bridgehampton Main Street.

VINTAGE PINK

Gifts, Clothing,
Jewelry

787 Montauk Highway
631-668-8200

Mind, body, spirit, and vintage jewelry abound! Their 11th season in the pink cottage. Listen to far eastern music and browse through antiques, china, vintage sterling silver jewelry, and crystal. VP carries candles, Buddhas, incense, inspirational items, Jade yoga mats, books, greeting cards, Hardtail yoga clothes, natural life T-shirts, pom pom pants and shorts, and much more. The pink building behind Montauk Clothing Co.

At Gosman's Dock

HOMEPORT
Home Decor and Gift

CAPTAIN KID
Toys

FISH CITY
Nautical Souvenirs

PIER GROUP
Clothing

On Main St
764 Montauk Hwy


HOMEPORT TOWN
Jewelry

SHINE
Womens Clothing

www.MyMontauk.com

Vintage Pink

CHARMING GIFTS • VINTAGE JEWELRY
FASHION • YOGA APPAREL
ZEN HOME & GARDEN
VEGAN LEATHER HANDBAGS



BEYOND YOGA
FREE TRADE
ALO YOGA
NATURAL LIFE
AND MORE

631.668.8200
787B MONTAUK HIGHWAY, MONTAUK
(behind montauk clothing co.)
WWW.VINTAGEPINKMONTAUK.COM
@VINTAGEPINKMONTAUK



Lodging

SOLE EAST Resort

IN THE HARBOR

Montauk Harbor, on the north, or bay side, of Montauk, has restaurants near the water or docks, upscale shopping, and is home to many of Montauk's charter, party, and commercial boats. Whale watching tours, ferries to Block Island and New London, and sunset cruises originate here.

HARBORSIDE RESORT & MOTEL

371 West Lake Drive

631-668-2511

montaukharborside.com

Twenty-seven tastefully decorated, air-conditioned rooms, studios and suites, with kitchenettes and Wi-Fi. Amenities include a pool and tennis courts. A short distance to Montauk Harbor. Open March-December.

SNUG HARBOR MOTEL & MARINA

3 Star Island Road

631-668-2860

montauksnugharbor.com

Located on the water in the Harbor, 34 units from poolside bedrooms to Harbor-side apartments, offering air conditioning, Wi-Fi, a pool, and BBQ. Snug Harbor is also a full-service marina. Pets allowed in some units. Open March-November.

UIHLEINS MOTEL

10 Wells Avenue

631-668-3799, uihleinsmarina.com

Friendly small motel with 7 units equipped with full kitchens, flat screen TV, Wi-Fi, A/C. Grounds have BBQs,

a putting green with mini golf course, play area and room to relax. Discount on boat rentals. Open all year.

IN MONTAUK VILLAGE

Main Street is just three blocks away from the ocean beach. All the hotels, motels and inns are an easy walk to many of Montauk's restaurants, shops, bars and nightlife. Many activities take place on the Village Green, within the circle, especially during the summer. One of your best bets is...

OCEAN SURF RESORT

84 South Emerson Avenue

631-668-3332, oceansurfresort.com

Right on the beach and in the village, Ocean Surf Resort's location is unassailable. Add peaceful surroundings, extraordinary scenery and superb accommodations and you've scored. A variety of rooms to choose and endless options for fun in the town and on the sand, which is right outside the door.

ON OLD MONTAUK HIGHWAY AND IN NAPEAGUE

West of town the undulating Old Montauk Highway is flanked by bucolic Hither Hills and Hither Woods neighborhoods on one side (north), and wide, beautiful Atlantic Ocean beaches on the other (south). Great views and wide, sandy, uncrowded beaches abound here.

OCEAN SURF RESORT
Montauk, Long Island



- Ocean Front Efficiency Rooms
- Daily Maid Service
- Walk to Town
- Heated Pool on the Beach
- Private Balcony/Sun deck
- Free High-Speed Internet

Call (631) 668-3332
www.oceansurfresort.com

LENHART'S COTTAGES

421 Old Montauk Highway
631-668-2356

Spectacularly situated, charming cottage complex amidst undulating, manicured grounds directly across the street from the beautiful Hither Hills beach. Twelve cottages with kitchens, ocean views, A/C, and log-burning fireplaces. There is a pool, gardens and lots of lawn space. Open all year. Lenhart's has a loyal following of returning guests and pets.

WAVECREST ON THE OCEAN

170 Old Montauk Highway
631-668-2141
wavecrestonocean.com

A spectacular location right on a stretch of secluded ocean beach.

Seventy units with pool, tennis, kitchen, and A/C. Studios and suites, all with private terraces overlooking the ocean. Open April thru October.

FORT POND AREA

MONTAUK MANOR RESORT

236 Edgemere Street
631-668-4400, montaukmanor.com

Historic, grand building with a beautiful vaulted rotunda and old-world character on a 12-acre hill with views of Gardiner's Bay and Block Island Sound. One of Montauk's most storied structures. Ample parking on site with shuttle bus services. 140 studio, one, two, and three bedroom apartments with indoor and outdoor pools, tennis, kitchens, A/C, and Wi-Fi. A restaurant on premises serves guests and the public. Open all year.

SOLÉ EAST

90 Second House Road
631-668-2105; soleeast.com

Solé East is a hip spot with a stunningly beautiful courtyard containing a full-service restaurant and lounge, swimming pool and expansive lawn with mature trees and landscaping. Entertainment and weekend pool parties feature in season. 60 renovated rooms, one-bedroom suites, and 7 garden suites. Heated pool, gardens with wood-burning fire pits, Wi-Fi, IPOD docking stations. Popular for receptions and wedding parties. Pets welcome. May thru October.

Services



EAST END TICK & MOSQUITO CONTROL

East Hampton
631-324-9700, tickcontrol.com

These are the folks to call if you're worried about ticks and mosquitos. Beginning in 1997, East End Tick developed an effective, environmentally-sensitive, innovative program for tick eradication. They have partnered with Stony Brook Southampton Hospitals' Tick-Borne Disease Resource Center. Services large or small in Montauk.

INDY HOME MONTAUK

71 South Elmwood Ave.
631-668-8415
Beverly@beverlybartfeld.com
indychomemontauk.com

NYC interior designer Beverly Bartfeld, serving residences in NYC, the Hamptons and Nantucket now has a design boutique in Montauk. Beverly's style is chic, comfortable and affordable. Interior design and home accessory consultation services offer upscale design work that feels easy, unpretentious and functional.

JANE'S HOUSE CLEANING

631-668-2941 & 516-658-0682

Weekly or monthly maintenance, openings and closings. Call for a free estimate.

MARSHALL & SONS AND PRADO BROTHERS PLUMBING & HEATING

701 Montauk Highway
631-668-9169, marshallandsons.com

Marshall & Sons Fuel Oil, a full-service fuel oil delivery company

offers service in conjunction with Prado Brothers Plumbing & Heating. Marshall & Sons Service Station offers full and self-serve Shell gasoline, diesel fuel, and kerosene, as well as a convenience store. The MER Service Corp. is at your service for vehicle maintenance, repairs, indoor storage, towing and NY State Inspections.

AUTO REPAIR

See previous listing.

MONTAUK PLUMBING & HEATING LLC

213 Edgemere St, Montauk
631-668-8499, montaukplumbing.net

Montauk Plumbing and Heating is a locally owned and operated, full-service plumbing and heating service. They are available for all types of projects from commercial buildings and large scale luxury homes to maintenance of existing residences. Call now to schedule a service.

TWIN FORKS PEST CONTROL

East Hampton
631-324-9020
twinforkspestcontrol.com

Whether it flies, crawls or walks, if it bugs you, call Twin Forks Pest Control and they'll make it disappear! This family-owned firm offers a free, no-obligation whole-house pest inspection. Even if you don't have an immediate pest problem, this thorough, free inspection by their highly-trained, licensed technicians will give you peace of mind.

Beware.



Blacklegged (deer) tick

Did you know?

Most people are bitten by ticks picked up in *their own yard*. Ticks can spread serious diseases to people and pets. A *single* tick bite could put you at risk for *six* different diseases. According to scientists at Stony Brook University, "Tick-borne infections have reached epidemic proportions on LI." You can prevent illness by checking your body carefully, promptly removing any ticks found and showering soon after spending time outdoors. Ticks must make direct contact with a host (that's *you*) and feed slowly until engorged with blood.

Protect your family.

Since 1997, East End Tick & Mosquito Control has provided the most effective, year-round, tick-prevention program possible, using the most environmentally-responsible methods available. Tick and mosquito control is our *only* business, not a sideline like it is for so many others claiming to be "experts." Knowledge and experience matters. Let us help you keep your family safe. Call us today for a free estimate.

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East Hampton
631-324-9700



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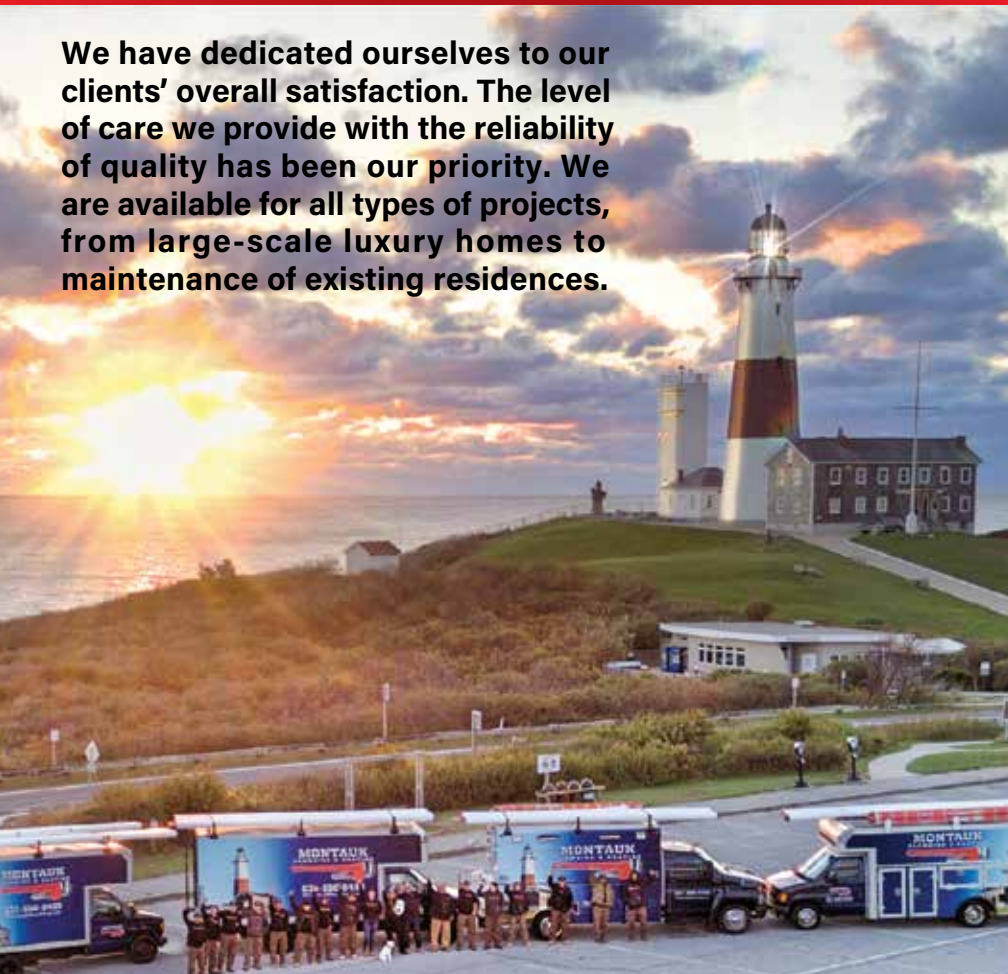
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This changes cancer care on the East End.



THE PHILLIPS FAMILY CANCER CENTER. CHANGING LIVES. SAVING LIVES. Our community has advanced, comprehensive cancer care with seamless access to leading oncologists and clinical trials at Stony Brook University Cancer Center. Right here in Southampton, cancer specialists are providing personalized cancer care in a state-of-the-art healing environment with the most advanced linear accelerator on the East End. Cancer changes everything. The Phillips Family Cancer is changing cancer care on the East End.

**The Phillips Family Cancer Center is generously underwritten by the Phillips family and Southampton Hospital Association, which supports Stony Brook Southampton Hospital in its mission to deliver healthcare services and clinical programs to the East End communities. The Phillips Family Cancer Center proudly collaborates with Fighting Chance and the Ellen Hermanson Foundation.*

The Phillips Family Cancer Center

phillipsfamilycancercenter.stonybrookmedicine.edu
740 County Road 39A, Southampton
(631) 638-7400



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