



Summer 2018
ON MONTAUK®

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INSIDE THIS ISSUE

SURFING ETIQUETTE

WITH BOB MILLER

SHHH... SECRET SPOTS

HOOKED - RESTAURANT REVIEW

NEO-POLITICAL COWGIRLS

+ MORE



Photo: Carter Randolph Tyler

FEATURING

Kate Usher and The
STURDY SOULS

ESSENTIAL!

**SUMMER EVENTS
CALENDAR**

2018



MONTAUK MAP

Pull out map inside

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& Marina



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Web# H51009



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Web# H0158977



Amagansett | \$999,000 | 2-BR, 1-BA
Web# H0156092



SUSAN CESLOW

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Table of Contents

ON THE COVER:
Kate Usher and The Sturdy Souls practice at Ditch, on the beach where they first met.



40
featured
Sturdy Souls



46
2018
Beach & Poolside Essentials

Photo: Jess Dillene Weber

Neo-Political Cowgirls



50
Provocative Altruism
(for the kids)



56
Montauk's Secret Spots



32
Restaurant Review
Hooked

MTK Business Updates..... **13**
Montauk Map **after 18**
Summer Event Calendar ... **22**
Summer Camps for Kids..... **20**
Beach Essentials.....**46**
from Kaileigh Swimwear
Surfing Etiquette **48**
with Bob Miller
Montauk Museums.....**61**
Beaches **62**
Watersports **65**
Landsports..... **69**
Fishing **72**
Parks & Trails.....**78**
Dining Out..... **82**
Spas & Wellness **89**
Shopping..... **91**
Lodging..... **95**

HAMPTONS INTERNATIONAL FILM FESTIVAL

10TH ANNUAL SUMMERDOCS *Hosted by Alec Baldwin*



CLOSING FILM

CHEF FLYNN

AUGUST 25 / 7 pm
Guild Hall

Ten-year-old Flynn transforms his living room into a supper club using his classmates as line cooks. With sudden fame, Flynn outgrows his bedroom kitchen, and sets out to challenge the hierarchy of the culinary world. Flynn recently opened his first highly-anticipated restaurant, Gem, in New York, which the New Yorker calls "impressively delicious."

PRE-RECEPTION / 5 pm

Featuring food demonstrations and tastings
by Flynn McGarry himself

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Annual Film Festival

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Contributors



DEBBIE TUMA is a journalist, and a third generation native of Montauk. Her family started the charter fishing industry in the 1940's, and later started Tuma's Dock in the 1950's. Her father, Captain Bob Tuma, ran his charter boat "Dawn" for 60 years. She works at WLNG 92.1 Radio Station and writes for the Daily News, Newsday, and East End papers.



BOB MILLER devotes his life to life...as lifeguard, surfing instructor, ocean rescuer, and swim coach. Bob, a swimming prodigy from age 5, holds degrees in

Earth Science and oceanography from Stonybrook University and a Master's in Elementary Education and Special Education at Dowling College. He lives in Montauk full-time, sometimes traveling abroad to teach and heal.

ARIANA

JASUTA grew up in Montauk, where she still resides and designs. She attended The Fashion Institute of Technology in NYC and The University of Vermont before starting Kaileigh Swimwear in 2014 after designing and sewing her first bikini at home. She continues to grow the bikini business and is expanding it to the west coast and Florida.



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Editor's Letter



Get out there... Summer won't wait.

“... the window
is closing very,
very fast.”

July is upon us once again and let me remind you that this means summer is here. Yes, summer is already here. By the time you're reading this there are probably 8 weeks of summer left, at best, maybe 11 if you count September. So all those outdoor plans and ideas you've been longing to embrace throughout the interminably long winter and spring...the window is closing very, very fast.

This seasonal vignette is a microcosm of our lives, isn't it? We forget, I think, in the normal course of life, that the moments for which we wait, plan, and dream about won't stop and wait for us once they arrive. Sobering. Our 9-week old boy has brought this reality home... we look at videos of our other two kids at that age and shed tears of nostalgia at the miracle, and brutal speed, of life.

So don't take these fleeting weeks of summer for granted. Get that surfing lesson, finally take that trail hike, take a beach walk like you used to as a kid, finally take a sunset cruise... and don't forget that even rainy weekends are good weekends in Montauk.

And since you are here in Montauk (or heading there), you're already acting on your summer plans. Great, I hope you'll find some new ideas by flipping through this summer edition of On Montauk. Be sure to read Bob Miller's second piece this year about surfing etiquette. And please meet Kate Mueth of the oddly named Neo-Political Cowgirls (the name will make sense), another east ender who is larger than life and empowering those around her. Kate Usher and the Sturdy Souls are a dynamic duo padding Montauk's already great music reputation. And we're psyched to have such a great new eatery in Montauk that is a missing link in our food scene; you'll be HOOKED.

Embrace your time in Montauk this summer. It's not waiting for you. Fall is barreling down.

Carter Tyler



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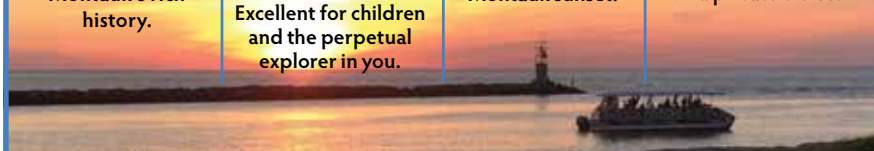
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and information about our Fishing Trips and Fun Cruises!

Montauk's shifting sands reveal some new destinations for 2018. Where to begin...?

New Eateries

HOOKED MTK – Hooked MTK is a locally owned, casual take out spot (or dine al fresco at their picnic tables) pioneered by Brian Mooney, formerly of the Clam Bar, just a short walk to the beach specializing in local seafood like steamed lobsters, lobster rolls, clams, oysters, steamers plus casual fare such as burgers, salads & kids meals. Grab a meal and hit the beach. Lunch, dinner, take out.

34 South Etna Ave. 631-668-2111.
hookedmtk.com



Photo: Ian Cooke

BREAKERS MTK – Breakers MTK is a laid-back eatery at Breakers Motel on a beautiful stretch of Old Montauk Highway, close to town, offering casual dining indoors and al fresco, poolside service, full bar, and take out. Weekend brunch beckons, as do wine, beer, and creative cocktails après beach. Breakfast, lunch. **769 Old Montauk Hwy. (631) 668-2525.**
breakersmtk.com



Photo courtesy of Breakers MTK.

MTK LOBSTER HOUSE – Diego Flores, formerly of Shagwong Tavern, brings his concept of fast, casual seafood to the space above Plaza Surf and Sport (former space of Soursop Tree Café) with dishes like lobster quesadillas, steamed mussels, and baked local clams. Burgers, too.

716 Montauk Hwy. 631-238-5703.
Mtklobsterhouse.com

Other

NIBI-MTK – Spring 2018 heralds NIBI's new flagship store in Montauk. Check out the latest boho chic fashions and the new men's collection plus a NIBI boho chic home line at **88 South Euclid Avenue. 917-371-3039.**
nibimtk.com

MONTAUK GENERAL STORE – “A shop back in time” features a little bit of everything a general store should have, including coffees, elegant pastries, teas, sweets, baked goods, and artisan cheeses. Bath and body products, games, gift boxes, and Montauk inspired gifts also abound in the quaint and friendly store, right on Montauk Highway in town. **669 Main Street. 631-668-0900.**
mtkgeneralstore.com



Photo: Carter Randolph Tyler

NEW YORK PILATES – “Fitness leads to happiness.” NYP brings their famous brand of resistance training to Montauk, their newest location, right on Montauk Highway (next to 7-11). **649 Montauk Hwy. newyorkpilates.com/Montauk.**

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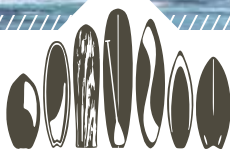
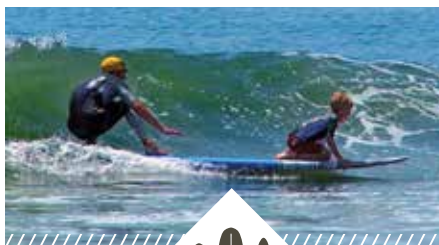
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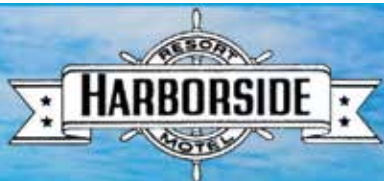


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NY STATE DEPT. OF ENVIRONMENTAL CONSERVATION MARINE FISHING REGULATIONS

SPECIES	MIN. SIZE IN INCHES	DAILY POSSESSION LIMITS	OPEN SEASONS
STRIPED BASS <i>Applies to Party, Charter Boats and Surfcasting</i>	28	1	APR. 15 - DEC. 15
WINTER FLOUNDER	12	2	APR. 1 - MAY 30
BLACKFISH	16	4	OCT. 5 - DEC. 14
BLUEFISH <i>(includes snappers)</i>	No Min Size for first 10 12 TL for next 5	15 , no > 10 can be less than 12" TL	ALL YEAR
WEAKFISH	16 10 filleted 12 dressed	1	ALL YEAR
ATLANTIC COD	22	10	ALL YEAR
POLLOCK	19	NO LIMIT	ALL YEAR
HADDOCK	18	NO LIMIT	ALL YEAR
SUMMER FLOUNDER (FLUKE)	19	3	MAY 17 - SEPT. 21
PORGY <i>On Party/Charter Boats</i>	10	30 45	MAY 1 - DEC. 31 SEP. 1 - OCT. 31
BLACK SEA BASS	15	3 8 10	JUN. 27 - AUG. 31 SEP. 1 - OCT. 31 NOV. 1 - DEC. 31

For the most up-to-date and complete list go to:
www.dec.ny.gov/outdoor/fishing.html

EFFECTIVE MAY 10, 2017

Summer Camps for kids

PATHFINDER COUNTRY DAY CAMP

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pathfinderdaycamp.com
631-668-2080

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Kate Tempesta's Urban Golf Academy at Montauk Downs offers a range of full/partial day and weekly camps/programs for golf, tennis and swim for ages 3-8, plus evening golf camp for 8 and up. June 18-Aug. 31. Details/registration at **ktuga.com**
607-731-1886

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campsoulgrow.org

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UPCOMING EVENTS

The **ONMONTAUK.COM EVENT CALENDAR**
has full details on these and other happenings
On Montauk.



Photo: Byor Kay Tyler

Recurring Events

Full details onmontauk.com

MON

LIVE MUSIC

Monday Night Concerts On the Green sponsored by the Montauk Chamber of Commerce, through June & July

RECREATION

Hatha Yoga with

Montauk Library, through 8/15

THURS

LIVE MUSIC

Jettykoon at the Montauket, through July and August

EDUCATION

English Conversation

FRI

DANCE

Country Line Dancing for Beginners with Joel at the Montauk Library, through 8/10

RECREATION

Gentle Chair Yoga with Christie Hoyt at the Montauk

THIS IS A PARTIAL LIST. FULL DETAILS AND OTHER LISTINGS AT ONMONTAUK.COM

Tsuyumi at the Montauk Library, through 8/27

Tai Chi at the Montauk Library, through 8/27

WED

RECREATION

Chair Yoga at the Montauk Library, through 8/15

Easy Vinyasa at the

Group at the Montauk Library, through 8/30

FOOD

Montauk's Farmers Market On the Green, through 9/13 and then Friday 9/21 and 9/28

RECREATION

Sand Castle Contest at Hither Hills State Park, through 8/30

Library, through 8/31

Strength Training for Seniors at the Montauk Library, through 8/31

SAT

SALE

Women's Guild Rummage Sale at Montauk Community Church, through 9/1

Before visiting any attraction or business listed, please call ahead to confirm hours of operation, admission prices, or any other information you may need to plan your activities.



Lynn Blue Band

DAILY EVENTS

JUL 1 – SUN

LIVE MUSIC

Kate Usher and the
Sturdy Souls at the
Montauket

White Denim at
The Surf Lodge

Jettykoon at
Georges Lighthouse
Café

The Lifeguards at
Westlake Fish House

JUL 2 – MON

LIVE MUSIC

Kate Usher and The
Sturdy Souls at The
Surf Lodge

The Realm-Monday
Night Concerts On

the Green

Paul Fried at
Westlake Fish House

JUL 3 – TUES

KIDS

Watercolor Painting
with the Art Nanny
at the Montauk
Library

LIVE MUSIC

Kathleen Fee at
Swallow East

Manny at Westlake
Fish House

JUL 4 – WED

LIVE MUSIC

Little Sister with
Abby Lane at

Westlake Fish House

Nancy Atlas at
The Surf Lodge

RECREATION

Montauk's Fireworks
Dinner Cruise
hosted by Viking
Starship

Stars Over Montauk
July 4th Fireworks at
Umbrella Beach

Fireworks Viewing
Party hosted at
Breakers

JUL 5 – THURS

LIVE MUSIC

Josh Brussell at The
Stephen Talkhouse
Hopefully Forgiven

Before visiting any attraction or business listed, please call ahead to confirm hours of operation, admission prices, or any other information you may need to plan your activities.

at Swallow East
Woodworkers at
Westlake Fish House

JUL 6 – FRI

ART

Kaplan Twins,
Opening Reception
Experience The
Works Of The Art
World's Hottest
Irreverent Twins at
Montauk Beach
House

LIVE MUSIC

Ron Artis II & The
Truth and G. Love at
The Surf Lodge

Jettykoon at
Westlake Fish House

Montauk Library

JUL 8 – SUN

LIVE MUSIC

Nancy Atlas at
Gosmans Dock

St. Lucia at
The Surf Lodge

Royal Kahoz at
Swallow East

The Lifeguards at
Westlake Fish House

JUL 9 – MON

LIVE MUSIC

Lynn Blue Band at
Westlake Fish House

Casey and the Lone
Sharks-Monday
Night Concerts On

JUL 12 – THURS

KIDS

Pop Art Workshop
with Michael Albert
at the Montauk
Library

Beautiful Butterflies
Story & Craft at the
Montauk Library

LIVE MUSIC

The Woodworkers at
Westlake Fish House

JUL 13 – FRI

LIVE MUSIC

Josh Brussell at Clam
and Chowder House
at Salivar

The Bastards
of Boom at

THIS IS A PARTIAL LIST. FULL DETAILS AND OTHER LISTINGS
AT **ONMONTAUK.COM**

Nancy Atlas at
George's Lighthouse
Café

JUL 7 – SAT

LIVE MUSIC

James Murphy (DFA/
LCD Soundsystem)
at The Surf Lodge

Strecker at
Swallow East

Poolers *Special
Edition* - The Kaplan
Twins + DJ Edx at
Montauk Beach
House

SALE

2 Day: Friends of
the Library Annual
Book Fair at the

the Green

JUL 10 – TUES

LIVE MUSIC

Kathleen Fee at
Swallow East

Manny at
Westlake Fish House

JUL 11 – WED

LIVE MUSIC

Point East at
Westlake Fish House

Nancy Atlas at
The Surf Lodge

SCREENING

Thomas Bena, ONE
BIG HOME screening
& discussion at the
Montauk Library

Westlake Fish House

Nancy Atlas at
George's Lighthouse
Café

Jukebox the Ghost at
The Surf Lodge

JUL 14 – SAT

LIVE MUSIC

Mountain Wave at
Westlake Fish House

SALE

2 Day: Historical
Society Craft Fair
at Second House
Museum

JUL 15 – SUN

BOOK GROUP

My Name is Lucy
Barton by Elizabeth
Strout at the
Montauk Library

LIVE MUSIC

Noname at
The Surf Lodge

Randy Jackson at
Gosmans Dock

TRIATHLON

LIVE MUSIC

Lynn Blue Band-
Monday Night
Concerts On the
Green

Little Sister with Abby
Lane at Westlake Fish
House

Paul Fried at
Westlake Fish House

JUL 18 – WED

LIVE MUSIC

Nancy Atlas at
The Surf Lodge

RECREATION

Jackson Pollock
Painting at the
Montauk Library

Michael Weiskopf

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23rd Annual
Lighthouse Sprint
Triathlon & Relay

JUL 16 – MON

JUL 17 – TUES

LIVE MUSIC

Manny at
Westlake Fish House

of The Complete
Unknowns & Friends at
the Montauk Library

JUL 19 – THURS

LIVE MUSIC

The Woodworkers at
Westlake Fish House

JUL 20 – FRI

EDUCATION

Shark TALK by Scott
Curatolo - Wagemann
at the Montauk Library

LIVE MUSIC

Josh Brussell at Clam
and Chowder House
At Salivar

Jettykoon at
Westlake Fish House

Nancy Atlas at
George's Lighthouse
Café

Snail Mail at
The Surf Lodge

JUL 21 – SAT

BENEFIT

Ocean Swim
Challenge hosted
by East Hampton

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2 Day: Montauk
Mercury Grand Slam
Fishing Tournament at
Uihlein's Marina 7/21-
7/22

LIVE MUSIC

Kate Usher and The
Sturdy Souls at Clam
and Chowder House

Xavier Omar at
The Surf Lodge

The 3B's at
Westlake Fish House

JUL 22 – SUN

LIVE MUSIC

Jettykoon CD
Release Party at the
Montauket

Lukas Nelson at
The Surf Lodge

The Lifeguards at
Westlake Fish House

Zanti Misfits at
Gosmans Dock

JUL 23 – MON

LIVE MUSIC

Lynn Blue Band at
Westlake Fish House

Ray Red-Monday
Night Concerts On
the Green

Nancy Atlas at
Stephen Talkhouse

JUL 24 – TUES

KIDS

Family Beach Huts

with the Baking Coach
at the Montauk Library

LIVE MUSIC

Manny at
Westlake Fish House

JUL 25 – WED

LIVE MUSIC

Point East at
Westlake Fish House

AVIVA Players chamber
ensemble at the

Montauk Library

Nancy Atlas at
The Surf Lodge

JUL 26 – THURS

LIVE MUSIC

The Woodworkers at
Westlake Fish House

JUL 27 – FRI

LIVE MUSIC

Kate Usher and The

A poster for the Jettykoon CD release party. It features a raccoon standing on a rock surrounded by large pink flowers. A large yellow 'X' is in the background. A seagull is on the right. The text 'JETTYKOOON' is at the top, and 'NEW' is in a yellow box. Below the image, it says 'CD release PARTY SUNDAY July 22 5PM MONTAUKET'. Further down, it lists 'Westlake Fridays 6pm 7/6 7/20 8/3 8/17 8/31 MONTAUKET' and 'Jettykoon Thursdays 6pm'. At the bottom, it says 'dates added weekly check info @ www.jettykoon.com'.

Before visiting any attraction or business listed, please call ahead to confirm hours of operation, admission prices, or any other information you may need to plan your activities.

Sturdy Souls at Clam and Chowder House

Love Child at Westlake Fish House

Nancy Atlas at George's Lighthouse Café

Jesse Harris' Cosmo at The Surf Lodge

JUL 28 – SAT

KIDS

Harry Potter Party at the Montauk Library

LIVE MUSIC

Durand Jones at The Surf Lodge

JUL 29 – SUN

FESTIVAL

Westlake Fish House

RECREATION

Art Workshop with Joyce Raimondo at the Montauk Library

AUG 1 – WED

EDUCATION

Jane Weissman, slide talk, Land Art at the Montauk Library

LIVE MUSIC

Nancy Atlas at The Surf Lodge

AUG 3 – FRI

EDUCATION

Montauk Observatory (Mars TALK) at the Montauk Library

LIVE MUSIC

Nancy Atlas at Gosmans Dock

Ron Gallo at The Surf Lodge

AUG 6 – MON

LIVE MUSIC

The 3 B's-Monday Night Concerts On the Green

AUG 7 – TUES

KIDS

Graffiti Program for Kids at the Montauk Library

LIVE MUSIC

Kate Usher and The Sturdy Souls at

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6th Annual Taste of Montauk on the Great Lawn of Gurney's Montauk Yacht Club

LIVE MUSIC

Mondo Cozmo at The Surf Lodge

Carrie and The Cats at Gosmans Dock

JUL 30 – MON

LIVE MUSIC

Potter Tekulsky Band-Monday Night Concerts On the Green

JUL 31 – TUES

LIVE MUSIC

Manny at

LIVE MUSIC

Josh Brussell at Clam and Chowder House At Salivar

Atlas Genius at The Surf Lodge

Jettykoon at Westlake Fish House

AUG 4 – SAT

BENEFIT

Gala at the Montauk Playhouse Community Center Foundation

LIVE MUSIC

Kate Nauta at The Surf Lodge

AUG 5 – SUN

Stephen Talkhouse

AUG 8 – WED

LIVE MUSIC

Bill O'Connell Jazz Trio at the Montauk Library

Nancy Atlas at The Surf Lodge

AUG 9 – THURS

LIVE MUSIC

Nancy Atlas at Stephen Talkhouse

AUG 10 – FRI

LIVE MUSIC

Gary Clark Jr. at The Surf Lodge

AUG 11 – SAT

LIVE MUSIC

Smino at
The Surf Lodge

SALE

2 Day: Historical Society
Craft Fair at Second
House Museum 8/11-
8/12

AUG 12 – SUN

LIVE MUSIC

Donovan Frankenreiter
at The Surf Lodge

Hoodoo Loungers at
Gosmans Dock

AUG 13 – MON

LIVE MUSIC

Mike and the

Dogwatchers-Monday
Night Concerts On the
Green

AUG 15 – WED

LIVE MUSIC

Nancy Atlas at
The Surf Lodge

RECREATION

Jordan Shapiro
ensemble. Maritime
ballads & folk songs at
the Montauk Library

AUG 17 – FRI

ART

3 Day: Montauk Artists'
Association 23rd
Annual Juried Fine Arts
Show on the Green

8/17-8/19

LIVE MUSIC

Josh Brussell at Clam
and Chowder House At
Salivar

Nancy Atlas at
George's Lighthouse
Café

Jettykoon at
Westlake Fish House

KIDS

Frogs, Bugs and
Animals at the
Montauk Library

AUG 18 – SAT

LIVE MUSIC

Two Feet at
The Surf Lodge

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AUG 19 – SUN

BOOK GROUP

The Door by Magda Szabo at the Montauk Library

LIVE MUSIC

THEY. at The Surf Lodge
Carrie and The Cats at Gosmans Dock

AUG 20 – MON

LIVE MUSIC

Blue Band at Westlake Fish House
Sarah Conway and the Playful Souls-Monday Night Concerts On the Green

Puppeteers from Bologna, Italy at the Montauk Library

AUG 25 – SAT

LIVE MUSIC

Lynn Blue Band at the Montauket
Rayvn Lenae at The Surf Lodge

AUG 26 – SUN

LIVE MUSIC

AlunaGeorge at The Surf Lodge
Carrie and The Cats at Gosmans Dock
Janice Friedman, Jazz vocals & piano at the Montauk Library

and Chowder House at Salivar

AUG 31 – FRI

LIVE MUSIC

Nancy Atlas at George's Lighthouse Café
Jettykoon at Westlake Fish House

SEP 1 – SAT

LIVE MUSIC

bülow and FRENSHIP at The Surf Lodge

SALE

2-Day: Lion's Club Craft Fair on the Green 9/1-9/2

SEP 5 – WED

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AUG 22 – WED

LIVE MUSIC

Nancy Atlas at The Surf Lodge

SCREENING

Stormy Weather with Discussion by Mark Courade at the Montauk Library

AUG 24 – FRI

LIVE MUSIC

Nancy Atlas at George's Lighthouse Café

THEATRE

Teatrino Giullare -

AUG 27 – MON

LIVE MUSIC

Janelle Monáe at The Surf Lodge
Joe Delia and The Thieves-Monday Night Concerts On the Green

AUG 29 – WED

LIVE MUSIC

Nancy Atlas at The Surf Lodge

AUG 30 – THURS

LIVE MUSIC

Josh Brussell at Clam

LIVE MUSIC

Nancy Atlas at The Surf Lodge

SEP 7 – FRI

LIVE MUSIC

Nancy Atlas at George's Lighthouse Café

SEP 8 – SAT

FESTIVAL

2-Day: 6th Annual Montauk Seafood Festival at Gurney's Montauk Yacht Club 9/8-9/9

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Restaurant Review

GET “HOOKED” IN MONTAUK!

BY DEBBIE TUMA

Pretend for a second that you could wander off the beach in downtown Montauk and hit a casual, delicious eatery with a huge assortment of fresh, affordable seafood dishes that you could take out or enjoy at curbside tables with family and friends. This is now a culinary dream come true for so many of us thanks to the recent opening of “Hooked,” an expertly run eatery at 34 South Etna Avenue just a few blocks from the ocean dunes. It won't be hard to get “hooked” on their extensive menu of raw clams and Montauk Pearl oysters (from Montauk's own oyster farm), steamers, mussels, lobster salad rolls, fish tacos, soft shell crabs, raw tuna bowls, homemade chowders, and more.

Hooked, a new eatery in Montauk village, scores on every level except pretense.



Photo: Carter Randolph Tyler

Brian and Gillian Mooney

Huge blackboards above the counter show all kinds of classic and creative seafood dishes, including Tuna Bites, Lobster Mac & Cheese, Grilled Tuna, Swordfish or Mahi Mahi, Fish n' Chips, Crab Cakes, and Fried Whole Belly Clams. Landlubber options like Hamburgers, BBQ Baby Back Ribs, Veggie Burgers, and salads abound, too. A robust "Guppie" menu for kids is also available.

Hooked is the brainchild of Gillian and Brian Mooney, who both hail from Dublin, Ireland

but met in Montauk, where they now raise a family. They are no strangers to the food business. Brian managed and cooked at The Clam Bar in Napeague for 24 years, garnering a fiercely loyal following that, judging by a recent lunchtime visit to Hooked, has followed him, while Gillian owned and operated Herb's Market for 11 years.

Brian explained that many families want high quality, healthy food that is quick, casual and has a take-out



option. Enter Hooked. “We actually do more grilling than frying,” he smiled, although for fried food lovers there is still Fish n’ Chips and boats served with fried scallops, shrimp, crab cakes, and fishwich sandwiches, all served with fries, including a delicious sweet potato version. “We decided to team up and bring restaurant quality food that’s

affordable to both locals and tourists,” said Gillian Mooney. “We felt there was a need for what we call ‘elevated take-out,’ in Montauk.”

Walking into Hooked, you see a long counter along the front window where people can sit and people watch. The walls are decorated with an assortment of nautical items

"There was a need for 'elevated' take-out in Montauk."



Photo: Debbie Tuma

Fish Tacos

like buoys, ropes, swordfish swords, driftwood and even a lobster trap that the Mooney's have collected over the years. Outside stand a dozen or more colorful picnic tables with umbrellas that are perfect for family or group dining.

On my recent lunch visit the place was bustling as Gillian and her staff ran around behind the counter in their "Hooked", "Eat Like a Local" shirts. While my dining partner and I stood in line to order, we met Tess McNamara, of NYC, who was happily devouring an overstuffed lobster roll. "I have been following Brian Mooney since he managed and cooked at the Clam Bar in Napeague," she said. "I love his food, especially this lobster roll."

We decided to sample some of their many seafood delights, starting with the rich and creamy Lobster Bisque and the spicy, creative "Kickin' Crab & Corn Chowder." We then shared a large and hearty "Hooked House Salad," which was a wonderful combination of fresh kale, quinoa, cranberries, cotija cheese and orange segments served with a tangy, cranberry citrus vinaigrette.

One of my favorites was the "Tuna Poke Bowl," consisting of a generous portion of raw tuna marinated in a delicious Southwestern cilantro vinaigrette served over sliced pickled cucumber, shitake mushrooms, scallions, and Soba noodles. The Fish Tacos were anything but ordinary; two soft tacos filled with grilled Mahi Mahi and topped with





Photo: Byor Kay Tyler

Hooked is kid approved!



Photo: Carter Randolph Tyler

(Above) Montauk visitors dining out front.



Photo: Debbie Tuma

Lobster roll with homemade broccoli slaw.

mango salsa, sriracha mayo, and broccoli slaw. And yes, the quintessential lobster rolls were scrumptious. Oh, and you can get whole, cooked lobsters to go, which we'll try next time!

"Hooked" is open daily, from 11:30 a.m. to 8 p.m., and they are located at 34 South Etna Avenue, in downtown Montauk. Call 631-668-2111, or visit www.hookedmtk.com. One bite and you're hooked!!!" 😊



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Sturdy Souls Roam,

By Debbie Tuma
& Carter Randolph Tyler



but Anchor in Montauk



Kate Usher and The Sturdy Souls, Young Guns of the Montauk Music Scene, are a new breed of performer defining a generation at the End.

These two young souls cruising around Montauk, surfing and chilling with a guitar always at the ready, are singing, writing songs, and jamming their way into Montauk music history with a unique sound and style that is gaining them new fans at every gig. Good friends Kevin Angiulo, 25, and Kate Usher, 24, are young in spirit but old at heart. They know what they're meant to do and are passionate about doing what they love.

On Montauk caught up with them on a gorgeous spring afternoon at Kevin's house in Ditch, right across from the ocean. "It's actually my great grandmother's house, which she built in the 1960's," said Kevin, who had brought one of his acoustic guitars out on the deck. Kate was in her signature attire, a cropped top, and ripped jeans -- a look she often sports on stage. Her long blonde hair blew in the ocean breeze as she told us about her own Montauk roots that began with her grandparents, who also built a home in Ditch in the 60's.

Music and serendipity brought Kevin and Kate together. Kate grew up in Manhasset, Long Island, but lived in Montauk every summer throughout her life. Kevin grew up in Babylon, Long Island, spending summers in Montauk as well. He was an avid athlete until he badly injured his knee playing football; an event that led him

towards a new passion. "After knee surgery in high school, I began playing guitar. It changed my life forever," he said. "Music helped me find myself."

After graduating from the University of Tampa, Kevin started his own one-man band called, "The Sturdy Souls." That summer Kevin and Kate met on the beach in Ditch while admiring a mutual friend's art. "At the time, I was a student at Lehman College in NYC, studying nutrition, organic chemistry and psychology. I was also singing in a 34-piece jazz band that rehearsed at my school," said Kate. "Though I enjoyed my time at school, I didn't enjoy the mundane, robotic cycles that paired with the college lifestyle."

After their beach encounter Kate and Kevin continued to be friends, eventually developing a close friendship. That winter they met up in Rincon, Puerto Rico, playing music and surfing with many other friends from Montauk. They learned a few songs together while relaxing on the beach and then played a gig together. Reminiscing on that fateful night, Kevin recalled that "the whole audience was immediately stunned by how powerful and beautiful her voice was. The rest was history."

After that winter, Kate took a hiatus from school and started touring with the Sturdy Souls from California to New York

“surfing and chilling with a guitar always at the ready...”



Photo: Carter Randolph Tyler

including local venues like The Stephen Talkhouse, the Montauket, Swallow East, and many others. Nowadays, “Kate Usher and The Sturdy Souls” play 5 nights a week in Montauk with a residency at the Surf Lodge every Monday all summer long from 6 to 8 pm. They don’t plan on stopping at this feat, however. The group has goals to pack out different arenas around the world. “It is a huge blessing to be able to do what we love, and we want to inspire others on a global basis to not be afraid to pursue their passions.”

The dynamic duo embraces many diverse styles of music including R&B, Jazz, Pop, Reggae, Rock, and Soul. Combined with Kate’s bright personality and sultry voice, the Souls set themselves apart and make their sound and presence compelling. Kate favors indie-electronic music and says she was influenced by many different musicians, of which her favorite is Miley Cyrus. “I’ve always loved her ability to express herself freely on and off the stage.”

Although they have toured and traveled throughout the world, Kevin and Kate both agree that their favorite place to perform and live is in Montauk because its natural beauty inspires their writing and performing. “Montauk is the most beautiful place,” says Kate. “No matter where I travel, I am always excited to come back to this special town.” Fishing, clamming, surfing, gardening and yoga are among their many Montauk pastimes.

Kate and Kevin are working hard to build their fan base as they try to grow and expand beyond the local scene. Kevin says, “We are blessed to have friends and fans who follow and appreciate our music. We look forward to reaching and inspiring as many people as possible.” Kate Usher and The Sturdy Souls released their first CD, “Circles,” in May. You can hear them playing their new songs all summer long in Montauk.

For their schedule and more information, check out thesturdysouls.com. 😊





2018



Photo: Jess Dalene Weber

BEACH & POOLSIDE ESSENTIALS

By Ariana Jasuta
designer of Kaileigh Swimwear

Montauk native and resident Ariana Jasuta is the beautiful architect and designer behind (and often IN) Kaileigh Swimwear. She shared 2018's swimwear trends in our spring issue (see it at onmontauk.com) and here reveals her summer beach essentials. Stay tuned for more from Ariana in the fall issue and check her out at Kaileighswimwear.com.

These are my go-to beach/poolside items for those long, leisurely summer days in Montauk. A little forethought can really enhance the day.

I always wear a Kaileigh Swimwear bikini (naturally) and bring my Whalebone X Kaileigh Swimwear rash guard top in case I want to hop on my surfboard.



Beach Blanket
LAS BAYADAS
lasbayadas.com

I usually wear something I can go from beach to BBQ in the afternoon, so this Amuse Society Kimono and One Teaspoon denim cut-offs are the perfect outfit.

I never leave the house without sunscreen, usually Supergoop sun setting spray, or a good pair of sunnies, like these Warby Parkers.

This cute L'petite bag from Poolside Bag is perfect for carrying all of my essentials after I've left the water. And I always bring this large Las Bayadas beach blanket to share with friends!



Sun Setting Spray
SUPERGOOP!
supergoop.com



L'petite Bag
POOLSIDE COLLECTIVE
wearepoolside.com



Poolside Dreams Kimono **AMUSE SOCIETY**
amusesociety.com



Raglan Sunglasses
WARBY PARKER
warbyparker.com



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oneteaspoon.com



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LET'S TALK SURF ETIQUETTE



With Bob Miller

Ocean Rescuer Bob Miller has spent a life on water; teaching, lifeguarding, coaching...and surfing. With decades of experience under his belt, he's imparting some important advice on how to keep it together on the water for On Montauk in 2018. In our spring issue he highlighted the importance of water safety and knowing your surrounding near/on the water (see his article at onmontauk.com). Here, for the summer issue, he talks surfing etiquette. Read on and stay tuned for his next piece in the fall/winter edition.

So.... the story goes... after forty years of catching waves (that I can remember) I'll share with you what I've learned. "Share", hmmm ... that was my mantra a few years back, so while out in the water surrounded by perhaps more than the usual crowd of local surfers, I'd find myself taking a deep breath in 2,3,4 ... and on the exhale remind myself to share.

Anyhow that is the sort of thing that this article is about. After coaching for over 25 years and specifically surfing the past 15 years I've learned to keep it simple. Some of you may be familiar with the acronym KISS, which stands for keep it simple silly (yeah right), so I'll keep it silly, I mean simple.

When talking about surfing we can talk about 3 different things... safety, which we talked about in the last article (HOLD YOUR BOARD... COVER YOUR HEAD), etiquette, which we will learn about in this article, and then we can talk surfing, but if you learn to be safe in the water and practice good etiquette... you can surf anywhere in any line-up around the world.

That said, I've often asked people what etiquette is.... and their answers are great! The dictionary defines etiquette as 'the customary code of polite behavior in society or among members of a particular profession or group,' & that group would be us... surfers.

With no one out in the ocean to police the line-up, this 'code of polite behavior' is not always understood, acknowledged, or perhaps even

known, so I'm going to share.

I'm going to write down those unwritten rules of conduct, courtesies, & customs, which is not something new. Manners are something we've all learned in grammar school. Like taking turns on the slide, a surfing line-up works like a queue - everyone gets a slide, I mean ride... or slide... whatever, y'all know what I mean, protocol.

These formalities with respect to surfing are as relevant today as they were back in the day when The Beach Boys put out their album, "Pet Sounds," and without a certain decorum, the ocean would be a much more dangerous place... which again brings us back to safety because if it's not safe and people aren't nice, surfing is much less fun.

Anyway ... let's get into this surf etiquette stuff.

Nicety numero uno is **DON'T DROP IN**. This means that you look both ways before taking a wave. It's like crossing the street, if you look one direction and someone is coming... you don't go, pull back on your board, sit on the tail, kick out of the wave. **DON'T DROP IN** and from our first article on safety, **HOLD ONTO YOUR BOARD**.

Another rule of conduct is **DON'T BE A SNAKE**. This would mean to paddle around other surfers in the queue and basically cut the line. Imagine that slide again in the playground, and those surfers that are snakes would be the type that didn't want to wait their turn, pushing, pulling, causing



Photo: Carter Randolph Tyler

Surfers Code Sign at Ditch Plains

drama, not good!! **DON'T BE A SNAKE**, please wait your turn and remember breath in 2,3,4 & ... "share."

Okay... courtesy #3 is to take **CAUTION ON THE INSIDE**. Here we mean when caught inside the breakers, to paddle towards whitewater to avoid a collision; and **ONLY IF IT IS SAFE TO DO SO**, paddle towards the shoulder of a wave to avoid a collision. Basically, do anything you have to get out of a surfers way that is riding, which brings us back again to our "safety tauk" from the spring On Montauk, & being aware of your surroundings.

Next, good form in the ocean is to **NEVER** lose or throw your board. My lifeguard Capitan says, "back when there were no leashes, and if you couldn't swim and you lost your board you died, so... that really cut down on the crowds quite a bit." That makes for both good etiquette & good safety... **HOLD ONTO YOUR BOARD**.

Are you seeing patterns of formality here, like **WAIT YOUR TURN**? So, who's turn is it? The person waiting the longest, closest to the peak or furthest out, some would even say the first up, but it's really about polite decorum & sharing.

One last courtesy please, if I may...? **SURF WITHIN YOUR ABILITY**. As in if you're learning, please stay clear of the main surf zone, again please, take the time to learn how to control your surf board away from the crowd.

These are all ways to practice good surf etiquette, which again is defined as the customary code of polite behavior... so, please be aware of your surroundings, wait your turn, don't drop in, don't be a snake, and hold onto your boards.

Sent from my lifeguard stand... 🌊

PROVOCATIVE ALTRUISM

for the kids

Kate Mueth's Neo-Political Cowgirls and other inspired programs are injecting east end kids with theatre, and confidence

By Debbie Tuma and Carter Randolph Tyler

The Neo-Political Cowgirls is a not-for-profit, professional dance theater company in its 11th year performing throughout Montauk, the Hamptons, off-Broadway, and internationally. Its founder and creative director, Kate Mueth, is on a mission to educate and enlighten people through the arts. She's succeeding, and Montauk is fortunate to have her stationed locally.



When asked what “Neo-Political Cowgirls” means, she explained, “It means a kind of new politics—getting everyone’s voice at the table. We like to dig deep and explore the faces of humanity that people don’t want to look at. Our group is provocative, honest, fearless, free, wildly visual, and unapologetically sensual.”

Kate also created and runs several education programs focused on empowering young people, especially girls. Her Young Cowgirls workshops for 8-12-year-old girls run for 10 weeks and are rooted in theater and movement. “We help girls find their voices, giving

them courage to develop their passions so they can serve their communities,” says Mueth. “Young girls are sometimes either internalized or bombastic, the extremes...we try to help them become better listeners and communicators, and to find empathy.”

Mueth, who hails originally from Illinois but has lived in the east end for 18 years, says that her philosophy of how to educate young girls is “very process-based, focusing on the process-making of the work, rather than the end product. It’s devised theater, meaning you create it in the rehearsal process,” she explained.



Photo: Tom Kochie



Photo: Nicole Dancel

Mermaid in a Tale of Two Sisters bookstore for Montauk's ZIMA!

Georgia Flight, of Montauk, had her two daughters, Scarlett and Bea, attend recent Young Cowgirls

workshops. "The experience was very empowering for my daughters. Kate's lightness on the reigns might seem unorthodox for some adults but the kids really need it. Rather than being told what to do, the girls learn that their thoughts and ideas are powerful and valid, which really builds confidence."

Red woman with Violin-2018 ZIMA



Kate recently created another program, for boys, called Dudes Eye View, where East Hampton High School boys are guided through group exercises in writing, conversations, and creative thought that culminates in each participant creating a video of their ideas stemming from their time together. "I created this pilot program because I was getting emails from

various people asking what workshops and programs we had for boys. As the mother of a teenage son, I know the challenges and fears held by parents in searching for a place for their son to grow confident, feel out-in-the-world support, and to further strengthen his voice."

Dudes Eye View debuted last May in collaboration with the Hamptons International Film Festival and Guild Hall to great fanfare, including a Q&A session afterwards hosted by Sawyer Spielberg (Yes, Steven's son) and a chat with the workshop participants about their films.

Kate has a hyperlocal focus on the east end, a place she truly loves, despite occasional travel abroad to sow her passion. Indeed, this summer, the Neo-Political Cowgirls are doing a production called "Baubo" at 3rd House in Montauk, August 14-18. Kate says it is

"very music-driven, featuring silk aerialists and color guard flags as part of the moving scenery. It encompasses text, the spoken word, gymnastics, dance and whatever we need to tell the story. All the dancers are seated on the ground, as the story happens all around you."

She also has a production every winter called Zima, which is a sort of theatrical scavenger hunt, most recently held in Montauk on 3rd House's expansive grounds and previously throughout the businesses and landmarks of downtown Montauk. It is open to anyone who wants to participate. Everyone bundles up and, with clues in hand, searches for extravagantly clad, well-hidden actors and actresses, ultimately solving a clever riddle.

"We're always looking for new ways for audiences



Panel for Dude's Eye View
screening at Guild Hall



Photo: Tom Kuchie

ZIMA! performer in a shop window for Sag Harbor's Harborfrost



(Above) Kate Mueth

to experience our theatrical productions," said Mueth. "We love the unpredictable, and with the Cowgirls you can expect the unexpected." For example, in a recent production she used a barn, around which the audience moved from window to window to watch the scenes progress--in what Mueth calls "voyeur."

Mueth, who has taken her plays to Helsinki, Berlin, and off-Broadway, said her work is about understanding that art can pop up anywhere, something that "keeps our imagination fluid and active," she proclaims.

"We're also very social justice-focused," said Mueth. "We had our annual fundraiser on June 28 at Guild Hall in East Hampton, which helped bring more attention to charitable organizations that serve women and families." It included a garden party and evening performances of one-act plays written by women. Mueth pulled in some high profile performers this year, including Aida Turturo from the Sopranos, Cathy Curtin from "Orange is the New Black", "Stranger Things" and "Homeland", and Ellen Dolan, daytime soap star on "As the World Turns" and "Guiding Light." 🙏



Charlie Westfal- Workshop Teaching Artist,
August Gladstone- Workshop participant and
Sawyer Spielberg- panel Moderator at Guild Hall

**For more information, check out
npcowgirls.org.**



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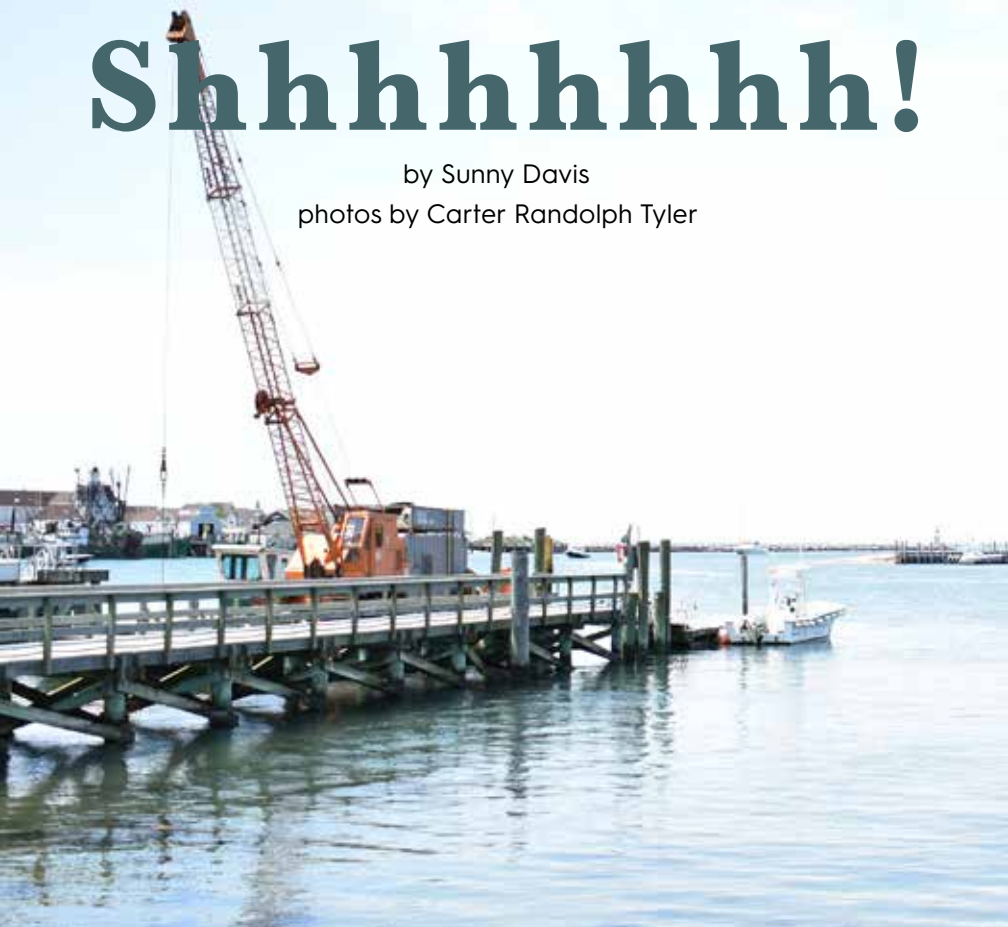


Located on West Lake Drive, Montauk Harbor (just north of Star Island Road)

Shhhhhhh!

by Sunny Davis

photos by Carter Randolph Tyler



I wondered... for about a nanosecond, if writing about some of Montauk's best kept secrets would ruin them. Then I remembered that Montauk has endless secrets...

The natural beauty of some of the End's most unique spots will give your body and brain a serious reboot. Sometimes the weight of civilization can be overwhelming. The fast pace... the burdens of relationships... the empty materialism of today's society... the technological complexity and dependency in our everyday lives... it's enough to make you dream of

Montauk's Secret Spots

(and the meaning of life?)

Park at the end of Star Island for classic harbor views



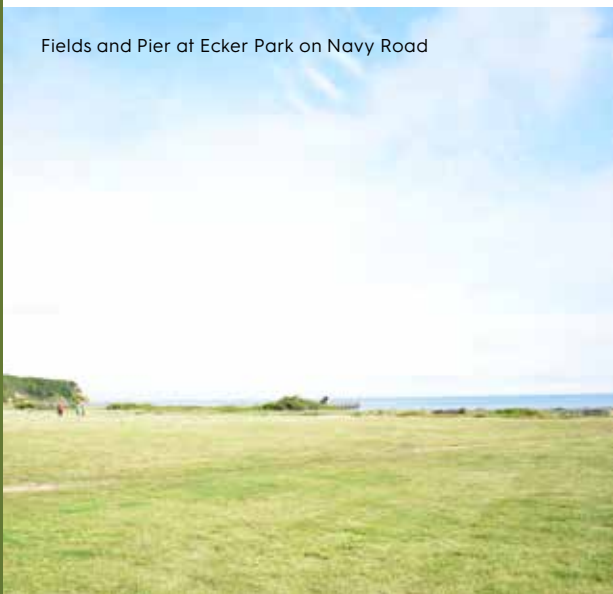
Star Island -- the road and parking area at the far end is a great place to watch the trawlers come in and unload at Inlet Seafood and for watching the Coast Guard cruisers in the inlet doing practice drills.

escaping to a simple place to be more in touch with the flora and fauna. Step into some truly exceptional wonders in our hamlet and JUST.LET.GO. Nature becomes

this incredible facilitator of unplugging us from distractions and dropping us into what our mind and body really need. Your instincts will soon take over and focus on

Eddie Ecker, Sr.
County Park at the western end of Navy Road has a pier and open fields where dogs congregate and swim with their owners, especially around dawn on warm summer days. I love watching the canine-master dynamic when they are in the water together. This is a great spot to waste time, which is a lost art in my book.

Fields and Pier at Ecker Park on Navy Road



the now. It's not easy to find the meaning of life or the answers you are desperately seeking within the four walls of your hotel room or summer house. But outside in the wild and wonderful nature spots in Montauk, answers may come more easily. The wind

hears your problems... bees buzz, birds sing, creatures squawk and sometimes the answers become apparent. NOTE: your cell phone and devices WILL PROBABLY NOT get a signal or work in most of these locations. This is a good thing. ☺

The Walking Dunes at the end of Napeague Harbor Road

– just hike along the marked trails and partake in the family-friendly cranberry picking hikes in the fall. This place is Heaven on Earth... rugged, unspoiled and a marvel of nature. It's amazing how the wind can shape shift an entire landscape. Guys, note: this is a great place to propose! Immerse yourself in the natural splendor and wonder of it all.

The eastern shore of **Lake Montauk**, near the Montauk Airport and **Big Reed Pond**, on East Lake Drive. There is kayaking, kite surfing, clamming... and it's a great place for families with small kids who like to wade in the eddies during high tide. You will never find the crowds there. Little ones will have a crash course in the meaning of life as they watch the waterfowl interact.

The Oyster Pond overlook is a scenic view parking lot and trail access point on the south side of Montauk Highway about a mile from Montauk Point. The best duck and migrating waterfowl watching place in Montauk. At night, there is no light pollution and billions of stars! The real fun is hiking to the pond from several trails, most easily accessed by parking on the western side of Camp Hero road, then crossing the highway on foot to the adjacent trail head (be careful crossing the highway). The Oyster Pond Trail and Paumanok



Path both lead to the pond and have waters-edge vantage points, wide trails (sometimes!), and unspoiled natural beauty.



Paumanok Path runs right into Oyster Pond

“The Edge” @ Camp Hero is a thrilling place to watch whales, seals, dolphins and waterfowl in Summer, as well as dramatic blitzes during the great striped migration that runs September thru November. Park at the main Camp Hero lot then meander along the cliff edge and hear the waves smashing on the rocks below. The hoodoos are magnificent formations of wind, sand and clay. A great place to appreciate living in the moment. When you are on the edge of a cliff overlooking a vast blue sea, it’s a different feeling than catching a wave and riding into shore. Extend your arms into the sky and project all of your stress into the sea.

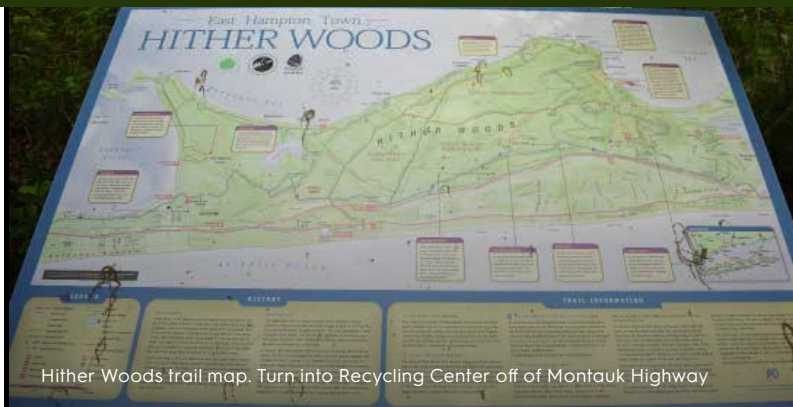




Gin Beach is quiet in June, camper city in July and August

Gin Beach – the eastern side, where there is a great camaraderie of campers and tents that create their own little village. Even if you don't actually camp there, bring a bulging picnic basket of goodies to share and you are sure to have a group invite you into their circle. If you come with a cooler full of just caught fish, even better. Many grills are cranking on warm summer nights. But my best experience there has been when it gets really dark dark... snuggling under a blanket with arms wrapped around you and a bottle of wine – under a billion stars. No light pollution whatsoever. When the meteor showers start peaking in mid-August it will take your breath away

Walk the trails in the sprawling **Hither Hills State Park** and **adjacent Hither Woods Preserve** and find some cool spots, with great off-road adventure biking trails -- you can park at "the dump" entrance just west of town on Montauk Highway. Try some forest bathing – taking a walk in nature, as you pay closer attention to the details you spot in leaves or bark. Veer off the marked trails with no particular plan... will you turn left or right or are you brave enough to just walk and stumble upon some very interesting things?



Hither Woods trail map. Turn into Recycling Center off of Montauk Highway



Montauk Museums

MONTAUK POINT LIGHTHOUSE

VIEWS VIEWS VIEWS! Our magnificent lighthouse provides unforgettable 360° views of Block Island Sound, the Atlantic Ocean and beyond. The Montauk Point Lighthouse is the oldest lighthouse in New York, being authorized under George Washington in 1792. Completed in 1796, it still serves as an aid to navigation. It was designated a National Historic Landmark, in recognition of the property's national significance in the history of the United States, in 2012.

LIGHTHOUSE MUSEUM AND GIFT SHOP

Located in the Lighthouse, the museum and the Gilmartin Galleries showcase the seafaring history of the Lighthouse, display historic documents, and offer guided tours. Open daily May 1 through Columbus Day, call for off-season times. Fees for Museum (includes access to Ocean and Surf museum): \$11 Adults, \$8 Seniors, and \$4 Children up to 12 and at least 41" tall; Children under 41" free, but they can't

go up the tower. New York State Parking fee: \$8
631-668-2544 **MontaukLighthouse.com**

MONTAUK OCEANS INSTITUTE AND SURF MUSEUM

An exploration of Montauk surfing history and culture alongside an educational primer on marine science, oceanography and physical science. Located adjacent to the lighthouse in the fog signal building. Fees for Museum (includes access to Lighthouse Museum): \$11 Adults, \$8 Seniors, and \$4 Children up to 12.

MONTAUK INDIAN MUSEUM

On the grounds of Second House just west of town, the Indian museum showcases artifacts found in Montauk from 15,000 years of Indian habitation. Open Thursday-Sunday from 12-3pm in season. Adults \$5, children \$3.
montaukindianmuseum.org

For Complete Listings →
☺ **ONMONTAUK.COM**



Photo: Carter Randolph Tyler

Beaches

Montauk is all about beaches...they're everywhere!

Let's face it, you're surrounded. Get out there and explore. But keep it safe and always watch your kids in the water. The ocean beach can be rough and treacherous on certain days. Mind the rip currents and if in doubt, stay out. Lifeguards are generally on duty at most beaches from 10am-5pm through Labor Day. Please note lifeguard status when choosing your spots, and the orange location signs. The sound side beaches (north side of Montauk) are generally calmer.

DOGS not allowed on most beaches 10am – 6pm, May 15 through September 15.

BEACH FIRES are allowed on main town beaches from 5pm – 12am but must be fully

contained in a metal container.

FOUR WHEEL DRIVE permits for the main town beaches can be purchased at the Town Hall Annex in the Montauk Playhouse. (631) 668-5081. No vehicles allowed on the beaches 10am – 6pm, MD – September 15. Other beaches around Montauk require various state or county driving permits.

PARKING is free at the Kirk Park Beach, across from 7-11, and Amsterdam Beach (limited) but a fee is charged at Hither Hills State Park and Montauk Point. Many other beaches, such as Ditch and Gin, require a parking permit, which is free for residents, available at Town Hall Annex in the Montauk Playhouse. (631) 668-5081.

AMSTERDAM BEACH (must hike to access, remote, unspoiled, quiet, no facilities, dogs OK)

Walk the trail at Amsterdam Beach State Park and be rewarded by one of the most breathtaking vistas of unspoiled shoreline on the east coast. Meander along the intermittently sandy and rocky shoreline eastward or westward and be humbled. The 50-minute round-trip wooded hike to the beach includes a tunnel of American Holly and several exotic large oaks. *Bring insect repellent and water as the beach has no facilities, no lifeguards...* and probably no other people. Park (free) on the south side of Rt. 27 across from Deep Hollow Ranch. [ehhttps.org/amsterdam-beach-preserve/](https://amsterdam-beach-preserve/)

DITCH PLAINS BEACH (surfer spot, families, can get crowded, permit parking)

Popular with surfers, this beach is two miles east of the village on the ocean with parking by permit only at two parking areas. The super long break makes surfing ideal for newbies or veteran long-boarders. This iconic beach has beautiful cliffs rising at its western end at Shadmoor Park, restrooms, outdoor showers, lifeguards during the summer season, and concession trailers that serve more than just snacks.

EDISON BEACH (sandy, walkable from village hotels, close to everything, limited parking)

At the heart of the Village at the end of South Edison Street, this popular beach has a lifeguard on duty during the summer months, restaurants, restrooms, and stores nearby. Limited public parking. Be mindful of the dunes, which were recently stabilized.

GIN BEACH (sound side, calm, families, boat watching, walk to Shagwong point, permit parking)

At the end of East Lake Drive on Block Island Sound; and named for the cattle gins, or pens, that resided here for hundreds of years, Gin Beach is great for families with children, with gentle water and sandy beaches. You can watch the boats come in and out of Montauk Harbor, or take a walk on the jetty. Parking by permit only. Restrooms, outdoor showers, a concession trailer, lifeguards during the summer season, and a nearby restaurant provide all the family needs for a day at the beach.

HITHER HILLS STATE PARK (public parking, many facilities, sandy, families)

Four miles west of town on Old Montauk Highway. Lifeguards daily from mid June–Labor Day. Non-campers pay a \$10 parking

fee. Nice playground, picnic tables, outdoor showers, restrooms, a changing area, and a general store.

KIRK PARK BEACH

(main town beach with free parking area; wide, sandy, open, families)

West of the Village by the IGA supermarket, this sandy beach stretches over 500 feet. Park for free at Kirk Park parking lot. Public restrooms located next to the parking lot. Lifeguards, restaurants and stores are within walking distance, along with a park and picnic area across the street. The dunes were recently stabilized and stairways were put in place.

MONTAUK POINT STATE PARK BEACH

(public parking, views, facilities, rocky, hiking, explore, no lifeguards)

Not a traditional “beach”. Park at the lighthouse parking lot (fee during season), walk down to the rocky shoreline and enjoy majestic views of the lighthouse, watch surfcasters on the rocks, or meander around the hills overlooking the ocean. The fit can hike the rocky shoreline in either direction and enjoy unspoiled Montauk coastline or carefully cross atop the lighthouse revetment and watch the ocean’s relentless assault on the giant boulders

(note: the revetment is slated for overhaul and may be off-limits when construction starts).

NAVY ROAD BEACH

(sound side, calm, pebbly, kayak launch, families, no facilities, permit parking)

On beautiful Fort Pond Bay at the end of 2nd House Rd., over the railroad tracks. Great for launching kayaks, paddleboards, and small boats. A favorite spot for locals and families. The beach is pebbly, so take swim shoes. Parking by permit only. Dine waterside at Navy Beach, just down the beach. Boats and small yachts frequently moor in the bay.

THE OTHER BEACHES

(walkable even if not parkable)

Montauk, surrounded by water on three sides, has many more beaches, but most of them are not protected by lifeguards and parking is not straightforward. For those who enjoy walking the beach, there are many options, as all beaches are public up to the high tide mark. A popular walk is from the village to Ditch Plains beach, where you see the cliffs of Shadmoor on the way. At high tide parts of the beach may be impassable.

For Complete Listings →
 **ONMONTAUK.COM**



OUTDOOR ACTIVITIES

Watersports

CRUISES AND WATER TOURS

Sunset cruises, educational ecotours, seal/whale watching, stargazer cruises, lunch and swim tours, charter excursions, and a host of other iterations are increasingly available in Montauk's waters and along our beautiful, unspoiled

coastlines, catering to a variety of customers.

TOMOKO BOAT TOURS &

EXCURSIONS: 631-668-8079, Cruisemontauk.com; harbor/ lake history tours, sunset and stargazer cruises, lunch/ swim tours, lake eco tours. At Gosman's Dock

VIKING TOURS: 631-319-6003, Vikingfleet.com; at Montauk Harbor; whale watching, sunset cruises, lighthouse and ecotours, ferry services and fishing; at Montauk Harbor

CATAMARAN MON TIKI CRUISES,

CHARTERS: 631-668-2826, sailingmontauk.com; day & evening outings amidst beautiful fluttering sails of large, 40-foot

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SAIL MONTAUK
Charters, Lessons & Sunset Sails



631-522-5183 www.sailmontauk.com

Polynesian-inspired catamarans; private charters, walk-on day sails and sunset cruises. At Montauk Yacht Club

SAIL MONTAUK SAILING CHARTERS AND SAILING SCHOOL:

631-522-5183, sailmontauk.com; offers sunset cruises, evening sails, sailing and swimming excursions, and sailing lessons for individuals or groups, plus a junior sailing program; at Montauk Yacht Club

BOAT/KAYAK LAUNCHING

WEST LAKE LAUNCHING RAMP (Ocean)

- on West Lake Drive (at Duryea Ave.) is an excellent multi-lane concrete ramp and dock into Lake Montauk/Montauk Harbor that accesses the sound. Parking by East Hampton town permit only. 25 trailer rigs accommodated. 631-324-4142

FORT POND FISHING

ACCESS SITE (Fort Pond Lake, Small Craft, Kayaks) - on S. Erie St. next the soccer field

Vihlein's

Marina Motel, & Boat Rentals

Corporate,
Bachelor & Bachelorette,
Birthday Parties
and More



Tel: (631) 668-3799 | Fax: (631) 668-3798

444 West Lake Drive | P.O. Box 357 | Montauk, NY 11954

has a single-lane hard-surface ramp into the lake for small craft and parking for multiple vehicles/trailers. Also appropriate for launching SUPs, kayaks, etc.

CAROL MORRISON PARK (Fort Pond Lake, Kayaks, etc.)

– on Fort Pond (lake) is a great place to launch kayaks, canoes, SUPs, etc. for recreating on the calm lake. Limited parking; 128 Second House Rd. (turn on dirt road across from S. Debussy Rd.); 631-324-2417

BOAT RENTING

UIHLEIN'S MARINA: 631-668-3799, rent skiffs, bowriders, and center consoles. Their rental fleet ranges from 16ft to 31ft with all equipment for water skiing, tubing, wake boarding, and fishing. Uihleinsmarina.com

CANOEING & KAYAKING

Canoe or kayak on Fort Pond (launch at Carol Morrison Park), Fort Pond Bay, Lake Montauk, or one of Montauk's hidden ponds.

UIHLEIN'S: rents ocean kayaks and plans excursions or lessons for the more adventurous.

Boat Rentals • Marina & Boat Yard
Water Sports • Fishing • Sammy's Restaurant
Motel & Cottage w/ Mini Golf Course



Visit our website at www.uihleinsmarina.com

JET SKI, TUBING, WAKEBOARDING, & WATERSKIING

UIHLEIN'S AGAIN! 631-668-3799, rent jet skis for Block Island sound under the watchful eye of their instructors. Any boat you rent can handle tubing, wakeboarding and waterskiing.

STAND UP PADDLEBOARDING

SU paddleboarding is increasingly popular and great exercise, fun, and works everywhere: ocean, sound, & lakes. **COREY'S WAVE:** 631-639-4879, rents SUPs, gives lessons, and tours; info@coreyswave.com.

SURFING

Montauk is one of the East Coast's top surfing towns. The culture is magnified by surfer-themed restaurants and shops. Ditch Plains is the heart and soul of the surfer community. If you surf Ditch and you are a newbie, remember Ditch etiquette—the surfing areas are 250 feet in either direction to the east and west of the bathing beach. Surfers looking for bigger waves head to Camp Hero, a rock-studded patch of right breakers beneath the cliffs, and Turtle Cove, the farthest east and perhaps best Montauk


break, just below the Montauk Lighthouse.

COREY'S WAVE: 516-639-4879, coreyswave.com, professional surfing instruction for all ages and abilities, private or group, plus guided surf trips, a kids' surf academy, and stand up paddleboard rental and instruction, plus group surfing events and parties.

For Complete Listings →
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MONTAUK'S SAILING CATAMARANS



Sailing Daily from May-October

Our spacious eco-conscious catamarans were inspired by traditional Polynesian designs. Take one of our daily scheduled trips, or book a private charter and create your own special seafaring adventure!



Buy Tickets Online: sailingmontauk.com
or call us at: (631) 668-2826
Sailing from: Montauk Yacht Club 32 Star Island Rd.

On-land

GOLF

MONTAUK DOWNS STATE

PARK: Pro shop, 631-668-1100; Reservations, 631-668-1234; parks.ny.gov/golf-courses/8/details.aspx; 50 S. Fairview Ave.; Montauk Downs State Park is a true sleeper; an 18-hole year-round public golf course named a Top 10 municipal course by Links Magazine in 2013. If that's not enough, add a driving range, putting green, pro shop, private lessons and clinics for adults and kids, a grill room, swimming pool, kids wading pool, and tennis. Club rentals

and lockers available.

Fees: \$43 weekdays, \$48 weekends (twilight \$26/\$29); Out-of-state residents, \$86 weekdays, \$96 weekends (twilight \$52/\$58). Senior discounts available.; Driving range: \$7 per bucket

TENNIS & PICKLEBALL

MONTAUK DOWNS TENNIS (6 Public Har-Tru Courts):

631-238-7160; montaukdownstennis.club; 50 S. Fairview Ave.; Molly Nolan and Rebecca Rubenstein run various clinics, lessons, and day camps for kids and





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www.montaukbikeshop.com

adults throughout the tennis season on the Downs' six Har-Tru courts, which are also rentable by the hour and for private lessons. Visit online or their on-site pro shop for details.

PUBLIC COURTS IN TOWN (2

Public Hard): 631-324-2417; East Hampton Town operates two first-come, first-serve courts (also lined for pickleball) at the very end of S. Erie St. (past the soccer field). All year. No lights.

MONTAUK RAQUET CLUB (8

Private/Public Har-Tru Courts):

619-831-5721; 91 S. Fulton; montaukraquetclub.com; MRC offers various programs, lessons, and clinics during the season. Open to public.

PICKLEBALL @ MONTAUK

PLAYHOUSE: 631-324-2417; 240 Edgemere St.; Multiple levels of play and times available. Beginners welcomed. Stop by the Playhouse (across from train station) for updated scheduling and info. All

equipment provided.

BICYCLING

MONTAUK BIKE SHOP:

631-668-8975; 725 Main St., is THE place for Montauk biking info. Call them to rent/buy trail or road bikes, get advice on trails, and buy maps. The most popular ride is to the lighthouse, about five miles from the village. En route detour to Camp Hero State Park where roads curve through secluded wooded areas near the ocean. Take a three-mile detour to Montauk Harbor on West Lake Drive, a flat route with wide shoulders.

Mountain bikers can enjoy scenic rides over thousands of acres of parkland for the best mountain biking on Long Island. Bike trails in Hither Woods such as Talkhouse Trail and Serpent's Back offer several levels of difficulty. See Parks and Trails.

TRIATHLON

MONTAUK BIKE SHOP sells equipment and offers advice; tri-guy.com or tri-gal.com. In 1983, a local Montauk motel owner (Harborside Motel), fisherman, and surfer named Robert Aaron staged one of the first triathlons, "The Mighty Montauk", now held every June. Several others followed. The Sprint Triathlon is held in July and the internationally renowned triathlon weekend held in September: the Sprint Mighty Man on Saturday followed by the Mighty Man

1/2 distance and Mighty Man Olympic on Sunday

SKATEBOARDING

THE MONTAUK SKATE PARK

near the village on Essex Street, a supervised park for skateboarders, recently renovated, is open from 9am to dusk in season.

PLAYGROUNDS

Five great playgrounds in Montauk: 1) **The Montauk School** (enter at 2nd House Rd and S. Eaton); 2) next to **the baseball field** (at S. Edgemere and S. Erie Ave); 3) **Hitther Hills State Park**; 4) **Montauk Community Church** (at S. Etna Ave. and S. Etna Pl.); 5) **Montauk Lighthouse** (lower parking area, also many grill stations).

Eddie Ecker County Park at the end of Navy Road is not a formal playground but a great open park space on Fort Pond Bay for frisbee, lawn games, running wild, walking the dog, etc.

BEACH WALKS

Montauk is surrounded by beautiful beaches. Get out there and walk, explore and unwind.

From Town, East: Walk the beach from town eastward towards Ditch Plains for nice views of cliffs with sporadic rocky and sandy shoreline. At times reaching as far as Ditch may be tough, so pay attention to the tides.

From Town, West: Walk westward from town and pass through the beautiful Hither Hills beach, which can only be reached by walking or from private parking lots for neighborhood residents. See beautiful cliffside properties as you walk and wide expanses of white sand. You'll eventually hit Gurney's and their beach party setup, further still hitting Hither Hills State Park. You could walk all the way to East Hampton and beyond if you're inclined.

See our BEACHES section for more beach info. Other great walks would begin from Amsterdam Beach, Montauk Point, and Gin Beach. For beaches that are not publicly accessible or have restricted parking, On Montauk recommends renting a bike from the **Montauk Bike Shop (631-668-8975)**. (For the energetic, a great ride would be to Gin Beach from Town, then walk to Shagwong point.)

For Complete Listings →
 **ONMONTAUK.COM**





Fishing

If you're looking for fish, you came to the right place!

MONTAUK HARBOR

"Fishing Capital of the World" is proudly proclaimed as you enter Montauk Harbor, the state's largest commercial harbor and home port for some of the greatest sport fishing on the East Coast. Fish offshore for shark, tuna, marlin, and mahi mahi, or stay inshore for flounder, fluke, porgies, bluefish, striped bass, and blackfish. Tight lines!

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of fun with family
and friends!

Sailing from Viking
Dock in Montauk Harbor

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PARTY-BOAT FISHING FOR FAMILIES AND GROUPS

Party or "head" boats are fun for the whole family. Experienced captains and crew provide fishing gear, advice, and know how to put you in the action. Prices typically include everything except food, drinks, and tips. Half-day trips, great fun for the kids, stay inshore and generally run 8am to 1pm. Full day trips leave according to the season, so check with each boat for their times.

LAZYBONES

Lazybones fishes in calm local waters with a clean vessel and a superior crew. Its famous motto is "Bring your lunch catch your dinner." She sails everyday from 8am-12pm and 1pm-5pm with reservations highly suggested. 631-668-5671, montauk-sportfishing.com/lazybones/

THE VIKING FLEET

Schedules half day inshore trips twice daily and also offers a full offshore schedule, nighttime striped bass, two-day trips, and winter cod trips. 631-668-5700, vikingfleet.com

EBB TIDE

Captain Tom Jordan offers two half day trips daily on their 65' custom built boat and promises super fishing for the whole family. 631-668-2818; at Salivar's Dock

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CHARTER BOATS FOR BIG GAME FISHING

BLUE FIN IV: Captain Michael Potts, BlueFinIV.com, 631-668-9323; Star Island Yacht Club; 41' Custom Sportfisherman

ELIZABETH II CHARTERS: Captain Paul Bruno, ElizabethIICharters.com, 516-817-1939, Montauk Marine Basin, 45' Custom

LADY GRACE V: Captain Mario Melito, LadyGraceCharters.com, 516-768-6849, Westlake Marina, 42' Custom

MY JOYCE III: Captain Ken Hejducek, MyJoyceFishing.com, 631-641-2138, at Viking Dock, 41' Michael Fitz

NOVEMBER RAIN CHARTERS: Captain Jill Maganza, NovemberRainCharters.com, 646-335-7315, 646-423-8806, Westlake Marina, 43" Lowell

WEEJACK: Captain Scott Wymbs, WeeJack.com, 631-252-2536, Westlake Marina, 38' Duffy Custom

MARINAS

UIHLEIN'S MARINA: 631-668-3799, Family owned and operated, Uihlein's is a full-service marina, boat yard and recreation center, offering Jet Ski, boat, and slip rentals, and boat sales and service.

WESTLAKE FISHING MARINA: 631-668-5600 Family owned, located just north of Star Island Road, is home to 160 slips and 17 charter boats and a restaurant.

MONTAUK INLET SEAFOOD:

631-668-3419, on East Lake Drive is a working dock and NY's largest commercial fishing fleet. Inlet Seafood is home to the Inlet Seafood Restaurant.

SNUG HARBOR MOTEL AND

MARINA: 631-668-2860, on Star Island, tucked into the calmest corner of Montauk Harbor, provides secure berths for small craft as well as those over 45ft. They offer seasonal and transient dockage, individual electric/water/cable, WIFI, bath house with washer/

dryer and nearby boat launching.

SURFCASTING

Surfcasting in Montauk is epic and legendary, deservedly so. To do it successfully you'll need braided line at 30+ pound test and a nice selection of bucktails and plugs. Always crush your barbs, bring fish in quickly, and release safely what you won't keep. Cast out by Camp Hero, the Lighthouse, and Gin Beach, plus all the south side beaches from Montauk Point to Hither Hills campground. The top seasons for surfcasting are spring and fall, when stripers linger off Montauk before migrating, but our big blues can be found from July through October. Permits to park after hours at Camp Hero and the Montauk Point Lighthouse Parking Lot or on the beach by the Lighthouse are sold at Montauk Downs, 631-668-5000. Purchase Gin Beach driving permits at the park office at the end of East Lake Drive. Note: A license (it's free) is required to fish beaches in NY State. Acquire your Marine Fishing License at dec.ny.gov.

FRESHWATER FISHING

Bass, sunfish, perch, and walleyes inhabit Montauk's ponds and lakes. Fort Pond is the largest, but others are deep in the woods, like Oyster Pond in Montauk Point State

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Park or Fresh Pond in Hither Hills State Park. Fresh water fishing requires a license—ask at the NY State Park office at Montauk Downs.

Fishing at Big Reed Pond in Theodore Roosevelt County Park requires a "Green Key" card, available at Montauk Downs.

FISHING SUPPLIES

WESTLAKE MARINA: 631-668-5600 and **UIHLEIN'S MARINA:** 631-668-3799, carry a large selection of boat-oriented fishing supplies and tackle.

PAULIE'S TACKLE: 631-668-5520, in town is considered the surfcasters tackle shop. 131 S. Edgemere St.

BOAT RENTAL

UIHLEIN'S MARINA: 631-668-3799, is the place if you prefer the relaxation of fishing on your own. Rent skiffs and center consoles to take out into the harbor or sound.

For Complete Listings →



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Montauk is surrounded by water, and trails... that meander through acres of unspoiled parks that serve us and our wildlife. White-tailed deer, foxes, raccoons, woodchucks, squirrels, opossums, and chipmunks abound. Watch for deer while driving! Rare and majestic birds also frequent the End. You may spot an osprey, red-tailed hawk, piping plover, or even a bald eagle. Sizable concentrations of migrating birds rest in the waters off Montauk Point while seals inhabit our rocky shores during the winter months. Gannets torpedo into the ocean in fall seeking baitfish. You get the picture...you're in a natural paradise. Trail Maps are available at the Montauk Bike Shop and the Town Hall Annex in the Montauk Playhouse.

AMSTERDAM BEACH PRESERVE

(Great hike to the beach)

A 200-acre park stretching from Ranch Road at Indian Field on the east to the Montauk Association houses (seven cottages designed by McKim, Mead and White in the 1880's) to the west extends southward to the Atlantic Ocean. The natural topography, called "Montauk Moorlands," has tidal and freshwater wetlands interspersed throughout maritime shrub lands. This main trail head on Montauk Highway begins a one-mile hike to the ocean bluffs taking you through a holly arbor and across streams. The hilly trail affords peaks of ocean through the brambles and ends at the ocean beach and bluffs. This easy-to-navigate trail offers a unique reward of coastal beauty. A great hike to an unspoiled beach.

CAMP HERO STATE PARK

(Great spot for biking, hiking, exploring)

This 415-acre state park is a decommissioned military base and a National Historic Site (also the home of conspiracy theories linked to the Philadelphia project). Several buildings, bunkers, batteries, and an old radar building remain, although some are off limits to the public. Roads cross the park, along with an extensive system of trails for hiking, bicycling, horseback riding, a beach used by surfers and surfcasters, a picnic area with grills and an old maritime forest. To enter the park, bear right as you approach the lighthouse from the highway. Parking fee \$8 in season. Open daily year-round from sunrise to sunset. You can also park on Camp Hero Road (a right turn before Camp Hero

along the highway) to hike Point Woods Trail, one of Montauk's most beautiful trails, taking you south of the highway to the bluffs.

CULLODEN POINT PRESERVE

This park is named after the HMS Culloden, a British 74-gun, 170-ft warship that sank in 1781 about 200 yards from shore, where it still rests. A well-marked trail that takes about 2 hours to loop (a mile or less to the shoreline) leads from the parking area off Flamingo Avenue to a picturesque rocky beach on Fort Pond Bay. The trailhead is next to a small plaque commemorating the shipwreck. The natural wooded area and shoreline has seen little change from the days when the Montaukettts lived here in a world of hidden ponds, specimen trees, wetlands and beautiful shoreline. Great views of the bluffs at Culloden Point.

EDDIE ECKER COUNTY PARK

(Great dog spot, launch kayaks, canoes)

Located at the end of Navy Road (across the train tracks), the large, open park has a fishing pier, rocky beach and offers easy access to trails in Hither Woods Preserve. A good place for launching kayaks and canoes into Fort Pond Bay. Take your dogs to play. Open year round. Free parking.

CAROL MORRISON PARK & FORT POND HOUSE

(Launch kayaks, canoes, or picnic)

Carol Morrison Park, containing Fort Pond House, is located on a four-acre site overlooking Fort Pond with a grill station, benches, and open space for play. Steps down to the pond allow for launching

kayaks, etc. Carol Morrison was a well-loved conservationist and it is appropriate that this park, which narrowly escaped being sold to private developers in 2010, should be named after her. The house on the premises is available for meetings and other events by appointment through the East Hampton Recreation Department, 631-324-2417.

HITHER HILLS STATE PARK COMPLEX

(fish, play, hike, bike, facilities)

The large beachfront park along Old Montauk Highway sits on two-and-a-half-miles of Atlantic Ocean beach and boasts 1,755 acres of parkland that stretches to Napeague Harbor. Along with hiking and nature trails, it has 168 campsites that can be reserved through [ReserveAmerica.com](https://www.ReserveAmerica.com). Activities include ocean swimming, saltwater fishing, guided nature hikes, and children's programs. Non-campers are welcome, but must pay a \$10 daily parking fee. Open year round from sunrise to sunset. (631-668-2554).

Hither Hills State Park, Hither Woods Preserve and Lee Koppelman Nature Preserve form adjacent multi-use parks containing 3,000 acres with 18 different trails covering over 40 miles of terrain stretching from the sound to the Atlantic. To access the trails north of the highway, park at either the highway overlook at Hither Woods, the recycling center (1.5 miles west of the village on Montauk Highway), or at the Navy Road (Eddie Ecker Park) parking lot. The **Montauk Bike Shop** in the village arranges group and corporate tours, rents mountain

bikes, and gives advice. Bike or hike to Fresh Pond or take a beautiful coastal walk at Rocky Point. Even though the trails are blazed with color-coded markers, hikers should take maps. Attractions: Fresh Pond; trails skirting Block Island Sound, Napeague beach, and dunes.

KIRK PARK

This quaint three-acre park, just west of the village, is maintained by the Montauk Village Association. It includes Fort Pond, which is the second largest freshwater lake on Long Island, a picnic area, a pavilion

on Fort Pond, and it's next to Second House Museum and Montauk Indian Museum. The park hosts events year-round.

MONTAUK MOUNTAIN

Montauk Mountain Preserve contains one of the few remaining maritime grasslands in New York and supports some of the state's rarest plants. It contains three extremely rare denizens of this distinctive and disappearing habitat: bushy rockrose, Nantucket shadbush, and New England blazing star. DO NOT TOUCH OR DISTURB these specimens. The six-acre preserve is maintained by the Nature Conservancy. To get there, follow Second House Road north 0.7 miles to an asphalt road on the left. Park at the end of the asphalt road by the Nature Conservancy sign. The preserve is at the end of the road past the last house on the right.

MONTAUK POINT STATE PARK

This 724-acre park at the site of the Montauk Point Lighthouse offers breathtaking views of the sea, Block Island Sound, and Block Island to the northeast, and is great for bird watching year round and seal watching in winter. Park then set off on foot to explore. Ask for a trail map at the toll booth. The park has surfcasting, five miles of marked and unmarked hiking trails, a picnic area with tables, a playground, restaurant, gift shop, and restrooms. Daily parking is \$8. The Montauk Point Lighthouse, a museum run by the Montauk Historical Society, is open daily in season. This park is contiguous with Camp Hero Park and the Sanctuary and there are

HIKING TIPS

Buy a trail map. Although major trails are marked, many divergent ones are not. Leaf cover can mask trails, causing confusion. Also, after heavy rains some trails may be muddy or inundated. The **Montauk Bike Shop** has maps and information.

Avoid Ticks: Experts recommend to stay on trails, wear light colors, be well covered, and use insect repellent. Ticks tend to congregate on tall grasses, so avoid such areas. After you walk or bike, check everyone for ticks, particularly tiny deer ticks, which may carry Lyme disease.

several hiking trails that cross them. To the north of Montauk Highway, look for signs for Money Pond Trail, Oyster Pond trail and the Seal Haul Out Trail, where seals can be seen on the rocks just off shore in winter. Attractions: beautiful rugged shorelines, migrating birds, hidden ponds, seals in the winter. Also see WALKING DUNES.

SHADMOOR STATE PARK

Located two miles east of the village on Montauk Highway, this 99-acre tract of land has a half mile of ocean frontage where tall clay cliffs plunge down to a pebble strewn beach. About 30 percent of Shadmoor is freshwater wetlands with several small ponds hidden in the thickets. Trails and dirt roads lead to the bluffs from the entrance on Montauk Highway, offering an easy walk. A passive-use park, Shadmoor was home to two WWII gun emplacement sites trained on offshore waters to deter German submarines. A good family hike. Attractions: dramatic vistas of Montauk shoreline, easy hike.

MONTAUK COUNTY PARK

Two entrances: one at the end of East Lake Drive just north of the airport, where the park office is located, and the other at Third House, three miles east of the village on Montauk Highway. The park's 1,126 acres feature 3.5 miles of color coded nature trails restricted for hiking (a self-guided brochure is available), five miles of bridle paths, a picnic area, freshwater fishing and canoeing at Big Reed Pond, and surfcasting on the outer beach (**Gin Beach and Shagwong Point**). Camping is permitted for up

to seven days from April through November on the outer beach for vehicles with permits that are self-contained trailers. Tents are not allowed. The view of Big Reed Pond from the observation deck on the blue trail will make you understand why it's a Registered Natural Landmark. Attractions: hiking, views, fishing, camping.

WALKING DUNES

Part of Hither Hills State Park on the east side of Napeague Harbor, the Walking Dunes reach a height of 80 feet as they slowly move southeast. To get to the dunes, head west on Montauk Highway and turn right at Napeague Harbor Road and drive to the end of the paved road. Park here and follow the path to your right until you reach the dunes. A self-guided nature trail, the three mile loop has great views of Napeague Harbor and winds atop the ridge of the North Dune, which is the most active of the three parabolic, or U-shaped dunes. This area is a natural wonder and deceptively fragile so stay on the trails. Attractions: 80-foot high sand dunes, water birds, views of Napeague Harbor.

GUIDED HIKES

The East Hampton Trails

Preservation Society conducts guided hikes year-round. Check out ehtrails.org for details. **The Concerned Citizens of Montauk**, 631-238-5720, preservemontauk.org, offer outdoor activities throughout the year. Drop by their office at 6 South Elmwood Avenue for advice or maps.

For Complete Listings →
 **ONMONTAUK.COM**



DINING OUT

ANTHONY'S PANCAKE AND WAFFLE HOUSE

**710 Main Street
631-668-9705**

Breakfast, Lunch: An On Montauk top choice. Anthony's is a Montauk classic serving breakfast and lunch since 1952 with vintage charm. A great choice for families or dine

solo at the bar. Reasonably priced (for Montauk!). Say hi to Anthony at the door. Takeout available. Open daily 7am-2pm.

THE BACKYARD RESTAURANT at Solé East

**90 Second House Road
631-668-9737
soleeast.com**

Anthony's Pancake & Waffle House

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Breakfast, Lunch, Dinner: A spectacular hidden gem in a beautiful setting appropriate for all sets. S'mores at the fire pit, anyone? The menu features fresh catch from local fishermen and organic meats and vegetables, all creatively done. Dine in or outside in the gardens, or lounge poolside and enjoy a cocktail. Open late.

BIRD ON THE ROOF

**47 South Elmwood Avenue
631-668-5833**

Breakfast, Lunch: An On Montauk breakfast favorite with style and creative twists on traditional fare. Dine inside or out. They do eggs right! Look for the seagull painted on the roof of a giant A-frame. After eating, browse through Bird's beach boutique for clothes and accessories. 8am-1:30pm, 7 days.

BREAKERS MTK

**769 Old Montauk Hwy
(631) 668-2525
breakersmtk.com**



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DRINK. SWIM.**



breakersmtk.com
631.668.2525
769 Old Montauk Highway

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BOUTIQUE

NEW! Breakfast, Lunch:

Location Location Location. Breakers MTK is a new, laid back, ocean-view eatery nestled into Breakers Motel along a beautiful stretch of Old Montauk Highway close to town, offering casual dining indoors and al fresco, poolside service, full bar, elevated grab & go offerings, and a signature take-out menu with online ordering. Weekend brunch beckons, as do wine, beer, and creative cocktails après beach.

DURYEA'S LOBSTER DECK

**65 Tuthill Road
631-668-2410**

duryealobsters.com

Lunch, Dinner: The views over Fort Pond Bay are superb in this hottest of hot spots. No better sunset. Great dockside dining and outdoor vibe with the yacht set and a classic menu including grilled or steamed lobster, fresh local fish and Duryea's famous lobster roll, also a Clam Bake, small plates, salads, raw

Dining Out

platters, and a kids' menu. Look for the giant boats.

EAST BY NORTHEAST

51 Edgemere Street

631.668.2872

Eastbynortheast.com

Dinner: Sister restaurant of Harvest on Fort Pond and sharing executive chef Jake Williams, ENE is influenced by both the Far East and the Northeast with serious steaks amidst creative, substantial sushi rolls and myriad fresh seafood specialties. Dine al fresco and/or enjoy the classy bar and lounge inside with nice sunset views alongside fort pond, adjacent to the

newly renovated Stone Lion Inn.

HARVEST ON FORT POND

11 South Emery Street

631-668-5574

harvest2000.com

Dinner: An On Montauk favorite, Harvest On Fort Pond has a well-deserved reputation as a Montauk fave, suitable for all sets. Feed the ducks and HUGE fish off the Fort Pond dock while you wait for your table...the kids love it. Dine or drink in the lovely herb and vegetable garden under the stars. Chef Jake Williams prepares Tuscan fare served in LARGE family-style portions,



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emphasizing local seafood and homegrown produce. The sophisticated bar is popular with well-heeled locals and sports an impressive wine and beer selection. Dinner from 5pm daily.

HOOKED MTK

34 South Etna Ave.

631-668-2111

hookedmtk.com

NEW! Lunch, Dinner, Take

Out: One bite and you're...

HOOKED! An On Montauk favorite. Montauk's newest coastal eatery showcasing our renowned local seafood has already earned a loyal following with its great menu and reasonable prices, featuring a raw bar with Montauk pearl oysters and clams, local steamers, grilled fish, fish & chips, fish tacos and crab cakes, and yes...lobster rolls! Add burgers, chicken, soups, salads and sides galore. Casual and close to the beach, go take-out and hit the sand or grab a patio table.

INLET SEAFOOD RESTAURANT

541 East Lake Drive

631-668-4272

inletseafood.com

Lunch, Dinner, Sunday Brunch: For boat lovers! A beautiful waterfront restaurant at the end of East Lake Drive with spectacular sunset views overlooking the sound. Named one of the 10 best seafood restaurants on Long Island by Newsday in 2015, Inlet is



owned by six commercial fishermen from Montauk. Watch the boats cruise in and out of the Harbor while enjoying fresh seafood, sushi and lobster caught daily from local fishing boats or enjoy signature cocktails from the bar. Land lubbers be advised, their steaks, burgers, and pastas are superb.

NAVY BEACH

16 Navy Road

631-668-6868

navybeach.com

Lunch, Dinner: Sunset anyone? This laid-back, family-friendly restaurant and bar is on a beautiful stretch of beach on Fort Pond Bay. Enjoy casual coastal cuisine with an emphasis on sustainable seafood and local produce. Signature dishes include Local Catch Ceviche, Buttermilk Fried Chicken, and the Lobster & Clam Bake. Dine inside or on the beach and watch breathtaking sunsets and boats meandering offshore. Great wedding/event spot. Open seven days in season.

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PIZZA VILLAGE

700 Montauk Highway

631-668-2232

pizzavillagemontauk.com

Lunch, Dinner, Late Night: Pizza Village, a Montauk staple, has been serving fresh, homemade pizzas and other Italian dishes in the village since 1957. Grab a slice, but don't ignore their full menu of Italian family fare such as baked ziti, veal parmigiana, spaghetti, and linguine with clam sauce. Table service or takeout. Delivery, catering available. 11:30 to late.

THE POINT BAR AND GRILL

697 Montauk Highway

631-668-1500

pointbarandgrill.com

Lunch, Dinner, Late Night: This iconic watering hole and eatery with big-screen TVs features casual fare including wraps, burgers, mussels, and buffalo wings along with signature dishes, such as a 16-ounce steak and fresh Montauk seafood. Half price appetizers and drinks during

happy hour Mon. through Fri. See all MLB games and in the fall enjoy NFL Sunday Ticket. Open daily and late.

PRIMAVERA PIZZA

54 South Erie Avenue

631-668-1601

Lunch, Dinner: Across from the baseball field... and more than just pizza, Primavera has superb homemade Italian specialties and specialty pizzas made in brick-lined ovens. The grandma pie is heaven. Specialties like focaccia sandwiches, salads, soups, pasta dinners, and even tiramisu are homemade. Takeout or eat on tables outside. The playground and ball field across the street are great outlets for the kids after dining. Event catering.

SWALLOW EAST

474 West Lake Drive

631-668-8344

swalloweastrestaurant.com

Lunch, Dinner: This Harbor area mainstay on Lake Montauk with nice views features New American small plates designed to be shared, including creative delicacies like butternut squash cappuccino soup, "mac & cheese" with orzo, peas, bacon and asiago cream sauce, or angus sliders with tomato jam. Also available for private events, corporate dinners and weddings. Named after the swallow, a bird that

chooses a mate for life and always returns home.

WESTLAKE FISH HOUSE

352 West Lake Drive

631-668-FISH (3474)

westlakefishhouse.com

Breakfast, Lunch, & Dinner:

This family friendly seafood restaurant in Montauk is located at the Westlake Marina, right next to the docks. Watch fishing boats dock and unload their catch while enjoying fresh cocktails and frequent live music. The extensive menu features local seafood, fish & chips, chowder, sushi, the Westlake Burger and an impressive kid's menu.

Bakeries & Markets

MONTAUK MARKET

805 Montauk Highway

631-668-2071

Breakfast, Lunch, Dinner (plus food market): BAKERY! BAKERY! Montauk Market is a superb bakery and market opening at 5am serving fresh muffins, croissants, breads, bagels, flagels, cookies, bialys, pies, or full breakfasts like egg white wraps, omelets, fresh fruit salads, yogurt & granola, plus veggie juices and smoothies. Lunch includes endless sandwich combos and homemade salads while dinnertime features hot and cold platters, Italian specialties and Latin-American dishes. They cater and can make you a to-go basket for the beach!

MONTAUK BAKE SHOPPE

29 The Plaza A

631-668-2439

montaukbakeshoppe.com

Breakfast, Lunch: A Montauk institution is the Bake Shoppe. Fresh everything in the morning displayed for easy viewing in classic bakery style.

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MARSHALL AND SONS MARKET

701 Montauk Highway
631-668-2990 marshallandsons.com

This Main Street service station has a handy convenience store with coffee and snacks, summer drinks, plus cool, imported beers and fine humidor cigars. Pop in while strolling or after filling up.

Ice Cream/Sweets

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**West Lake Drive Extension at
the Harbor**
631-668-9425

benjerry.com/Montauk

Ice Cream, Desserts, Coffee Bar:
An institution in Montauk serving

Vermont's Finest, GMO free and fair trade ice cream, frozen yogurt, fresh fruit sorbets, soft serve and non-dairy desserts. Visit the adjoining espresso bar featuring locally roasted fair trade organic coffee and an assortment of teas, treats, gift items, and the East End's largest variety of B&J's "pints to go!"

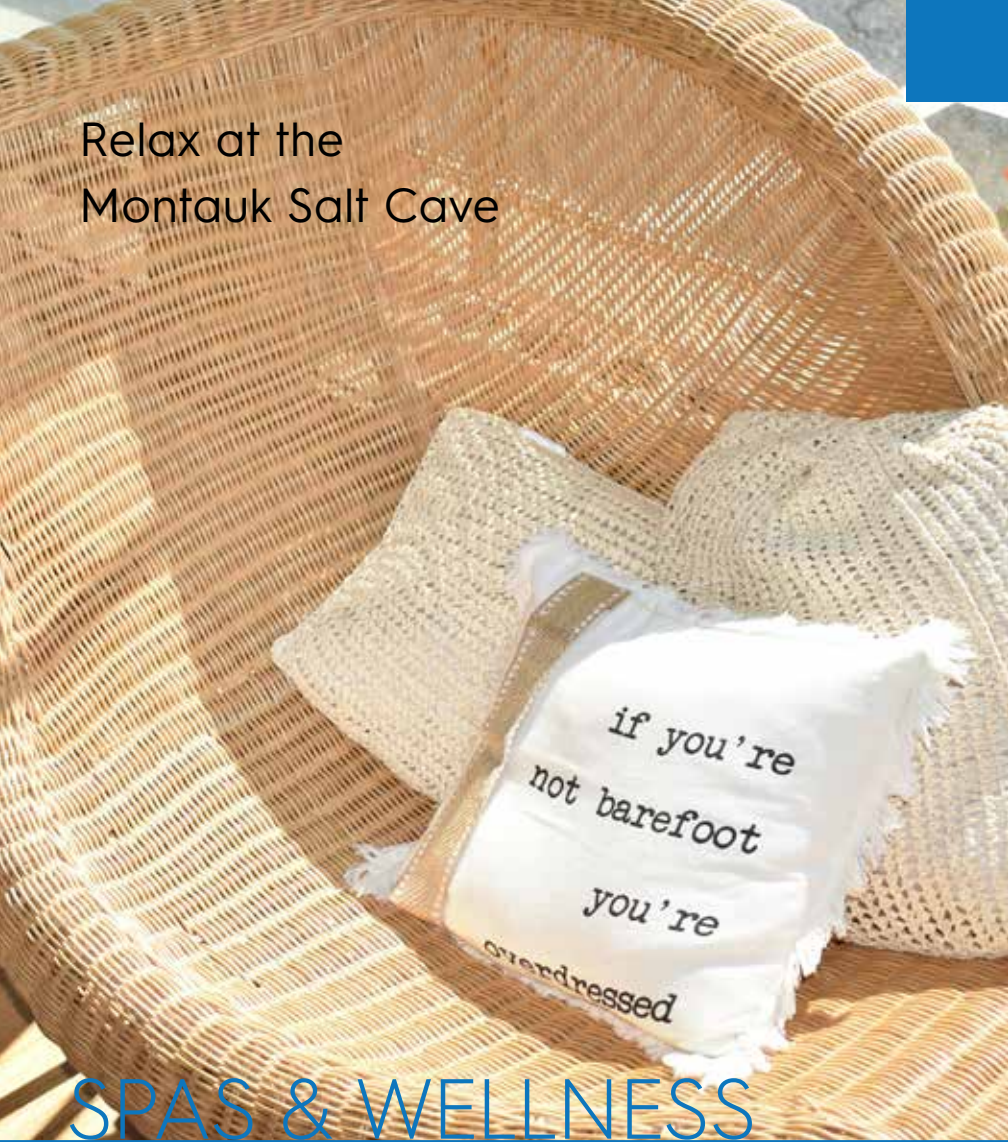
FUDGE N'STUFF

41 S Edgemere Street
631-668-4724

Candy, Fudge, Ice Cream: Seen Willy Wonka? Fudge N'Stuff is jam-packed with goodies, including 30 different kinds of fudge, an eye-popping assortment of old-fashioned penny candy, lollipops, gourmet jellybeans, cotton candy, hot popcorn, nuts, and chocolate-covered pretzels. Craving soft serve ice cream, sundaes, malts, banana splits, hot chocolate or a cappuccino? No problem. Oh, piñatas too. 10am-11pm in season.

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516-639-4879

coreyswave.com

If you want to learn how to surf, call Kristin at Corey's Wave or reserve online. Fitness instruction for all abilities will

get you started and you can learn the basics at your favorite beach or perfect your skills in more challenging waters. Stand up Paddle Board instruction is also offered...a great way to get fit.

Spas & Wellness

MEETING HOUSE LANE MEDICAL PRACTICE

679 Main Street

631-668-3705

southamptonhospital.org

Located in the village next to The Point restaurant, this medical practice provides comprehensive primary medical care for all ages. Affiliated with Stony Brook Medicine. Open from 9am–5pm Mon. through Fri.

MONTAUK SALT CAVE

552 West Lake Drive

631-668-7258

montauksaltcave.com

Salt therapy, or Halotherapy, clears toxins from our lungs and nasal passageways. The saturated air in the salt cave provides relief from many respiratory ailments, and also gives a sense of peace and serenity. The walls are built with all pink Himalayan salt rocks and the floor is covered with salt. Sessions are 45 minutes. Sit in a zero gravity chair, relax and breathe. They also offer Reiki, Sound Healing with crystal singing bowls, massages, and weekend events. A great gift shop as well. Open Thurs. through Tues. Closed Wed. Call for hours and appointments. Open all year.

SPA at the MONTAUK LAKE CLUB

631-668-5705 ext 109

montauklakeclub.com/spa

Robert and Maureen Jacob Bonavolta, former owners of the Montauk Wellness Center, offer services at the picturesque, serene Montauk Lake Club. From deeply relaxing treatments to clinical sessions, pre and post sports, to pain management and injuries. Ultrasonic and microcurrent skincare to expert brow styling, waxing and spray tanning. All facials and massages are personalized and performed by caring licensed professionals. Monthly specials available. By appointment in our office and home visits.

For Complete Listings →
 **ONMONTAUK.COM**

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679 Main Street, Montauk



Stony Brook Medicine



BEACH MYC

**32 Star Island Road
631-668-3100**

This bright and airy store located at the Gurney's Montauk Yacht Club has a wide range of items from Tocca perfume, candles and soaps to Havaianas flip flops, accessories, and home decor. The home of the very popular GMYC jersey & signature sweats and totes. Bags, trendy fashions, hats, candy, toys & gifts stock the shelves.

BIRD ON THE ROOF

**47 S Elmwood Avenue
631-668-5833**

Bird On The Roof, a terrific combination of shop and restaurant, is a Montauk institution. Before or after breakfast or anytime at all, shop at the Bird Boutique for the latest in dresses, outfits, casual wear, jewelry, beachwear, hats, shoes, and bags. Get lost in their large



*Buy the
Montauk
Lighthouse
at Martell's*

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Martells at Montauk about our Cigars



631-668-1248 • Main Street, Montauk
(next to Montauk Fuels)

Shopping

selection of Montauk sweats and tees for the entire family.

FORT POND NATIVE PLANTS

2 South Embassy Street

631-668-6452

nativeplants.net

This Garden Center, located in a beautiful building in the village, specializes in native and organic plants. Come here for a large selection of annuals and perennials, vegetables, herbs, trees, bushes, and more. Potted plants, birdbaths, lawn sculptures, gift items, hammocks, outdoor kitchens, and local art are also for sale. James C. Grimes Land Design offers a number of different landscaping services, including new construction, design and consultation.

HOMEPORT FAMILY OF STORES AT GOSMAN'S DOCK

484 West Lake Drive

MyMontauk.com

At the Gosman's shopping promenade, locally-owned "Homeport" comprises four iconic stops you'll have to hit while in Montauk. **CAPTAIN KID** is Montauk's premier toy store with a great selection of Lego sets, games, beach toys and kid gifts & clothing. It shares space with **FISH CITY**, a mecca for T-shirts, sweatshirts, and souvenirs. The flagship **HOMEPORT** store is an iconic shop for home decor, gifts, and unique jewelry. **PIER GROUP** features quality, resort-style clothing for men and women. Also see **SHINE**.

KATHRYN NADEAU CUSTOM FRAMING

34 South Etna Street

631-668-6383

Kathryn Nadeau, a Certified Picture Framer, has served Montauk for over 20 years. Using the latest techniques, the shop focuses on high-quality custom framing, decorative mats and conservation framing to museum standards. Hand-crafted beveled mirrors are offered. Choose from a wide selection of fine moldings and mat boards. Ms. Nadeau will help you to design customized, distinctive-finished pieces.

MARTELL'S

809 Main Street

631-668-1248

In the village next to Montauk



beachmyc

32 star island road
at the Montauk Yacht Club
631-668-3100

fashion • jewelry • beachwear • gifts

Fort Pond Native Plants



Landscape Design &
Garden Center
with a large selection of
native plants, and unique
garden & gift items

631-668-6452

2 S. Embassy Street
nativeplants.net

Fuels, Martell's offers a vast selection of souvenirs and gifts, plus newspapers, magazines, books, T-shirts, greeting cards, party supplies, stationery, and sundries. Shelves of toys, games, and craft supplies lure the kids. Buy the Montauk Lighthouse in miniature from the shop's historic American Lighthouse collection. Also trail books, guides, and

Jane's

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631.668.2941/Cell: 516.658.0682
jdesous1@optonline.net

Montauk Project books. A great source for quality cigars like Macanudo, H. Upmann, Don Diego, plus a wide variety of Dominican cigars. Watch YouTube: "Martells at Montauk" to learn more about their cigars

MONTAUK BIKE SHOP

725 Montauk Highway

631-668-8975

montaukbikeshop.com

The mecca for bikes, trail maps and advice for biking in Montauk has a large selection of high-quality bikes, including road, mountain, hybrid touring models, tandems, youth, and trailers. Bike rentals available hourly, daily, or weekly. Offering customized private or group guided tours or instruction plus corporate team building events. Need maps, parts, accessories, clothing, or repairs? You're covered.

NIBI-MONTAUK

88 South Euclid Avenue

917-371-3039 • nibimtk.com

This hot, fashionable shop is the new NIBI-MTK flagship store. The iconic name continues to grow and to redefine boho chic fashion on the East End with its unique collections and fashion lines, specializing in East Coast surf area fashion swimwear that fits the active lifestyle. Check out the new men's collection and a NIBI boho chic home line.

MONTAUK SALT CAVE

552 West Lake Drive

631-668-7258

montauksaltcave.com

This cute, interesting shop at the entrance to the Salt Cave has salt-related products like Himalayan salt lamps in various

Shopping

shapes and sizes, as well as jewelry and clothing.

SHINE

764 Montauk Hwy

631-668-8178

MyMontauk.com

Shine, in the prestigious Homeport family of stores, is a vital Montauk boutique for women's clothing, jewelry and accessories. They keep the selection fresh and vibrant, so stop in often for unique, fun pieces for every budget. Westward Ho!...Shine is expanding with a sister location on Bridgehampton Main Street this spring.

VINTAGE PINK

787 Montauk Highway

631-668-8200

Mind, body, spirit, and vintage jewelry abound! Their 6th season in the pink cottage. Listen to Far Eastern music and browse through antiques, china, vintage sterling silver jewelry, and crystal. VP carries candles, Buddhas, incense, inspirational items, Jade yoga mats, books, greeting cards, Hardtail yoga clothes, natural life T-shirts, pom pom pants and shorts, and much more. The pink building behind Montauk Clothing Co.

WHITE'S DRUG & DEPARTMENT STORE

95 Carl Fisher Plaza

631-668-2994

Montauk's only full-service pharmacy also stocks everything from cosmetics to high quality giftware, vitamins, newspapers, special occasion cards, books and magazines, appliances, jewelry and an extensive

swimwear and clothing collection for adults and kids. Everything for a stay at the shore including toys, games, towels, bedding, postcards, and sunscreens.

For Complete Listings →

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**787 B Montauk Highway
(behind 'Montauk Clothing Co.' in town)
631-668-8200**





LODGING

In the Harbor

Montauk Harbor, on the north, or bay side, of Montauk, has restaurants near the water or docks, upscale shopping, and is home to many of Montauk's charter, party, and commercial boats. Whale-watching tours, ferries to Block Island and New London, and sunset cruises originate here

HARBORSIDE RESORT AND MOTEL

371 West Lake Drive

631-668-2511

montaukharborside.com

Twenty-seven tastefully decorated, air-conditioned rooms, studios and suites, with kitchenettes and wi-fi. Amenities include a pool and tennis courts. A short distance to Montauk Harbor. Open March–December.

SNUG HARBOR MOTEL AND MARINA

3 Star Island Road

631-668-2860

montauksnugharbor.com

Located on the water in the Harbor, 34 units from poolside bedrooms to Harbor-side apartments, offering air conditioning, Wi-Fi, a pool, and BBQ. Snug Harbor is also a full-service marina. Pets allowed in some units. Open March–November.

UIHLEINS MOTEL

10 Wells Avenue

631-668-3799

uihleinsmarina.com

Friendly small motel with 7 units equipped with full kitchens, flat screen TV, Wi-Fi, A/C. Grounds have BBQs, a putting green with mini golf course, play area and room to relax. Discount on boat rentals. Open all year.

In Montauk Village

Main Street is just three blocks away from the ocean beach. All the hotels, motels and inns are an easy walk to many of Montauk's restaurants, shops, bars and nightlife. Many activities take place on the Village Green, within the

Lodging

circle, especially during the summer.

OCEAN SURF RESORT

84 South Emerson Ave.

631-668-3332

oceansurfresort.com

Right on the beach and in the village, Ocean Surf Resort's location is unassailable. Add peaceful surroundings, extraordinary scenery and superb accommodations and you've scored. A variety of rooms to choose and endless options for fun in the town and on the sand, which is right outside the door.

STONE LION INN

51 Edgemere Street

631-668-7050

harvest2000.com

Eleven newly decorated suites and duplexes, all with private balconies overlooking Fort Pond with A/C and kitchenettes. It's a quick walk to the village and ocean beaches. Great restaurant/bar East by Northeast is on premises. No children or pets.

On Old Montauk Highway and in Napeague

West of town the undulating Old Montauk Highway is flanked by bucolic Hither Hills and Hither Woods neighborhoods on one side (north), and wide, beautiful Atlantic Ocean beaches on the other (south). Great views and wide, sandy, uncrowded beaches abound here.

BREAKERS MOTEL (AND RESTAURANT)

769 Old Montauk Hwy

631-668-2525

breakersmtk.com

Boutique motel with chic eponymous eatery, Breakers sports some of the

most striking ocean views and amazing food in Montauk. This legendary seaside property built in the 50s and recently revitalized offers 25 rooms, direct beach access, a choice new café & bar, a private ocean-view guest lounge, guest wellness programming, and poolside service. The beach on this stretch of sand is wide and gorgeous. Morning beach runs, nightly bonfires...it'll work.

LENHART'S COTTAGES

421 Old Montauk Highway

631-668-2356

Spectacularly situated, charming cottage complex amidst undulating, manicured grounds directly across the street from the beautiful Hither Hills beach. Twelve cottages with kitchens, ocean

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—
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views, A/C, and log-burning fireplaces. There is a pool, gardens and lots of lawn space. Open all year. Lenhart's has a loyal following of returning guests and pets.

On Fort Pond

MONTAUK MANOR RESORT

236 Edgemere Street

631-668-4400

montaukmanor.com

Historic, grand building with a beautiful vaulted rotunda and old-world character on a 12-acre hill with views of Gardiner's Bay and Block Island Sound. One of Montauk's most storied structures. Ample parking on site with shuttle bus services. 140 studio, one, two, and three bedroom apartments with indoor and outdoor pools, tennis, kitchens, A/C, and wi-fi. A restaurant on premises serves guests and the public. Open all year.

SOLE EAST

90 Second House Road

631-668-2105 • soleeast.com

Sole East is a hip spot with a stunningly beautiful courtyard containing a full-service restaurant and lounge, swimming pool and expansive lawn with mature trees and landscaping. Entertainment

Sail Inn

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Montauk**

631.668.2800

and weekend pool parties feature in season. 60 renovated rooms, one-bedroom suites, and 7 garden suites. Heated pool, gardens with wood-burning fire pits, wi-fi, IPOD docking stations. Popular for receptions and wedding parties. Pets welcome. May thru October.

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