

ON MONTAUK®

Summer 2019

featured

What's your Montauk look?

p.40

Got Kids? p.46

PLUS

Pat Mundus
Montauk Film
Festival
Montauk
Observatory
Solé Restaurant
Review

THE MONTAUK MAP
19 EVENT CALENDAR

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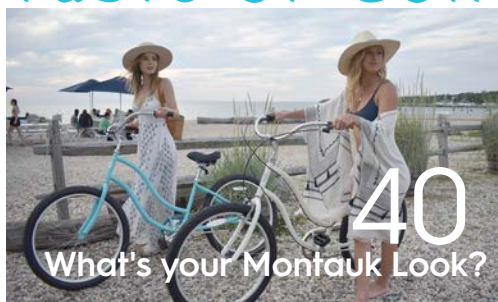
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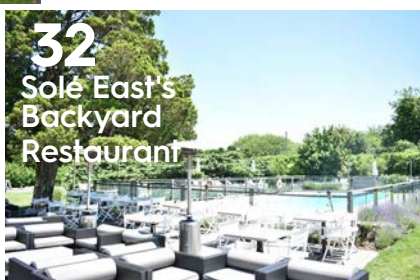
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AUGUST 9

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8:30 PM FILM

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Contributors



DEBBIE TUMA is a journalist, and a third generation native of Montauk. Her family started the charter fishing industry in the 1940's, and later started Tuma's Dock in the 1950's. Her father, Captain Bob Tuma, ran his charter boat "Dawn" for 60 years. She works at WLNG 92.1 Radio Station and writes for the Daily News, Newsday, and East End papers.



CHRISTINE MALECKI is an East Hampton local and a senior at the University of Delaware. She is working on finishing her Bachelor of Arts in English and hoping to continue on to earn a Ph.D. in creative writing. Although she loves traveling, her favorite place will always be the beaches at home.



Donna L. McCormick has worked extensively in the nonprofit sector and as a writer (e.g., she has co-authored several books on trading system development with Jeffrey Owen Katz, Ph.D.). Currently, she is Montauk Observatory's Executive Director and serves as president of Sanguis Corporation, a company developing "disruptive" biomedical technology.

DAVE DAVIS teaches preschool for the Head Start program at the Children's Museum of the East End in Bridgehampton, and is a featured columnist for the East End Beacon. His work with special-needs children and their families was the inspiration for a script about Autism titled, Everybody Knew, appearing on the award-winning TV-web series Front Seat Chronicles.



NANCY KEESHAN is a real estate broker and writer. She grew up in Montauk's Hither Hills, is a graduate of Montauk School, the Stony Brook School, and

has a BA from Boston College. Nancy has been in real estate in Montauk for over 20 years and currently is a broker for Compass Real Estate on the Plaza.



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Letter *from* the Editor



It's Montauk time!

Summer again shines On Montauk. It's a reset time for many of us. A time to take stock and get back to our base state as we finally get to enjoy those things we long for all year...enjoying the beach with the kids, dining out with long separated family and friends, picking up a little something new for yourself, making some new friends, walking a trail that has no other people on it, etc.

Montauk is a great setting for this essential annual reality check because it is reliable even amidst perpetual change. Many of you reading this have grown up coming to Montauk or even in it, others have discovered it more recently and have made it an essential element of

your life. That reliability will endure as your kids, friends, and relatives grow to embrace our vast preserves, beautiful beaches, endless trails, and minimal development. All those important things endure, thanks to hard working people today and over the decades that have defended our hamlet against forces that have swamped others.

Some good changes around the edges greet us this summer, though, including a handful of great shopping spots, such as the much-needed Montauk Cycle Company in the harbor area, and El Taco Olé on main street, offering great food at reasonable prices. Oh, and have you noticed a strip of power lines have been buried along Old Montauk Highway in the Hither Hills neighborhood? "Burying the lines means more reliable power and makes our coast look the way mother nature was intended," a resident says with conviction. We like the sound of that...

So get out there and embrace your Montauk. Summer goes fast. And in case you haven't figured it out yet, autumn is heaven in Montauk. Hint hint.

Carter Randolph Tyler

Summer 2019



On the Cover

Ohh summer is here...waiting for their table at Navy Beach Restaurant on a languorous Saturday night, Michelle Prisciotta (left) and Brigid Kirkpatrick sport their Montauk looks after a shopping spree at Nibi MTK. Those stylish "Tuesday" bicycles are available to rent or buy from Chris Briand's newly opened Montauk Cycle Company in the Harbor area. What's your Montauk look? Need some help? See p.40. Photo by Carter Randolph Tyler.



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CIRCLE BURGER

(631) 238-5510;
99 S. Edgemere on the Circle

This new eatery on the circle replaces Salt Box with hearty burger options for \$18 (Montauk Monster Burger anyone?), a bevy of appetizers (Montauk Street Corn perhaps?), seafood options like little neck clams, and enough salad and veggie options for all in your party to be happy. We've not tried it yet but have high hopes.

ROUND SWAMP FARM

roundswampfarm.com/montauk
71 S. Elmwood Ave.

This new edition to the gourmet food map in Montauk is a well-known name in foodie and farm-to-table circles in the Hamptons. Round Swamp Farm's reputation precedes it. Baked goods, cheeses, gourmet groceries and everything else you'd expect at a real country market where locals take healthy, delicious food for granted.

NATURALLY GOOD SUSHI

naturallygoodsushi.com
(631) 238-5791; 38 S Etna Ave.

Naturally Good Foods & Cafe is a Montauk staple (with a very loyal following) for healthy, delicious organic food so we're excited about the opening of Naturally Good Sushi on S Etna, next to Hooked. Creative veggie sushi options alongside the freshest fish, plus organic cold brew coffee, dessert treats, soups and salads. All naturally good.

MARRAM

marrammontauk.com
(631) 668-2050; 21 Oceanview Terrace

The famed Atlantic Terrace is reborn as Marram under the ownership of hospitality company Bridgeton, taking the new name from the wild grass that grows on the sand dunes surrounding the beautiful property. The redesigned space remains true to Montauk's natural, untouched landscape and will be chill. We think they'll get it right.

PULCINELLA EAST

pulcinellaeast.com
(631) 668-8441; 51 Edgemere St.

Pulcinella East is fine sit-down Italian dining in the beautiful space that previously housed East by Northeast. This new spot on the Montauk food map is an outpost of Pulcinella Neapolitan Pizzeria & Restaurant in Massapequa, brought forth by partners Carlos and Ciro, the latter hailing from Naples, Italy. They'll do events. We hear good things...

COFFEE AND FLOWERS

coffeeandflowersmtk.com
696 Montauk Hwy;
hello@coffeeandflowersmtk.com

NYC-based plant and floral design company, Popup Florist, in collaboration with West Village coffee shop, The Elk, has a new summer pop-up called Coffee and Flowers, where you can pick up, yes, coffee and flowers (oh and cute hats, candles, bags, etc.) on your way to or from the beach. Nestled with Cynthia Rowley in town.



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AND BEYOND



RRROLL 'EM! MONTAUK FILM FESTIVAL LAUNCHES IN 2019

BY DAVE DAVIS

The Montauk Film Festival kicks off in 2019 themed with athleticism, sustainability, and conservation. The visionaries behind the event carry on our hamlet's deep pioneering ethos. This is cinema with a purpose.

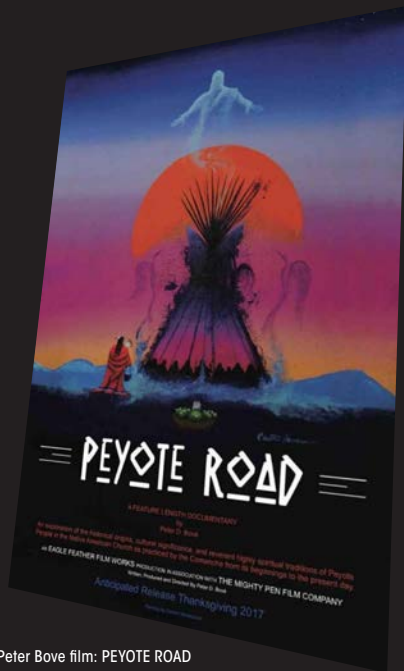
For well over a hundred years, Montauk has seen its share of visionaries come to town, fall in love with the place, and eventually settle in for the long haul. Maybe it started with the entrepreneur and real estate magnate Carl Fisher, who in the mid-1920s envisioned converting Montauk's 10,000 acres of farm pasture and dunes into a thriving resort, dubbing it the "Miami Beach of the North." Or possibly with the legions of fishermen and women -- names like Tuma, Darenberg, Gosman, Duryea, Uihlein, Mundus, and Forsberg to name just a handful -- who saw the upside far outweigh the risks when establishing their fishing-related enterprises.

Then it should come as no surprise (mind you, in less than a year's time to prepare) that a talented crew of motivated individuals, led by founder Jason Ferrante, might go "maverick" on us by launching the 1st Annual Montauk Film Festival (MFF) this summer, despite the fact that the only movie theatre in town closed its doors some 5 years ago after nearly a four decades-long run. Minor detail, right?

Ferrante's team has secured three screening sites for the festival that runs from Thursday, July 25th through Sunday, the 28th. As one who grew up in a small town with a drive-in movie theatre 30 miles north of Manhattan, I love that there will be screenings



Pat Lane and Bartholomew Schwarz



Peter Bove film: PEYOTE ROAD



Amy Martin, Jason Ferrante and Jordan Bromley



Peter Bove, Bartholomew Schwarz and Pat Lane

under the stars taking place nightly at Third House, located on the grounds of Theodore Roosevelt County Park. Additionally, both the Montauk Library and Montauk Public School will host daytime screenings.

What will truly distinguish this festival from more traditional cinematic competitions is its primary purpose: "To inspire awareness about our environment through themes of athleticism, sustainability, and conservation," as its website states. Furthermore, Ferrante posits the following proposition: "What if the MFF could be a way to change fixed minds that don't see a problem, don't believe in the problem, or don't know what they can do to make a difference? What if we could inspire filmmakers to make films incorporating themes about conservation into their plots and award and promote others that are already doing so?"

The roster of films will include both shorts and full-length features, broken down into 4 major categories: Environmental, Social/Cultural Documentary, U.S. Dramatic, and Surf & Skate. Prizes of \$250 and \$500 will be awarded to the best short and feature, respectively, for each of the groupings.

In a recent conversation I had with Jason's sister, Amy Ferrante-Martin, Head of Marketing & Partnerships for the registered 501c3 non-profit, it was quite evident the role that Mother Nature would need to play in each of the entries submitted for acceptance into the festival. "Montauk," she stated, "has been such a vital part of our family's

life for decades. Jason is incredibly passionate about bringing attention to the way we treat our surroundings and what better way to do that than through film."

A prime example of this can be seen in the work created by videographer and Montauk resident, Bartholomew Schwarz. Many of his films over the years fall under the category of "shorts," running in the range of 1-15 minutes, some of which he's paired beautifully with tunes from local musicians. The way Schwarz captures the symbiotic relationship between his subjects and the environment is truly mesmerizing.

In addition to the festival in July, the MFF has set some ambitious goals for the year ahead by offering classes and film labs at Third House for those interested in direction, script writing, film production and fundraising.

If you wish to submit a film, purchase tickets for screenings, or seek more detailed information, check montaukfilmfestival.org. (M)



DEAD LAST: Filmed and edited by Bartholomew Schwarz. Main Skaters (l to r): Tohmi Shirokawa, Bartholomew Schwarz, Pat Lane and Lenny Giannintoni. Photo courtesy of Schwarz

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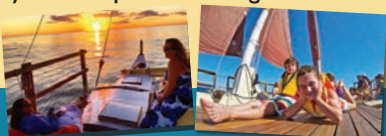
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the events calendar

● Education
 ● Fitness
 ● Food
 ● Kids
 ● Recreation
 ● Screenings



Camp SoulGrow on Wednesdays

MON

● Hatha Yoga with Tsuyumi at the Montauk Library

● Tai Chi with Susan at the Montauk Library

MON, WED & FRI

● Stay Fit with Tsuyumi at the Montauk Library

TUES

● Mahjong at the Montauk Library

● Tech Tuesdays at the Montauk Library

WED

● Camp Soulgrow at the Surf Lodge

● Evening screenings on the lawn at the Montauk Lake Club - members and guests only

THURS

● Montauk's Farmers Market On the Green until 8/29 then Fridays 9/6-9/20

FRI

● Chair Yoga with Tsuyumi at the Montauk Library

● Country Line Dancing for Beginners with Joel at the Montauk Library

THIS IS A PARTIAL LIST. FULL DETAILS AND OTHER LISTINGS AT ONMONTAUK.COM

Before visiting any attraction or business listed, please call ahead to confirm hours of operation, admission prices, or any other information you may need to plan your activities.

FRI - JULY 12

- **FISHING** 3 Day - Montauk Mercury Grand Slam Fishing Tournament at Uihlein's Marina 7/12-7/14
- **KIDS** Family Tech Night at the Montauk Library
- **LIVE MUSIC** Afro Funk Fridays at Montauk Beach House
- **LIVE MUSIC** Brothers Jerome at Westlake Fish House
- **LIVE MUSIC** Late Night DJ Kevbo at Tauk at Trails End
- **LIVE MUSIC** Little Head Thinks at Clam and Chowder House at Salivar's
- **LIVE MUSIC** Nicolls Road at Swallow East
- **LIVE MUSIC** Wild Belle at The Surf Lodge

SAT - JULY 13

- **BENEFIT / SPORTS** Celebrating Women Making Waves at The Surf Lodge hosted by Surfrider Foundation
- **BENEFIT / SPORTS** Rell Sunn 21st Annual Benefit Surf Contest and Raffle and Art Auction at Ditch
- **KIDS** Afternoon Movie: The Lego Movie The Second Part at the Montauk Library
- **LIVE MUSIC** Carrie & the Cats at Westlake Fish House
- **LIVE MUSIC** Late Night DJ Kevbo at Tauk at Trails End
- **LIVE MUSIC** Kate Usher & The Sturdy Souls at Tauk at Trails End
- **LIVE MUSIC** Lynn Blue Band at The Montauket
- **LIVE MUSIC** Party at Swallow East
- **LIVE MUSIC** The 3 B's at Clam and Chowder House at Salivar's
- **RECREATION** Pool Party at Montauk Beach House

SUN - JULY 14

- **LIVE MUSIC** BR (Brooklyn Roots) at Swallow East
- **LIVE MUSIC** Late Night DJ Chile at Tauk at Trails End
- **LIVE MUSIC** Sloppy Sundays 11P till late with DJ Vinny K at The Point Bar and Grill
- **LIVE MUSIC** The Montauk Lifeguards at Westlake Fish House
- **RECREATION** Pool Party at Montauk Beach House

MON - JULY 15

- **LIVE MUSIC** Late Night DJ Donno at Tauk at Trails End
- **LIVE MUSIC** Kate Usher & The Sturdy Souls at The Surf Lodge
- **LIVE MUSIC** KD at Westlake Fish House
- **LIVE MUSIC** Ray Red Band - Monday Night Concerts On the Green

TUES - JULY 16

- **LIVE MUSIC** Andrew Weiss Band at Tauk at Trails End
- **LIVE MUSIC** Kathleen Fee at Swallow East

WED - JULY 17

- **KIDS** Family Pool Party Cupcakes at the Montauk Library
- **KIDS** Camp Soulgrow at the Surf Lodge
- **LIVE MUSIC** Point East at Westlake Fish House
- **LIVE MUSIC** Nancy Atlas at The Surf Lodge
- **TEENS & TWEENS** Chopped for Tweens & Teens at the Montauk Library



Photo: Ken Grille

Nancy Atlas Project

THURS - JULY 18

- **FOOD** Montauk's Farmers Market On the Green
- **KIDS** Painting with Ms. Pamela at the Montauk Library
- **KIDS** Sharing Music with Lori Hubbard at the Montauk Library
- **LIVE MUSIC** Late Night DJ Fino at Tauk at Trails End
- **LIVE MUSIC** Manny from Twister Band at Tauk at Trails End
- **LIVE MUSIC** JettyKoon at Montauket
- **LIVE MUSIC** The Woodworkers at Westlake Fish House

FRI - JULY 19

- **LIVE MUSIC** Acoustic Trio at Lyunn's Hula Hut
- **LIVE MUSIC** Afro Funk Fridays at Montauk Beach House
- **LIVE MUSIC** Black Tie Brass at Swallow East
- **LIVE MUSIC** Late Night DJ Kevbo at Tauk at Trails End
- **LIVE MUSIC** Mama Juke at Westlake Fish House
- **LIVE MUSIC** Points East at Clam and Chowder House at Salivar's

SAT - JULY 20

- **KIDS** Big & Me Watercolor Painting at the Montauk Library
- **KIDS** Family Fair Fundraiser at Children's Museum of the East End
- **KIDS** Watercolor Painting at the Montauk Library
- **LIVE MUSIC** Booga Sugar at Swallow East
- **LIVE MUSIC** Carrie & the Cats at Tauk at Trails End
- **LIVE MUSIC** Late Night DJ Kevbo at Tauk at Trails End
- **LIVE MUSIC** The 3 B's at Clam and Chowder House at Salivar's
- **LIVE MUSIC** Tommy Skecky at Westlake Fish House
- **RECREATION** Pool Party at Montauk Beach House

SUN - JULY 21

- **LIVE MUSIC** Aqua Cherry at Swallow East Late Night DJ Chile at Tauk at Trails End
- **LIVE MUSIC** Kate Usher & The Sturdy Souls at George's Lighthouse
- **LIVE MUSIC** Llovelytheband at The Surf Lodge
- **LIVE MUSIC** Sloppy Sundays 11P till late with DJ Vinny K at The Point Bar and Grill
- **LIVE MUSIC** The Montauk Lifeguards at Westlake Fish House
- **RECREATION** Pool Party at Montauk Beach House
- **TRIATHLON** 24th Annual Lighthouse Sprint Triathlon & Relay

MON - JULY 22

- **LIVE MUSIC** Late Night DJ Donno at Tauk at Trails End
- **LIVE MUSIC** Grand & Thief Auto at Westlake Fish House
- **LIVE MUSIC** Kate Usher & The Sturdy Souls at The Surf Lodge
- **LIVE MUSIC** Black & Sparrow - Monday Night Concerts On the Green

TUES - JULY 23

- **KIDS** Summer Sunset Painting at the Montauk Library
- **LIVE MUSIC** Joe Delia & Theives at Tauk at Trails End
- **LIVE MUSIC** Kathleen Fee at Swallow East
- **LIVE MUSIC** Manny at Westlake Fish House

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The Depot Art Gallery:

MontaukArtistsAssociation.org
[Email: montaukart@aol.com](mailto:montaukart@aol.com)

WED - JULY 24

- **KIDS** Camp Soulgrow at the Surf Lodge
- **LIVE MUSIC** Kate Usher & The Sturdy Souls at Westlake Fish House
- **LIVE MUSIC** Nancy Atlas at The Surf Lodge
- **LIVE MUSIC** Yvette Malavet-Blum Concert at the Montauk Library
- **SCREENING** Family Matinee of Moana (PG) at the Montauk Library

THURS - JULY 25

- **EDUCATION** Camp Hero, a screenplay set in Montauk during the Cuban Missile Crisis at the Montauk Library
- **FOOD** Montauk's Farmers Market On the Green
- **KIDS** Peter & the Wolf performance by the Hampton Ballet at Montauk Playhouse Gymnasium
- **KIDS** Sharing Music with Lori Hubbard at the Montauk Library
- **LIVE MUSIC** Late Night DJ Fino at Tauk at Trails End
- **LIVE MUSIC** Manny from Twister Band at Tauk at Trails End
- **LIVE MUSIC** JettyKoon at Montauket

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- **LIVE MUSIC** The Woodworkers at Westlake Fish House
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FRI - JULY 26

- **KIDS** Family Tech Night at the Montauk Library
- **KIDS** Lego Builders Club at the Montauk Library
- **LIVE MUSIC** Afro Funk Fridays at Montauk Beach House
- **LIVE MUSIC** Brothers Jerome at Westlake Fish House
- **LIVE MUSIC** Late Night DJ Kevbo at Tauk at Trails End
- **LIVE MUSIC** Kate Usher & The Sturdy Souls at Swallow East
- **LIVE MUSIC** Little Head Thinks at Clam and Chowder House at Salivar's
- **LIVE MUSIC** Manny at Westlake Fish House

SAT - JULY 27

- **LIVE MUSIC** Late Night DJ Kevbo at Tauk at Trails End
- **LIVE MUSIC** Mazarin at Tauk at Trails End

- **LIVE MUSIC** Mean Machine at Clam and Chowder House at Salivar's
- **LIVE MUSIC** Nicolls Road at Swallow East
- **LIVE MUSIC** St Vicious DJ Set at The Surf Lodge
- **RECREATION** Pool Party at Montauk Beach House

SUN - JULY 28

● **FESTIVAL** 7th Annual Taste of Montauk on the Great Lawn of the Gurney's Montauk Yacht Club

- **KIDS** Peter & the Wolf performance by the Hampton Ballet at Southampton Cultural Center
- **LIVE MUSIC** Late Night DJ Chile at Tauk at Trails End
- **LIVE MUSIC** Lynn Blue Band at George's Lighthouse
- **LIVE MUSIC** Sloppy Sundays 11P till late with DJ Vinny K at The Point Bar and Grill
- **LIVE MUSIC** Royal Khaozr at Swallow East
- **LIVE MUSIC** The Montauk Lifeguards at Westlake Fish House
- **RECREATION** Pool Party at Montauk Beach House

MON - JULY 29

- **LIVE MUSIC** Late Night DJ Donno at Tauk at Trails End
- **LIVE MUSIC** Kate Usher & The Sturdy Souls at The Surf Lodge
- **LIVE MUSIC** Local Motion at Westlake Fish House
- **LIVE MUSIC** The 3 B's - Monday Night Concerts On the Green

TUES - JULY 30

- **KIDS** Peter & the Wolf performance by the Hampton Ballet at Children's Museum of the East End
- **LIVE MUSIC** Kathleen Fee at Swallow East
- **LIVE MUSIC** Manny at Westlake Fish House

WED - JULY 31

- **KIDS** Camp Soulgrow at the Surf Lodge
- **LIVE MUSIC** Peter Fletcher, classical guitarist at the Montauk Library
- **LIVE MUSIC** Point East at Westlake Fish House
- **LIVE MUSIC** Nancy Atlas at The Surf Lodge

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- **SCREENING** Family Matinee of Mary Poppins Returns (PG) at the Montauk Library

THURS - AUGUST 1

- **FOOD** Montauk's Farmers Market On the Green
- **KIDS** Sharing Music with Lori Hubbard at the Montauk Library
- **LIVE MUSIC** JettyKoon at Montauket The Woodworkers at Westlake Fish House

FRI - AUGUST 2

- **EDUCATION** Author Todd Strasser: Summer of '69 at the Montauk Library
- **LIVE MUSIC** Afro Funk Fridays at Montauk Beach House
- **LIVE MUSIC** Jettykoon and Band at Westlake Fish House
- **LIVE MUSIC** Jettykoon at Westlake Fish House
- **LIVE MUSIC** Late Night DJ Kevbo at Tauk at Trails End
- **LIVE MUSIC** Nicolls Road at Swallow East
- **LIVE MUSIC** Kate Usher & The Sturdy Souls at Clam and Chowder House at Salivar's

SAT - AUGUST 3

- **KIDS** Science Tellers - Aliens Escape from Earth- at the Montauk Library
- **LIVE MUSIC** Booga Sugar at Swallow East
- **LIVE MUSIC** Carrie & the Cats at Westlake Fish House
- **LIVE MUSIC** Late Night DJ Kevbo at Tauk at Trails End
- **LIVE MUSIC** Emo Night Brooklyn at Clam and Chowder House at Salivar's
- **LIVE MUSIC** Hurray For The Riff Raff at The Surf Lodge
- **RECREATION** Pool Party at Montauk Beach House

SUN - AUGUST 4

- **LIVE MUSIC** Sloppy Sundays 11P till late with DJ Vinny K at The Point Bar and Grill
- **LIVE MUSIC** Late Night DJ Chile at Tauk at Trails End
- **LIVE MUSIC** Nancy Atlas at Gosmans Dock
- **LIVE MUSIC** The Montauk Lifeguards at Westlake Fish House

- **LIVE MUSIC** Thievery Corporation at The Surf Lodge

- **RECREATION** Pool Party at Montauk Beach House

MON - AUGUST 5


- **LIVE MUSIC** Lynn Blue Band at Westlake Fish House
- **LIVE MUSIC** Late Night DJ Donno at Tauk at Trails End
- **LIVE MUSIC** The Dogwatchers - Monday Night Concerts On the Green

TUES - AUGUST 6




- **LIVE MUSIC** Kathleen Fee at Swallow East
- **LIVE MUSIC** Manny at Westlake Fish House

WED - AUGUST 7

- **KIDS** Camp Soulgrow at the Surf Lodge
- **LIVE MUSIC** Concert featuring Jordan Shapiro at the Montauk Library
- **LIVE MUSIC** Kate Usher & The Sturdy Souls at Westlake Fish House
- **LIVE MUSIC** Nancy Atlas at The Surf Lodge



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- **SCREENING** Family Matinee of Ferdinand (PG) at the Montauk Library

THURS - AUGUST 8

- **FOOD** Montauk's Farmers Market On the Green
- **KIDS** Salsa Fun at the Montauk Library
- **KIDS** Sharing Music with Lori Hubbard at the Montauk Library
- **LIVE MUSIC** JettyKoon at Montauket
- **LIVE MUSIC** The Woodworkers at Westlake Fish House

FRI - AUGUST 9

- **EDUCATION** Long Island's White Shark Research with Chris Paparo at the Montauk Library
- **KIDS** Family Tech Night at the Montauk Library
- **LIVE MUSIC** Afro Funk Fridays at Montauk Beach House
- **LIVE MUSIC** Late Night DJ Kevbo at Tauk at Trails End
- **LIVE MUSIC** Black Tie Brass at Swallow East
- **LIVE MUSIC** Little Head Thinks at Clam and Chowder House at Salivar's

SAT - AUGUST 10

- **KIDS** Pop Art with Michael Albert at the Montauk Library
- **LIVE MUSIC** Carrie & the Cats at Westlake Fish House
- **LIVE MUSIC** Daya at The Surf Lodge
- **LIVE MUSIC** Late Night DJ Kevbo at Tauk at Trails End
- **LIVE MUSIC** Party at Swallow East
- **LIVE MUSIC** The 3 B's at Clam and Chowder House at Salivar's
- **LIVE MUSIC** Late Night DJ Kevbo at Tauk at Trails End
- **RECREATION** Pool Party at Montauk Beach House

SUN - AUGUST 11

- **LIVE MUSIC** Aqua Cherry at Swallow East
- **LIVE MUSIC** Late Night DJ Chile at Tauk at Trails End
- **LIVE MUSIC** Sloppy Sundays 11P till late with DJ Vinny K at The Point Bar and Grill
- **LIVE MUSIC** The Montauk Lifeguards at Westlake Fish House
- **RECREATION** Pool Party at Montauk Beach House

MON - AUGUST 12

- **LIVE MUSIC** Local Motion at Westlake Fish House
- **LIVE MUSIC** Late Night DJ Donno at Tauk at Trails End
- **LIVE MUSIC** Gene Casey and the Lone Sharks - Monday Night Concerts On the Green

TUES - AUGUST 13

- **LIVE MUSIC** Kathleen Fee at Swallow East
- **LIVE MUSIC** Manny at Westlake Fish House

WED - AUGUST 14

- **KIDS** Camp Soulgrow at the Surf Lodge
- **LIVE MUSIC** Point East at Westlake Fish House
- **LIVE MUSIC** Nancy Atlas at The Surf Lodge
- **SCREENING** Family Matinee of Lilo and Stitch (PG) at the Montauk Library

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THURS - AUGUST 15

- **FOOD** Montauk's Farmers Market On the Green
- **KIDS** Sharing Music with Lori Hubbard at the Montauk Library
- **LIVE MUSIC** 5th Annual Music for Montauk Classical Summer Series from 8/15-8/24
- **LIVE MUSIC** JettyKoon at Montauket
- **LIVE MUSIC** The Woodworkers at Westlake Fish House
- **TEENS & TWEENS** Getting Ready to Babysit at the Montauk Library

FRI - AUGUST 16

- **LIVE MUSIC** Afro Funk Fridays at Montauk Beach House
- **LIVE MUSIC** Local Motion at Westlake Fish House
- **LIVE MUSIC** Late Night DJ Kevbo at Tauk at Trails End
- **LIVE MUSIC** Kate Usher & The Sturdy Souls at Clam and Chowder House at Salivar's

SAT - AUGUST 17

- **KIDS** Magic of Amore Out of This Universe Magic Show! at the Montauk Library
- **LIVE MUSIC** Arizona at The Surf Lodge
- **LIVE MUSIC** Kate Usher & The Sturdy Souls at Swallow East
- **LIVE MUSIC** Lynn Blue Band at The Montauket
- **LIVE MUSIC** Saved by the 90's at Clam and Chowder House at Salivar's
- **LIVE MUSIC** Tommy Skecky at Westlake Fish House
- **RECREATION** Pool Party at Montauk Beach House

SUN - AUGUST 18

- **LIVE MUSIC** BR (Brooklyn Roots) at Swallow East
- **LIVE MUSIC** Late Night DJ Chile at Tauk at Trails End
- **LIVE MUSIC** Sloppy Sundays 11P till late with DJ Vinny K at The Point Bar and Grill
- **LIVE MUSIC** The Montauk Lifeguards at Westlake Fish House
- **LIVE MUSIC** Watsonot at The Surf Lodge

- **RECREATION** Pool Party at Montauk Beach House

MON - AUGUST 19

- **LIVE MUSIC** Grand & Thief Auto at Westlake Fish House
- **LIVE MUSIC** Late Night DJ Donno at Tauk at Trails End
- **LIVE MUSIC** Sarah and the Playful Souls - Monday Night Concerts On the Green

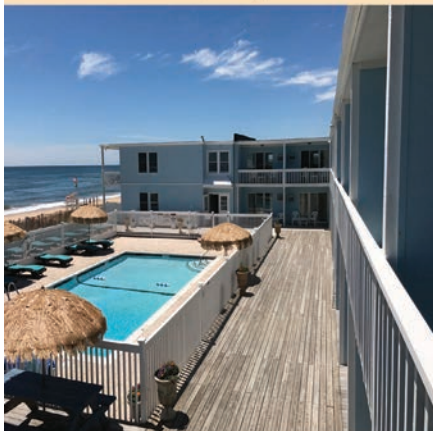
TUES - AUGUST 20

- **LIVE MUSIC** Kathleen Fee at Swallow East
- **LIVE MUSIC** Manny at Westlake Fish House

WED - AUGUST 21

- **KIDS** Camp Soulgrow at the Surf Lodge
- **LIVE MUSIC** Kate Usher & The Sturdy Souls at Westlake Fish House
- **LIVE MUSIC** Nancy Atlas at The Surf Lodge
- **SCREENING** Family Matinee of Peter Rabbit (PG) at the Montauk Library

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THURS - AUGUST 22

- **FOOD** Montauk's Farmers Market On the Green
- **LIVE MUSIC** JettyKoon at Montauket
- **LIVE MUSIC** The Woodworkers at Westlake Fish House

FRI - AUGUST 23

- **LIVE MUSIC** Acoustic Trio at Lyunn's Hula Hut Afro Funk Fridays at Montauk Beach House
- **LIVE MUSIC** Black Tie Brass at Swallow East
- **LIVE MUSIC** Late Night DJ Kevbo at Tauk at Trails End
- **LIVE MUSIC** Brothers Jerome at Westlake Fish House
- **LIVE MUSIC** The 3 B's at Clam and Chowder House at Salivar's

SAT - AUGUST 24

- **KIDS** Native American Talking Sticks at the Montauk Library
- **LIVE MUSIC** Gnarly Karma at Westlake Fish House
- **LIVE MUSIC** Hello Brooklyn at Clam and Chowder House at Salivar's
- **LIVE MUSIC** Late Night DJ Kevbo at Tauk at Trails End
- **LIVE MUSIC** Hello Brooklyn at Swallow East
- **LIVE MUSIC** RÜFÜS DU SOL (DJ SET) at The Surf Lodge
- **LIVE MUSIC** Anthem Reggae at Swallow East
- **RECREATION** Pool Party at Montauk Beach House

SUN - AUGUST 25

- **LIVE MUSIC** Sloppy Sundays 11P till late with DJ Vinny K at The Point Bar and Grill
- **LIVE MUSIC** Shallou at The Surf Lodge
- **LIVE MUSIC** Late Night DJ Chile at Tauk at Trails End
- **RECREATION** Pool Party at Montauk Beach House

MON - AUGUST 26

- **LIVE MUSIC** Local Motion at Westlake Fish House
- **LIVE MUSIC** Late Night DJ Donno at Tauk at Trails End
- **LIVE MUSIC** Joe Delia & the Thieves - Monday Night Concerts On the Green

TUES - AUGUST 27

- **LIVE MUSIC** Kathleen Fee at Swallow East
- **LIVE MUSIC** Manny at Westlake Fish House

WED - AUGUST 28

- **KIDS** Camp Soulgrow at the Surf Lodge
- **LIVE MUSIC** Point East at Westlake Fish House
- **LIVE MUSIC** Nancy Atlas at The Surf Lodge
- **SCREENING** Family Matinee of The Boss Baby (PG) at the Montauk Library

THURS - AUGUST 29

- **FOOD** Montauk's Farmers Market On the Green
- **LIVE MUSIC** JettyKoon at Montauket
- **LIVE MUSIC** The Woodworkers at Westlake Fish House

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FRI - AUGUST 30

- **KIDS** Lego Builders Club at the Montauk Library
- **LIVE MUSIC** Afro Funk Fridays at Montauk Beach House
- **LIVE MUSIC** Hello Brooklyn at Swallow East
- **LIVE MUSIC** Late Night DJ Kevbo at Tauk at Trails End
- **LIVE MUSIC** Lynn Blue Band at George's Lighthouse
- **LIVE MUSIC** Points East at Clam and Chowder House at Salivar's

SAT - AUGUST 31

- **LIVE MUSIC** Madison Beer at The Surf Lodge
- **LIVE MUSIC** Late Night DJ Kevbo at Tauk at Trails End
- **LIVE MUSIC** Mean Machine at Clam and Chowder House at Salivar's

SAT - AUGUST 31

- **RECREATION** Pool Party at Montauk Beach House

SUN - SEPTEMBER 1

- **LIVE MUSIC** Sloppy Sundays 11P till late with DJ Vinny K at The Point Bar and Grill
- **LIVE MUSIC** Sofi Tukker (DJ Set) at The Surf Lodge
- **RECREATION** Pool Party at Montauk Beach House

MON - SEPTEMBER 2

- **LIVE MUSIC** Lukas Nelson at The Surf Lodge

TUES - SEPTEMBER 3

- **LIVE MUSIC** Tumbleweed Tuesday the 3 B's - Concerts On the Green

WED - SEPTEMBER 4

- **LIVE MUSIC** Nancy Atlas at The Surf Lodge

FRI - SEPTEMBER 6

- **FOOD** Montauk's Farmers Market On the Green

SAT - SEPTEMBER 7

- **FESTIVAL** 2 Day - 8th Annual Montauk Seafood Festival 9/7-9/8
- **LIVE MUSIC** Lynn Blue Band at The Montauket

FRI - SEPTEMBER 13

- **FOOD** Montauk's Farmers Market On the Green

THURS - SEPTEMBER 19

- **BENEFIT** 12th Annual Gold Outing at Maidstone by Children's Museum of the East End

FRI - SEPTEMBER 20

- **FOOD** Montauk's Farmers Market On the Green

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THE HAMPTONS ARE FULL OF STARS... JUST LOOK UP

by Donna L. McCormick

The Montauk Observatory (MO) is one of the east end's littlest-known yet most valuable educational treasures. Their stars have beauty...and substance.

You may have seen their astronomers in parks, on beaches, or street corners using laser pointers and telescopes to show people the wonders of the night sky. Maybe you caught a lecture or attended one of their frequent events. Who are these people? They deserve an explanation.

The Montauk Observatory is a nonprofit that's been around since 2005. Their mission is to foster interest in science, particularly astronomy, by providing free, quality educational programs that they hold at other nonprofit organizations throughout the South Fork. Indeed, they have the hardware to support their mission. In 2017, the MO established the first public astronomical observatory on the South Fork, which now houses Long Island's largest telescope: a research-grade Meade 20" RCX-400.

While the original plan was to take

advantage of the dark skies and build the observatory in Montauk (hence "Montauk" Observatory), efforts to set down roots there did not work out. The Ross family heard of the group's search for a home and generously offered a spot on the campus of the Ross School in East Hampton, next to the Tennis Center. The MO now has a state-of-the-art observatory that, later in 2019, will be fully automated and accessible (for free) via the internet to students, educators, researchers and the public. Although the observatory doesn't have regular visiting hours, you can join its mailing list to receive notices about star parties and other events held there.

The MO is not endowed but operates largely thanks to the kindness of volunteers, through public support and private offerings. For a donation, astronomers will even bring telescopes to homes or businesses



for private star parties and portable planetarium shows.

This summer many events are planned to get the public involved. For instance, on July 20 -- the 50th anniversary of the Apollo 11 Moon landing -- MO and Stonybrook Southampton will host a free commemorative event from 1:00-6:00 PM at the Avram Theater in Southampton, featuring a free screening of the highly acclaimed documentary "Apollo 11" followed by a Q&A with production team member & NASA software engineer, Ben Feist. And on July 25 at 7:00 PM at the East Hampton Library, author and co-founder of Princeton University's Center for Theoretical Science, Prof. Paul Steinhardt, will talk about a new kind of matter he discovered.

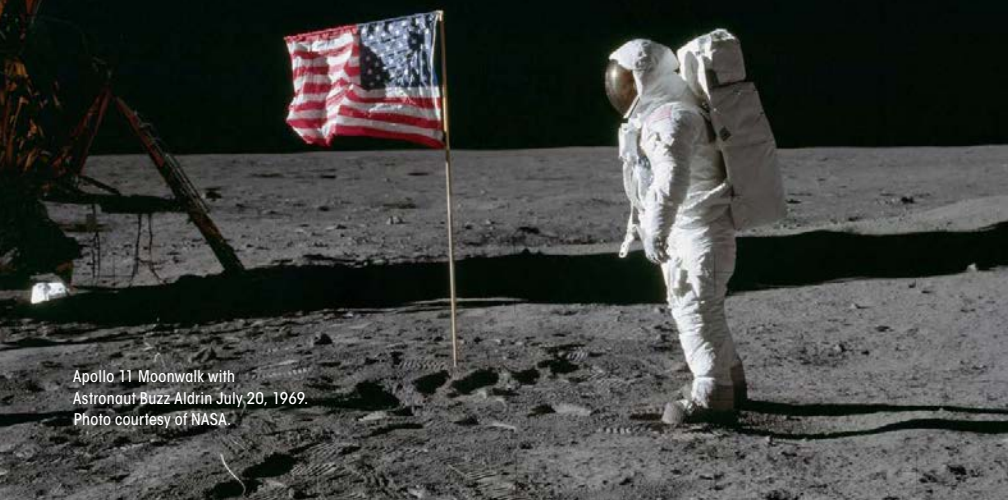


Sean Tvella - Science Chair at SCCC Ammerman,
Jay Schneiderman - Southampton Town Supervisor
and Fred Thiele - Assemblyman



Terry Bienstock, President

For more information about the MO and its programs and events, or to contribute, visit MontaukObservatory.com. To join the mailing list for event notices or for questions, email MontaukObservatory@gmail.com. ☺



Apollo 11 Moonwalk with
Astronaut Buzz Aldrin July 20, 1969.
Photo courtesy of NASA.

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Al Fresco and Culinary Bliss at Solé East's Backyard Restaurant

By Debbie Tuma

This setting is so beautiful, and the food so tasty...it would surely be overrun if not hidden behind the mature shrubbery and beautiful façade of Solé East Resort. Grab the kids or your foodie friends, as both will be pleased...and see for yourself.

I had heard that Backyard is the best pure play for food in Montauk from some perfectionista foodie friends...not mentioning the setting. I get it now.

Unlike many of Montauk's downtown or dockside restaurants, The Backyard is a world of its own: it feels like you are in someone's very private, lush garden overlooking their lovely swimming pool and expansive landscaping. You can choose to sit poolside at dinner tables, on the large patio in comfortably cushioned chairs, or inside in the bright, airy restaurant that has a fireplace and a wrap-around bar overlooking the patio.

Before sitting, my dining partner and I took a walk through the restaurant and discovered yet another, smaller private patio and then even

more outside dining amidst a sprawling setting that invoked wonderment: hammocks nestled in corners on mature trees, firepits with s'mores being passed, kids playing quietly amidst the beauty as parents unwound with cocktails and convo on cloistered lawn chairs. Wow.

We had arrived about an hour before sunset and chose to enjoy the poolside patio, picking a table under a huge tree and wild lavender that grew all around. This bucolic setting, with the fading light turning to pink, helped us unwind after a busy Friday in the office. Others were enjoying the sofas and day beds that run beyond the poolside patio. All was quiet and serene. Fourteen-year Solé East owner Dave Ceva was there with his kids, taking a break from his busy life.

Our charming waiter, Antonio, brought us some specialty cocktails...that helped us further relax. The "Hot Tawk" was a spicy, jalapeno-infused tequila, with watermelon and lime juices, and agave. The "Montauk Melon" drink was made with vodka, basil, fresh lemon, and watermelon juice, and rimmed with black lava salt.

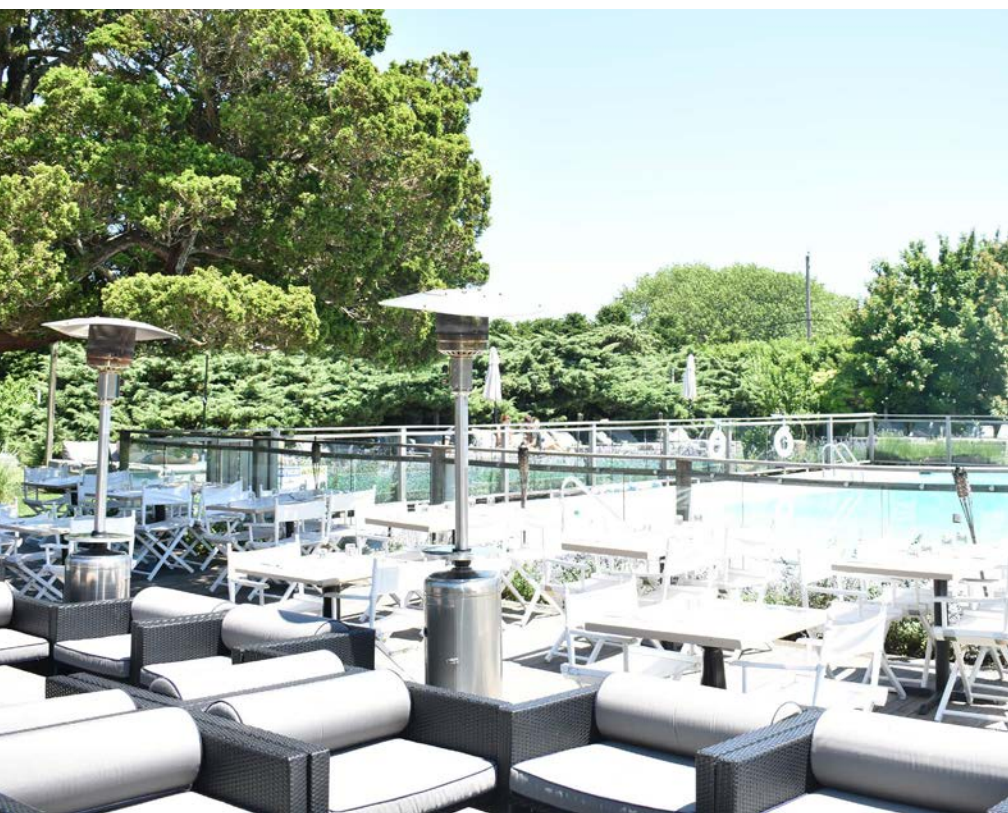
Backyard Restaurant's General Manager, Sean Kiley, joined us on the patio, explaining that everything here is farm to table, with fresh deliveries of fish, seafood and produce coming in daily. "We like our food to be fresh and simple...when it is good, it doesn't need to be fancy," he explained.

Case in point, the appetizer of Wild Tuna Tartare was deliciously fresh, mixed with cucumber and served with soy, pickled ginger, wasabi, and



(Left) Burrata. (Right) Tuna Tartare.

“ firepits with s'mores being passed,
kids playing quietly amidst the
beauty ”



taro chips. The Executive Chef, Eduardo Gomez, is creative with his combinations, such as the Grilled Portuguese Octopus, which Kiley, who has Portuguese roots, recommended. It was amazingly tender, served with gigante beans, oregano, harissa, caper berries and lemon: a beauty of a dish! And if you like rice balls, you should try their Arancini appetizer, a tasty and crunchy combination of Arborio rice, mozzarella, mushroom and panko. The blend is great! We also liked the Burrata appetizer: a dual-textured mozzarella cheese which is firm outside and has a creamy center. It was beautifully accompanied by blistered heirloom cherry tomatoes, basil, and tapenade crostini.

Antonio brought over a few entrees for us to try, including a huge chunk of perfectly cooked striped bass in a brown butter sauce with a delightful corn and quinoa succotash. Their special oven roasted chicken was unbelievably tender and juicy, served with polenta and broccoli rabe. We also loved the grilled monkfish, coated with a zesty salsa verde (cilantro) and served with grilled asparagus.

The Backyard Restaurant at Solé East also has what they call "The best Sunday brunch in Montauk," with "the best pancakes in Montauk," that are actually baked! Their "Hangover Special," of short rib hash, fried eggs, spicy avocado and tomato salsa is a local hit. Sunday brunch, 11-3, also includes live music and swimming.

Backyard Restaurant at Solé East is open daily for breakfast at 8am, lunch, and dinner, through October 31. Call 631-668-2105 or visit soleeast.com. 🍷



Grilled Portuguese Octopus

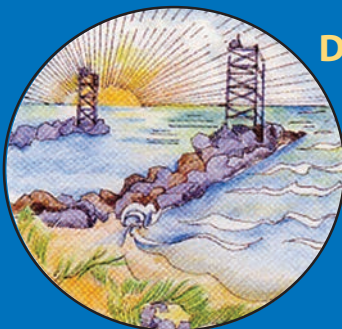
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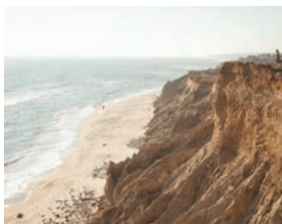


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ALWAYS A GOOD INVESTMENT

BY NANCY J. KEESHAN

While Montauk is still very much a small town, it continues to be a summer hot spot for visitors now more than ever. People have always come to Montauk to get away from it all, much as they do today, but did you know that its resort status dates back to the early 19th century? Back in the day, old timers spoke of going on and off Montauk, as if it were an island separated from the rest of the world.

Around the turn of the century, Montauk caught the attention of two remarkable real estate investors, Carl Fisher and his predecessor Arthur Benson. Benson bought Montauk in its entirety in 1879 for a mere \$151,000. And years later, in the 1920s, Fisher bought up 10,000 acres and began to develop Montauk as the “Miami beach of the North”. Both men recognized the “magic” of Montauk and dreamed of turning Montauk into a retreat for the rich and famous, but it was Fisher who really left his mark. He built a luxurious hotel, the Montauk Manor and Playhouse, polo grounds, a beach club, the Montauk Yacht Club, a golf club and among other places, his own office, the Montauk Tower, a unique seven story building that stands today in the center of village.

The Great Depression put a halt to the development of Montauk as a high end resort at that time but today, nearly a century later, the dreams of those early investors are being realized as Montauk has become a playground for the rich. Make no mistake, Montauk is still enjoyed by families and old timers, but it has truly become a high-end destination frequented by celebrities, artists, musicians, and the like. Some of the wealthiest businessmen and women in the world are making their homes here, enjoying the beautiful beaches, the exquisite sea food, surf spots and finding some peace and tranquility; all in close proximity to Manhattan.

As a real estate broker, I can say with confidence that in 2019 we are experiencing more tailwinds than headwinds in the market despite the higher interest rates.

Prices have stabilized and real estate buyers are now the millennials. They are surging into the Montauk real estate market, competing with the



Hither Hills near Adams Drive and Monroe Drive c.1950.

boomers for properties and finding amazing deals. Many of these buyers are purchasing first homes and local businesses. Others are those who have wonderful childhood memories here. My friend Tracy and her family fit that bill. They spent a few months looking for a house with me for this very reason. Her family had spent summers in Montauk in “the day” and now as adults, her brothers and sisters were now looking to buy a place together that would be big enough to accommodate everyone. It took a bit of searching but we found the perfect four bedroom house that was just a short walk to the ocean beach. They moved in last fall and they were thrilled. “Montauk is a special place for us and to be able to come back here and share it with our own kids after all these years is incredible.” Once you experience being “on Montauk”, you too will find that there’s no place on earth that compares. History has shown us that buying real estate in Montauk is a definitely a smart move. Common sense tells us that it’s an investment you and your whole family will enjoy for years to come. ☺



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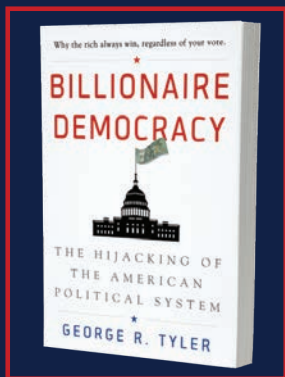
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expansive gardens, oversized pool beds with food and
drink service, beats, and laid-back vibes.

Montauk's Premiere Boutique Resort



90 Second House Rd, Montauk • 631.668.2105 www.soleeast.com

SECOND HOUSE RESTORATION

Second House is the oldest structure in Montauk, built in 1746. It is historically significant to Montauk's pastoral history when the shepherds and keeper of Second House were housed in the building and were responsible for tending the sheep to the west and the cattle to the east.

VISIT US FOR THE DETAILED REPORT

Enjoy learning more about Montauk's rich and cherished pastoral history.



MONTAUK HISTORICAL SOCIETY

WE NEED YOUR HELP - Your donations and volunteerism will help us to restore this property to its appearance in 1896 when the last keeper left Second House.

The first phase of restoration funded by East Hampton Town began in early March 2019.



www.montaukhistoricalsociety.org

NAVY BEACH



Michelle Prisciotta in front of Navy Beach Restaurant with bikes from Montauk Cycle Company and bikini and coverup picked up at NIBI.

Photo: Carter Randolph Tyler



By
Christine
Malecki



Montauk is known for its beaches, bars and beautiful views, but its also the perfect place to revamp your wardrobe. And hey, you've got to wear something to the beach and on your night out, right? Here are some boutiques that will not disappoint no matter what kind of outfit you're searching for.

What's your

NIBI

Looking to stand out in the crowd? Look no further than **Nibi Montauk**. Owned by Kristin Sheeler, Nibi is known for their laid back, yet luxurious clothing. They carry everything from unique swimwear to designer jewelry to vintage clothing, even kimonos! Shopping at Nibi will ensure you that no matter the event, no one will be wearing the same outfit as you. If you ever drift away from Montauk, fear not, there is another Nibi located in Bridgehampton.



Nibi is located at 88 South Euclid Avenue.



A white striped dress with animal print shoes perfect for a day around town.



Nibi offers jewelry, hats, bags and shoes as well.

MONTAUK look?

BLUESTONE LANE COLLECTIVE

The Bluestone Lane Pop-Up is bringing their Australian roots to Montauk for their fourth summer. At Bluestone, you can find the most popular Australian brands, such as Hansen & Gretel and The Upside, all in one place. They carry swimwear, leisure wear, ready-to-wear fashion and even accessories. Aside from the distinctive Aussie vibes, the store offers premium coffee, tea, and baked goods. Iced coffee while shopping for a new pair of fabulous sunglasses? Say no more.



Brightly colored bathing suits line the windows.



They carry luxury brands like State of Escape.



The Upside is becoming one of the most popular Australian brands for premium sportswear.



Their coffee bar carries cold brew, chai lattes, espresso, and more.

Bluestone Lane
is located at 786
Montauk Highway.



WYLD BLUE

With swings hanging from the ceiling and golden accents on the walls, **Wyld Blue** feels like a daydream vacation. Wyld Blue chooses pieces for the travelers at heart. They carry items such as vintage Chanel windbreaks, 1920's lace dresses and Dior sunglasses big enough to block out the paparazzi we wish we had. Wyld Blue is the perfect place to find an outfit to match even the greatest of adventures.



The store also sells home décor.



They carry a wide selection of jewelry.



Wyld Blue offers many designer and non-designer items.



Swings hanging throughout the store add the perfect touch of daydream.



Wyld Blue is located at 716 Montauk Highway, Level 2, Store 2.

If you haven't visited Shine yet, you're surely missing out. This local business provides up-scale, yet affordable clothing. A hot spot for all fashionistas. **Shine** caters to women of all shapes and sizes with their wide collection of apparel. As a Montauk favorite, Shine carries almost anything fashionable you may need. Gifts made by local artisans and jewelers, trendsetting hats, endless racks of apparel, and beauty products galore; Shine has it all.

SHINE



Shine carries beach ready jewelry.



Shine is located at 764 Montauk Highway.



Shine offers an array of hats and jackets.



Shine also carries popular lines like Free People.

The trend of men's jewelry is going strong now that Gurney's Montauk Yacht Club is hosting Miansai all summer. You'll find Miansai in an aluminum airstream trailer, no less. All the way from Miami, their handmade, nautical-influenced bracelets and necklaces have become staples for many celebs like Zac Efron and Miley Cyrus. Oh yes, Miansai isn't just for gents; they also carry women's accessories. Sourcing from the finest leathers and metals, Miansai is a stop you can't miss.

MIANSAI



The Nexus Chain bracelet in 14k Gold retails for \$795.



The Thread Cuff in gold retails for \$125.



Miansai can be found at Gurney's Montauk Yacht Club, 32 Star Island Rd.

DEEP BLUE VINTAGE After a brew at Montauket, swish across the parking lot to travel through the ages with Deep Blue Vintage's carefully curated collection. Some of their rare pieces include an 1890 lace jacket and a 1970 bright orange two-piece dress. Deep Blue Vintage celebrates iconic fashion moments with a light-hearted approach. Many of Deep Blue Vintage's pieces have ended up on design concept boards for some of the most well know fashion houses. For all lovers of fashion, don't skip out on this unique destination.

THE SHIPWRECK JEWELRY & TRADING CO.

The Shipwreck is the newest and hottest go-to spot for any and all jewelry needs. New to Montauk this summer, The Shipwreck offers not only a house line of jewelry made in Montauk, but other pieces that have been curated from around the world. This will be Montauk's first full service jewelry store offering custom jewelry and jewelry repairs. Open year-round, the Shipwreck will host jewelry making classes for whenever you're feeling crafty.



The Shipwreck Jewelry and Trading Co. is located at 57 Flamingo Ave.

Got kids?

This is *YOUR* section
On Montauk

Summer Camps

PATHFINDER COUNTRY DAY CAMP

The pièce de résistance of Montauk camps since 1964 provides a traditional summer day camp experience for children 4-12. Located on 5 acres bordering Fort Pond. Flexible scheduling; door-to-door bus pickup and drop-off; 631-668-2080; pathfinderdaycamp.com

DEEP HOLLOW RANCH SUMMER PONY CAMP

The iconic ranch run by the Keogh family offers a Summer Pony Camp for kids aged 7-12; Sessions run June to August; campers bring their own jeans, boots, helmets, snack and drink. Classes fill up! Did I hear someone say pony parties? 631-668-2744; deephollowranch.com

NEO-POLITICAL COWGIRLS THEATER GAMES CAMP

Kate Mueth's renowned dance, theatre and storytelling company, the Neo-Political Cowgirls, offers one day theatre games camps for boys/girls ages 8-13. Dates and locations TBD at time of printing so check the website for details; npcowgirls.org; 631-748-8307; an OM partner.

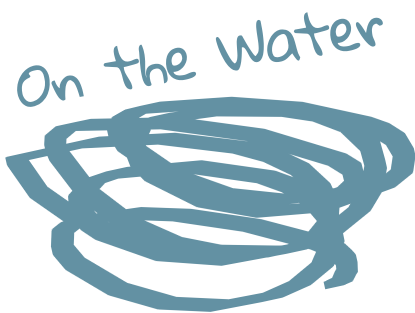
HAMPTONS BALLET THEATRE SCHOOL WEEKLY INTENSIVES

The HBTS In Bridgehampton offers weekly summer dance intensives with daily ballet classes and various other fun and exciting forms of dance; kids with dance experience age 5 and up are eligible. Intensives run by HBTS Director, staff and guest teachers; hamptonballettheatreschool.com; 631-237-4810; an OM partner.

CHILDREN'S MUSEUM OF THE EAST END (CMEE) PROGRAMS

The CMEE in Bridgehampton is a valuable East End resource for kids. They offer multifarious daily and weekly camps/programs for ages 2-9, most for the younger set (2-5). Way too many to mention, so check out the website for full details; cmee.org; 631-537-8250; an OM partner.





KID'S SURF ACADEMY @ COREYSWAVE

Semi-private 2-hour group lessons designed to get kids stoked on surfing alongside other kids with professional instructors at Ditch. Private lessons available and Spring/Fall specials for local school kids. Previous instruction preferred, but not required. Ocean safety, surf etiquette, and environmental awareness are also taught; coreyswave.com; 516-639-4879

SAIL MONTAUK SAILING CAMP

Learn sailing at Gurney's on Star Island with Sail Montauk's certified professionals; Memorial weekend basic sailing course plus two-week sessions throughout the summer; hands-on instructions learning the basics with 4-5 students per boat, then racing and games! Ages 9-16; sailmontauk.com; 631-522-5183

PECONIC WATER SPORTS MONTAUK CAMP

Wakesurfing, waterskiing, wakeboarding, and tubing are taught to kids ages 5-14 by certified professionals; at Star Island in Montauk; no experience required; 9:30-12:30 M-F, most time is spent on the boats where all equipment is included; 631-680-0111, peconicwatersports.com/montauk

KIDS WATER SPORTS CAMP

Kids learn to wakeboard, waterski, wakesurf and tube.

Ages 6 - 15
Monday - Friday
June 24 - August 30
9:30am - 12:30pm

WATER SPORTS CHARTERS

- Wakeboard, Wakeskate, Wakesurf, Waterski & Tube

\$360/hr
Montauk pick up
Includes all costs.

- Brand New Malibu Wakeboard Boats
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PECONIC WATER SPORTS MONTAUK
59 Star Island Rd., Montauk
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Also service to Sag Harbor, Shelter Island and the North Fork.

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Children's
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376 Bridgehampton/Sag Harbor Turnpike, Bridgehampton, NY

Peter & the Wolf



Performance Dates

Thursday, July 25th, 2019, 6:30 p.m.
at the Montauk Playhouse, 240 Edgemere Street
Montauk, NY

Sunday, July 28th, 2019, 6:00 p.m.
at the Southampton Cultural Center
25 Pond Lane, Southampton, NY 11968

Tuesday, July 30th, 2019, 6:00 p.m.
at the Children's Museum of the East End,
376 Sag Harbor Turnpike, Bridgehampton, NY.

Raindate: Wednesday, July 31st

Peter and the Wolf will be performed in collaboration with the Hampton Festival Orchestra and a live "celebrity" narrator.

631.237.4810 | 213 J. Butter Ln, Bridgehampton
www.hamptonballettheatreschool.com | hbts07@optonline.net

HAMPTON BALLET THEATRE SCHOOL

Rainy Day Activities

Montauk is an outdoor place. Yes. But even in the rain it's great to be here... consider the alternatives: sitting on the LIE, delayed on the tarmac, etc. If you're not inclined to beach it in the rain and the kids are stir crazy after a few Netflix offerings, get out there and check out these East End places that'll take the edge off those indoor days in paradise.

THE MONTAUK LIBRARY

The best local indoor place to take the kids for a few hours of fun. A great kid's room with books and videos for all ages plus a few computer terminals for online games. They also show movies and have a packed schedule of events for kids and adults. Check the calendar at onmontauk.com and/or the library website. montauklibrary.org; 631-668-3377; 871 Montauk Hwy

THE MONTUAK LIGHTHOUSE

If you haven't done the lighthouse yet, get on it. Make your way to the top for great views... probably still great in the rain...and check out the fascinating museum that explains the seafaring history of the lighthouse, displays historic documents, and offers guided tours. Children under 41" are free, but they can't go up the tower. Parking fee \$8 until 4:30 in season; 631-668-2544; MontaukLighthouse.com

THE MONTAUK PLAYHOUSE

The Playhouse is a historic building across from the train station that houses a large

basketball gymnasium (and several other entities) that is open to the public. They have a daily and weekly schedule of activities that includes free time. Call and/or pop in to see their schedule and shoot a few hoops. 631-324-2417; 240 Edgemere St.

Other Nearby Rainy Day Options

CHILDREN'S MUSEUM OF THE EAST END (CMEE)

The CMEE is a great place for kids ages 1-8 any time but especially on rainy days. Kids can enjoy multiple themed play areas for hours and a giant rumpus room full of soft mats and climbing structures. There's a separate soft hang-out area for pre-walkers. Multiple special programs throughout the summer, daily and weekly, plus an engaging staff make this a must-visit...even if you do wait for a rainy day. Entrance fees apply. CMEE.org; 376 Bridgehampton/Sag Harbor Tnpk in Bridgehampton; 631-537-8250 (about 45 mins from Montauk).

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Sugar-Free Candy & Fudge

Piñatas



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Open 7 Days in Summer 10am-10pm
On the Plaza, Montauk

631-668-4724



EAST HAMPTON CINEMA

The closest movie theatre to Montauk is the United Artists East Hampton Cinema with 6 screens showing first run features. We know, not in Montauk to see movies...but the rainy day thing, yeah. 30 Main St, East Hampton; moviefone.com/showtimes/east-hampton-ny/11937/theaters (about 25 mins from Montauk)

THE LONG ISLAND AQUARIUM

Yes, it's a seriously good aquarium with a huge shark tank, sea lion show, and countless cool ocean creatures plus a magnificent butterfly room (they land on you!), and bird room (they land on you!). Touch rays, starfish, crabs, etc. and watch 20 lb. stripers meander safely about. There's also an arcade, spider monkey exhibit, and much more. A worthy day trip from Montauk, rain or shine. Hit the nearby Tanger Outlets if that's your bag. 431 East Main St. in Riverhead; 631-208-9200; longislandaquarium.com (about 1.2 hours from Montauk)

THE CLUBHOUSE IN E. HAMPTON (BOWLING, ARCADE, SPORTS)

Bowl a few frames, let the kids (and you) enjoy some high-end arcade games, and watch sports on massive screens while having lunch, dinner or drinks. All this under one massive, thoughtfully partitioned roof next door to the East Hampton airport. A worthy alternative to keep the kids and adults occupied for a few hours if mother nature is out of sorts. 174 Daniel's Hole Rd. In East Hampton; ehitclubhouse.com; 631-537-2695 (about 20 mins from Montauk)

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Montauk is about nature...the beaches, water sports, fishing, trail walking, biking, etc. Here are a few more suggestions for the kids...figuring you've got the aforementioned covered...

PLAYGROUNDS

Montauk has five great public playgrounds for traditional kid fun:

1) The Montauk School (enter at 2nd House Rd and S. Eaton)

2) Next to the baseball field, just off the circle (at S. Edgemere & S. Erie)

3) Hither Hills State Park (west of town on Old Montauk Highway)

4) Montauk Community Church (at S. Etna Ave. and S. Eta Pl.)

5) Montauk Lighthouse (lower parking area, also many grill stations).

Kid Stuff Around Town

EDDIE ECKER COUNTY PARK (AKA THE DOG PARK)

This park at the end of Navy Road (cross the railroad tracks, then turn left) is not a formal playground but a great open park space on Fort Pond Bay for frisbee, lawn games, running wild, walking the dog, etc. There's also a fishing pier jutting deep into the bay.

MONTAUK LIBRARY (see Rainy Day Activities)

MONTAUK PLAYHOUSE (see Rainy Day Activities)

MONTAUK SKATE PARK

If you've never been there, Montauk Skate Park has a lot of personality. It is a "free" place open for interpretation by all who roll over its surface. The terrain is bumpy, weathered, and rough so riders should dial in their boards to find their own personal groove. There's even a major-league backyard styled pool for the "Gnardogs." Ride safe and know your abilities...and limits. North of downtown on Essex St. Open daily in spring/summer.

TENNIS

MONTAUK DOWNS TENNIS (OPEN TO PUBLIC)

Molly Nolan and her crew run various clinics, lessons, and day camps for kids and adults through the season on the Downs' six Har-Tru courts, which are also rentable by the hour and for private lessons. 631-561-1678; themontaukdowntennis.com; 330 Fairview Ave.

GOTHAM TENNIS (OPEN TO PUBLIC)

The popular NYC tennis academy has opened a Montauk outpost sporting six Har-Tru clay courts. They'll be ready to go in July 2019 with a varied program to include lessons, clinics, kids' day camps and more. Details at 631-267-8525; gothamtennis.com; 91 S. Fulton Drive (off West Lake Drive).

PUBLIC COURTS IN TOWN

East Hampton Town operates two first-come, first-serve courts at the very end of S. Erie St. (past the soccer field). All year. No lights. 631-324-2417

Look for us on East End
roads this summer -
or bring us to your
next party or event!

Contact us at
631.800.9168 or
johnsdriveinmtk@gmail.com



PUFF 'N' PUTT GOLF AND BOAT RENTALS

Mini-golf and boat rentals on Fort Pond, across from IGA in town. Putt a few the rent a boat for some calm freshwater fun. No experience needed.

WHEN SWEET TREATS ARE IN ORDER...

Fudge N'Stuff

Candy, fudge, ice cream, homemade treats...seen Willy Wonka? Oh, piñatas too. 10am-10pm / 7 days in season. 41 S Edgemere Street; 631-668-4724

John's Drive-In

A Montauk institution for amazing home-made ice cream and great old-school drive-in food. Their old-fashioned ice cream truck can be booked for parties! 677 Montauk Hwy in town; 631-668-5515

Ben & Jerry's

Ice Cream, Desserts, Coffee, the name speaks for itself. West Lake Drive in the Harbor; 631-668-9425; benjerry.com/Montauk

Fro-Yo & Gelato

Frozen yogurt In multiple tasty flavors with a robust and elegant toppings bar will thrill the kids, and you. Also a candy shop if the yogurt is too healthy; sit outdoors or inside. 43S Euclid Ave; 631-668-8393

KID STUFF SHOPPING

Captain Kid

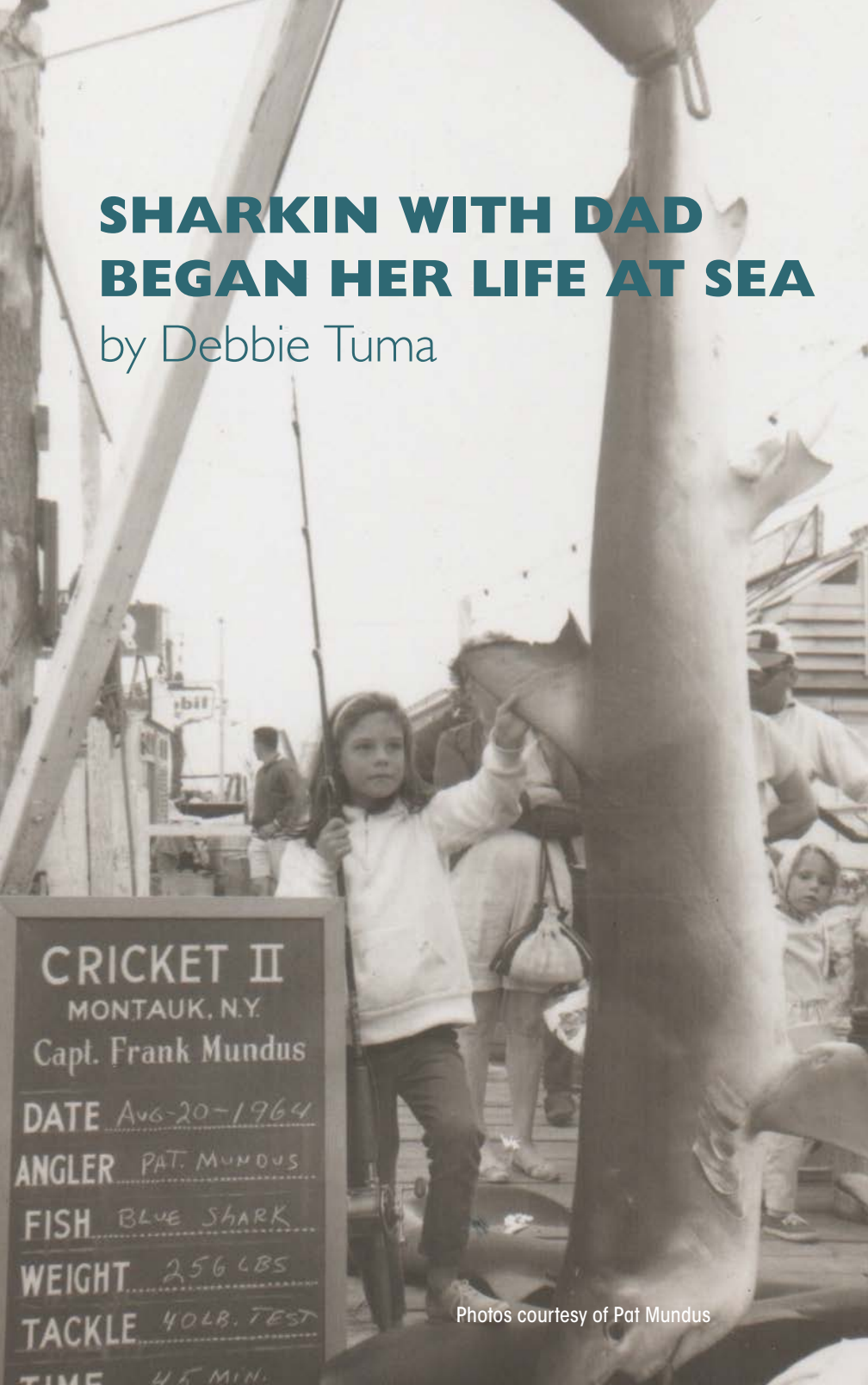
This toy-packed store at Gosman's Dock in the harbor is a great kid shop for all ages. 631-668-4319; 484 West Lake Dr.

HAHA

Haha carries higher-level games and toys for kids plus a fun-filled section for grown-ups. 6 S. Etna in town; 631-668-3174; Haha.gift

SHARKIN WITH DAD BEGAN HER LIFE AT SEA

by Debbie Tuma



CRICKET II
MONTAUK, N.Y.
Capt. Frank Mundus

DATE Aug-20-1964

ANGLER PAT. MUNDUS

FISH BLUE SHARK

WEIGHT 256 LBS

TACKLE 40LB. TEST

TIME 45 MIN.

Photos courtesy of Pat Mundus

Montauk native Pat Mundus, daughter of the famous shark hunter Frank Mundus who many say was personified as "Quint" in Peter Benchley's "Jaws", was raised on a boat and has been aboard them all her life. A Montauk story if there ever was one.

Pat, 62, was born at Southampton Hospital and raised in Montauk in the 60s. Her family lived across the street from the ocean where she and her two sisters, Barbara and Tammy, spent their days on the beach and frequently accompanied their father on his charter boat, the renowned "Cricket II."

Life took a quirky turn when Frank took author Peter Benchley shark fishing one day, as many thought he modeled his character "Quint," after Captain Mundus. Her father was, indeed, a character, wearing a shark tooth around his neck and hanging sharks from his boat so all the tourists would gawk as he pulled into the dock.

"I liked going offshore with my father...I didn't really care about fishing but loved watching the sharks with him," Pat said. As much as she loved going out with her father, Pat found that she preferred sailing to fishing. "When I told my Dad I wanted to sail, he almost kicked me out of the house, saying that sailing is for 'sea-going tourists!'"

At 17, Pat bought a plane ticket to the Caribbean and got a job working on a charter sailboat as delivery crew during the winters. In the summer she would sail back to work at Gosman's Dock Restaurant in Montauk.

Then, during the winter of 1976 in Bermuda, a man she met while having a beer changed her life. "He asked me what I was doing there. I told him I was working on a charter sailboat, complaining how they stuck me on the wheel while the male crew members did the more interesting stuff," she said. "Then this guy told me that the Maritime College in Bronx was starting to take women to train them to be officers on ships. He said I



Pat Mundus today.

"...sailing is for sea-going tourists!"



Dad and baby Pat

could get a college education and a big captain's license at the same time."

Pat heeded his advice, headed back home, and applied to NY Maritime College at Fort Schuyler in the Bronx. She enrolled in 1977 and graduated in 1981 as one of only 11 women and several hundred men. Back then, this was a new field for women, but she enjoyed all the courses she took. Upon graduation, she went to sea for 17 years, working on oil tankers all over the world as a deck officer. Her duties included supervising the crew, maintaining the ship and its equipment, watching radars, avoiding traffic, and handling cargo. "It was scary at first...there was so much to learn and a lot of responsibility, particularly since I was often the only woman on

board," she recalled.

But she loved the thrill of traveling around the world at sea, typically between two and four months at a time. She went to distant places like Singapore, Malaysia, Indonesia, and all over Europe. On her last voyage, a three-year assignment, she was aboard a 987-foot ship that drew 64 feet of water. It loaded cargo in Saudi Arabia, Yemen and Egypt, and unloaded around ports of Europe like Genoa and Trieste, Marseilles, and Rotterdam. "I went through the Panama and Suez Canals more times than I can count," she recalled. "I also sailed the U.S. East and West coasts,



Pat and Earl



Although this schedule was a bit hard on her marriage of 32 years to her late husband, Earl Vorhees, it was also fun because he would meet her in different places around the world so they could travel together.

Pat said the thing she liked the most about her job on the oil tankers was being second mate. "At heart, I'm a navigator," she said. "Before satellite technology, I loved doing celestial fixes. I shot stars every morning and evening." The job she enjoyed the least was cleaning the oil tankers, whose cargo tanks

needed to be emptied and thoroughly cleaned to eliminate explosion risks. "A tanker is basically a floating bomb," she added. Her cargo ships carried crude oil and flammable refined products like gasoline and solvents.

During her time at sea, Pat and her husband, a restoration carpenter, built a house together in the woods of East



A beautiful spread greets guest on board a charter.

Alaska, and Aruba."

Pat also had great benefits. For every day she worked, she got one paid day off...so she could work for 3 months and get 3 months of paid vacation. This enabled her to keep up her passion for sailing.

Hampton. They went to upstate New York to find hand-hewn barns, took them apart, and moved them to East Hampton where they restored them and put them back up. In 2000, they bought a 57-foot ketch and completely restored it for cruising. Called "Surprise," they sailed her all over the western

"At heart, I'm a navigator."

Caribbean, including to Guatemala, Mexico and Belize.

In 1997, Pat retired from oil tankers at 40. She enjoyed life in East Hampton for a spell before starting her own business in 2006 called "East End Charters," with their ketch. Pat and Earl moved to Greenport in 2008 and grew the business, eventually booking charters for other local boats. Today, the business comprises 12 charter sail and power boats available for all kinds of events. They range from modest power boats to rent for a few hours, to a very fine, first-class yacht, which you can even book overnight.

"We have luxury sloops, schooners, motor yachts, and more for many occasions, including girlfriend get-togethers, birthdays, retirement parties, employee appreciation parties, sunset cruises, and also weddings," said Pat. "We also go to see the fireworks, and we can even

go out to spread ashes." Some boats hold 40-50 people, and one of her boats can even hold 85 people for a sit-down dinner, such as after a wedding.

"We had one charter where a young couple booked the boat to get married on Block Island, and then they took a week-long cruise to Martha's Vineyard, Nantucket and other islands," she said. "But my own boat "Surprise" is still the favorite.

She enjoys hiring other women to work in her business and encourages women to go to sea. "I like to train young women captains," she said. "I hire them, train them, and help them get their license. I've had a great career on the water, and I would like to help other women get these opportunities." (M)

For more information on "East End Charters," of Greenport, call 631-477-6993 or visit www.eastendcharters.com



Pat transatlantic



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Montauk Museums

The Montauk Historical Society (montaukhistoricalsociety.org) tirelessly operates the following must-see historic landmarks in Montauk.

MONTAUK POINT LIGHTHOUSE

VIEWS VIEWS VIEWS! Our magnificent lighthouse provides unforgettable 360° views of Block Island Sound, the Atlantic Ocean and beyond. The Montauk Point Lighthouse is the oldest lighthouse in New York, being authorized under George Washington in 1792. Completed in 1796, it still serves as an aid to navigation. It was designated a National Historic Landmark, in recognition of the property's national significance in the history of the United States, in 2012.

LIGHTHOUSE MUSEUM AND GIFT SHOP

Located in the Lighthouse, the museum and the Gilmartin Galleries showcase the seafaring history of the Lighthouse, display historic documents, and offer guided tours. Open daily May 1 through Columbus Day; call for off-season times. Fees for Museum (includes access to Ocean and Surf museum): \$12 Adults, \$8 Seniors, and \$5 Children up to 12 and at least 41" tall; Children under 41" free, but they can't go up the tower. New York State Parking fee: \$8

631-668-2544 MontaukLighthouse.com

MONTAUK OCEANS INSTITUTE AND SURF MUSEUM

An exploration of Montauk surfing history and culture alongside an educational primer on marine science, oceanography and physical science. Located adjacent to the lighthouse in the fog signal building. Fees for Museum (includes access to Lighthouse Museum): \$11 Adults, \$8 Seniors, and \$5 Children up to 12.

MONTAUK INDIAN MUSEUM & SECOND HOUSE MUSEUM

Second House, the oldest structure in Montauk, is just west of town across from the Kirk Park parking. It houses the small but fascinating Indian Museum, showcasing artifacts found in Montauk from 15,000 years of Indian habitation. Open Thursday-Sunday from 12-3pm in season. Adults \$5, children \$3. montaukhistoricalsociety.org

For Complete Listings →
 **ONMONTAUK.COM**



Beaches

Montauk is all about beaches...they're everywhere!

Let's face it, you're surrounded. Get out there and explore. But keep it safe and always watch your kids in the water. The ocean beach can be rough and treacherous on certain days. Mind the rip currents and if in doubt, stay out. Lifeguards are generally on duty at most beaches from 10am-5pm through Labor Day. Please note lifeguard status when choosing your spots, and the orange location signs. The sound side beaches (north side of Montauk) are generally calmer.

DOGS ARE NOT

allowed on most beaches 10am – 6pm, May 15 through September 15.

BEACH FIRES

are allowed on main town beaches from 5pm – 12am but must be fully contained in a metal container.

FOUR WHEEL DRIVE

permits for the main town beaches can be purchased at the Town Hall Annex in the Montauk Playhouse. 631-668-5081. No vehicles allowed on the beaches 10am – 6pm, MD – September 15. Other beaches around Montauk require various state or county driving permits.

PARKING

is free at the Kirk Park Beach, across from the 7-Eleven, and Amsterdam Beach (limited) but a fee is charged at Hither Hills State Park and Montauk Point. Many other beaches, such as Ditch and Gin, require a parking permit, which is only available to residents and available at Town Hall Annex in the Montauk Playhouse. 631-668-5081.

AMSTERDAM BEACH (MUST HIKE TO ACCESS, REMOTE, UNSPOILED, QUIET, NO FACILITIES, DOGS OK)

Walk the trail at Amsterdam Beach State Park and be rewarded by one of the most breathtaking vistas of unspoiled shoreline on the east coast. Meander along the intermittently sandy and rocky shoreline eastward or westward and be humbled. The 50-minute round-trip wooded hike to the beach includes a tunnel of American Holly and several exotic large oaks. Bring insect repellent and water as the beach has no facilities, no lifeguards... and probably no other people. Park (free) on the south side of Rt. 27 across from Deep Hollow Ranch. [ehhttps.org/amsterdam-beach-preserve/](https://amsterdam-beach-preserve/)

DITCH PLAINS BEACH (SURFER SPOT, FAMILIES, CAN GET CROWDED, LIMITED PERMIT PARKING)

Popular with surfers, this beach is two miles east of the village on the ocean with parking by permit only. The super long break makes surfing ideal for newbies or veteran long boarders. This iconic beach has beautiful cliffs rising at its western end at Shadmoor Park, restrooms, outdoor showers, lifeguards during the summer season, and concession trailers that serve more than just snacks. Parking restricted so arrange

drop offs if you must drive.

EDISON BEACH (SANDY, WALKABLE FROM VILLAGE HOTELS, CLOSE TO EVERYTHING, LIMITED PARKING)

Contiguous with Kirk Park beach at the heart of the Village at the end of South Edison Street, this popular beach has a lifeguard on duty during the summer months, restaurants, restrooms, and stores nearby. Limited public parking.

GIN BEACH (SOUND SIDE, CALM, FAMILIES, BOAT WATCHING, WALK TO SHAGWONG POINT, RESIDENT PERMIT PARKING)

At the end of East Lake Drive on Block Island Sound and named for the cattle gins, or pens, that resided here for hundreds of years, Gin Beach is great for families with children, with gentle water and sandy beaches. You can watch the boats come in and out of Montauk Harbor. Parking by resident permit only so arrange drop offs if you must drive. Restrooms, outdoor showers, a concession trailer, and lifeguards during the summer season.

HITHER HILLS STATE PARK (PUBLIC PARKING, MANY FACILITIES, SANDY, FAMILIES)

Four miles west of town on Old Montauk Highway. Lifeguards daily from mid

Beaches

June–Labor Day. Non-campers pay a \$10 parking fee. Nice playground, picnic tables, outdoor showers, restrooms, a changing area, and a general store.

KIRK PARK BEACH **(MONTAUK'S MAIN TOWN BEACH; FREE PARKING; WIDE, SANDY, OPEN, FAMILIES)**

West of town at the IGA supermarket. Park for free at Kirk Park parking lot, which contains free public restrooms (across from 7-Eleven). Lifeguards; restaurants and stores in walking distance. If only in town for a few hours, this is the beach.

MONTAUK POINT STATE PARK BEACH (PUBLIC PARKING, VIEWS, FACILITIES, ROCKY, HIKING, EXPLORE, NO LIFEGUARDS)

Not a traditional “beach”. Park at the lighthouse parking lot (fee during season), walk down to the rocky shoreline and enjoy majestic views of the lighthouse, watch surfcasters on the rocks, or meander around the hills overlooking the ocean. The fit can hike the rocky shoreline in either direction and enjoy unspoiled Montauk coastline or carefully cross atop the lighthouse revetment and watch the ocean’s relentless assault on the giant boulders (note: the revetment is slated

for overhaul in 2019/2020 and may be off-limits when construction starts).

NAVY ROAD BEACH **(SOUND SIDE, CALM, PEBBLY, KAYAK LAUNCH, FAMILIES, NO FACILITIES, RESIDENT PERMIT PARKING)**

On beautiful Fort Pond Bay at the end of 2nd House Rd., over the railroad tracks. Great for launching kayaks, paddleboards, and small boats. A favorite spot for locals and families. The beach is pebbly, so take swim shoes. Parking by resident permit only. Dine waterside at Navy Beach, just down the beach. Boats and small yachts frequently moor in the bay.

THE OTHER BEACHES **(WALKABLE EVEN IF NOT PARKABLE)**

Montauk, surrounded by water on three sides, has many more beaches, but most of them are not protected by lifeguards and parking is not straightforward. For those who enjoy walking the beach, there are many options, as all beaches are public up to the high tide mark. A popular walk is from the village to Ditch Plains beach, where you see the cliffs of Shadmoor on the way. At high tide parts of the beach may be impassable.

For Complete Listings →
 **ONMONTAUK.COM**



OUTDOOR ACTIVITIES

Watersports

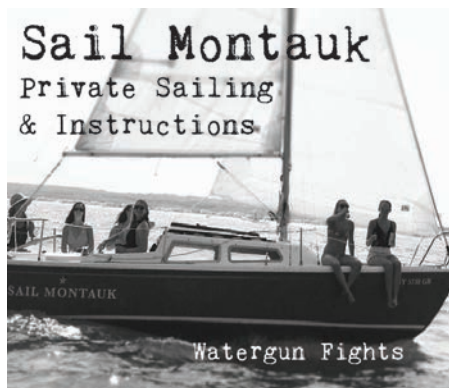
CRUISES AND WATER TOURS

Sunset cruises, educational ecotours, seal/whale watching, stargazer cruises, lunch and swim tours, charter excursions, and a host of other iterations are increasingly available in Montauk's waters and along our beautiful, unspoiled coastlines,

catering to a variety of customers.

MTK CRUISES: SAILING, BOAT TOURS & EXCURSIONS: 631-668-8079, Cruisemontauk.com; harbor/lake history tours, sunset and stargazer cruises, lunch/swim tours, lake eco tours. At Gosman's Dock.

CATAMARAN MON TIKI CRUISES, CHARTERS: 631-668-2826, sailingmontauk.com; day & evening outings amidst beautiful fluttering sails of their fleet of Polynesian-inspired catamarans; they now have 3 different boats ranging in size from 26' to 65' for different needs. At Gurney's Montauk Yacht Club.



Outdoor Activities **Watersports**

SAIL MONTAUK SAILING CHARTERS AND SAILING SCHOOL:

631-522-5183, sailmontauk.com; offers sunset cruises, evening sails, sailing and swimming excursions, and sailing lessons for individuals or groups, plus a junior sailing program; at Gurney's Montauk Yacht Club.

BOAT/KAYAK LAUNCHING

WEST LAKE LAUNCHING RAMP (OCEAN)

- on West Lake Drive (at Duryea Ave.) is an excellent multi-lane concrete

ramp and dock into Lake Montauk/Montauk Harbor that accesses the sound. Parking by East Hampton town permit only. 25 trailer rigs accommodated. 631-324-4142

FORT POND FISHING

ACCESS SITE (Fort Pond Lake, Small Craft, Kayaks)

- on S. Erie St. next the soccer field has a single-lane hard-surface ramp into the lake for small craft and parking for multiple vehicles/trailers. Also appropriate for launching SUPs, kayaks, etc.

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Birthday Parties
and More



Tel: (631) 668-3799 | Fax: (631) 668-3798

444 West Lake Drive | P.O. Box 357 | Montauk, NY 11954

CAROL MORRISON PARK (Fort Pond Lake, Kayaks, etc.)

- on Fort Pond (lake) is a great place to launch kayaks, canoes, SUPs, etc. for recreating on the calm lake. Limited parking; 128 Second House Rd. (turn on dirt road across from S. Debusy Rd.); 631-324-2417

BOAT RENTING

UIHLEIN'S MARINA: 631-668-3799, rent skiffs, bowriders, and center consoles. Their rental fleet ranges from 16ft to 31ft with all equipment for

water skiing, tubing, wake boarding, and fishing.
Uihleinsmarina.com

CANOEING & KAYAKING

Canoe or kayak on Fort Pond (launch at Carol Morrison Park), Fort Pond Bay, Lake Montauk, or one of Montauk's hidden ponds. UIHLEIN'S: rents ocean kayaks and plans excursions or lessons for the more adventurous.

JET SKI, TUBING, WAKEBOARDING, & WATERSKIING

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Visit our website at www.uihleinsmarina.com

Outdoor Activities Watersports

PECONIC WATER SPORTS

MONTAUK: 631-680-0111, Peconicwatersports.com/ Montauk; offering water sports lessons, rentals and charters in Montauk. Enjoy their brand new malibu wakeboard boats to wakeboard, waterski, wakesurf and tube. At Star Island Yacht Club.

UIHLEIN'S AGAIN! 631-668-3799, rent jet skis for Block Island sound under the watchful eye of their instructors. Any boat you rent can handle tubing, wakeboarding and waterskiing.

STAND UP PADDLEBOARDING

SU paddleboarding is increasingly popular and great exercise, fun, and works everywhere: ocean, sound, & lakes. **COREY'S WAVE:** 631-639-4879, rents SUPs, gives lessons, and tours; info@coreyswave.com.

SURFING

Montauk is one of the East Coast's top surfing towns. The culture is magnified by surfer-themed restaurants and shops. Ditch Plains is the heart and soul of the surfer community. If you surf Ditch and you are a newbie, remember Ditch etiquette—the surfing areas are 250 feet in either direction to the east and west of the

bathing beach. Surfers looking for bigger waves head to Camp Hero, a rock-studded patch of right breakers beneath the cliffs, and Turtle Cove, the farthest east and perhaps best Montauk break, just below the Montauk Lighthouse.

COREY'S WAVE: 516-639-4879, coreyswave.com, professional surfing instruction for all ages and abilities, private or group, plus guided surf trips, a kids' surf academy, and stand up paddleboard rental and instruction, plus group surfing events and parties.

For Complete Listings →

 **ONMONTAUK.COM**



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On-land

GOLF

MONTAUK DOWNS STATE PARK:

Pro shop, 631-668-1100; Reservations online at: <https://parks.ny.gov/golf/8/details.aspx>; 50 S. Fairview Ave.; Montauk Downs State Park is a true sleeper; an 18-hole year-round public golf course named a Top 10 municipal course by Links Magazine in 2013. If that's not enough, add a driving range, putting green, pro shop, private lessons and clinics for adults and kids, a grill room, swimming pool, kids wading pool, and tennis. Club rentals and lockers available.

Fees: \$43 weekdays, \$48 weekends (twilight \$26/\$29); Out-of-state

residents, \$86 weekdays, \$96 weekends (twilight \$52/\$58). Senior discounts available.; Driving range: \$7 per bucket

TENNIS & PICKLEBALL

MONTAUK DOWNS TENNIS (6 Public

Har-Tru Courts): 631-377-9623; themontaukdowntennis.com; 330 Fairview Ave.; Molly Nolan and her crew run various clinics, lessons, and day camps for kids and adults throughout the tennis season on the Downs' six Har-Tru courts, which are also rentable by the hour and for private lessons. Visit online or their on-site pro shop for details.

MONTAUK DOWNS TENNIS

MONTAUK, NY

**6 Outdoor
Har-tru Courts**

**Court Rentals,
Lessons & Clinics**

**Open To All
Ages & Levels**

**Junior Tennis
Camp & more**

Memberships available but not required.
Discounts available to local children.



631.377.9623

330 Fairview Ave

themontaukdowntennis.com

Outdoor Activities On-Land

GOTHAM TENNIS ACADEMY IN MONTAUK (6 Private/Public Har-Tru Courts): 631-267-8525; gothamtennis.com; 91 S. Fulton Drive (off West Lake Dr.); The popular NYC tennis academy has opened a Montauk outpost sporting six Har-Tru clay courts. They'll be ready to go in July 2019 with a varied program to include lessons, clinics, kids' day camps and more. Open to the public.

PUBLIC COURTS IN TOWN (2 Public Har-Tru Courts): 631-324-2417; East Hampton Town operates two first-come, first-serve courts (also lined for pickleball) at the very end of S. Erie St. (past the soccer field). All year. No lights.

PICKLEBALL @ MONTAUK PLAYHOUSE: 631-324-2417; 240 Edgemere St.; Multiple levels of play and times available. Beginners welcomed. Stop by the Playhouse (across from train station) for updated scheduling and info. All equipment provided.

BICYCLING

The Montauk Cycle Co. in the dock area has you covered. Rentals, tours, repairs: 631-668-8975; montaukcyclecompany.com.

Montauk is cycling heaven. A popular ride is to the lighthouse, about five miles from the village. En route detour to Camp Hero State Park where roads curve through secluded wooded areas near the ocean. Take a three-mile detour to Montauk Harbor on West Lake Drive, a flat route with wide shoulders.

Mountain bikers can enjoy scenic rides over thousands of acres of parkland for the best mountain biking on Long Island. A great launch point is the Hither Woods trail head at the recycling center entrance about 1.5 miles west of town on Montauk Highway. More at Parks and Trails.

TRIATHLON

See tri-guy.com or tri-gal.com. In 1983, a local Montauk motel owner (Harborside Motel), fisherman, and surfer named Robert Aaron staged one of the first triathlons, "The Mighty Montauk," now held every June. Several others followed. The Sprint Triathlon is held in July and the internationally renowned triathlon weekend held in September: the Sprint Mighty Man on Saturday followed by the Mighty Man 1/2 distance and Mighty Man Olympic on Sunday.

SKATEBOARDING

The Montauk Skate Park near the village on Essex Street, a supervised park for skateboarders, recently renovated, is open from 9am to dusk in season.

PLAYGROUNDS

Five great playgrounds in Montauk: 1) **The Montauk School** (enter at 2nd House Rd and S. Eaton); 2) next to the **baseball field** (at S. Edgemere and S. Erie Ave); 3) **Hither Hills State Park**; 4) **Montauk Community Church** (at S. Etna Ave. and S. Etna Pl.); 5) **Montauk Lighthouse** (lower parking area, also many grill stations).

Eddie Ecker County Park (aka the Dog Park) at the end of Navy Road is not a formal playground but a great

open park space on Fort Pond Bay for frisbee, lawn games, running wild, walking the dog, etc.

BEACH WALKS

Montauk is surrounded by beautiful beaches. Get out there and walk, explore and unwind.

From Town, East: Walk the beach from town eastward towards Ditch Plains for nice views of cliffs with sporadic rocky and sandy shoreline. At times reaching as far as Ditch may be tough, so pay attention to the tides.

From Town, West: Walk westward from town and pass through the beautiful Hither Hills beach, which can only be reached by walking or from private parking lots for neighborhood residents. See beautiful cliffside properties as you walk and wide expanses of white sand. You'll eventually hit Gurney's and their beach party setup, further still hitting Hither Hills State Park. You could walk all the way to East Hampton and beyond if you're inclined.

See our BEACHES section for more beach info. Other great walks would begin from Amsterdam Beach,

Outdoor Activities On-Land

Montauk Point, and Gin Beach. For beaches that are not easily accessible or have restricted parking, remember bicycles? For the energetic, a great ride would be to Gin Beach from Town, then walk to Shagwong point along the shoreline (bring water!).

GUIDED HIKES

The **East Hampton Trails Preservation Society** conducts guided hikes year-round. Check out ehtrails.org for details. The Concerned Citizens of Montauk, 631-238-5720, preservemontauk.org, offer outdoor activities throughout the year. Drop by their office at 6 South Elmwood Avenue for advice or maps.

BIKING TOURS

The **Montauk Cycle Company**, in the dock area offers tours around Montauk's parks and trails with rental bikes and/or a biking guide. Book in advance for any-sized group. Rentals, tours, repairs: 631-668-8975; montaukcyclecompany.com.

For Complete Listings →
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crunchtimesportfishing.com

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MARINAS

UIHLEIN'S MARINA

631-668-3799, Family owned and operated, Uihlein's is a full-service marina, boat yard and recreation center, offering Jet Ski, boat, and slip rentals, and boat sales and service.

WESTLAKE FISHING MARINA

631-668-5600, Family owned, located just north of Star Island Road, is home to 160 slips and 17 charter boats and a restaurant.

MONTAUK INLET & SEAFOOD

631-668-3419, on East Lake Drive is a working dock and NY's largest commercial fishing fleet. Also superb Inlet Seafood Restaurant.

SNUG HARBOR MOTEL AND MARINA

631-668-2860, on Star Island, in a calm corner of Montauk Harbor, provides berths for small craft and those over 45ft. They offer seasonal and transient dockage, individual electric/water/cable, WIFI, bath house with washer/dryer and nearby boat launching.

SURFCASTING

Surfcasting in Montauk is epic and legendary, deservedly so. To do it successfully you'll need braided line at 30+ pound test and a nice selection of bucktails and plugs. **Always crush your barbs**, bring fish in quickly, and release safely what you won't keep. Cast out by Camp Hero, the Lighthouse, and Gin Beach, plus all the south side beaches from Montauk Point to Hither Hills campground. The top seasons for surfcasting are spring and fall, when stripers linger off Montauk before migrating, but our big blues can be found from July through October. Permits to park after hours at Camp Hero and the Montauk Point Lighthouse Parking Lot or on the beach by the Lighthouse are

Lady Grace V



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sold at Montauk Downs, 631-668-5000. Purchase Gin Beach driving permits at the park office at the end of East Lake Drive. Note: A license (it's free) is required to fish beaches in NY State. Acquire your Marine Fishing License at **dec.ny.gov**.

FRESHWATER FISHING

Bass, sunfish, perch, and walleyes inhabit Montauk's ponds and lakes. Fort Pond is the largest, but others are deep in the woods, like Oyster Pond in Montauk Point State Park or Fresh Pond in Hither Hills State Park. Fresh water fishing requires a license; ask at the NY State Park office at Montauk Downs. Fishing at Big Reed Pond in Theodore Roosevelt County Park requires a "Green Key" card, available at Montauk Downs.

FISHING SUPPLIES

WESTLAKE MARINA

631-668-5600 and UIHLEIN'S MARINA: 631-668-3799, carry a large selection of boat-oriented fishing supplies and tackle.

PAULIE'S TACKLE

631-668-5520, in town is considered the surfcasters tackle shop. 131 S. Edgemere St.

BOAT RENTAL

UIHLEIN'S MARINA

631-668-3799, is the place if you prefer the relaxation of fishing on your own. Rent skiffs and center consoles for the harbor or sound.

For Complete Listings →
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**Montauk's Finest
Sportfishing Charter Boats**

**A Great Destination for
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- Tackle, Bait & Ice
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serving breakfast, lunch,
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seating, Patio, Bar, Fresh Sushi.
668-FISH (668-3474)



Westlake-Marina.com



Located on West Lake Drive, Montauk Harbor (just north of Star Island Road)

NY STATE DEPT. OF ENVIRONMENTAL CONSERVATION MARINE FISHING REGULATIONS

SPECIES	MIN. SIZE IN INCHES	DAILY POSSESSION LIMITS	OPEN SEASONS
STRIPED BASS <i>Applies to Party, Charter Boats and Surfcasting</i>	28	1	APR. 15 - DEC. 15
WINTER FLOUNDER	12	2	APR. 1 - APR. 30
BLACKFISH	16	2 3	APR. 1 - MAY 30 OCT. 11 - DEC. 9
BLUEFISH <i>(includes snappers)</i>	No Min Size for first 10 12" TL for next 5	15 , no > 10 can be less than 12" TL	ALL YEAR
WEAKFISH	16 10" filleted 5 12" dressed 6	1	ALL YEAR
ATLANTIC COD	22	10	ALL YEAR
POLLOCK	19	NO LIMIT	ALL YEAR
HADDOCK	18	NO LIMIT	ALL YEAR
SUMMER FLOUNDER (FLUKE)	19	4	MAY 4 - SEPT. 30
PORGY <i>On Party/Charter Boats</i>	9	30 45	MAY 1 - DEC. 31 SEP. 1 - OCT. 31
BLACK SEA BASS	15	3 7	JUN. 23 - AUG. 31 SEP. 1 - DEC. 31

For the most up-to-date and complete list go to:
dec.ny.gov/outdoor/7894.html

EFFECTIVE June 20, 2018



PARKS & TRAILS

Montauk is surrounded by water, and trails... that meander through acres of unspoiled parks that serve us and our wildlife. White-tailed deer, foxes, raccoons, woodchucks, squirrels, opossums, and chipmunks abound. Watch for deer while driving! Rare and majestic birds also frequent the End. You may spot an osprey, red-tailed hawk, piping plover, or even a bald eagle. Sizable concentrations of migrating birds rest in the waters off Montauk Point while seals inhabit our rocky shores during the winter months. Gannets torpedo into the ocean in fall seeking baitfish. You get the picture...you're in a natural paradise. Trail Maps are available at the Town Hall Annex in the Montauk Playhouse. Be mindful of ticks!

AMSTERDAM BEACH PRESERVE (Spectacular hike to unspoiled beach)

A 200-acre park stretching from Ranch Road at Indian Field on the east to the Montauk Association houses (seven cottages designed by McKim, Mead and White in the 1880's) to the west extends southward to the Atlantic Ocean. The natural topography, called

"Montauk Moorlands," has tidal and freshwater wetlands interspersed throughout maritime shrub lands. This main trail head on Montauk Highway begins a one-mile hike to the ocean bluffs taking you through a holly arbor and across streams. The hilly trail affords peeks of ocean through the brambles and ends at the ocean beach and bluffs. This easy-to-navigate trail offers a unique reward of coastal beauty. A great hike to an unspoiled beach.

CAMP HERO STATE PARK (Great spot for biking, hiking, exploring)

This 415-acre state park is a decommissioned military base and a National Historic Site (also the home of conspiracy theories linked to the Philadelphia project). Several buildings, bunkers, batteries, and an old radar building remain, although some are off limits to the public.

Roads cross the park, along with an extensive system of trails for hiking, bicycling, horseback riding, a beach used by surfers and surfcasters, a picnic area with grills and an old maritime forest. To enter the park, bear right as you approach the lighthouse. Parking fee \$8 in season. Open daily year-round from sunrise to sunset. You can also park on Camp Hero Road (a right turn before Camp Hero along the highway) to hike Point Woods Trail, one of Montauk's most beautiful trails, taking

you south of the highway to the bluffs.

CULLODEN POINT PRESERVE

(Great hike through natural habitat)

This park is named after the HMS Culloden, a British 74-gun, 170-ft warship that sank in 1781 about 200 yards from shore, where it still rests. A well-marked trail that takes about 2 hours to loop (a mile or less to the shoreline) leads from the parking area off Flamingo Avenue to a picturesque rocky beach on Fort Pond Bay. The trailhead is next to a small plaque commemorating the shipwreck. The natural wooded area and shoreline has seen little change from the days when the Montaukettts lived here in a world of hidden ponds, specimen trees, wetlands and beautiful shoreline. Great views of the bluffs at Culloden Point.

EDDIE ECKER COUNTY PARK

(Great dog spot, launch kayaks, canoes)

Located at the end of Navy Road (cross the train tracks, turn left), the large, open park has a fishing pier, rocky beach and offers easy access to trails in Hither Woods Preserve. A good place for launching kayaks and canoes into Fort Pond Bay. Take your dogs to play. Open year round. Free parking.

CAROL MORRISON PARK & FORT POND HOUSE

(Launch kayaks, canoes, or picnic)

Carol Morrison Park, containing Fort Pond House, is located on a four-acre site overlooking Fort Pond with a grill station, benches, and open space for play. Steps down to the pond allow for launching kayaks, etc. Carol Morrison was

a well-loved conservationist and it is appropriate that this park, which narrowly escaped being sold to private developers in 2010, should be named after her. The house on the premises is available for meetings and other events by appointment through the East Hampton Recreation Department, 631-324-2417.

HITHER HILLS STATE PARK COMPLEX

(Fish, play, hike, bike, facilities)

The large beachfront park along Old Montauk Highway sits on two-and-a-half-miles of Atlantic Ocean beach and boasts 1,755 acres of parkland that stretches to Napeague Harbor. Along with hiking and nature trails, it has 168 campsites that can be reserved through ReserveAmerica.com. Activities include ocean swimming, saltwater fishing, guided nature hikes, and children's programs. Non-campers are welcome, but must pay a \$10 daily parking fee. Open year round from sunrise to sunset, 631-668-2554.

HITHER HILLS STATE PARK COMPLEX HITHER WOODS PRESERVE AND LEE KOPPELMAN NATURE PRESERVE

These adjacent multi-use parks, contiguous with Hither Hills State Park, contain 3,000 acres with 18 different trails covering over 40 miles of terrain stretching from the sound to the Atlantic. To access the trails north of Montauk Highway, park at either the highway overlook at Hither Woods (a large pull-off), the recycling center (1.5 miles west of the village on Montauk Highway), or at the Navy Road (Eddie Ecker Park)

Parks & Trails

parking lot. Bike or hike to Fresh Pond or take a beautiful coastal walk at Rocky Point. Even though the trails are blazed with color-coded markers, hikers should take maps.

KIRK PARK

(Close to town, free parking)

This quaint three-acre park, just west of the village, is maintained by the Montauk Village Association. It includes Fort Pond, which is the second largest freshwater lake on Long Island, a picnic area, a pavilion on Fort Pond, and it's next

to the Second House Museum (the oldest structure in Montauk) and Montauk Indian Museum.

MONTAUK MOUNTAIN

(A vanishing natural element with rare plants)

Montauk Mountain Preserve contains one of the few remaining maritime grasslands in New York and supports some of the state's rarest plants. It contains three extremely rare denizens of this distinctive and disappearing habitat: bushy rockrose, Nantucket shadbush, and New England blazing star. DO NOT TOUCH OR DISTURB these specimens. The six-acre preserve is maintained by the Nature Conservancy. To get there, follow Second House Road north 0.7 miles to an asphalt road on the left. Park at the end of the asphalt road by the Nature Conservancy sign. The preserve is at the end of the road past the last house on the right.

MONTAUK POINT STATE PARK

(Lighthouse, fishing, hiking)

This 724-acre park at the site of the Montauk Point Lighthouse offers breathtaking views of the sea, Block Island Sound, and Block Island to the northeast, and is great for bird watching year-round and seal watching in winter. Park then set off on foot to explore. Ask for a trail map at the toll booth. The park has surfcasting, five miles of marked and unmarked hiking trails, a picnic area with tables, a playground, restaurant, gift shop, and restrooms. Daily parking is \$8. The Montauk Point Lighthouse, a museum run by the Montauk Historical Society, is open daily in season. This park is contiguous with Camp Hero Park

HIKING TIPS

Buy a trail map. Although major trails are marked, many divergent ones are not. Leaf cover can mask trails, causing confusion. Also, after heavy rains some trails may be muddy or inundated. Get a trail map from the town's website; <http://ehamptonny.gov/DocumentCenter/View/1648/Trail-Guide-East>

Avoid Ticks: Experts recommend to stay on trails, wear light colors, be well covered, and use insect repellent. Ticks tend to congregate on tall grasses, so avoid such areas. After you walk or bike, check everyone for ticks, particularly tiny deer ticks, which may carry Lyme disease.

and the Sanctuary and there are several hiking trails that cross them. To the north of Montauk Highway, look for signs for Money Pond Trail, Oyster Pond trail and the Seal Haul Out Trail, where seals can be seen on the rocks just off shore in winter. Attractions: beautiful rugged shorelines, migrating birds, hidden ponds, seals in the winter. Also see WALKING DUNES.

SHADMOOR STATE PARK

(Easy hiking, great ocean views, WWII structures)

Located two miles east of the village on Montauk Highway, this 99-acre tract of land has a half mile of ocean frontage where tall clay cliffs plunge down to a pebble strewn beach. About 30 percent of Shadmoor is freshwater wetlands with several small ponds hidden in the thickets. Trails and dirt roads lead to the bluffs from the entrance on Montauk Highway, offering an easy walk. A passive-use park, Shadmoor was home to two WWII gun emplacement sites trained on offshore waters to deter German submarines.

MONTAUK COUNTY PARK

(Hiking, views, fishing, camping)

Two entrances: one at the end of East Lake Drive just north of the airport, where the park office is located, and the other at Third House, three miles east of the village on Montauk Highway. The park's 1,126 acres feature 3.5 miles of color coded nature trails restricted for hiking (a self-guided brochure is available), five miles of bridle paths, a picnic area, freshwater fishing and canoeing at Big Reed Pond, and surfcasting on the outer beach (Gin Beach and Shagwong

Point). Camping is permitted for up to seven days from April through November on the outer beach for vehicles with permits that are self-contained trailers. Tents are not allowed. The view of Big Reed Pond from the observation deck on the blue trail will make you understand why it's a Registered Natural Landmark.

WALKING DUNES

(Self-guided dune hike, unspoiled nature)

Part of Hither Hills State Park on the east side of Napeague Harbor, the Walking Dunes reach a height of 80 feet as they slowly move southeast. To get to the dunes, head west on Montauk Highway and turn right at Napeague Harbor Road and drive to the end of the paved road. Park here and follow the path to your right until you reach the dunes. A self-guided nature trail, the three mile loop has great views of Napeague Harbor and winds atop the ridge of the North Dune, which is the most active of the three parabolic, or U-shaped dunes. This area is a natural wonder and deceptively fragile so stay on the trails.

GUIDED HIKES

The East Hampton Trails Preservation Society conducts guided hikes year-round. Check out ehtps.org for details. The Concerned Citizens of Montauk, 631-238-5720, preservemontauk.org, offer outdoor activities throughout the year. Drop by their office at 6 South Elmwood Avenue for advice or maps.

For Complete Listings →
 **ONMONTAUK.COM**



BEVERAGES

FINEST KIND WINES AND LIQUORS (OPEN SUNDAY)

552 West Lake Dr. (next to Salt Cave)

632-668-9463; Finestkindwines.com

Order Online! Open Sunday! This elegant wine shop in the harbor area takes online orders and will deliver free. They offer a wide selection of both domestic and imported wines (and spirits) with an extensive list of Long Island selections. Order online or pop in for expert selections and advice.

WHITES LIQUOR AND WINE (IN TOWN)

771 Montauk Highway; 631-668-2426

Whites is chocked full of wines and other spirits, including Sake, and is a Montauk classic. They'll deliver free and have great staff that know the massive inventory well.

Anthony's Pancake & Waffle House
"Where Breakfast is Served All Day"
Old Fashioned French Toast
Crepes Filled w/Fresh Fruit
Bagels & Nova Lox
Greek Salad
Fruit-filled Pancakes
Handmade Burgers
Eggs Benedict
Varieties of Omelettes
Varieties of Pancakes
Varieties of Wraps

**A Popular
Breakfast & Lunch
Spot for over
60 Years**

**Happy 67th
Anniversary!**

Nutella French Toast
California BLT w/Avocado
Waffles
Gyros

**A Must Stop in Montauk Since 1952...No Long Lines...Seating up to 100
Open All Year at 7am • Corner of S. Embassy & Main Street • 668-9705**



DINING OUT

ANTHONY'S PANCAKE AND WAFFLE HOUSE

**710 Main Street
631-668-9705**

Breakfast, Lunch: An On Montauk top choice. Anthony's is a Montauk classic serving breakfast and lunch since 1952 with vintage charm. A great choice for families or dine solo at the bar. Reasonably priced (for Montauk!). Say hi to Anthony at the door. Takeout available. Open daily 7am-2pm.

THE BACKYARD RESTAURANT at Solé East

**90 Second House Road
631-668-9737**

soleeast.com

Breakfast, Lunch, Dinner: A spectacular hidden gem in a beautiful setting appropriate for



Focaccia Sandwiches, Pizza, Pasta, Salads, & Entrees
all made from the freshest, home-made ingredients.
Tiramisu made from scratch.

Open 7 days, in-season • 668-1601
54 S. Erie Avenue, Montauk NY (across from Soul Cycle)

Dining

all sets. S'mores at the fire pit, anyone? The menu features fresh catch from local fishermen and organic meats and vegetables, all creatively done. Dine in or outside in the gardens, or lounge poolside and enjoy a cocktail. Open late.

BIRD ON THE ROOF

**47 South Elmwood Avenue
631-668-5833**

Breakfast, Lunch: An On Montauk breakfast favorite with style and creative twists on traditional fare. Dine inside or out. They do eggs right! Look for the seagull painted on the roof of a giant A-frame. After eating, browse through Bird's beach boutique for clothes and accessories. 8am-1:30pm, 7 days.

DURYEY'S LOBSTER DECK

**65 Tuthill Road
631-668-2410
duryealobsters.com**

Lunch, Dinner: The views over Fort Pond Bay are superb in this hottest of hot spots. No better sunset. Great dockside dining and outdoor vibe with the yacht set and a classic menu including grilled or steamed lobster, fresh local fish and Duryea's famous lobster roll, also a Clam Bake, small plates, salads, raw platters, and a kids' menu. Look for the giant boats.

EI TACO OLÉ

**805 Montauk Highway
631-668-2071
thetacoole.com**



INLET SEAFOOD

Restaurant & Sushi Bar

***Nightly Dinner and
Sushi Specials!***

WATERFRONT DINING

**Spectacular Sunset Views • Indoor Outdoor Seating
Serving Lunch & Dinner
Open February thru November**

**(631) 668-4272 • InletSeafood.com
541 East Lake Drive, Montauk, NY**

NEW! Lunch, Dinner, Take Out: An On Montauk favorite, El Taco Ole is a desperately needed addition to the Montauk food scene. Hefty and tasty taco and/or burrito platters with rice and beans for \$9.99 include veggie, fish and meat choices. Simple, filling, and affordable. Sit in the rear grotto on cozy picnic tables or in front and people watch on main street...or beach it.

HARVEST ON FORT POND

11 South Emery Street

631-668-5574

harvestfortpond.com

Dinner: An On Montauk favorite, Harvest On Fort Pond has a well-deserved reputation as a Montauk fave, suitable for all sets. Feed the ducks and HUGE fish off the Fort Pond dock while you wait for your table...the kids love it. Dine or drink in the lovely herb and vegetable garden under the stars. Chef Jake Williams prepares Tuscan fare served in LARGE family-style portions, emphasizing local seafood and homegrown produce. The sophisticated bar is popular with well-heeled locals and sports an impressive wine and beer selection. Dinner from 5pm daily.

HOOKED MTK

34 South Etna Avenue

631-668-2111

hookedmtk.com

Lunch, Dinner, Take Out: One bite and you're...HOOKED! An On Montauk favorite. Montauk's newest coastal eatery showcasing our renowned local seafood has already earned a loyal following with its great menu and reasonable prices, featuring a raw bar with

R E S T A U R A N T	Bird on the Roof	B O U T I Q U E
		
	Our 38th Anniversary	
	RESTAURANT • BEACH SHOP	
	<i>Serving Gourmet Breakfast All Day</i>	
	<i>From 8am to 1:30pm Daily</i>	
	Patio Dining	
Boutique open until 5pm		
631-668-5833		

Montauk pearl oysters and clams, local steamers, grilled fish, fish & chips, fish tacos and crab cakes, and yes...lobster rolls! Add burgers, chicken, soups, salads and sides galore. Casual and close to the beach, go take-out and hit the sand or grab a patio table.

INLET SEAFOOD RESTAURANT

541 East Lake Drive

631-668-4272

inletseafood.com

Lunch, Dinner, Sunday Brunch: For boat lovers! A beautiful waterfront restaurant at the end of East Lake Drive with spectacular sunset views overlooking the sound. Named one of the 10 best seafood restaurants on Long Island by Newsday in 2015, Inlet is owned by six commercial fishermen from Montauk. Watch the boats cruise in and out of the Harbor while enjoying fresh seafood, sushi and lobster caught daily from local fishing boats or enjoy signature cocktails from the bar. Land lubbers be advised, their steaks, burgers, and pastas are superb.

Dining

JOHN'S DRIVE-IN

**77 Montauk Highway
in town; 631-668-5515
johnsdriveinmontauk.com**

Lunch, Dinner, Ice Cream: Go here now. Continue reading this guide over ice cream and a fishwich! A Montauk institution serving genuinely awesome burgers, fries, and all the best diner items you can think of (like the fishwich), plus the best homemade ice cream on long island, with 20+ flavors. The lines don't lie... and yes, it's worth the wait. Hit Harvest for dinner in their bucolic garden on the pond then walk over to John's for a nightcap of succulent Cherry Vanilla ice cream...you'll call the real estate broker on the way home.

MONTAUKET

**88 Firestone Road
631-668-5992**

Drinks, Dinner, Late Night: Sunset views! This iconic family-owned bar/restaurant/hotel is a local favorite serving casual seafood fare (lobster rolls & calamari, etc.), great drinks and killer sunsets in an old-school Montauk cliff-side setting overlooking Fort Pond Bay. Laid back and chill, with local bands like Jettykoon frequently playing. Get there before sunset to score a choice patio spot for the views.

NATURALLY GOOD FOODS AND CAFÉ

**779 Montauk Highway
631-668-9030
naturallygoodcafe.com**

Breakfast, Lunch, Organic Groceries: Naturally Good has been serving healthy and organic foods since 1985, featuring fresh fruit and vegetable juices, smoothies, healthy salads, organic coffee/tea and vegan baked goods. Daily specials include veggie burgers, veggie stir-frys, and a variety of wraps. Try The Bruce, made with local yellow-fin tuna piled high and served on 7-grain bread. Eat outside in the private garden or inside in the shade.

NAVY BEACH

**16 Navy Road
631-668-6868
navybeach.com**

Lunch, Dinner: Sunset anyone? This laid-back, family-friendly restaurant and bar is on a beautiful stretch of beach on Fort Pond Bay. Enjoy casual coastal



The Montauket
HOTEL • RESTAURANT • BAR

631.668.5992
88 Firestone Road, Montauk

*Serving Lunch & Dinner
May thru June, Thurs.–Fri.
After June, 7 days a week*

*Local Catch of Fresh Fish
Outdoor Dining
Special Children's Menu
Live Music*

 
@montauket_hotel

**Enjoy Sunsets Overlooking
Gardiner's Island & Fort Pond Bay**

cuisine with an emphasis on sustainable seafood and local produce. Signature dishes include Local Catch Ceviche, Buttermilk Fried Chicken, and the Lobster & Clam Bake. Dine inside or on the beach and watch breathtaking sunsets and boats meandering offshore. Great wedding/event spot. Open seven days in season.

PIZZA VILLAGE

700 Montauk Highway

631-668-2232

pizzavillagemontauk.com

Lunch, Dinner, Late Night: Pizza Village, a Montauk staple, has been serving fresh, homemade pizzas and other Italian dishes in the village since 1957. Grab a slice, but don't ignore their full menu of Italian family fare such as baked ziti, veal parmigiana, spaghetti, and linguine with clam sauce. Table service or takeout. Delivery, catering available. 11:30 to late. Online ordering available!

THE POINT BAR AND GRILL

697 Montauk Highway

631-668-1500

pointbarandgrill.com

Lunch, Dinner, Late Night: This iconic watering hole and eatery with big-screen TVs features casual fare including wraps, burgers, mussels, and buffalo wings along with signature dishes, such as a 16-ounce steak and fresh Montauk seafood. Sloppy Sundays \$4 everything from 11p till late with DJ Vinny K, from May thru Labor Day. See all MLB games and in the Fall enjoy NFL Sunday Ticket. Open daily and late.

ORDER ONLINE
PIZZAVILLAGEMONTAUK.COM

PIZZA VILLAGE

WE DELIVER!
Call
631-668-2232

Our 63rd Year
Serving Montauk for Three Generations

Full Italian Menu
Fresh Salads
Wine & Beer
Catering
Eat-In
Take-Out
Kid Friendly
Assorted Slices
12", 14", & 16" Pies



"Voted BEST PIZZA"

700 MONTAUK HIGHWAY
pizzavillagemontauk.com

PRIMAVERA PIZZA

54 South Erie Avenue

631-668-1601

Lunch, Dinner: Across from the baseball field... and more than just pizza, Primavera has superb homemade Italian specialties and specialty pizzas made in brick-lined ovens. The grandma pie is heaven. Specialties like focaccia sandwiches, salads, soups, pasta dinners, and even tiramisu are homemade. Takeout or eat on tables outside. The playground and ball field across the street are great outlets for the kids after dining. Event catering.

Dining

TAUK AT TRAILS END

63 South Euclid Avenue

631-238-5527

taukattrailsend.com

Lunch, Dinner, Late Night: Tauk At Trails End is a must-do restaurant with a formula that suits everyone... great food with generous portions is just a start. Add happy hour every day, frequent live music and DJ music, a comfortable outdoor dining grotto, convenient location in town, late-night hours, and on-site owner Mike Nasti greeting everyone to make sure they're at home in his corner of Montauk.

WESTLAKE FISH HOUSE

352 West Lake Drive

631-668-FISH (3474)

westlakefishhouse.com

Breakfast, Lunch, & Dinner: This family friendly seafood restaurant in Montauk is located at the Westlake Marina, right next to the docks. Watch fishing boats dock and unload their catch while enjoying fresh cocktails and frequent live music. The extensive menu features local seafood, fish & chips, chowder, sushi, the Westlake Burger and an impressive kid's menu.

BAKERIES & MARKETS

MONTAUK BAKE SHOPPE

29 The Plaza A

631-668-2439

montaukbakeshoppe.com

Breakfast, Lunch: A Montauk institution is the Bake Shoppe. Fresh everything in the morning displayed for easy viewing in classic bakery style. Classic bakery items mingle with specialties like rugelach, quiche, and exotic cookie creations. Homemade doughnuts, cakes and...wow, those breakfast wraps are so big and juicy you could skip lunch. Coffee, juices, refreshments also. Takeout or grab a table outside and people watch.

MONTAUK MARKET

(OPENS 5AM!)

805 Montauk Highway

631-668-2071

Breakfast, Lunch, Dinner, BAKERY! Many new vegetarian options



in 2019. Montauk Market is a superb bakery and market opening at 5am serving fresh muffins, croissants, breads, bagels, flagels, cookies, bialys, pies, or full breakfasts like egg white wraps, omelets, fresh fruit salads, yogurt & granola, plus veggie juices and smoothies. Lunch includes sandwich combos and homemade salads; dinnertime features hot and cold platters, Italian specialties and Latin-American dishes. They cater and can make you a to-go beach basket.

MARSHALL AND SONS MARKET (CIGARS!)

**701 Montauk Highway
631-668-2990
marshallandsons.com**

This Main Street service station has a handy convenience store with coffee and snacks, summer drinks, plus cool, imported beers and fine humidor cigars. Pop in while strolling or after filling up.

ICE CREAM/SWEETS

BEN & JERRY'S

**West Lake Drive Extension at
the Harbor
631-668-9425
benjerry.com/Montauk**

Ice Cream, Desserts, Coffee Bar: An institution in Montauk serving Vermont's Finest, GMO free and fair trade ice cream, frozen yogurt, fresh fruit sorbets, soft serve and non-dairy desserts. Visit the adjoining espresso bar featuring locally roasted fair trade organic coffee and an assortment of teas, treats, gift items, and the East End's largest variety of B&J's "pints to go!"

CELLI'S CHOCOLATE CHIPS (AVAILABLE AT HOOKED MTK) 757-208-0541

cellischocolatechips.com

CELLI'S has been baking delicious cookies for over 20 years, only in small batches using the finest organic ingredients. Try them and you'll be Hooked, which is also where you'll find them in Montauk, at 34 South Etna Avenue, or order online for fast shipping.

FUDGE N'STUFF

**41 S Edgemere Street
631-668-4724**

Candy, Fudge, Ice Cream: Seen Willy Wonka? Fudge N'Stuff is jam-packed with goodies, including 30 different kinds of fudge, an eye-popping assortment of old-fashioned penny candy, lollipops, gourmet jellybeans, hot popcorn, nuts, and chocolate-covered pretzels. Craving soft serve ice cream, sundaes, malts, hot chocolate, hot coffee, iced coffee and hot tea? No problem. Oh, piñatas too. 10am-10pm / 7 days in season.

For Complete Listings →
 **ONMONTAUK.COM**

Marshall & Sons Service Station

COMPLETE AUTO SERVICE
REPAIRS • MAINTENANCE
TOWING • FLAT BED
CONVENIENCE STORE
BBQ TANKS • HUMIDOR
FINE CIGARS

631-668-2990

701 Montauk Highway
Montauk

www.marshallandsons.com





SHOPPING

NIBI-MTK &
Montauk Cycle Company

**BIRD ON THE ROOF
(RESTAURANT, BEACH BOUTIQUE)**
47 S Elmwood Avenue
631-668-5833

Bird On The Roof, a terrific combination of shop and restaurant, is a Montauk institution. Before or after breakfast or anytime at all, shop at the Bird Boutique for the latest in dresses, outfits, casual wear, jewelry, beachwear, hats, shoes, and bags. Get lost in their large selection of Montauk sweats and tees for the entire family.

**FORT POND NATIVE PLANTS
(PLANTS, LAWN, GIFTS)**
2 South Embassy Street
631-668-6452
nativeplants.net

This beautiful garden center and shop specializes in native and organic plants, including a large selection of annuals and perennials, vegetables, herbs, trees, bushes, mulch, fertilizers and more. Potted plants, birdbaths, lawn sculptures, gift items, hammocks, outdoor kitchens, and local art as well. James C. Grimes

Land Design offers a number of different landscaping services, including new construction, design and consultation.

Fort Pond Native Plants



Landscape Design &
Garden Center
with a large selection of
native plants, and unique
garden & gift items

631-668-6452
2 S. Embassy Street
nativeplants.net

HAHA (TOYS, GAMES, FUN)
6 S. Etna Avenue
631-668-3174
Haha.gift

Montauk's newest must-visit gift shop from power couple Tom and Georgia Flight offers grown-up (keep it clean, people) fun stuff in one section and choice toys and games for kids in the other. A great new shopping spot for any family that can embrace the shops inspiration: "as soap is to the body, so laughter is to the soul."

HOMEPORT FAMILY OF STORES AT GOSMAN'S DOCK (CLOTHES, TOYS, GAMES)
484 West Lake Drive
MyMontauk.com

At the Gosman's shopping

promenade, locally-owned "Homeport" comprises four iconic stops you'll have to hit while in Montauk. CAPTAIN KID is Montauk's premier toy store with a great selection of Lego sets, games, beach toys and kid gifts & clothing. It shares space with FISH CITY, a mecca for T-shirts, sweatshirts, and souvenirs. The flagship HOMEPORT store is an iconic shop for home decor, gifts, and unique jewelry. PIER GROUP features quality, resort-style clothing for men and women. Also see SHINE and HAH.

KATHRYN NADEAU CUSTOM FRAMING (FRAMING, ART)
34 South Etna Street
631-668-6383

Kathryn Nadeau, a Certified

At Gosman's Dock

HOMEPORT
Home Decor and Gift

CAPTAIN KID
Toys

FISH CITY
Nautical Souvenirs


PIER GROUP
Clothing

On Main St
764 Montauk Hwy

HOMEPORT TOWN
Jewelry

SHINE
Womens Clothing

www.MyMontauk.com



26th
ANNIVERSARY

KATHRYN NADEAU
CUSTOM FRAMING

Member of Professional Picture Framers Assoc.

34 So. ETNA AVE., MONTAUK 631-668-6383
 Next to 'Hooked MTK,' above Continental Mkt
 Entrance & parking in the back



**MONTAUK'S FASHION DESTINATION
FOR BOHO-CHIC STYLES AND
MUST-HAVE ACCESSORIES**

**EXCLUSIVE DESIGNS BY NIBI-MTK
IN STORE AND ONLINE**

LOCATIONS

FLAGSHIP STORE NIBI-MONTAUK

88 S. Euclid Avenue
631-483-5139

(in the Tudor building, town parking lot by the Post Office)

GRAND OPENING BRIDGEHAMPTON

2450 Main Street
631-899-4644

#NIBIMTK | NIBIMTK.COM

Picture Framer, has served Montauk for over 20 years. Using the latest techniques, the shop focuses on high-quality custom framing, decorative mats and conservation framing to museum standards. Ms. Nadeau is now offering a digital image printing service for your photos on metal, plexiglass or canvas and your summer memories can then be shipped directly to your home. Ms. Nadeau will work with you to design customized, distinctive-finished pieces as well as customized mirrors.

**NIBI-MONTAUK (FASHION,
SWIMWEAR, ACCESSORIES)**
88 South Euclid Avenue
917-371-3039
nibimtk.com

This hot, fashionable shop is

the NIBI-MTK flagship store. The iconic name continues to grow and to redefine boho chic fashion on the East End with its unique collections and fashion lines, specializing in East Coast surf area fashion swimwear that fits the active lifestyle. Check out the new men's collection and a NIBI boho chic home line.

MONTAUK CYCLE COMPANY (BIKES, GEAR, TOURS, RENTALS)

463 W Lake Drive
631-668-8975
montaukcyclecompany.com

The go-to place in Montauk for anything biking. Aside from selling bikes such as Fuji, SE, and Tuesdays, plus loads of gear, they do repairs, rentals and will give tours.

MONTAUK SALT CAVE
(GIFTS, JEWELRY, CLOTHING)
552 West Lake Drive
631-668-7258
montauksaltcave.com

This cute, interesting shop at the entrance to the Salt Cave has salt-related products like Himalayan salt lamps in various shapes and sizes, as well as jewelry and clothing.

SHINE
(CLOTHING, JEWELRY, ACCESSORIES)
764 Montauk Highway
631-668-8178
mymontauk.com

Shine, in the prestigious Homeport family of stores, is a vital Montauk boutique for women's clothing, jewelry and accessories. They keep the selection fresh and vibrant, so stop in often for unique, fun pieces for every budget. Westward Ho!...Shine recently expanded with a sister location on Bridgehampton Main Street.

VINTAGE PINK (GIFTS, CLOTHING, JEWELRY)
787 Montauk Highway
631-668-8200

Mind, body, spirit, and vintage jewelry abound! Their 9th season in the pink cottage. Listen to Far Eastern music and browse through antiques, china, vintage sterling silver jewelry, and crystal. VP carries candles, Buddhas, incense, inspirational items, Jade yoga mats, books, greeting cards, Hardtail yoga clothes, natural life T-shirts, pom pom pants and shorts, and much more. The pink building behind Montauk Clothing Co.

WHITE'S DRUG & DEPARTMENT STORE
(GIFTS, PHARMACY, GAMES, EVERYTHING!)
95 Carl Fisher Plaza
631-668-2994

Montauk's only full-service pharmacy also stocks everything from cosmetics to high quality giftware, vitamins, newspapers, special occasion cards, books and magazines, appliances, jewelry and an extensive swimwear and clothing collection for adults and kids. Everything for a stay at the shore including toys, games, towels, bedding, postcards, and sunscreens.

For Complete Listings →
☎ ONMONTAUK.COM



VINTAGE PINK

CHARMING GIFTS • VINTAGE JEWELRY
FASHION • ZEN HOME & GARDEN
VEGAN LEATHER HANDBAGS
YOGA APPAREL

631.668.8200

787B MONTAUK HIGHWAY, MONTAUK
(BEHIND MONTAUK CLOTHING CO.)





LODGING

SOLE EAST Resort

IN THE HARBOR

Montauk Harbor, on the north, or bay side, of Montauk, has restaurants near the water or docks, upscale shopping, and is home to many of Montauk's charter, party, and commercial boats. Whale-watching tours, ferries to Block Island and New London, and sunset cruises originate here.

HARBORSIDE RESORT AND MOTEL

371 West Lake Drive

631-668-2511

montaukharborside.com

Twenty-seven tastefully decorated, air-conditioned rooms, studios and suites, with kitchenettes and wi-fi. Amenities include a pool and tennis courts. A short distance to Montauk Harbor. Open March–December.

SNUG HARBOR MOTEL AND MARINA

3 Star Island Road

631-668-2860

montauksnugharbor.com

Located on the water in the Harbor, 34 units from poolside bedrooms to Harbor-side apartments, offering air conditioning, Wi-Fi, a pool, and BBQ. Snug Harbor is also a full-service marina. Pets allowed in some units. Open March–November.

UIHLEINS MOTEL

10 Wells Avenue

631-668-3799; uihleinsmarina.com

Friendly small motel with 7 units equipped with full kitchens, flat

screen TV, Wi-Fi, A/C. Grounds have BBQs, a putting green with mini golf course, play area and room to relax. Discount on boat rentals. Open all year.

IN MONTAUK VILLAGE

Main Street is just three blocks away from the ocean beach. All the hotels, motels and inns are an easy walk to many of Montauk's restaurants, shops, bars and nightlife. Many activities take place on the Village Green, within the circle, especially during the summer.

OCEAN SURF RESORT

84 South Emerson Avenue

631-668-3332; oceansurfresort.com

Right on the beach and in the village, Ocean Surf Resort's location is unassailable. Add peaceful surroundings, extraordinary scenery and superb accommodations and you've scored. A variety of rooms to choose and endless options for fun in the town and on the sand, which is right outside the door.

ON OLD MONTAUK HIGHWAY AND IN NAPEAGUE

West of town the undulating Old Montauk Highway is flanked by bucolic Hither Hills and Hither Woods neighborhoods on one side (north), and wide, beautiful Atlantic Ocean beaches on the other (south). Great views and wide, sandy, uncrowded beaches abound here.

BREAKERS MOTEL (AND RESTAURANT)

**769 Old Montauk Highway
631-668-2525; breakersmtk.com**

Boutique motel with chic eponymous eatery, Breakers sports some of the most striking ocean views and amazing food in Montauk. This legendary seaside property built in the 50s and recently revitalized offers 25 rooms, direct beach access, a choice new café & bar, a private ocean-view guest lounge, guest wellness programming, and poolside service. The beach on this stretch of sand is wide and gorgeous. Morning beach runs, nightly bonfires...it'll work.

LENHART'S COTTAGES

**421 Old Montauk Highway
631-668-2356**

Spectacularly situated, charming cottage complex amidst undulating, manicured grounds directly across the street from the beautiful Hither Hills beach. Twelve cottages with kitchens, ocean views, A/C, and log-burning fireplaces. There is a pool, gardens and lots of lawn space. Open all year. Lenhart's has a loyal following of returning guests and pets.

WAVECREST ON THE OCEAN

**170 Old Montauk Highway
631-668-2141**

wavecrestonocean.com

A spectacular location right on a stretch of secluded ocean beach. Seventy units with pool, tennis, kitchen, and A/C. Studios and suites, all with private terraces overlooking the ocean. Open April thru October.

ON FORT POND AND BAY AREA

MONTAUK MANOR RESORT

**236 Edgemere Street
631-668-4400
montaukmanor.com**

Historic, grand building with a beautiful vaulted rotunda and old-world character on a 12-acre hill with views of Gardiner's Bay and Block Island Sound. One of Montauk's most storied structures. Ample parking on site with shuttle bus services. 140 studio, one, two, and three bedroom apartments with indoor and outdoor pools, tennis, kitchens, A/C, and wi-fi. A restaurant on premises serves guests and the public. Open all year.

MONTAUKET

**88 Firestone Road
631-668-5992**

Drinks, Dinner, Late Night: Sunset views! This iconic family-owned bar/restaurant/hotel is a local favorite serving casual seafood fare (lobster rolls & calamari, etc.), great drinks and killer sunsets in an old-school Montauk cliff-side setting overlooking Fort Pond Bay. Laid back and chill, with local bands like Jettykoon frequently playing. Get there before sunset to score a choice patio spot for the views.

SOLÉ EAST

**90 Second House Road
631-668-2105; soleeast.com**

Solé East is a hip spot with a stunningly beautiful courtyard containing a full-service restaurant and lounge, swimming pool and expansive lawn with mature trees and landscaping. Entertainment and weekend pool parties feature in season. 60 renovated rooms, one-bedroom suites, and 7 garden suites. Heated pool, gardens with wood-burning fire pits, wi-fi, IPOD docking stations. Popular for receptions and wedding parties. Pets welcome. May thru October.

For Complete Listings →
 **ONMONTAUK.COM**

SPAS & WELLNESS

Photo: Mike Vitelli

COREY'S WAVE

516-639-4879

coreyswave.com

If you want to learn how to surf, call Kristin at Corey's Wave or reserve online. Fitness instruction for all abilities will get you started and you can learn the basics at your favorite beach or perfect your skills in more challenging waters. Stand up Paddle Board instruction is also offered...a great way to get fit.

MEETING HOUSE LANE MEDICAL PRACTICE

679 Main Street

631-668-3705

southamptonhospital.org

Located in the village next to The Point restaurant, this medical practice provides comprehensive primary medical care for all ages. Affiliated with Stony Brook Medicine. Open from 9am-5pm Mon. through Fri.

MONTAUK SALT CAVE

552 West Lake Drive

631-668-7258

montauksaltcave.com

Salt therapy, or Halotherapy, clears toxins from our lungs and nasal passageways. The saturated air in the salt cave provides relief from many respiratory ailments,

and also gives a sense of peace and serenity. The walls are built with all pink Himalayan salt rocks and the floor is covered with salt. Sessions are 45 minutes. Sit in a zero gravity chair, relax and breathe. They also offer Reiki, Sound Healing with crystal singing bowls, massages, and weekend events. A great gift shop as well. Open Thurs. through Tues. Closed Wed. Call for hours and appointments. Open all year.

SPA at the MONTAUK LAKE CLUB

631-668-5705 ext 109

montauklakeclub.com/spa

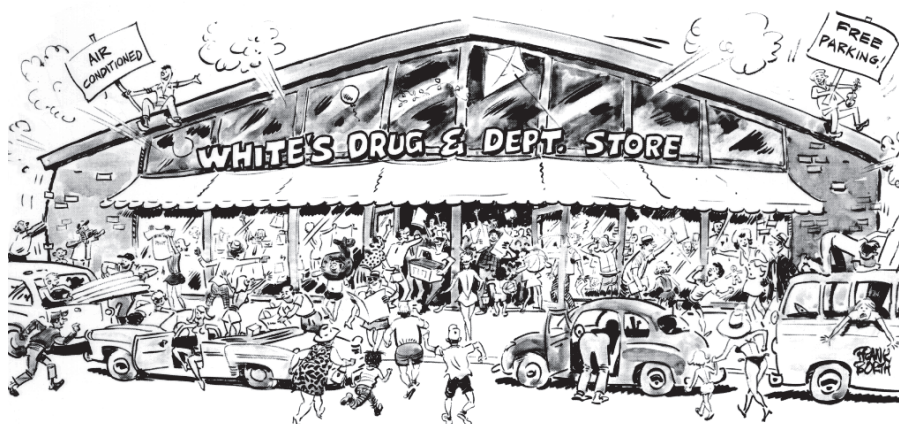
Robert and Maureen Jacob Bonavolta, former owners of the Montauk Wellness Center, offer services at the picturesque, serene Montauk Lake Club. From deeply relaxing treatments to clinical sessions, pre and post sports, to pain management and injuries. Ultrasonic and microcurrent skincare to expert brow styling, waxing and spray tanning. All facials and massages are personalized and performed by caring licensed professionals. Monthly specials available. By appointment in our office and home visits.

For Complete Listings →

 ONMONTAUK.COM

WHITE'S

Drug and Department Store



Everything you need and more!

Pharmacy

Summerwear

Souvenirs

Toys & Games

T-shirts & Sweats

All Things Beach

Stationery

Appliances

ON THE PLAZA, MONTAUK (631) 668-2994

Summer Hours: 8:00am-10:00pm 7 Days a Week

Pharmacy: Mon-Sat 10:00am-6:00pm

MC-Visa-Amex-Discover

**Visit NEXT DOOR for Fashion, Accessories and Footwear
Juniors, Misses, & Men's Clothing 631.668.1183**



MARINA - RESTAURANT - SWIMMING POOL - SPA - GUEST ROOMS - GYM

MONTAUK LAKE CLUB

& Marina

MEMBERS ONLY

MONTAUKLAKECLUB.COM

IG: @montauklakeclub



Hope has a new address.

Introducing The Phillips Family Cancer Center. Changing Lives.

Saving Lives. Now, our community has advanced, comprehensive cancer care with seamless access to leading oncologists and clinical trials at Stony Brook University Cancer Center. Right here in Southampton, cancer specialists are providing personalized cancer care in a state-of-the-art healing environment with the only linear accelerator on the East End. Cancer changes everything. The Phillips Family Cancer is changing cancer care on the East End.

The Phillips Family Cancer Center

phillipsfamilycancercenter.stonybrookmedicine.edu
740 County Road 39A, Southampton
(631) 638-7400

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