

#### MONTAUK ESSENTIALS

2018 SWIMWEAR TRENDS, THE BEST DINING, SHOPPING, BEACHES AND MORE! FIRE DEPARTMENT'S LADIES AUXILIARY

**NANCY ATLAS** 







# Don't worry, the solution's a breeze.

# Deepwater's South Fork Wind Farm

- 15 Turbines located more than 30 miles from Montauk (out of sight from Long Island beaches)
- Delivering clean power for 50,000 homes, directly to the Town of East Hampton
- That's the power equivalent of 1,500 acres of solar panels
- Emission-free energy that will offset millions of tons of carbon

# DEEPWATERWIND

Learn more at www.southforkwindfarm.com





# 2013-2017 TOP PRODUCER



Montauk | \$3,695,000 | 5-BR, 6-BA Web# H46254



Montauk | \$3,495,000 | 5-BR, 4-BA, 3-HALF BA Web# H50315



Montauk | \$3,250,000 | 5-BR, 3.5-BA Web# H12899



Montauk | \$2,995,000 | 3-BR, 1-BA Web# H51009



Montauk | \$1,250,000 | 3-BR, 3-BA Web# H0158977



Amagansett | \$999,000 | 2-BR, 1-BA Web# H0156092



SUSAN CESLOW
Lic. Assoc. R.E. Broker
Office: 631.668.6565
Mobile: 631.335.0777
susan.ceslow@elliman.com



elliman.com

2488 MAIN ST, PO. BOX 1251, BRIDGEHAMPTON, NY 11932. 631.537.5900 | © 2018 DOUGLAS ELLIMAN REAL ESTATE. ALL MATERIAL PRESENTED HEREIN IS INTENDED FOR INFORMATION PURPOSES ONLY. WHILE, THIS INFORMATION IS BELIEVED TO BE CORRECT, IT IS REPRESENTED SUBJECT TO ERRORS, OMISSIONS, CHANGES OR WITHDRAWAL WITHOUT NOTICE. ALL PROPERTY INFORMATION, INCLUDING, BUT NOT LIMITED TO SQUARE FOOTIAGE, ROOM COUNTY, NUMBER OF REDERBOOMS AND THE SCHOOL DESTRICT IN PROPERTY ISSTINGS SHOULD BE VERRIED BY YOUR OWN ATTORNEY, ARCHITECT OR ZOUNGE SPEER IT YOUNGE PROPERTY IS CURRENTLY LISTED WITH ANOTHER REAL ESTATE BROKER, PLEASE DISREGARD THIS OFFER. IT IS NOT OUR INTENTION TO SOLICIT THE OFFERINGS OF OTHER REAL ESTATE BROKERS. WE COOPERATE WITH THEM FULLY. EQUAL HOUSING POPERTIMITY OF

# Table of Contents





9		T. O
	Heroes of the Ladies Auxiliary	þ

MTK Business Updates	13
Mapafte	r 18
Vacation Libation	20
Upcoming Events	22
Summer Camps for Kids	30
Beach Bound	31
Swimwear Trends	46
Water Safety	48
Montauk Museums	55
Beaches	56
Watersports	60
Landsports	64
Fishing	68
Parks & Trails	74
Dining Out	80
Spas & Wellness	88
Shopping	90
Lodging	94



# HAMPTONS INTERNATIONAL **LM FESTIVA**

2018 SCHEDULE



# **SUMMER DOCS**

Hosted by Alex Boldwin
June 29 / July 21 / August 25

# **SUMMER OF SPIELBERG**

Free Outdoor Screenings July - August

# ANNUAL FILM FESTIVAL

Columbus Day Weekend
October 4 - 8

hamptonsfilmfest.org











...love from the cave

- Private events
- Massages, facials and waxing available by appointment
- Kid sessions are at 4PM daily in Montauk and hourly in NYC and Huntington

YOGA, REIKI, SOUND-HEALING, KUNDALINI MEDITATION, GUIDED MEDITATIONS AND DRUMMING INSIDE THE SALT CAVE



# Contributors



**DEBBIE TUMA** is a journalist, and a third generation native of Montauk. Her family started the charter fishing industry in the 1940's, and later started Tuma's Dock in the 1950's. Her father, Captain Bob Tuma, ran his charter boat "Dawn" for 60 years. She works at WLNG 92.1 Radio Station and writes for the Daily News, Newsday, and East End papers.



devotes his life to life...as lifeguard, surfing instructor, ocean rescuer, and swim coach. Bob, a swimming prodigy from age 5, holds degrees in

Earth Science and oceanography from Stonybrook University and a Master's in Elementary Education and Special Education at Dowling College. He lives in Montauk full-time, sometimes traveling abroad to teach and heal.

Ariana
Jasuta grew
up in Montauk,
where she
still resides
and designs.
She attended
The Fashion
Institute of
Technology
in NYC and



Photo: Jess Dalene

The University of Vermont before starting Kaileigh Swimwear in 2014 after designing and sewing her first bikini at home. She continues to grow the bikini business and is expanding it to the west coast and Florida.



# ON MONTAUK®

PUBLISHER	Montauk Publishing, Inc.
MANAGING EDITOR	Byor Kay Tyler
EDITOR-IN-CHIEF	Carter Randolph Tyler
CREATIVE DIRECTOR	Carter Randolph Tyler
DESIGNER	Jack Shonkwiler
CONTRIBUTORS	Ariana Jasuta, Bob Miller
	Debbie Tuma

#### On Montauk® 2018 Volume 3, Number 1, Montauk Publishing, Inc.

Although every effort is made to provide up-to-date information at the time of publication, before visiting any attraction or business listed, please call ahead to confirm hours of operation, admission prices, or any other information you may need to plan your activities. Printed in the USA.

Mailing address: P.O. Box 2544, Montauk, NY 11954

#### (917) 922-8656 · www.onmontauk.com · info@onmontauk.com

Copyright 2018. No part may be reproduced without the written permission of the publisher.

# Fditor's Letter



...do good things come in threes?

Our daughter welcomes our one-week old into the world.

In Montauk, do good things come in threes? I hope so, because we added a third child to our family in April, our second healthy boy, that our accountant calls another little deduction, with emphasis on little, I think. This joyous event was the third leg, so happens, of an incomprehensible trifecta of events this spring that made us somnambulistic for much of April. So happens that Kay (On Montauk's lovely managing editor and my better half) was due on April 18th, the precise due date that this magazine was due at the printer. Add to that Tax Day ALSO on the 18th, and...well, it was a tough month, but truthfully if you think about it (and I have been), Montauk is loaded with proper heroes that make our tough spring look serene.

So this is the heroes issue, let's call it. Montauk heroes, who I think congregate here because they don't settle. The ao where their heart takes them, which I auess is what makes them stand out in their chosen pursuits. Start with the Ladies Auxiliary of the Montauk Fire Department, who have a long, rich tradition of helping both the department and Montauk causes. All volunteers, they never ask for anything in return. We're happy to introduce you to them. Tell them thanks if you know them.

And Bob Miller, water maven and Montauk hero through and through. We had a chance to meet Bob last summer and were so impressed we had to tell his story. He loves helping people, healing, saving lives, and Montauk. You'll love his story and learn a lot about water safety from reading it. We did.

And wow I must call Nancy Atlas a hero. Not for her music (but she rocks, to be clear), but because of how she manages to pump out great happiness for everyone year after year while still properly raising a family of...yes, THREE, and staying true to Montauk in about every way I can imagine. You'll love the real Nancy as much, or more, than the rocker.

Have a great spring! Carter



We Build Pools for the Fun of it!

**Since 1978** 



MONTAUKPOOL.COM

631.238.5029 (w) 631.416.4106 (м)



MONTAUK • AMAGANSETT • EAST HAMPTON

# one bite and you're.. local · seafood · to-go



34 S. ETNA AVE MONTAUK 631.668.2111 www.hookedmtk.com



MTK Cruises offers an experience you'll never forget! Montauk's Premier Cruise and Tour Provider.

#### **HARBOR & LAKE HISTORY TOUR**

Learn about Montauk's rich history.

#### LAKE ECO TOUR

Touch and learn about your local sea creatures first hand. **Excellent for children** and the perpetual explorer in you.

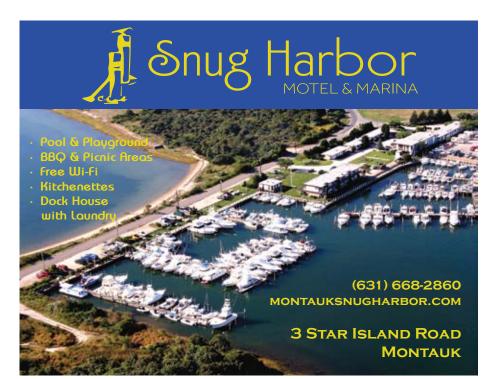
#### **SUNSET CRUISE** |

BYOB and relish in an unforgettable Montauk sunset.

#### **PRIVATE CHARTER CRUISES & TOURS**

**Experience Montauk** on a private cruise.

Located at Gosman's Dock | 484 W Lake Drive | Montauk, New York To book call (631) 668-8079, or book online www.cruisemontauk.com/book





# Montauk's shifting sands reveal some new destinations for 2018. Where to begin...?

# **New Eateries**

HOOKED MTK – Hooked MTK is a locally owned, casual take out spot (or dine al fresco at their picnic tables) pioneered by Brian Mooney, formerly of the Clam Bar, just a short walk to the beach specializing in local seafood like steamed lobsters, lobster rolls, clams, oysters, steamers plus casual fare such as burgers, salads & kids meals. Grab a meal and hit the beach. Lunch, dinner, take out. 34 South Etna Ave. 631-668-2111. hookedmtk.com



Photo: Ian Cooke

BREAKERS MTK – Breakers MTK is a laid-back eatery at Breakers Motel on a beautiful stretch of Old Montauk Highway, close to town, offering casual dining indoors and al fresco, poolside service, full bar, and take out. Weekend brunch beckons, as do wine, beer, and creative cocktails après beach. Breakfast, lunch. 769 Old Montauk Hwy. (631) 668-2525. breakersmtk.com



Photo courtesy of Breakers MTK.

MTK LOBSTER HOUSE – Diego Flores, formerly of Shagwong Tavern, brings his concept of fast, casual seafood to the space above Plaza Surf and Sport (former space of Soursop Tree Café) with dishes like lobster quesadillas, steamed mussels, and baked local clams. Burgers, too. 716 Montauk Hwy. 631-238-5703. Mtklobsterhouse.com

# Other

NIBI-MTK – Spring 2018 heralds NIBI's new flagship store in Montauk. Check out the latest boho chic fashions and the new men's collection plus a NIBI boho chic home line at 88 South Euclid Avenue. 917-371-3039. nibimtk.com

MONTAUK GENERAL STORE – "A shop back in time" features a little bit of everything a general store should have, including coffees, elegant pastries, teas, sweets, baked goods, and artisan cheeses. Bath and body products, games, gift boxes, and Montauk inspired gifts also abound in the quaint and friendly store, right on Montauk Highway in town. 669 Main Street. 631-668-0900. mtkgeneralstore.com



Photo: Carter Randolph Tyler

**NEW YORK PILATES** – "Fitness leads to happiness." NYP brings their famous brand of resistance training to Montauk, their newest location, right on Montauk Highway (next to 7-11). **649 Montauk Hwy. newyorkpilates.com/Montauk.** 

# Montauk market

natural · organic · homemade · full bakery · grocery

OPEN YEAR ROUND - OPENS AT 5AM - WE DELIVER!



# **BAKERY**

Muffins, Croissants, Cakes, Pastries, Pies, Flagels & Bialys

# **BAKED DAILY ON PREMISES!**



# FULL BREAKFAST FROM THE GRILL

Breakfast Burritos, Omelets, Pancakes, Yogurt & Granola, Organic Juices & Smoothies



### **LUNCH & DINNER**

Full Deli Selection
Take Out
Hot & Cold Platters



### **GROCERIES**

Low-carb, Gluten Free, and Organic Items



Give a "<u>Unique Gift Basket</u>" to a Loved One! 805 Montauk Hwy Montauk NY 631-668-2071







#### PROFESSIONAL SURF INSTRUCTION

Private & Group Lessons 7 Days/Week
Stand-Up Paddle • Surf Fitness & Training
Kids' Surf Classes • Parties & Events

(516) 639-4879 INFO@COREYSWAVE.COM

BOOK ONLINE! COREYSWAVE.COM



# SWALLOW EAST

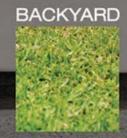
SMALL PLATES ON THE WATER

Lunch & Dinner
Local Seafood
Live Music

474 West Lake Drive Montauk, NY 11954

631-668-8344





# market fresh cuisine

breakfast • lunch • dinner

### RESTAURANT

The restaurant & poolside lounge at Solé East Resort with a beach club setting: expansive gardens, oversized pool beds with food and drink service, beats, and laid-back vibes.

Montauk's Premiere Boutique Resort



90 Second House Rd, Montauk • 631.668.2105 www.soleeast.com













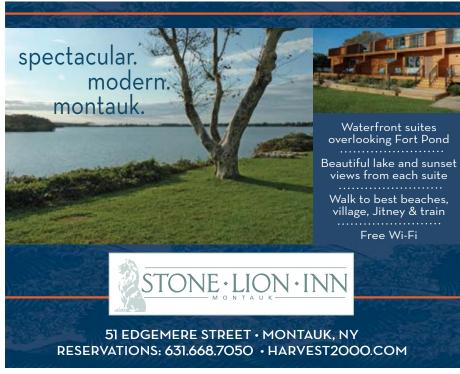
# MONTAUK

WATERFRONT SUNSETS SUSHI/RAW BAR LOCAL SEAFOOD **SERIOUS STEAKS** 



### EAST BY NORTHEAST

51 Edgemere St, Montauk 631.668.2872 harvest2000.com

















### **CREATIVE, SHARABLE MONTAUK ITALIAN CUISINE**



11 SOUTH EMERY STREET • MONTAUK • 631.668.5574 FORT POND BAY COMPANY • HARVEST2000.COM

@ duryeaslobsterdeck





**f** duryeaslobsterdeck



MARINE FISHING REGULATIONS						
SPECIES	MIN. SIZE IN INCHES	DAILY POSSESSION LIMITS	OPEN SEASONS			
STRIPED BASS Applies to Party, Charter Boo	<b>28</b> Its and Surfcasting	1	APR. 15 - DEC. 15			
WINTER FLOUNDER	12	2	APR. 1 - MAY 30			
BLACKFISH	16	4	OCT. 5 - DEC. 14			
BLUEFISH (includes snappers)	No Min Size for first 10 12 TL for next 5	<b>15</b> , no > <b>10</b> can be less than 12" TL	ALL YEAR			
WEAKFISH D	16 10 filleted 12 dressed	1	ALL YEAR			
ATLANTIC COD	22	10	ALL YEAR			
POLLOCK	19	NO LIMIT	ALL YEAR			
HADDOCK	18	NO LIMIT	ALL YEAR			
SUMMER FLOUNDER (FLUK	E) 19	3	MAY 17 - SEPT. 21			
PORGY On Party/Charter Boats	10	0 0 30 0 45	MAY 1 - DEC. 31 SEP. 1 - OCT. 31			
BLACK SEA BASS	15	° 3 8 10	JUN. 27 - AUG. 31 SEP. 1 - OCT. 31 NOV. 1 - DEC. 31			

# Vacation Libation

Spring is upon Montauk so be prepared for anything that comes your way with these diverse choices for vacation libation. Our good friends at Whites Liquor tell us what's trending early this season. Drink responsibly and enjoy Montauk.



# SAGAPONACKA VODKA

This glassy vodka originates from a fabled potato farm south of the highway; 20lbs in every bottle. It's gluten free and Bloody Mary friendly. Keeping it local



# **ANDRIAN PINOT GRIGIO**

A very well-made pinot grigio with body and flavor from Alto Adige, Italy, one of the best regions of this grape variety. Great with white clam sauce, we hear



# **WOLFFER ESTATE SUMMER IN A BOTTLE ROSÉ**

This gorgeously packaged rosé usually runs out before the end of summer. It's always popular with good reason. Delicious, dry and savory... don't be intimidated by the sexy bottle!



# **FORTALEZA TEQUILA**

This reposado aged two years is stone ground from a distillery that's been in business for over 125 years. Very smooth and aetting traction in this crowded field.

771 Montauk Highway 631-668-2426



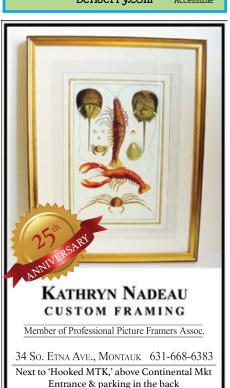
Open 7 Days a Week (In Season)

Vermont's Finest GMO Free & Fair Trade Ice Cream Frozen Yogurt Fresh Fruit Sorbets NON-Dairy Dessert!

Visit our Adjoining FULL Service Espresso Bar and Gift Shop

478 West Lake Dr. Ex. . Montauk Harbor 631-668-9425 Wheelchair BenJerry.com

Accessible



# **FUDGE N' STUFF**

**30 Flavors** of Homemade

Fudge & Fresh Chocolates made daily on premises

Hot & Iced Coffee, Hot Chocolate Ice Cream Cones. Shakes, Malteds, Hot Fudge Sundaes Candy, Popcorn, Nuts Sugar-Free Candy & Fudge **Piñatas** 

MEW! SOFT-SERVE ICE CREAM

Open 7 Days in Summer 10am-11pm On the Plaza, Montauk

At Gosman's Dock On Main St 764 Montauk Hw Womens Clothing www.MyMontauk.com





# Recurring Events

#### Full details onmontauk.com

### MON

#### **LIVE MUSIC**

Monday Night Concerts On the Green sponsored by the Montauk Chamber of Commerce. through June & July

### WFD

#### **RECREATION**

Chair Yoga at the Montauk Library, through 8/15

Easy Vinyasa at the Montauk Library, through 8/15

**SCREENING** 

### FRI

#### DANCE

Country Line Dancing for Beginners with Joel at the Montauk Library, through 8/10

**RECREATION** 

#### THIS IS A PARTIAL

#### LIST. FULL DETAILS AND OTHER LISTINGS AT ONMONTAUK.COM

#### **RECREATION**

Hatha Yoga with Tsuyumi at the Montauk Library, through 8/27

Tai Chi at the Montauk Library, through 8/27

# TUES

### **EDUCATION**

Tech Tuesdays at the Montauk Library, through 6/19

Screenings at the Montauk Library, through 8/29

# THURS

# **EDUCATION**

Enalish Conversation Group at the Montauk Library, through 8/30

#### **FOOD**

Montauk's Farmers Market On the Green, through 9/13 and then Fridays 9/21 and 9/28

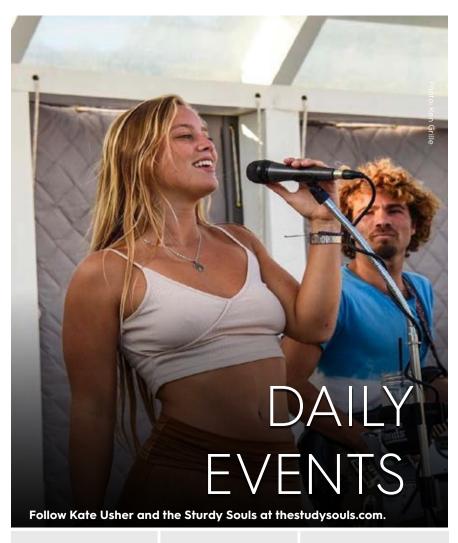
Gentle Chair Yoga with Christie Hoyt at the Montauk Library, through 8/31

Strength Training for Seniors at the Montauk Library, through 8/31

### SAT

#### **SALE**

Women's Guild Rummage Sale at Montauk Community Church, through 9/1



# **MAY 12 - SAT**

#### **KIDS**

Spring Craft with Michelle Vamos at the Montauk Library

#### LIVE MUSIC

Classical Music - Bach to Brazil hosted by Music for Montauk

Josh Brussell at Salt Box Restaurant and 668 The Gia Shack

Kate Usher and the Sturdy Souls at Stephen Talkhouse

#### RECREATION

Viking Fleet / Cresli Seal Cruises

MAY 13 - SUN

#### LIVE MUSIC

Little Sister with Abby Lane at 668 The Gig Shack

# MAY 14 - MON

#### **ART**

Coloring Club for Adults at the Montauk Library

MAY 17 - THURS

#### LIVE MUSIC

4-Day: 8th Annual Music Festival Dav on the Green from 5/17-5/20

Kate Usher and the Sturdy Souls at Montauk Yacht Club

# MAY 18 - FRI LIVE MUSIC

Kate Usher and the Sturdy Souls at Shagwong

## MAY 19 - SAT **SCREENING**

Baymen: Our Waters Are Dying

Pianist at the Montauk Library

Kate Usher and the Sturdy Souls at Montauk Beach House

# **MAY 21 - MON**

ART

Coloring Club for Adults at the Montauk Library

# MAY 24 - THURS LIVE MUSIC

Nancy Atlas at Stephen Talkhouse

MAY 25 - FRI **ART** 

the Sturdy Souls at Montauk Liahthouse Cafe

# MAY 27 - SUN **LIVE MUSIC**

Josh Brussell at Salt Box Restaurant and 668 The Gia Shack

Royal Kahoz at Swallow East

The Waylon Brother at 668 The Gig Shack

#### **RECREATION**

8th Annual Blessing of the Boards at St. Therese of Lisieux

MAY 28 - MON

#### THIS IS A PARTIAL LIST. FULL DETAILS AND OTHER LISTINGS AT ONMONTAUK.COM

(1976) at the Montauk Library

#### LIVE MUSIC

Kate Usher and the Sturdy Souls at Surf Lodge

Kate Usher and the Sturdy Souls at Memory Motel

# MAY 20 - SUN **EDUCATION**

A Spool of Blue Thread by Anne Tyler at the Montauk Library

#### LIVE MUSIC

Janice Friedman. Jazz Vocalist &

3-Day: Montauk Artists' Association Memorial Day Weekend Juried Fine Arts Show on the Green from 5/25-5/27

#### LIVE MUSIC

Jettvkoon at Westlake Fish House

## **MAY 26 - SAT** LIVE MUSIC

Booga Sugar at Swallow East

Little Sister with Abby Lane at 668 The Gig Shack

Kate Usher and

#### LIVE MUSIC

Kate Usher and the Sturdy Souls at Memory Motel

# MAY 29 - TUES RECREATION

Montauk Memorial Day Flag Ceremony

# JUN 2 - SAT **KIDS**

Adopt Me Bandanas/Portraits at the Montauk Library

#### LIVE MUSIC

The Realm at Swallow Fast

Kate Usher and the Sturdy Souls at The Montauket

# JUN 3 - SUN LIVE MUSIC

Nando Griffiths at Swallow East

JUN 4 - MON

Kate Usher and the Sturdy Souls at The Surf Lodge

## JUN 5 - TUES **HEALTH**

AARP Blood Pressure Screening at the Montauk Library

JUN 6 - THURS

#### LIVE MUSIC

Kate Usher and the Sturdy Souls at Lynn's Hula Hut

# JUN 9 - SAT LIVE MUSIC

Hopefully Forgiven at **Swallow East** 

Lynn Blue Band at The

#### THIS IS A PARTIAL LIST, FULL DETAILS AND OTHER LISTINGS AT ONMONTAUK.COM

#### **ART**

Coloring Club for Adults at the Montauk Library

LIVE MUSIC

#### **EDUCATION**

Senior Advocate at Montauk Library

JUN 8 - FRI

Stephen Talkhouse

#### TRIATHLON

The Robert J. Aaron Memorial Mighty Montauk Triathlon

# JUN 10 - SUN LIVE MUSIC

Joanna Teters at Swallow East

#### **RECREATION**

Blessing of the Fleet at Montauk Harbor

# JUN 14 - THURS **FISHING**

3-Day: 32th Annual SIYC Shark Tournament at Star Island Yacht Club & Marina from 6/14-6/16

# JUN 15 - FRI LIVE MUSIC

Jettykoon at Montauket

Josh Brussell at The Stephen Talkhouse

THE MONTAUK ARTISTS' ASSOCIATION, INC. **PROUDLY PRESENTS** 



### ON MONTAUK GREEN

MEMORIAL DAY WEEKEND **JURIED FINE ART SHOW** May 25-27

> 23<sup>RD</sup> ANNUAL JURIED FINE ART SHOW

**August 17-19** 

Rain or Shine - Free Admission Everyone Welcome

HOURS FOR BOTH SHOWS: Fri. Noon - 6P. Sat. & Sun. 10A - 6P

For more information on these events or The Depot Art Gallery & School schedules:

MontaukArtistsAssociation.org 631.668.5336

# JUN 16 - SAT **BENEFIT**

6th Annual Navy SEAL Foundation Fundraiser at Navy Beach

#### **KIDS**

Summer Reading Preview Event at the Montauk Library

#### LIVE MUSIC

Lvnn Blue Band at The Montauket

Nancy Atlas at Star Island Yacht Club

The Realm at Swallow Fast

Kate Usher and the Sturdy Souls at Hero Hotel

# JUN 17 - SUN **EDUCATION**

Book Group - The Underground Railroad by Colson Whitehead at the Montauk Library

#### LIVE MUSIC

Konekt Dat at Swallow East

## **JUN 18 - MON** ART

Coloring Club for Adults at the Montauk Library

# JUN 19 - TUFS LIVE MUSIC

Kate Usher and the Sturdy Souls at Stephen Talkhouse

## JUN 20 - WED LIVE MUSIC

Mark Black, 60's Rock n' Roll at the Montauk Library

# JUN 21 - THURS **BENEFIT**

4th Annual Camp SoulGrow Benefit at the Palm

#### **FISHING**

3-Day: 48th Montauk Marine Basin Shark

Tag Tournament at Montauk Marine Basin from 6/21-6/23

#### LIVE MUSIC

Jettykoon at Montauket

# JUN 22 - FRI LIVE MUSIC

Bastards of Boom (Dalton Portella band) at Westlake Fish House

Kate Usher and the Sturdy Souls at Hero Hotel



# **JUN 23 - SAT**

#### **KIDS**

Rockin' Reptiles with the Quogue Wildlife Refuge at the Montauk Library

#### LIVE MUSIC

Love Child at Westlake Fish House

Summer Solstice party hosted at Breakers featuring live music and trunk show with Girltauk.

# JUN 24 - SUN LIVE MUSIC

Carolyn Enger, Classical Pianist at the Montauk Library Montauk Library

#### LIVE MUSIC

Manny at Westlake Fish House

# **JUN 27 - WED THEATRE**

Montauk Open Mic with Ray Red On the Green

# JUN 28 - THURS **THEATRE**

Andromeda's Sisters at The John Drew Theater of Guild Hall hosted by the Neo-Political Cowgirls

#### LIVE MUSIC

Jettykoon at

# JUL 1 - SUN

#### LIVE MUSIC

The Lifequards at Westlake Fish House

Kate Usher and the Sturdy Souls at The Montauket

# JUL 2 - MON

#### **ART**

Coloring Club for Adults at the Montauk Library

#### **LIVE MUSIC**

Paul Fried at Westlake Fish House

Kate Usher and the Sturdy Souls at The Surf Lodge

#### THIS IS A PARTIAL LIST. FULL DETAILS AND OTHER LISTINGS AT ONMONTAUK.COM

Nando Griffiths at Swallow East

Kate Usher and the Sturdy Souls at Lynn's Hula Hut

# JUN 25 - MON LIVE MUSIC

Lynn Blue Band at . Westlake Fish House

Black and Sparrow Concerts On the Green

## JUN 26 - TUES KIDS

Seashore Animals with the SOFO Museum at the

Montauket

The Woodworkers at Westlake Fish House

## JUN 29 - FRI LIVE MUSIC

Point Fast at Westlake Fish House

# JUN 30 - SAT

#### **KIDS**

4th of July Craft at the Montauk Library

#### LIVE MUSIC

Nancy Atlas at Stephen Talkhouse

The 3B's at Westlake Fish House

Black and Sparrow Concerts On the Green

### JUL 3 - TUFS **HFAITH**

AARP Blood Pressure Screening at the Montauk Library

#### LIVE MUSIC

Kathleen Fee at Swallow Fast

Manny at Westlake Fish House

# JUL 4 - WED

#### LIVE MUSIC

Little Sister with Abby Lane at Westlake Fish House

#### **RECREATION**

Fireworks Viewing Party hosted at **Breakers** 

Montauk's Fireworks Dinner Cruise hosted by Viking Starship

Stars Over Montauk July 4th Fireworks at Umbrella Beach

# JUL 5 - THURS LIVE MUSIC

Hopefully Forgiven at Swallow East

Jettykoon at Montauket

Josh Brussell at The Stephen Talkhouse

The Woodworkers at

Westlake Fish House

### JUL 6 - FRI LIVE MUSIC

Jettykoon at Westlake Fish House

# JUI 7 - SAT LIVE MUSIC

Strecker at Swallow Fast

#### SALE

2-Day: Friends of the Library Annual Book Fair at the Montauk Library from 7/7-7/8

# JUL 8 - SUN LIVE MUSIC

Nancy Atlas at Gosmans Dock Royal Kahoz at **Swallow East** 

The Lifeguards at Westlake Fish House

# JUL 9 - MON LIVE MUSIC

Lvnn Blue Band at Westlake Fish House

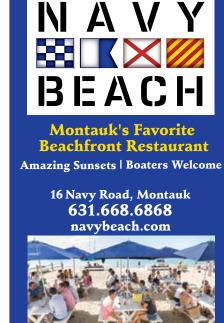
Gene Casev & The Lone Sharks Rock -a-Billy, Concerts On the Green

# JUL 10 - TUES LIVE MUSIC

Kathleen Fee at Swallow Fast

Manny at Westlake Fish House







### PATHFINDER COUNTRY **DAY CAMP**

The pièce de résistance of Montauk camps since 1964 provides a traditional summer day camp experience in a safe and nurturing environment for children 4-12. Located on 5 acres bordering Fort Pond. Flexible scheduling. It's THE camp.

pathfinderdaycamp.com 631-668-2080

# JUNIOR GOLF/TENNIS/ SWIM CAMP

Kate Tempesta's Urban Golf Academy at Montauk Downs offers a range of full/partial day and weekly camps/programs for golf, tennis and swim for ages 3-8, plus evening golf camp for 8 and up. June 18-Aug. 31. Details/ registration at ktuga.com

607-731-1886

#### **CAMP SOULGROW**

A 501c3 non-profit camp offers free creative workshops, adventures, and community

activities year-round to all kids seven and over.

campsoulgrow.org

### KID'S SURF ACADEMY @ **COREYSWAVE**

Semi-private group lesson designed to get kids stoked on surfing as they learn different surfing techniques and styles (i.e., stand-up paddle surfing) alongside other kids with professional instructors. Previous instruction preferred, but not required. Ocean safety, surf etiquette, and environmental awareness are also tauaht.

coreyswave.com 516-639-4879

# **Pathfinder Country Day Camp** Celebrate Our 54th Year of Children's Summer Camp in Montauk!





# BEACH BOUND!

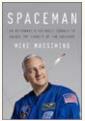
Montauk Library, 871 Montauk Hwy, Montauk, NY 11954

The Montauk Library is one of our best kept secrets, staffed with A-listers who keep us literate while churning out some of the best events for children and adults on the east end... a true center for the Montauk community. Director Denise DiPaolo and crew recommend 4 trending books in Spring 2018, all of which are available at the library.

#### **Spaceman**

(riveting, inspirational beach read)

by Mike Massimino A spellbinding true story of the Long Island boy who became one of our best-known living space travelers. Despite daunting challenges and numerous setbacks. Mike Massimino never gave up his dream of



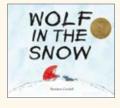
becoming an astronaut. His book brings the reader into a rare, wonderful world where nerdy science meets thrilling adventure, and pulls back a curtain on just what it really means to have "the right stuff." Reviewed by Denise DiPaolo, Montauk Library Director.

#### Wolf in the Snow

(inspirational kid's picture book) by Matthew Cordell

A wolf cub and a little girl are both lost in a snowstorm. How will they get

home? Cordell's Caldecott Medal-winning, largely wordless



picture book paints a story of unlikely friendship that will inspire children to read through pictures and learn to tell their own stories. Reviewed by Jacqueline Bitonti, Children's Librarian.

#### Life at the Beach: A story about growing up at Fort Pond Bay (great gift for Montauk lover)

by Dell R. and Emily B. Cullum Emily Cullum's photographs and family

records bring Montauk's oldest fishing village vibrantly to life while the written narrative, supplied by her son Dell, ties the visual



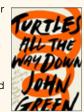
and written history together. Life at the Beach is a delight to page through and a valuable reference tool for anyone interested in Montauk history. Reviewed by Maura Feeney, Montauk Library Local History Librarian.

## **Turtles All the Way Down**

(young adult gem) by John Green

John Green's anticipated new novel has

16-year-old Aza and her best friend, Daisv, set out to locate fuaitive billionaire Russell Pickett by reconnecting with his son, Davis. As Aza pursues the 100k reward at stake, she tries to keep her friendships.



family, and self together, despite her spiraling inner thoughts. A mystery, romance, and coming of age romp with a quirky storyline that will keep you wanting more! Reviewed by Jacqueline Bitonti, Children's Librarian.

# SWIMMING, SURFING, TEACHING AND SAVING LIVES **Á LA MONTAUK**

Bob Miller is The One... for Montauk.

E GIVES MORE THAN ANY TOWN COULD EXPECT AND RESPECTS MONTAUK IN EVERY WAY, ASKING nothing in return except her blessing. He's that rare guy that wants to pay cover when he's friends with the band. He loves and respects our waves, beaches, and perhaps most of all, our kids, to whom he devotes much of his time as lifeguard, surfing instructor, ocean rescuer, and swim coach. There is no fanfare about him, just quiet toil. He sometimes travels to heal and save, but always comes home to Montauk. He doesn't need the notoriety that On Montauk is giving him in this article, but he deserves it. He's another selfless hero giving Montauk its great reputation.

# By Debbie Tuma



Throughout his life, Bob has spent almost as much time on the water as on land. Perhaps because he's the water sign of Scorpio, but more likely because he just loves the rush of surfing, swimming, paddle boarding, kayaking, and everything else he can do on the water. But even as much as being in the water, Bob loves to share his passion by teaching others, and giving back to Montauk, Little did he know when he started body surfing at Jones Beach at age five that he would grow up to teach swimming and surfing to kids in Montauk and all over the world, including those with special needs, and even help save refugees on rafts in foreign seas.

Growing up on Long Island, Miller was on two swim teams at age six, swam a mile for the Boy Scouts at ten, and finished his Red Cross swim class at twelve. He learned ocean swimming and surfing around fourteen and began life guarding at sixteen, including a stint at Jones Beach and later in Montauk at age twenty-two. Miller, now 45, loves learning. He entered college to be an aerospace engineer but ended up with a BA in earth science and oceanography from Stonybrook, later earning a Master's in Elementary Education and Special Education at Dowling College. Upon moving to Montauk about 15 years ago,



Miller spent years working as a substitute teacher and occasional swimming instructor at the Montauk School.

At thirty-two, he joined the East Hampton Volunteer Ocean Rescue (EHVOR), started by John Ryan, Sr. and others. They took over the old Dory Rescue Squad, answering 911 calls for water emergencies. The team

"Every graduate should be able to tread water for five minutes."



Bob Miller and his open water swimmers at Ditch Plains.

is comprised of about seventy male and female lifequards who are always on call and present at many local events, like triathlons.

The goal of Ocean Rescue is to drown-proof our community," he says. To this end, EHVOR created the Montauk Ocean Swim Challenge about 10 years ago to help the Montauk Playhouse Community Center Foundation (montaukplayhouse.org) raise money towards its effort to

bring a public swimming pool to Montauk. The Challenge donated around \$6,000 to the effort in its first year. The second year, Miller ran the event and joined the board at the Foundation. He has run the event with a team of devotees ever since and has so far helped raise close to \$100,000. The Challenge consists of three categories: a half-mile swim, a one-mile swim, and a 5K swim from Ditch Plains to town and back. This summer, Miller



Bob Miller instructs kids at Gurneys, Winter 2018.

hopes to involve the Wounded Warrior Project in the Ocean Swim Challenge. Their own fundraiser, "Soldier Ride," is the same 3rd weekend in July...and they'll be riding out to Montauk on their motorcycles. "I'd like them to come and swim and surf with us after the event," he said.

Bob and Ocean Rescue also started swimming programs at the Montauk School, where he volunteers his time for lessons. "Currently the program is only for pre-K and Kindergarten, but I'd like to see it go through eighth grade with every graduate being able to tread water for 5 minutes," he said. Bob hopes to one day be able to instruct the school swimming

program at the new Montauk Playhouse pool, once built. Beyond volunteering, Bob teaches private swimming lessons at local facilities, including Gurney's.

Bob's passion for teaching and water safety takes him beyond Montauk now and then. "Ocean Rescue is community based, inspiring people, and we have taken it globally." He says. Indeed, in 2015/16 Miller, supported by Ocean Rescue, went on a special mission to Greece to help refugees from Syria, Afghanistan and Pakistan who were trying to cross the Aegean Sea from Turkey on rubber rafts and boats. "I went to Greece for a week with a team to help these refugees cross more





East Hampton Volunteer Ocean Rescue responds to distressed swimmers all year.



Bob Miller helps rescue refugees in Greece in 2016.

safely and I ended up staying three months." said Miller. "The conditions were terrible, and I was very moved by the strength and determination of these people whose lives were upended. I saved more lives in the first two weeks there than I had in nearly 30 years on the beach."

Ten years ago, Miller got involved with teaching surf therapy to children with autism. In that vein, he currently volunteers his time with A Walk on Water (awalkonwater.org), an organization that takes kids with special needs and involves them, their families,



Teaching surf therapy with the Wounded Warriors.



Bob Miller helps a student study for his junior lifequard water safety test in South Africa in 2017.



Bob, here 10, grew up as many of us did, on the water.

and the whole community in surf therapy. Bob, backed by Ocean Rescue, has taken the lead in keeping these events safe over the last four years and was invited to spend three weeks last September working with children from Capetown and Port Elizabeth. South Africa, "The kids I surfed with were from the most dangerous and violent communities. Helping to train their new instructors in water safety and surf instruction has left people in place to continue surf therapy, which has a real, positive impact on the kids' lives, even in my absence."

Bob is inspirational and refreshing in that he doesn't take things for granted. He talks energetically about the kids he teaches and his desire to give back to Montauk. "I am so grateful that I've had all these amazing opportunities to give back," he said. "Children teach me, too."

Bob Miller can frequently be found at Air & Speed Surf Shop in Montauk. 631-668-0356.



# A fresh and dynamic approach to classical music, for everyone

Spring Concert, May 12th, 4pm with reception to follow at Gosman's Restaurant

# **SUMMER SERIES AUGUST 7TH-16TH**

www.musicformontauk.org





Fire Department's Ladies Auxiliary are Unsung Heroes of Montauk

BY DEBBIE TUMA

ONTAUK HAS A DEEP BENCH OF HEROES. IT LURES THE BRAVE AND ADVENTUROUS. PEOPLE HAVE NEVER COME HERE TO FADE away, they've come with energy and to embrace a passion, whatever it is...Montauk feeds many. From this special pool springs heroes of many sorts: fisherman who risk their lives to feed us, surfers that make us respect the ocean and forge men on the waves, and the protectors like police and firemen. It's about time, then, that On Montauk shed some light on the members of the Montauk Fire Department's Ladies Auxiliary, a group of unsung lady heroes that toil virtually unknown behind the scenes to keep our community safe and strong.

When the Montauk Volunteer Fire Department started in 1939, there were only a few hundred brave souls living at the End. But as time passed the hamlet grew and the hard-working department needed more equipment and supplies. The Ladies Auxiliary was created in 1949 and quickly got to work fundraising through events like pancake breakfasts, bake sales, fish fries and the like. Today this team of thirty-five heroes supports our one hundred thirty-one firefighters as they do their jobs day and night, and a whole lot more.

(Left) Current officers of the Ladies Auxiliary at the Montauk Fire Department's Annual Installation of Officers, January 1, 2018 (L to R): Pat Bonnabeau (Second VP), Dorothy Malik-Atkinson (First VP), Jamie Carillo (President), Dawn Lucas (Treasurer), Erika Uribe (Secretary).

"The firemen's wives started it because the fire department was very poor, and back then vou had to be related to a fireman to join," said Dorothy Malik-Atkinson, who joined the department in 1994 and is now the First Vice-President. When she joined, they had opened it up to non-related women. "Although my husband was not a fireman. I joined because I wanted to do something outside of my home and family, and because I wanted to help people," she explained. "Our first priority is to help the firemen. If a big fire breaks out, we go to the scene and keep the firefighters hydrated and replenished by giving them hot soup,

water, and sandwiches. We help them keep up their energy to do their jobs."

The Ladies have a "night fire list," where three to five members are on call each month to go to any fires. Different Montauk delis will open for them in the middle of the night, she says, adding that the women never get close enough to be in any real danger. "We go to the firehouse first and get supplies," she says. "Some of us go to the fires and others stay at the firehouse to give the firefighters food and drink when they come back.

She says the women also help on location and at the firehouse once a month



# If a big fire breaks out, we go to the scene. 🤧



(Left) The Ladies Auxiliary sport new capes at the St. Patrick's Day Parade on March 14, 1965. Members pictured include Marie McMahon, Ellen Johns (Chairlady), Joan Drobecker, Dottie McCann (Treasurer), Alice Dougherty, Mary Polio, Sara Handrup (1st Vice), Janet Bolton, and Bertha Syvertsen. Recognize them?



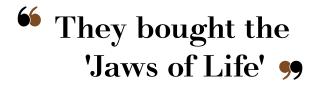
The Auxiliary's 21st Anniversary dinner at the Montauk firehouse in 1971. L to R: Eleanor Prado (charter member in 1950), Marion Gatti (Chairlady), Hilda Tuma (First 1st Vice in 1950). Photo: Courtesy of Ladies Auxiliary



The Ladies Auxiliary original charter document, recently uncovered, is now being preserved at the Montauk firehouse.

when the firemen go on drills at different locations to simulate emergency situations, sometimes using a dummy. In the past, firemen have gone to Fort Pond with the dummy to practice saving a person who has fallen through the ice and have simulated a boat fire and rescue at the Montauk Marine Basin and Gone Fishing Marina. Incidentally, firemen go to the Montauk Public School to teach fire safety with the gid of the Junior Fire Department, led by Mickey Valcich, whose members undergo fire training and can themselves become firefighters at age eighteen.

Pat Bonnabeau, recently elected Second Vice-President of the Auxiliary, said one of the most interesting drills she went to was at the Montauk Lighthouse, where the firemen simulated a heart attack rescue from the very top. "They brought in their truck and aerial ladder. which they raised up to the top of the lighthouse, then went up in full gear to rescue a dummy," she said. "They passed the dummy on a backboard to the top of the ladder and brought it down to the truck. It was very exciting to watch. We were





Dawn Lucas and Jamie Carillo corralling the kids at the 2018 Easter Egg Hunt on the Green.

there a few hours and I was amazed that they did this. I felt so proud to be part of this group of people who put their lives on the line to help everyone."

Bonnabeau joined the Auxiliary five years ago, "because it is a good community organization, and I wanted to give back," she said. "It makes me feel really good that I am doing something worthwhile."

Throughout the year, the Ladies

Auxiliary helps with many different fund-raising events. One of the biggest is the annual Big Bucks Raffle, which started on Labor Day weekend in 1983. Tickets are \$100 with a limited amount sold. People can win everything from \$500 to the Grand Prize of \$50,000. Since the odds are good and so much cash is given out, this has become a popular event that sells out each year. Thousands of people pack the firehouse



(Left) Members of the Ladies Auxiliary assist Montauk's firemen at regular training drills. In this drill the department simulated a rescue atop the lighthouse in 2016.



Tricia Erb-Cusimano, Camille Erb, and Joyce Marino prepare food at the 38th Annual Montauk Seniors Holiday Dinner, December 3, 2017 at the Montauk Firehouse. Photo Credit: Richard Lewin



Ladies Auxiliary President Jamie Carillo (center with bunny ears and sunglasses) releases a horde of Candied Anchor and Ladies Auxiliary. Photo: Carter Randolph Tyler

for the reception and homecooked food from the ladies.

Another big fund-raiser is the annual Senior Christmas Luncheon, where the ladies help cook and serve a free Christmas dinner, with all the trimmings, to all Montauk seniors. Hundreds show up for this popular day. The ladies also cook and serve food at the firehouse after the St. Patrick's Day Parade and for the annual Chief's Dinner. They also assist at the Montauk Blood Drive, run each vear by Fireman Jon Forsberg, that will be September 18 this year. They also attend all the wakes and funerals of fallen firefighters. With money from their fundraisers, the Ladies Auxiliary donates to

The Montauk Food Pantry, the East End Foundation, Meals on Wheels, and the Tyler Foundation.

They are always looking for new opportunities to be involved. This year, for example, the Auxiliary became a new co-host of the annual Easter Egg Hunt on the Green, along with the Montauk Chamber and Candied Anchor.

The Auxiliary has monthly meetings run by their President, Jamie Carillo, who is in her second term. They take a hiatus in June, July and August, but keep a "fire list" of women to assist at fires or long calls. "We just want to keep everyone happy and safe," said Carillo. "This is a great bunch of women who do great community service. They keep our firemen going so they can do their very important work."



hungry Montauk kids at this year's Easter Egg Hunt on the Green, hosted by the Montauk Chamber,

The Fire Department's Head Chief, Vinnie Franzone, agrees. "The Ladies Auxiliary is very important to us. They are the unsung heroes behind the scene who at a moment's notice respond to our needs. Be it a drill, a dinner, a fundraiser; day or night I can make a call and they'll show up." Franzone said the first "Jaws of Life" equipment was bought by the Ladies Auxiliary from their fundraisers in the 1970's. Since then, it has saved many lives extricating people from vehicles.

"These women are an integral part of our system," he said. "Without them, we couldn't do a lot of events that we do. They're another cog in the wheel to help us support and protect the

community. We've had a great relationship for almost 70 years."

Dick White, a life-long fireman and Treasurer of the Montauk Fire Department, grew up in Montauk and said his mother, Ruth White, was one of the first Ladies Auxiliary members. "These ladies work hard," he said. "One of our biggest fundraisers, the Big Bucks Raffle, gets over a thousand people, and we couldn't do it without them. They cook and serve at our annual holiday dinner, for over 200 people...and at a winter fire, we firemen come back cold and tired, and they hand us a cup of hot soup or coffee with a smile and a show of support. It's uplifting—they become one of us, like a big family."



Neutral colors and ribbed fabrics are very popular in spring/summer swimwear collections in 2018. Silhouettes take inspiration from 80's activewear with high cut bikini bottoms and sports bra-inspired tops. The retro look for high-waisted bikini bottoms is here for another season and is gaining popularity...and those plunging neck-like one pieces are a part of virtually every brand collection this season.

Andie Rose Quartz' one piece by Tori Praver Photo: Courtesy of Tori Prayer





Andie 'Black Sands' one piece by Tori Prayer Photo: Courtesy of Tori Prayer

# High cut silhouettes

The Michelle 'Split Stripes' one piece by Solid & Striped Photo: Courtesy of Solid &



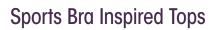


piece by Solid & Stripes Photo: Courtesy of Solid & Striped

# **Ribbed Fabrics**

Shaka top by Acacia Swimwear Photo: Courtesy of Acacia Swimwear







# High waist bikini



Jay bottom by Mara Hoffman Photo: Courtesy of Mara Hoffman

# LET'S TAUK SAFETY



With Bob Miller

Ocean Rescuer Bob Miller has spent a life on water; teaching, lifeguarding, coaching...and surfing. With decades of experience under his belt, he imparts some critical water safety advice in this spring 2018 issue of On Montauk. More advice from Bob follows in our summer and fall/winter editions. Stav tuned.

After over a decade of teaching surfing, two decades of coaching swimming, and nearly three decades of lifequarding, there is something I'd like to share, which boils down to this; we all want to have fun, right? That's it, story's over? Yeah...nah, we have only just begun. But the bottom line... is about having fun.

Remember the old saying that it's all fun and games until &#\*! Well, this is a story trying to prevent the &#\*!, and the way to do that is to put safety first. By this I'll suggest that you do something that you are hopefully doing anyway: be aware of your surroundings. First thing in any first aid response is to survey the scene, look for potential dangers, assess risks... then respond.

When we all walk down to the beach. we take a look at the crowd and decide where to place our things. Perhaps we can also ask ourselves a few things? Is it possible the crowd is in a particular place for a reason, would you think? Possibly everyone is swimming in a particular place for a reason, perhaps...? An awareness and understanding of your environment is what we are asking for here.

What are things like surf conditions, rip currents, rocks, and jetties? These may seem like easy questions in isolation, but they are often ignored when fun is in the air. It's unfortunate that when we let our guard down, the &#\*! happens. This is where your own personal risk assessment should be working for you. For example, people with children should swim near a life guarded swimming area while surfers should not surf in this zone. Common sense, riaht?

Perhaps if we were all simply made more aware of dangers that we may, or may not, have realized were there all along, we'd be better able to prevent trouble. For example, we are all pretty aware that a surfboard is something that would probably hurt if it hit our, or anyone else's, head... yes? Okay, so... what should we do if at some point we lose our boards? ... cover our heads! As clever as children can be, they have taught me to call





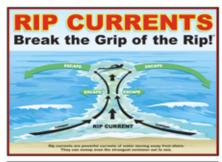
Note these location signs on the beach. 911 will ask you for the number in an emergency

this a hand helmet... as in cover your head with your hands... kids really are amazinaly brilliant!

Anyway, back to that board, which is a danger to those around you if you don't hold onto it, so... please keep a grip. Yes, hold onto it. Get flipped upside-down with it, but don't let ao. It's a free ride back to the surface, which is where we can all do something we enjoy...breathe. Without your board you're still doing back flips underwater, board dragging you by the leg and perhaps endangering someone else. So please... HOLD ONTO YOUR BOARD. If you can't, put on your HAND HELMET.

Okay... that said, so what if the &#\*! does happen on the water? First, don't panic, this is just a story. Second, don't panic at the time of an incident. Panic is not good. I'm sharing these thoughts so you can think ahead about having a plan and not succumb to panic. So thank you, again, for not panicking, but instead keeping a level heard and knowing how to ask for help.

Would I be aware if someone needed help? How would I contact help? The answers should be known by every parent and, really, any beachager. Indeed, the town has a dedicated 911 response system for ocean emergencies for which I and about



#### IF CAUGHT IN A RIP CURRENT

- · Don't fight the current
- Swim out of the current, then to shore
- If you can't escape, float or tread water
- If you need help, call or wave for assistance

#### SAFETY

- Know how to swim Never swim alone
- If in doubt, don't go out



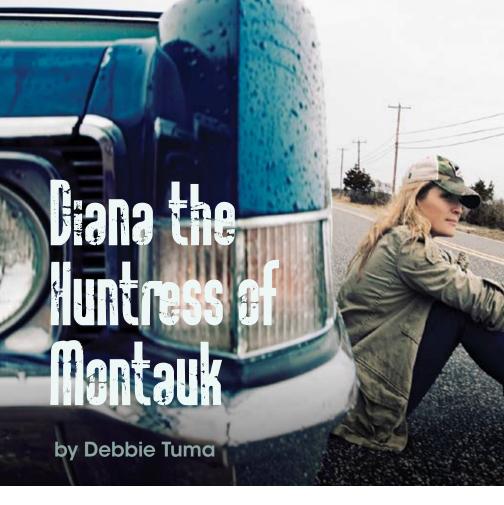
Don't panic, know this sign.

seventy other men and women carry pagers for rapid reaction. Behind this system is East Hampton Volunteer Ocean Rescue (EHVOR), which was created to respond quickly to emergencies with lifequards and equipment to make ocean rescues.

If you do need to call 911, here is a big tip that many overlook: note the letter and number of the big ORANGE sign staked at every public beach entrance. The 911 operator will ask you for it, making our response time faster.

Simple awareness of our surroundings... the surf, rips, rocks, lifequards, and of course that big **ORANGE** sign... can make our summer fun safer. So please remember that old saying about how it's all fun and games until &#\*! Let's work together to keep it safe. Hold onto those boards as best you can out there, and when you can't, remember to cover your head, especially on the way back up to the surface.

Please be aware or your environment... just in case. 🕾



# NANCY ATLAS

# graces, and embraces, the End

Understand something about performer Nancy Atlas. She keeps it real by embracing so much more than fans in Montauk. Raising her family here, nurturing and respecting the land, and living, every day, the spirit of the End make her a uniquely devoted and respectable Montauker that any town would be fortunate to have.





Baystreet Theater - Over 27 Sold out Fireside Sessions. Photo by Daniel Gonzalez

When Nancy Atlas is not performing on stages throughout the Hamptons, this rockin,' quitar-playing singer and songwriter seeks refuge in the natural wonders of the East End. She's as happy on her surfboard tackling the waves at Ditch Plains as she is playing for crowds at bars, restaurants, and events here and around the country.

"I'm a bia water person," said Atlas, 47, who lives in Montauk with her musician husband, Thomas Muse, of the band Jettykoon, and

their three children. "I swim, surf, clam, forage, go out on my paddle board, and find things along the ocean edge."

Atlas said the reason she lives in Montauk is that she enjoys nature, hiking the trails two to three

times a week with her husband, a landscape designer and fellow surfer. Along the way, she finds and picks beach plums, which she makes into jelly for the winter. She makes it in half-pints and gives

it to about 20 to 30 of her "closest friends." "The thing I love about beach plums is that it's a specific bush that grows by the sea," she said. "I



go to the beach and bring a big bucket and cover up so I don't get poison ivy or ticks. The beach plums are not an easy find--you have to fight for them."

Jelly aside, she also loves to make a creation with the plums that she calls "Bonac Beach Bounce." She insists on its simplicity and says it was a recipe handed down to her from olden times. It consists of beach plums and a liquor of choice, like rum or vodka,



New Years 2018 Eve by David Gribin

which she pours into attractive decanters to give as gifts. "It's sort of a tradition to open the ielly on the first snowfall of winter and the Beach Bounce on Christmas," said Nancy. "The beach plum is ripe at the height of summer, so when you drink this concoction in the winter or spread it over your toast, it reminds you of that taste of summer when all was in a heady bloom."

Nancy jokingly refers to herself as "Diana the Huntress," because she loves to forage for food and even fish. "Mv friends and I have a sort of pirate lifestyle—we live off the

land and sea, and we love it," she said. "We share the bounty of the East End with each other-the beach plum jelly, the lobsters, clams and fish, the home-grown vegetables—we swap things and barter with each other all the time."

Atlas, who took her name from one of

her favorite books, "Atlas Shruaged," also loves to cook and entertain in her home. She used to be a short order cook at the Clam Bar on Napeague, which she ran for 10 vears, and she was also a waitress at the Corner Bar in Sag Harbor.

"I left the Corner Bar because I wanted to gig," she says, of her venture into performing on stage. She was playing in bars three months after learning the guitar, and she performed her own original songs for five years before she played covers. She put her band, "Nancy Atlas Project," together when she was just 25. Today, it consists of four other members. besides herself-Johnny Blood, lead guitarist; Brett King, bass; Neil Surreal, kevs; and Richard Rosch, on the drums.

Nancy, who grew up in Commack, Long Island and spent summers at her parents'



First time Mom with Cash 11 years ago

house in Lazy Point for many years, trained first in art abroad. She started her college years at Cambridge University in England and eventually ran off to Italy to complete her degree in Fine Art from Richmond College with a base school in London. "I didn't really have the passion to pursue painting as a career--I thought more of going into advertising," she said. Growing up, she always played music, playing piano and viola from 1st through 12th grade.

"I wrote songs from age 12 and sang in talent shows," she recalled. "I bought my first (used) guitar at 21, and at that point I knew

this was what I was going to do." Since then, she and her band have played around the

country and in Europe for concerts, private and corporate events, weddings and parties.

Thomas and Nancy in 2015

"The best part of the job is that we get to bring love, joy and happiness into the world... along with helping make a few babies and sweating out some blood, sweat and tears. It's a righteous mixture," she said. "The hardest part is that you're never off, especially as a bandleader. It's a full-time mental commitment that goes well beyond clocking out at 5pm."

As a busy wife and mother, Nancy admits that "it's not easy juggling three kids, a super creative husband, trying to find time to write, producing show after show and then actually playing them...

"I really believe

have to fight for

but I really

believe you have to fight for your art, no matter what you YOUR ART have on your plat vour plate. My kids

> know me as Mom, but they also see me do what I love and that is important, or at least I think it is. We all have that fight though...whether you have kids or not. I am very lucky to have the support system of my family, specifically my mom and sister, and also my husband who plays... so he get's it, too, but it is definitely something that requires a mental sword on a daily basis."

All of her three children are into their own creative pursuits. Cashus, 12, is an actor, singer and drummer, who has acted with Alec Baldwin and Laurie

# Nancy Atlas' Bonac

DECANTER CUP OF CLEANED RIPE BEACH PLUMS (More or less)

**BOTTLE OF** VODKA

WHITE SUGAR (Eye Amount)







#### INSTRUCTIONS

STEP 1 - Take an old decanter and give it a good scrub inside and out. Let dry and make sure it has no soap reside left on inside.

STEP 2 - Take cleaned, washed smaller beach plums (larger ones won't fit through the top) with WHOLE PIT still in them and fill the jar about a little less than half way up.

STEP 3 - Pour sugar over the beach plums until it covers half way up if you want a sweeter liquor or less than that if you just want it to have a little taste. You must put sugar AFTER the beach plums as

the plums displace a lot of the space so it's a good gauge for how much you need. If you put sugar in first it won't be drinkable.

STEP 4 - Fill plums and sugar with your choice of clear liquor. I have found Vodka to work best but Rum or Whiskey work as well.

STEP 5 - Plua decantor.

STEP 6 - Put in a dark place and flip upside down once every few weeks.

STEP 7 - Serve at Holiday Parties. We break ours out for Christmas Dinner and it is always a hit.

> Can be consumed straight or split with seltzer or ginger ale.

Metcalf in "All My Sons" at Guild Hall in East Hampton. Her other son, Levon, 6, loves drawing and singing "It's like giving birth to a wood nymph with that one." Her daughter, Tallulah, 4, is a bit too young to

know what she wants to do, but Nancy says "she has fire in her belly to dance and sina. She is a joy to watch and a good litmus test for songs I am working on. If Tallulah shakes it then I know it will work on the dancefloor."

Nancy says that despite her hectic, on-the-road schedule, "It's been good for my spirit to write, sing and play. I'm a much happier person when I am creating." And of her busy life as a professional, wife and mother, she says, "I've always had seven sticks in the fire at all times...I'd be writing and singing songs if I had 12 kids--it's just the way I am." 🚇



#### **MONTAUK POINT LIGHTHOUSE**

views views views! Our magnificent lighthouse provides unforgettable 360° views of Block Island Sound, the Atlantic Ocean and beyond. The Montauk Point Lighthouse is the oldest lighthouse in New York, being authorized under George Washington in 1792. Completed in 1796, it still serves as an aid to navigation. It was designated a National Historic Landmark, in recognition of the property's national significance in the history of the United States, in 2012.

# LIGHTHOUSE MUSEUM AND GIFT SHOP

Located in the Lighthouse, the museum and the Gilmartin Galleries showcase the seafaring history of the Lighthouse, display historic documents, and offer guided tours. Open daily May 1 through Columbus Day, call for off-season times. Fees for Museum (includes access to Ocean and Surf museum): \$11 Adults, \$8 Seniors, and \$4 Children up to 12 and at least 41"

tall; Children under 41" free, but they can't go up the tower. New York State Parking fee: \$8 631-668-2544

MontaukLighthouse.com

# MONTAUK OCEANS INSTITUTE AND SURF MUSEUM

An exploration of Montauk surfing history and culture alongside an educational primer on marine science, oceanography and physical science. Located adjacent to the lighthouse in the fog signal building. Fees for Museum (includes access to Lighthouse Museum): \$11 Adults, \$8 Seniors, and \$4 Children up to 12.

#### **MONTAUK INDIAN MUSEUM**

On the grounds of Second House just west of town, the Indian museum showcases artifacts found in Montauk from 15,000 years of Indian habitation. Open Thursday-Sunday from 12-3pm in season. Adults \$5, children \$3.

montaukindianmuseum.org.

For Complete Listings →

⊗ ONMONTAUK.COM

ONMONTAUK.COM 55



Let's face it, you're surrounded. Get out there and explore. But keep it safe and always watch your kids in the water. The ocean beach can be rough and treacherous on certain days. Mind the rip currents and if in doubt, stay out. Lifeguards are generally on duty at most beaches from 10am-5pm through Labor Day. Please note lifequard status when choosing your spots, and the orange location signs. The sound side beaches (north side of Montauk) are generally calmer.

**DOGS** not allowed on most beaches 10am -6pm, May 15 through September 15.

**BEACH FIRES** are allowed on main town beaches from 5pm -12am but must be fully contained in a metal container.

#### FOUR WHEEL DRIVE

permits for the main town beaches can be purchased at the Town Hall Annex in the Montauk Playhouse. (631) 668-5081. No vehicles allowed on the beaches 10am - 6pm, MD - September 15. Other beaches around Montauk require various state or county driving permits.

**PARKING** is free at the from 7-11, and Amsterdam Beach (limited) but a fee is charged at Hither Hills State Park and Montauk Point. Many other beaches, such as Ditch and Gin, require a parking permit, which is free for residents, available at Town Hall Annex in the Montauk Playhouse. (631) 668-5081.

# **AMSTERDAM BEACH**

(must hike to access, remote, unspoiled, quiet, no facilities, dogs OK)

Walk the trail at Amsterdam Beach State Park and be rewarded by one of the most breathtaking vistas of unspoiled shoreline on the east coast. Meander along the

intermittently sandy and rocky shoreline eastward or westward and be humbled. The 50-minute round-trip wooded hike to the beach includes a tunnel of American Holly and several exotic large oaks. Bring insect repellant and water as the beach has no facilities, no lifequards...and probably no other people. Park (free) on the

south side of Rt. 27 across from Deep Hollow Ranch. ehtps.org/amsterdambeach-preserve/

## DITCH PLAINS BEACH

(surfer spot, families, can get crowded, permit parking)

Popular with surfers, this beach is two miles east of the village on the ocean with parking by permit only at two parking areas. The super long break makes surfing ideal for newbies or veteran long-boarders. This iconic beach has beautiful cliffs risina at its western end at Shadmoor Park, restrooms, outdoor showers, lifeguards during the summer season, and concession trailers that serve more than just snacks.

# **EDISON BEACH**

(sandy, walkable from village hotels, close to everything, limited parking)

At the heart of the Village at the end of South Edison Street, this popular beach has a lifeguard on duty during the summer months, restaurants, restrooms, and stores nearby. Limited public parking. Be mindful of the dunes, which were recently stabilized.

# **GIN BEACH**

(sound side, calm, families, boat watching, walk to

## Shagwong point, permit parking)

At the end of East Lake Drive on Block Island Sound: and named for the cattle gins, or pens, that resided here for hundreds of years, Gin Beach is great for families with children, with gentle water and sandy beaches. You can watch the boats come in and out of Montauk Harbor, or take a walk on the jetty. Parking by permit only. Restrooms, outdoor showers, a concession trailer, lifequards during the summer season, and a nearby restaurant provide all the family needs for a day at the beach.

# **HITHER HILLS STATE PARK**

(public parking, many facilities, sandy, families)

Four miles west of town on Old Montauk Highway. Lifequards daily from mid June-Labor Day, Noncampers pay a \$10 parking fee. Nice playground, picnic tables, outdoor showers. restrooms, a changing area, and a general store.

# KIRK PARK BEACH

(main town beach with free parking area; wide, sandy, open, families)

West of the Village by the

IGA supermarket, this sandy beach stretches over 500 feet. Park for free at Kirk Park parking lot, Public restrooms located next to the parking lot. Lifequards, restaurants and stores are within walking distance, along with a park and picnic area across the street. The dunes were recently stabilized and stairways were put in place.

# MONTAUK POINT STATE PARK BEACH

(public parking, views, facilities, rocky, hiking, explore, no lifeguards)

Not a traditional "beach". Park at the lighthouse parking lot (fee during season), walk down to the rocky shoreline and enjoy majestic views of the lighthouse, watch surfcasters on the rocks, or meander around the hills overlooking the ocean. The fit can hike the rocky shoreline in either direction and enjoy unspoiled Montauk coastline or carefully cross atop the liahthouse revetment and watch the ocean's relentless assault on the aiant boulders (note: the revetment is slated for overhaul and may be off-limits when construction starts).

## NAVY ROAD BEACH

(sound side, calm, pebbly, kayak launch, families, no facilities, permit parking)

On beautiful Fort Pond Bay at the end of 2nd House Rd., over the railroad tracks. Great for launching kayaks, paddleboards, and small boats. A favorite spot for locals and families. The beach is pebbly, so take swim shoes. Parking by permit only. Dine waterside at Navv Beach, just down the beach. Boats and small yachts frequently moor in the Bay.

# THE OTHER BEACHES

# (walkable even if not parkable)

Montauk, surrounded by water on three sides, has many more beaches, but most of them are not protected by lifeguards and parking is not straightforward. For those who enjoy walking the beach, there are many options, as all beaches are public up to the high tide mark. A popular walk is from the village to Ditch Plains beach, where you see the cliffs of Shadmoor on the way. At high tide parts of the beach may be impassable.

> For Complete Listings → **MONTAUK.COM**







## - Fun for the Whole Family!

Full Day Porgies & Sea Bass 1/2 Day Trips - Sail Daily at 8am & 1pm Day & Night Striped Bass Trips Offshore Trips for Tuna, Tile, Mahi, etc.

Whale Watching Sailing July 1st thru Sept 2 Sunday and Wednesday 2pm to 7pm

Number 1 **East Coast** 

## Fun Cruises

Aboard our newest addition the Viking Classic! Eco & Lighthouse Cruises - Sunset Cruises 1 Hour Boat Rides (Cocktails available from the Bar)

Montauk Harbor

Available for Private Charters

Visit us online for Schedules, Rates and Tickets

ikinafleet.com







462 West Lake Drive Montauk, NY 11954







# **Watersports**

# **CRUISES AND WATER TOURS**

Sunset cruises, educational ecotours, seal/whale watching, stargazer cruises, lunch and swim tours, charter excursions, and a host of other iterations are increasingly available in Montauk's waters and along our beautiful, unspoiled coastlines, catering to a variety of customers.

**TOMOKO BOAT TOURS** & EXCURSIONS: 631-668-8079, Cruisemontauk. com; harbor/lake history

tours, sunset and stargazer cruises, lunch/swim tours, lake eco tours. At Gosman's Dock

**VIKING TOURS: 631-319-**6003, Vikingfleet.com; at Montauk Harbor; whale watching, sunset cruises, lighthouse and ecotours, ferry services and fishing; at Montauk Harbor

# CATAMARAN MON TIKI **CRUISES, CHARTERS:**

631-668-2826, sailingmontauk.com; day & evening outings amidst beautiful fluttering sails of

# **Outdoor Activities-Watersports**

large, 40-foot Polynesian-inspired catamarans; private charters, walk-on day sails and sunset cruises. At Montauk Yacht Club

# SAIL MONTAUK SAILING **CHARTERS AND SAILING**

**SCHOOL**: 631-522-5183. sailmontauk.com: offers sunset cruises, evening sails, sailing and swimming excursions, and sailina lessons for individuals or groups, plus a junior sailing program; at Montauk Yacht Club

# **BOAT/KAYAK LAUNCHING**

WEST LAKE LAUNCHING RAMP (Ocean) - on West Lake Drive (at Duryea Ave.) is an excellent multi-lane concrete ramp and dock into Lake Montauk/Montauk Harbor that accesses the sound. Parking by East Hampton town permit only. 25 trailer rigs accommodated, 631-324-4142

**FORT POND FISHING ACCESS SITE (Fort Pond** Lake, Small Craft,

Kayaks) - on S. Erie St. next the soccer field has a sinale-lane hardsurface ramp into the lake for small craft and parking for multiple vehicles/trailers. Also appropriate for launching SUPs, kayaks, etc.

# **CAROL MORRISON** PARK (Fort Pond Lake. Kayaks, etc.) - on Fort

Pond (lake) is a great place to launch kayaks. canoes, SUPs, etc. for recreating on the calm lake. Limited parkina: 128 Second House Rd. (turn on dirt road across from S. Debusy Rd.); 631-324-2417

# **BOAT RENTING**

# **UIHLEIN'S MARINA:**

631-668-3799, rent skiffs, bowriders, and center consoles. Their rental fleet ranges from 16ft to 31ft with all equipment for water skiing, tubing, wake boarding, and fishing. Uihleinsmarina.com

# **CANOEING &** KAYAKING

Canoe or kayak on Fort Pond (launch at Carol

## **Outdoor Activities-Watersports**

Morrison Park), Fort Pond Bay, Lake Montauk, or one of Montauk's hidden ponds. **UIHLEIN'S:** rents ocean kavaks and plans excursions or lessons for the more adventurous

# JET SKI, TUBING, **WAKEBOARDING**, & WATERSKIING

**UIHLEIN'S AGAIN!**: 631-668-3799, rent jet skis for Block Island sound under the watchful eve of their instructors. Any boat you rent can handle

tubing, wakeboarding and waterskiing.

# STAND UP **PADDLEBOARDING**

SU paddleboarding is increasingly popular and great exercise, fun, and works everywhere: ocean, sound, & lakes. COREY'S **WAVE:** 631-639-4879, rents SUPs, gives lessons, and tours; info@coreyswave.com.

## **SURFING**

Montauk is one of the East Coast's top surfing towns.



Tel: (631) 668-3799 | Fax: (631) 668-3798

444 West Lake Drive | P.O. Box 357 | Montauk, NY 11954

## **Outdoor Activities-Watersports**

The culture is magnified by surfer-themed restaurants and shops. Ditch Plains is the heart and soul of the surfer community. If you surf Ditch and you are a newbie, remember Ditch etiquette-the surfing areas are 250 feet in either direction to the east and west of the bathing beach. Surfers looking for bigger waves head to Camp Hero, a rock-studded patch of right breakers beneath the cliffs, and Turtle Cove, the farthest

east and perhaps best Montauk break, just below the Montauk Lighthouse.

COREY'S WAVE: 516-639-4879, coreyswave. com, professional surfing instruction for all ages and abilities, private or group, plus guided surf trips, a kids' surf academy, and stand up paddleboard rental and instruction, plus group surfing events and parties.

> For Complete Listings → **MONTAUK.COM**



# **On-land**

# **GOLF**

MONTAUK DOWNS STATE PARK: Pro shop, 631-668-1100; Reservations, 631-668-1234; parks.ny.gov/golfcourses/8/details.aspx; 50 S. Fairview Ave.: Montauk Downs State Park is a true sleeper; an 18-hole yearround public golf course named a Top 10 municipal course by Links Magazine in 2013. If that's not enough, add a driving range, putting green, pro shop, private lessons and clinics for adults and kids, a grill room, swimming pool, kids wading pool, and tennis. Club rentals





# Montauk Rike Shop

- ► QUALITY BIKE RENTALS
- 668-8975
- ► COURTEOUS SALES & SERVICE
- ► GUIDED TOURS
- ► EXPERT BIKE FIT

www.montaukbikeshop.com

and lockers available.

**Fees**: \$43 weekdays, \$48 weekends (twiliaht \$26/\$29); Out-of-state residents, \$86 weekdays, \$96 weekends (twilight \$52/\$58). Senior discounts available.; Driving range: \$7 per bucket

# **TENNIS & PICKLEBALL**

MONTAUK DOWNS TENNIS (6 Public Har-Tru Courts): 631-238-7160: montaukdownstennis.club: 50 S. Fairview Ave.; Molly Nolan and Rebecca Rubenstein run various clinics, lessons, and day camps for kids and adults throughout the tennis season on the Downs' six Har-Tru courts, which are also rentable by the hour and for private lessons. Visit online or their on-site pro shop for details.

# **PUBLIC COURTS IN** TOWN (2 Public Hard):

631-324-2417; East Hampton Town operates two first-come, first-serve courts (also lined for pickleball) at the very end of S. Erie St. (past the soccer field). All year. No lights.

# MONTAUK RAQUET CLUB (8 Private/Public Har-Tru Courts): 619-831-5721; 91

S. Fulton: montaukraquetclub.com; MRC offers various programs, lessons, and clinics during the season. Open to public.

## **PICKLEBALL @ MONTAUK PLAYHOUSE**: 631-324-

2417; 240 Edgemere St.; Multiple levels of play and times available. Beginners welcomed. Stop by the Playhouse (across from train station) for updated scheduling and info. All equipment provided.

# **BICYCLING**

#### MONTAUK BIKE SHOP:

631-668-8975; 725 Main St., is THE place for Montauk biking info. Call them to

#### **Outdoor Activities On-land**

rent/buy trail or road bikes, aet advice on trails, and buy maps. The most popular ride is to the lighthouse, about five miles from the village. En route detour to Camp Hero State Park where roads curve through secluded wooded areas near the ocean. Take a three-mile detour to Montauk Harbor on West Lake Drive, a flat route with wide shoulders.

Mountain bikers can eniov scenic rides over thousands of acres of parkland for the best mountain biking on Long Island. Bike trails in Hither Woods such as Talkhouse Trail and Serpent's Back offer several levels of difficulty. See Parks and Trails

# **TRIATHLON**

MONTAUK BIKE SHOP sells equipment and offers advice; tri-quy.com or tri-gal. com. In 1983, a local Montauk motel owner (Harborside Motel), fisherman, and surfer named Robert Aaron

staged one of the first triathlons, "The Mighty Montauk", now held every June. Several others followed. The Sprint Triathlon is held in July and the internationally renowned triathlon weekend held in September: the Sprint Mighty Man on Saturday followed by the Mighty Man 1/2 distance and Mighty Man Olympic on Sunday

## SKATEBOARDING

THE MONTAUK SKATE **PARK** near the village on Essex Street, a supervised park for skateboarders, recently renovated, is open from 9am to dusk in season.

# **PLAYGROUNDS**



Five great playgrounds in Montauk: 1) The Montauk **School** (enter at 2nd House Rd and S. Eaton); 2) next to the baseball field (at S. Edgemere and S. Erie Ave); 3) Hither Hills State Park: 4) Montauk Community Church (at S. Etna Ave. and S. Etna Pl.); 5) Montauk Lighthouse (lower parking area, also many grill stations).

**EDDIE ECKER COUNTY** PARK at the end of Navy Road is not a formal playaround but a great open park space on Fort Pond Bay for frisbee, lawn games, running wild, walking the dog, etc.

# **BEACH WALKS**

Montauk is surrounded by beautiful beaches. Get out there and walk, explore and unwind

From Town, East: Walk the beach from town eastward towards Ditch Plains for nice views of cliffs with sporadic rocky and sandy shoreline. At times reaching as far as Ditch may be tough, so pay attention to the tides.

From Town, West: Walk

westward from town and pass through the beautiful Hither Hills beach, which can only be reached by walking or from private parking lots for neighborhood residents. See beautiful cliffside properties as you walk and wide expanses of white sand. You'll eventually hit Gurnev's and their beach party setup, further still hitting Hither Hills State Park. You could walk all the way to East Hampton and beyond if you're inclined.

See our BEACHES section for more beach info. Other great walks would begin from Amsterdam Beach, Montauk Point, and Gin Beach. For beaches that are not publicly accessible or have restricted parking, On Montauk recommends renting a bike from the Montauk Bike Shop (631-668-8975). (For the energetic, a great ride would be to Gin Beach from Town, then walk to Shagwong point.)

> For Complete Listings → MONTAUK.COM



## **MONTAUK HARBOR**

"Fishing Capital of the World" is proudly proclaimed as you enter Montauk Harbor, the state's largest commercial harbor and home port for some of the greatest sport fishing on the East Coast. Fish offshore for shark, tuna, marlin, and mahi mahi, or stay inshore for flounder, fluke, porgies, bluefish, striped bass, and blackfish. Tight lines!





Party or "head" boats are fun for the whole family. Experienced captains and crew provide fishing gear, advice, and know how to put you in the action. Prices typically include everything except food, drinks, and tips. Half-day trips, great fun for the kids, stay inshore and generally run 8am to 1pm. Full day trips leave according to the season, so check with each boat for their times.

#### **LAZYBONES**

Lazybones fishes in calm local waters with a clean vessel and a superior crew. Its famous motto is "Bring your lunch catch your dinner." She sails everyday from 8am-12pm and 1pm-5pm with reservations highly suggested. 631-668-5671, montauk-sportfishing.com/lazybones/

#### THE VIKING FLEET

Schedules half day inshore trips twice daily and also offers a full offshore schedule, nighttime striped bass, two-day trips, and winter cod trips. 631-668-5700, vikingfleet. com

#### **EBB TIDE**

Captain Tom Jordan offers two half day trips daily on their 65' custom built boat and promises super fishing for the whole family. 631-668-2818: at Salivar's Dock



# CHARTER BOATS FOR BIG GAME FISHING

Full day or half day, inshore or offshore, charter boats will get you into fish, including big game action on tuna, shark, marlin, and mahi mahi when the warm waters of the Gulf Stream come close to Montauk's shores from late June through mid-October. When you hire a charter, you are hiring the fish-finding expertise of a captain. Montauk's captains are legendary and will give you action you won't forget. Call the boats to reserve. More details @ onmontauk.com/montauk-fishing.

**BLUE FIN IV**: Captain Michael Potts, BlueFinIV.com, 631-668-9323; Star Island Yacht Club; 41' Custom Sportfisherman

#### **ELIZABETH II CHARTERS:**

Captain Paul Bruno, ElizabethIICharters.com, 516-817-1939, Montauk Marine Basin, 45' Custom

LADY GRACE V: Captain Mario Melito, LadyGraceCharters. com, 516-768-6849, Westlake Marina, 42' Custom MY JOYCE III: Captain Ken Hejducek, MyJoyceFishing.com, 631-641-2138, at Viking Dock, 41' Michael Fitz

#### **NOVEMBER RAIN CHARTERS:**

Captain Jill Maganza, NovemberRainCharters.com, 646-335-7315, 646-423-8806, Westlake Marina, 43" Lowell

**WEEJACK**: Captain Scott Wymbs, WeeJack.com, 631-252-2536, Westlake Marina, 38' Duffy Custom

# **MARINAS**

**UIHLEIN'S MARINA**: 631-668-3799, Family owned and operated, Uihlein's is a full-service marina, boat yard and recreation center, offering Jet Ski, boat, and slip rentals, and boat sales and service

WESTLAKE FISHING
MARINA: 631-668-5600
Family owned, located
70 ON MONTAUK - SPRING 2018

just north of Star Island Road, is home to 160 slips and 17 charter boats and a restaurant.

#### MONTAUK INLET SEAFOOD:

631-668-3419, on East Lake Drive is a working dock and NY's largest commercial fishing fleet. Inlet Seafood is home to the Inlet Seafood Restaurant.

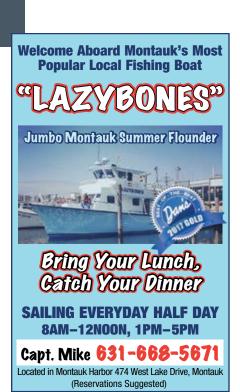
# SNUG HARBOR MOTEL AND

**MARINA**: 631-668-2860, on Star Island, tucked into the calmest corner of Montauk Harbor, provides secure berths for small craft as well as those over 45ft. They offer seasonal and transient dockage, individual electric/water/ cable, WIFI, bath house with washer/dryer and nearby boat launching.

## SURFCASTING

Surfcasting in Montauk is epic and legendary, deservedly so. To do it successfully you'll need braided line at 30+ pound test and a nice selection of bucktails and plugs. Always crush your barbs, bring fish in quickly, and release safely what you won't keep. Cast out by Camp Hero, the Lighthouse, and Gin Beach, plus all the south side beaches from Montauk Point to Hither Hills campground. The top seasons for surfcasting are spring and fall, when stripers linger off Montauk before migrating, but our big blues can be found from July through October. Permits to park after hours at Camp Hero and the Montauk Point Lighthouse Parking Lot or on the beach by the Lighthouse are sold at Montauk Downs. 631-668-5000. Purchase Gin. Beach driving permits at the park office at the end of East







Lake Drive, Note: A license (it's free) is required to fish beaches in NY State. Acquire your Marine Fishing License at dec.ny.gov.

## FRESHWATER FISHING

Bass, sunfish, perch, and walleyes inhabit Montauk's ponds and lakes. Fort Pond is the largest, but others are deep in the woods, like Oyster Pond in Montauk Point State Park or Fresh Pond in Hither Hills State Park. Fresh water fishing requires a license—ask at the NY State Park office at Montauk Downs.

Fishing at Big Reed Pond in Theodore Roosevelt County Park requires a "Green Key" card, available at Montauk Downs.

# FISHING SUPPLIES

**WESTLAKE MARINA**: 631-668-5600 and **UIHLEIN'S** 

# NOVEMBER RAIN CHARTERS



Full/Half Day • Twilight/Night Inshore/Offshore • Sunset Cruises

Striped Bass • Bluefish • Fluke Bottom Fishing • Shark • Tuna

Captain Steve 646,423,8806

Captain Jill 646.335.7315

info@NovemberRainCharters.com

NovemberRainCharters.com

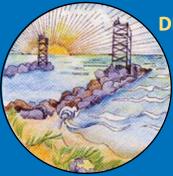






## **Montauk Inlet Seafood**

Proud to serve New York State's Largest Commercial Fishing Fleet



#### **DIESEL FUEL • ICE • PACKOUT**

**All Boats Welcomed Boat Slips Available** Free Dockage for Inlet Seafood **Restaurant Customers** 

**OPEN DAILY 8A to 6P** 

541 East Lake Drive, Montauk • (631) 668-3419

RESPECT THE OCEAN • HARVEST THE BOUNTY • FEED THE PEOPLE

**MARINA**: 631-668-3799, carry a large selection of boatoriented fishing supplies and tackle.

PAULIE'S TACKLE: 631-668-5520, in town is considered the surfcasters tackle shop. 131 S. Edgemere St.

#### **BOAT RENTAL**

**UIHLEIN'S MARINA**: 631-668-3799, is the place if you prefer the relaxation of fishing on vour own. Rent skiffs and center consoles to take out into the harbor or sound.

> For Complete Listings > ONMONTAUK.COM



Half Day and All Day Fishing, Sunset Cruises, and **Private Charters** 

All bait and tackle provided 470 Westlake Drive at Montauk Harbor ebbtidefishing.com 631-668-2818



Montauk is surrounded by water, and trails... that meander through acres of unspoiled parks that serve us and our wildlife. White-tailed deer, foxes, raccoons, woodchucks, squirrels, opossums, and chipmunks abound. Watch for deer while driving! Rare and majestic birds also frequent the End. You may spot an osprey, red-tailed hawk, piping plover, or even a bald eagle. Sizable concentrations of migrating birds rest in the waters off Montauk Point while seals inhabit our rocky shores during the winter months. Gannets torpedo into the ocean in fall seeking baitfish. You get the picture...you're in a natural paradise. Trail Maps are available at the Montauk Bike Shop and the Town Hall Annex in the Montauk Playhouse.

#### AMSTERDAM BEACH **PRESERVE**

#### (Great hike to the beach)

A 200-acre park stretching from Ranch Road at Indian Field on the east to the Montauk Association houses (seven cottages designed by McKim, Mead and White in the 1880's) to the west extends southward to the Atlantic Ocean. The natural topography, called "Montauk Moorlands," has

tidal and freshwater wetlands interspersed throughout maritime shrub lands. This main trail head on Montauk Highway begins a one-mile hike to the ocean bluffs taking you through a holly arbor and across streams. The hilly trail affords peeks of ocean through the brambles and ends at the ocean beach and bluffs. This easy-to-navigate trail offers a unique reward of coastal beauty. A great hike to an unspoiled beach.

#### **CAMP HERO STATE PARK**

#### (Great spot for biking, hiking, exploring)

This 415-acre state park is a decommissioned military base and a National Historic Site (also the home of conspiracy theories linked to the Philadelphia project). Several buildings, bunkers, batteries, and an old radar building remain, although some are off limits to the public. Roads cross the park, along with an extensive system of trails for hiking, bicycling, horseback riding, a beach used by surfers and surfcasters, a picnic area with grills and an old maritime forest. To enter the park, bear right as you approach the lighthouse from the highway. Parking fee \$8 in season. Open daily vear-round from sunrise to sunset. You can also park on Camp Hero Road (a right turn before Camp Hero along the highway) to hike Point Woods Trail, one of Montauk's most beautiful trails, taking you south of the highway to the bluffs

#### CULLODEN POINT **PRESERVE**

This park is named after the HMS Culloden, a British 74-

gun, 170-ft warship that sank in 1781 about 200 yards from shore, where it still rests. A well-marked trail that takes about 2 hours to loop (a mile or less to the shoreline) leads from the parking area off Flamingo Avenue to a picturesque rocky beach on Fort Pond Bay. The trailhead is next to a small plague commemorating the shipwreck. The natural wooded area and shoreline has seen little change from the days when the Montauketts lived here in a world of hidden ponds, specimen trees, wetlands and beautiful shoreline. Great views of the bluffs at Culloden Point.

#### **EDDIE ECKER COUNTY PARK**

#### (Great dog spot, launch kayaks, canoes)

Located at the end of Navy Road (across the train tracks), the large, open park has a fishing pier, rocky beach and offers easy access to trails in Hither Woods Preserve. A good place for launching kavaks and canoes into Fort Pond Bay. Take your dogs to play. Open year round. Free parking.

#### **CAROL MORRISON** PARK & FORT POND

#### **HOUSE**

## (Launch kayaks, canoes, or picnic)

Carol Morrison Park, containing Fort Pond House, is located on a four-acre site overlooking Fort Pond with a grill station, benches, and open space for play. Steps down to the pond allow for launching kayaks, etc. Carol Morrison was a well-loved conservationist and it is appropriate that

## HIKING TIPS

Buy a trail map. Although major trails are marked, many divergent ones are not. Leaf cover can mask trails, causing confusion. Also, after heavy rains some trails may be muddy or inundated. The Montauk Bike Shop has maps and information.

Avoid Ticks: Experts recommend to stay on trails, wear light colors, be well covered, and use insect repellent. Ticks tend to congregate on tall grasses, so avoid such areas. After you walk or bike, check everyone for ticks, particularly tiny deer ticks, which may carry Lyme disease.

this park, which narrowly escaped being sold to private developers in 2010, should be named after her. The house on the premises is available for meetings and other events by appointment through the East Hampton Recreation Department, 631-324-2417.

## HITHER HILLS STATE PARK COMPLEX

## (fish, play, hike, bike, facilities)

The large beachfront park along Old Montauk Highway sits on two-and-a-half-miles of Atlantic Ocean beach and boasts 1,755 acres of parkland that stretches to Napeague Harbor. Along with hiking and nature trails, it has 168 campsites that can be reserved through

#### ReserveAmerica.com.

Activities include ocean swimming, saltwater fishing, guided nature hikes, and children's programs. Non-campers are welcome, but must pay a \$10 daily parking fee. Open year round from sunrise to sunset. (631-668-2554).

Hither Hills State Park, Hither Woods Preserve and Lee Koppelman Nature Preserve form adjacent multi-use parks containing 3,000 acres with 18 different trails covering over 40 miles of terrain stretching from the sound to the Atlantic. To access the trails north of the highway, park at either the highway overlook at Hither Woods, the recycling center (1.5 miles west of the village on Montauk Highway), or at the Navy Road (Eddie Ecker Park) parking lot. The Montauk Bike Shop in the village arranges group and corporate tours, rents mountain bikes, and gives advice. Bike or hike to Fresh Pond or take a beautiful coastal walk at Rocky Point. Even though the trails are blazed with color-coded markers, hikers should take maps. Attractions: Fresh Pond; trails skirting Block Island Sound, Napeague beach, and dunes.

#### KIRK PARK

This quaint three-acre park, just west of the village, is maintained by the Montauk Village Association. It includes Fort Pond, which is the second largest freshwater lake on Long Island, a picnic area, a pavilion on Fort Pond, and it's next to Second House Museum and Montauk Indian Museum. The park hosts events year-round.

#### MONTAUK MOUNTAIN

Montauk Mountain Preserve contains one of the few remaining maritime grasslands in New York and supports some of the state's rarest plants. It contains three extremely rare denizens of this distinctive and disappearing habitat: bushy rockrose, Nantucket shadbush, and New England blazing star. DO NOT TOUCH OR DISTURB these specimens. The six-acre preserve is maintained by the Nature Conservancy. To get there, follow Second House Road north 0.7 miles to an asphalt road on the left. Park at the end of the asphalt road by the Nature Conservancy sign. The preserve is at the end of the road past the last house on the right.

#### MONTAUK POINT STATE **PARK**

This 724-acre park at the site of the Montauk Point Lighthouse offers breathtaking views of the sea, Block Island Sound, and Block Island to the northeast. and is great for bird watching year round and seal watching in winter. Park then set off on foot to explore. Ask for a trail map at the toll booth. The park has surfcasting,

#### **Parks & Trails**

five miles of marked and unmarked hiking trails, a picnic area with tables, a playaround, restaurant, gift shop, and restrooms. Daily parking is \$8. The Montauk Point Lighthouse, a museum run by the Montauk Historical Society, is open daily in season. This park is contiguous with Camp Hero Park and the Sanctuary and there are several hiking trails that cross them. To the north of Montauk Highway, look for sians for Money Pond Trail, Oyster Pond trail and the Seal Haul Out Trail, where seals can be seen on the rocks just off shore in winter. Attractions: beautiful rugged shorelines, migrating birds, hidden ponds, seals in the winter. Also see WAI KING DUNES

#### SHADMOOR STATE PARK

Located two miles east of the village on Montauk Highway, this 99-acre tract of land has a half mile of ocean frontage where tall clay cliffs plunge down to a pebble strewn beach. About 30 percent of Shadmoor is freshwater wetlands with several small ponds hidden in the thickets. Trails and dirt roads lead to the bluffs from the entrance on Montauk

Highway, offering an easy walk. A passive-use park, Shadmoor was home to two WWII aun emplacement sites trained on offshore waters to deter German submarines. A aood family hike. Attractions: dramatic vistas of Montauk shoreline, easy hike.

#### MONTAUK COUNTY PARK

Two entrances: one at the

end of East Lake Drive just north of the airport, where the park office is located. and the other at Third House, three miles east of the village on Montauk Highway. The park's 1.126 acres feature 3.5 miles of color coded nature trails restricted for hiking (a self-quided brochure is available), five miles of bridle paths, a picnic area, freshwater fishing and canoeing at Big Reed Pond, and surfcasting on the outer beach (Gin Beach and Shagwong Point). Camping is permitted for up to seven days from April through November on the outer beach for vehicles with permits that are selfcontained trailers. Tents are not allowed. The view of Bia Reed Pond from the observation deck on the blue trail will make

vou understand why it's a Registered Natural Landmark. Attractions: hiking, views, fishing, camping.

#### WALKING DUNES

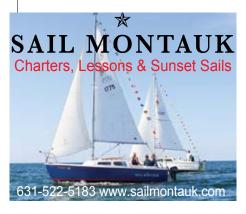
Part of Hither Hills State Park on the east side of Napeague Harbor, the Walking Dunes reach a height of 80 feet as they slowly move southeast. To get to the dunes, head west on Montauk Highway and turn right at Napeague Harbor Road and drive to the end of the paved road. Park here and follow the path to your right until you reach the dunes. A self-auided nature trail, the three mile loop has great views of Napeague Harbor and winds atop the ridge of the North Dune. which is the most active of the three parabolic, or U-shaped dunes. This area is a natural wonder and deceptively fragile so stay on the trails. Attractions: 80-foot high sand dunes, water birds, views of Napeague Harbor.

#### **GUIDED HIKES**

#### The East Hampton Trails **Preservation Society**

conducts guided hikes yearround. Check out ehtps.org for details. The Concerned Citizens of Montauk, 631-238-5720, preservemontauk. org, offer outdoor activities throughout the year. Drop by their office at 6 South Elmwood Avenue for advice or maps.

For Complete Listings > (A) ONMONTAUK.COM







#### **ANTHONY'S PANCAKE AND WAFFLE HOUSE**

#### 710 Main Street 631-668-9705

Breakfast, Lunch: An On Montauk top choice. Anthony's is a Montauk classic serving breakfast

and lunch since 1952 with vintage charm. A great choice for families or dine solo at the bar. Reasonably priced (for Montauk!). Say hi to Anthony at the door. Takeout available. Open daily 7am-2pm.

## Anthony's Pancake & Waffle House

Spot for over

"Where Breakfast is Served All Dau"

Old Fashioned French Toast Crepes Filled w/Fresh Fruit

Nutella French Toast California BLT ut/Avocado Waffles

Guros

Bagels & Nova Lox Greek Salad Fruit-filled Pancakes Handmade Burgers

Eggs Benedict Varieties of Omelettes Varieties of Pancakes Varieties of Wraps

A Must Stop in Montauk Since 1952...No Long Lines...Seating up to 100 Open All Year at 7am • Corner of S. Embassy & Main Street • 668-9705

#### THE BACKYARD RESTAURANT at Solé East

#### 90 Second House Road 631-668-9737 soleeast.com

Breakfast, Lunch, Dinner: A spectacular hidden gem in a beautiful setting appropriate for all sets. S'mores at the fire pit, anyone? The menu features fresh catch from local fishermen and organic meats and vegetables, all creatively done. Dine in or outside in the gardens, or lounge poolside and enjoy a cocktail. Open late.

#### **BIRD ON THE ROOF**

#### 47 South Elmwood Avenue 631-668-5833

Breakfast, Lunch: An On Montauk breakfast favorite with style and creative twists on traditional fare. Dine inside or out. They do





eggs right! Look for the seagull painted on the roof of a giant A-frame. After eating, browse through Bird's beach boutique for clothes and accessories. 8am-1:30pm, 7 days.

#### **BREAKERS MTK**

#### 769 Old Montauk Hwy (631) 668-2525 breakersmtk.com

**NEW!** Breakfast, Lunch: Location Location Location. Breakers MTK is a new, laid back, ocean-view eaterv nestled into Breakers Motel along a beautiful stretch of Old Montauk Highway close to town, offering casual dining indoors and al fresco, poolside service, full bar, elevated grab & go offerings, and a signature take-out menu with online ordering. Weekend brunch beckons, as do wine, beer, and creative cocktails après beach.

#### **Dining Out**

#### **DURYEA'S LOBSTER** DECK

#### 65 Tuthill Road 631-668-2410 durvealobsters.com

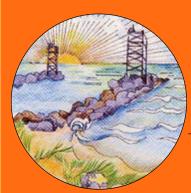
Lunch, Dinner: The views over Fort Pond Bay are superb in this hottest of hot spots. No better sunset. Great dockside dining and outdoor vibe with the vacht set and a classic menu including grilled or steamed lobster, fresh local fish and Duryea's famous lobster roll, also a Clam Bake, small plates, salads, raw platters, and a kids' menu Look for

the giant boats.

#### **EAST BY NORTHEAST**

#### 51 Edgemere Street 631.668.2872 Eastbynortheast.com

Dinner: Sister restaurant of Harvest on Fort Pond and sharing executing chef Jake Williams, ENE is influenced by both the Far East and the Northeast with serious steaks amidst creative. substantial sushi rolls and mvriad fresh seafood specialties. Dine al fresco and/or enjoy the classy bar and lounge inside with nice



## INLET SEAFOOD

Restaurant & Sushi Bar

Nightly Dinner and Sushi Specials!

#### WATERFRONT DINING

Spectacular Sunset Views • Indoor Outdoor Seating Serving Lunch & Dinner Open February thru November

> (631) 668-4272 • InletSeafood.com 541 East Lake Drive, Montauk, NY

sunset views alongside fort pond, adjacent to the newly renovated Stone Lion Inn.

#### **HARVEST ON FORT** POND

#### 11 South Emery Street 631-668-5574 harvest2000.com

Dinner: An On Montauk favorite, Harvest On Fort Pond has a well-deserved reputation as a Montauk fave, suitable for all sets. Feed the ducks and HUGE fish off the Fort Pond dock while you wait for your table...the kids love it. Dine or drink in the lovely herb and vegetable garden under the stars. Chef Jake Williams prepares Tuscan fare served in LARGE family-style portions, emphasizing local seafood and homegrown produce. The sophisticated bar is popular with wellheeled locals and sports an impressive wine and beer selection. Dinner from 5pm daily.

#### **HOOKED MTK**

34 South Etna Ave. 631-668-2111 hookedmtk.com **NEW!** Lunch, Dinner, Take Out: One bite and you're...



HOOKED! An On Montauk favorite. Montauk's newest coastal eatery showcasing our renowned local seafood has already earned a loyal following with its great menu and reasonable prices, featuring a raw bar with Montauk pearl oysters and clams, local steamers, grilled fish, fish & chips, fish tacos and crab cakes, and yes... lobster rolls! Add burgers, chicken, soups, salads and sides galore. Casual and close to the beach, go takeout and hit the sand or grab a patio table.

#### **INLET SEAFOOD RESTAURANT**

541 East Lake Drive 631-668-4272 inletseafood.com Lunch, Dinner, Sunday Brunch: For boat lovers! A beautiful waterfront



restaurant at the end of East Lake Drive with spectacular sunset views overlooking the sound. Named one of the 10 best seafood restaurants on Long Island by Newsday in 2015, Inlet is owned by six commercial fishermen from Montauk. Watch the boats cruise in and out of the Harbor while enjoying fresh seafood, sushi and lobster caught daily from local fishing boats or enjoy signature cocktails from the bar. Land lubbers be advised, their steaks, burgers, and pastas are superb.

#### **NAVY BEACH**

#### 16 Navy Road 631-668-6868 navybeach.com

Lunch, Dinner: Sunset anyone? This laid-back, family-friendly restaurant and bar is on a beautiful stretch of beach on Fort Pond Bay. Enjoy casual 84 ON MONTAUK – SPRING 2018 coastal cuisine with an emphasis on sustainable seafood and local produce. Signature dishes include Local Catch Ceviche, Buttermilk Fried Chicken, and the Lobster & Clam Bake. Dine inside or on the beach and watch breathtaking sunsets and boats meandering offshore. Great wedding/event spot. Open seven days in season.

#### **PIZZA VILLAGE**

# 700 Montauk Highway 631-668-2232 pizzavillagemontauk. com

Lunch, Dinner, Late Night: Pizza Village, a Montauk staple, has been serving fresh, homemade pizzas and other Italian dishes in the village since 1957. Grab a slice, but don't ignore their full menu of Italian family fare such as baked ziti, veal parmigiana, spaghetti, and linguine with clam sauce. Table service or takeout. Delivery, catering available, 11:30 to late.

## THE POINT BAR AND GRILL

697 Montauk Highway

#### 631-668-1500 pointbarandarill.com

Lunch, Dinner, Late Night: This iconic watering hole and eatery with big-screen TVs features casual fare including wraps, burgers, mussels, and buffalo wings along with signature dishes, such as a 16-ounce steak and fresh Montauk seafood. Half price appetizers and drinks during happy hour Mon. through Fri. See all MLB games and in the fall enjoy NFL Sunday Ticket. Open daily and late.

#### PRIMAVERA PIZZA

#### 54 South Erie Avenue 631-668-1601

Lunch, Dinner: Across from the baseball field... and more than just pizza, Primavera has superb homemade Italian specialties and specialty pizzas made in brick-lined ovens. The grandma pie is heaven. Specialties like focaccia sandwiches, salads, soups, pasta dinners, and even tiramisu are homemade. Takeout or eat on tables outside. The playground and ball field across the street are areat outlets for the kids after dining. Event catering.

#### **SWALLOW EAST**

474 West Lake Drive 631-668-8344

#### swalloweastrestaurant.com

Lunch, Dinner: This Harbor area mainstay on Lake Montauk with nice views features New American small plates designed to be shared, including creative delicacies like butternut squash cappuccino soup, "mac & cheese" with orzo, peas, bacon and asiago cream sauce, or angus sliders with tomato jam. Also available for private events, corporate dinners and



#### **Dining Out**

#### Marshall & Sons Service Station

COMPLETE AUTO SERVICE REPAIRS • MAINTENANCE TOWING • FLAT BED **CONVENIENCE STORE BBO TANKS • HUMIDOR** FINE CIGARS

631-668-2990

701 Montauk Highway Montauk www.marshallandsons.com



weddings. Named after the swallow, a bird that chooses a mate for life and always returns home.

#### WESTLAKE FISH HOUSE

#### 352 West Lake Drive 631-668-FISH (3474) westlakefishhouse.com

Breakfast, Lunch, & Dinner: This family friendly seafood restaurant in Montauk is located at the Westlake Marina, right next to the docks. Watch fishing boats dock and unload their catch while enjoying fresh cocktails and frequent live music. The extensive menu features local seafood, fish & chips, chowder, sushi, the Westlake Burger and an impressive kid's menu.

#### **Bakeries & Markets**

#### **MONTAUK MARKET**

805 Montauk Highway 631-668-2071

Breakfast, Lunch, Dinner

(plus food market): BAKERY! **BAKERY!** Montauk Market is a superb bakery and market opening at 5am serving fresh muffins, croissants, breads, bagels, flagels, cookies, bialys, pies, or full breakfasts like egg white wraps, omelets, fresh fruit salads, yogurt & granola, plus veggie juices and smoothies. Lunch includes endless sandwich combos and homemade salads while dinnertime features hot and cold platters, Italian specialties and Latin-American dishes. They cater and can make you a to-go basket for the beach!

#### MONTAUK BAKE SHOPPE

29 The Plaza A

631-668-2439 montaukbakeshoppe.com

Breakfast, Lunch: A Montauk institution is the Bake Shoppe. Fresh everything in the morning displayed for easy viewing in classic bakery style. Classic bakery items mingle with specialties like rugelach, quiche, and exotic cookie creations. Homemade doughnuts, cakes and...wow, those breakfast wraps are so big and juicy you could skip lunch. Coffee, juices, refreshments also. Takeout

## Montauk BAKE SHOPPE

#### MADE FROM SCRATCH ON PREMISES

#### BREAKFAST DASTD

Famous Montauk Beach Breakfast Wraps

#### LUNCH

Villa Italian Specialties Soups • Wraps

#### CATERING

prepared with 24 hour advance notice

We ship baked goods nationwide using overnight delivery only

#### **PASTRIES**

Famous Jelly Croissant Cakes • Pies • Cookies

#### ARTISINAL BREADS

Freshly baked whole grain

#### CUSTOM CAKES

featuring Wedding Cakes by Linda includes-sugar free and gluten free items



montaukbakeshoppe.com 631.668.2439 29 The Plaza #A | Montauk

## MARSHALL AND SONS MARKET

#### 701 Montauk Highway 631-668-2990 marshallandsons.com

This Main Street service station has a handy convenience store with coffee and snacks, summer drinks, plus cool, imported beers and fine humidor cigars. Pop in while strolling or after filling up.

#### **Ice Cream/Sweets**

#### **BEN & JERRY'S**

West Lake Drive Extension at the Harbor 631-668-9425

#### benjerry.com/Montauk

Ice Cream, Desserts, Coffee Bar: An institution in Montauk serving Vermont's Finest, GMO free and fair trade ice cream, frozen yogurt, fresh fruit sorbets, soft serve and non-dairy desserts. Visit the adjoining espresso bar featuring locally roasted fair trade organic coffee and an assortment of teas, treats, gift items, and the East End's largest variety of B&J's "pints to go!"

#### **FUDGE N'STUFF**

## 41 S Edgemere Street 631-668-4724

Candy, Fudge, Ice Cream: Seen Willy Wonka? Fudge N'Stuff is jam-packed with goodies, including 30 different kinds of fudge, an eye-popping assortment of old-fashioned penny candy, lollipops, gourmet jellybeans, cotton candy, hot popcorn, nuts, and chocolate-covered pretzels. Craving soft serve ice cream, sundaes, malts, banana splits, hot chocolate or a cappuccino? No problem. Oh, piñatas too. 10am-11pm in season.

For Complete Listings →

⊙ ONMONTAUK.COM

ONMONTAUK.COM 87



#### **COREY'S WAVE**

#### 516-639-4879 coreyswave.com

If you want to learn how to surf, call Kristin at Corev's Wave or reserve online. Fitness instruction for all abilities will get you started and you can learn the basics at your favorite beach or perfect your skills in more challenging waters. Stand up Paddle Board instruction is

also offered...a great way to get fit.

#### **MEETING HOUSE LANE** MEDICAL PRACTICE

679 Main Street

631-668-3705 southamptonhospital.org Located in the village next to The Point restaurant, this medical practice provides comprehensive primary medical care for all ages.

Affiliated with Stony Brook Medicine. Open from 9am-5pm Mon. through Fri.

#### **MONTAUK SALT CAVE**

552 West Lake Drive 631-668-7258 montauksaltcave.com

Salt therapy, or Halotherapy, clears toxins from our lungs and nasal passageways. The saturated air in the salt cave provides relief from many respiratory ailments, and also gives a sense of peace and serenity. The walls are built with all pink Himalayan salt rocks and the floor is covered with salt Sessions are 45 minutes. Sit in a zero aravity chair, relax and breathe. They also offer Reiki, Sound Healing with crystal singing bowls, massages, and weekend events. A great gift shop as well. Open Thurs. through Tues, Closed Wed. Call for hours and appointments. Open all year.

#### SPA at the MONTAUK **LAKE CLUB**

631-668-5705 ext 109 montauklakeclub.com/spa Robert and Maureen Jacob Bonavolta, former owners of the Montauk Wellness Center, offer services at the

#### Spas & Wellness

picturesque, serene Montauk Lake Club. From deeply relaxing treatments to clinical sessions, pre and post sports, to pain management and injuries. Ultrasonic and microcurrent skincare to expert brow styling, waxing and spray tanning. All facials and massages are personalized and performed by caring licensed professionals. Monthly specials available. By appointment in our office and home visits.

> For Complete Listings → **MONTAUK.COM**

#### MEETING HOUSE LANE MEDICAL PRACTICE

Michael GENEREUX, DO C. Travis KOKE, DO Nancy KEEGAN, NP

Comprehensive primary medical care for all ages.

Open Monday—Friday from 9am—5pm

In an emergency, call 911 (631)668-3705

679 Main Street, Montauk



Stony Brook Medicine



#### **BEACH MYC**

32 Star Island Road 631-668-3100

This bright and airy store located at the Montauk Yacht Club has a wide range of items from Tocca perfume, candles and soaps to Havaianas flip flops, accessories, and home decor. The home of the very popular Montauk Yacht Club jersey & signature sweats and totes. Bags, trendy fashion, hats, candy, toys and gifts stock the shelves.

#### **BIRD ON THE ROOF**

47 S Elmwood Avenue 631-668-5833

Bird On The Roof, a terrific combination of shop and restaurant, is a Montauk institution. Before or after

breakfast or anytime at all, shop at the Bird Boutique for the latest in dresses, outfits, casual wear, jewelry, beachwear, hats, shoes, and bags. Get lost in their large selection of Montauk sweats and tees for the entire family.

#### **FORT POND NATIVE PLANTS**

2 South Embassy Street 631-668-6452 · nativeplants.net

This Garden Center, located in a beautiful building in the village, specializes in native and organic plants. Come here for a large selection of annuals and perennials, vegetables, herbs, trees, bushes, and more. Potted plants, birdbaths, lawn sculptures, gift items, hammocks, outdoor kitchens,



#### MARTELL'S GIFTS & STATIONERY rail Guides & Maps

You Martells at Montauk about our Cigars

631-668-1248 · Main Street, Montauk (next to Montauk Fuels)

#### Shopping

and local art are also for sale. James C. Grimes Land Desian offers a number of different landscaping services, including new construction, design and consultation.

#### **HOMEPORT FAMILY OF** STORES AT GOSMAN'S **DOCK**

#### 484 West Lake Drive MvMontauk.com

At the Gosman's shopping promenade, locally-owned "Homeport" comprises four iconic stops you'll have to hit while in Montauk, CAPTAIN KID is Montauk's premier toy store with a great selection of Lego sets, games, beach toys and kid gifts & clothing. It shares space with **FISH CITY**, a mecca for T-shirts, sweatshirts, and souvenirs. The flagship **HOMEPORT** store is an iconic shop for home decor, gifts, and unique jewelry. PIER **GROUP** features quality, resortstyle clothing for men and women. Also see **SHINE**.

#### KATHRYN NADEAU CUSTOM FRAMING

#### 34 South Etna Street 631-668-6383

Kathryn Nadeau, a Certified Picture Framer, has served Montauk for over 20 years. Using the latest techniques, the shop focuses on high-quality custom framing, decorative mats and conservation framing to museum standards. Hand-crafted beveled

mirrors are offered. Choose from a wide selection of fine moldinas and mat boards. Ms. Nadeau will work with you to design customized, distinctive-finished pieces.

#### **MARTELL'S**

809 Main Street 631-668-1248

In the village next to Montauk Fuels, Martell's offers a vast selection of souvenirs and gifts, plus newspapers, magazines, books, T-shirts, greeting cards, party supplies, stationery, and sundries. Shelves of toys, games, and craft supplies lure the kids. Buy the Montauk Lighthouse in



at the Montauk Yacht Club

fashion • jewelry • beachwear • gifts



miniature from the shop's historic American Liahthouse collection. Also trail books. guides, and Montauk Project books. A great source for quality cigars like Macanudo, H. Upmann, Don Diego, plus a wide variety of Dominican cigars. Watch YouTube: "Martells at Montauk" to learn

**House Cleaning** 

Openings & Closings— Weekly or Monthly "It's Up To You"

Free Estimates

631.668.2941/Cell: 516.658.0682 idesous1@optonline.net

more about their cigars

#### MONTAUK BIKE SHOP

725 Montauk Highway 631-668-8975

#### montaukbikeshop.com

The mecca for bikes, trail maps and advice for biking in Montauk has a large selection of highquality bikes, including road, mountain, hybrid touring models, tandems, youth, and trailers. Bike rentals available hourly, daily, or weekly. Offering customized private or group guided tours or instruction plus corporate team building events. Need maps, parts, accessories, clothing, or repairs? You're covered.

#### NIBI-MONTAUK

88 South Euclid Avenue 917-371-3039 · nibimtk.com

This hot, fashionable shop is the new NIBI-MTK flagship store. The iconic name continues to grow and to redefine boho chic fashion on the East End with its unique collections and fashion lines, specializing in East Coast surf area fashion swimwear that fits the active lifestyle. Check out the new men's collection and a NIBI boho chic home line.

#### MONTAUK SALT CAVE

552 West Lake Drive 631-668-7258

#### montauksaltcave.com

This cute, interesting shop at the entrance to the Salt Cave has salt-related products like Himalayan salt lamps in various shapes and sizes, as well as

#### Shoppina

jewelry and clothing.

#### SHINE

764 Montauk Hwv 631-668-8178 • MvMontauk.com Shine, in the prestigious Homeport family of stores, is a vital Montauk boutique for women's clothing, jewelry and accessories. They keep the selection fresh and vibrant, so stop in often for unique, fun pieces for every budget. Westward Ho!... Shine is expanding with a sister location on Bridgehampton Main

#### VINTAGE PINK

Street this spring.

787 Montauk Highway 631-668-8200

Mind, body, spirit, and vintage jewelry abound! Their 6th season in the pink cottage. Listen to Far Eastern music and browse through antiques, china, vintage sterling silver jewelry, and crystal. VP carries candles, Buddhas, incense, inspirational items, Jade yoga mats, books, greeting cards, Hardtail yoga clothes, natural life T-shirts, pom pom pants and shorts, and much more. The pink building behind Montauk Clothing Co.

#### WHITE'S DRUG & **DEPARTMENT STORE**

95 Carl Fisher Plaza 631-668-2994

Montauk's only full-service pharmacy also stocks everything from cosmetics to high quality giftware, vitamins, newspapers,

special occasion cards, books and magazines, appliances, jewelry and an extensive swimwear and clothina collection for adults and kids. Everything for a stay at the shore including toys, games, towels, bedding, postcards, and sunscreens.

For Complete Listings → (A) ONMONTAUK.COM

## Prado Brothers Plumbing, Heating & AC

FUEL OIL • A/C REPAIRS & INSTALLATION 24 HOUR EMERGENCY SERVICE

631-668-9169

701 Montauk Highway Montauk www.marshallandsons.com



### **Fort Pond Native Plants**



Landscape Design & Garden Center with a large selection of native plants, and unique garden & gift items

631-668-6452

2 S. Embassy Street nativeplants.net



#### In the Harbor

Montauk Harbor, on the north, or bay side, of Montauk, has restaurants near the water or docks, upscale shopping, and is home to many of Montauk's charter, party, and commercial boats. Whalewatching tours, ferries to Block Island and New London, and sunset cruises originate here.

#### HARBORSIDE RESORT **AND MOTEL**

**371 West Lake Drive** 631-668-2511 montaukharborside.com

Twenty-seven tastefully decorated, air-conditioned rooms, studios and suites, with kitchenettes and wi-fi. Amenities include a pool and tennis courts. A short distance to Montauk Harbor. Open March-December.

#### **SNUG HARBOR MOTEL** AND MARINA

#### 3 Star Island Road 631-668-2860 montauksnugharbor.com

Located on the water in the Harbor, 34 units from poolside bedrooms to Harbor-side apartments, offering air conditioning, Wi-Fi, a pool, and BBQ. Snug Harbor is also a full-service marina. Pets allowed in some units. Open March-November.

#### **UIHLEINS MOTEL**

#### 10 Wells Avenue 631-668-3799 uihleinsmarina.com

Friendly small motel with 7 units equipped with full kitchens, flat screen TV, Wi-Fi, A/C. Grounds have BBQs, a putting green with mini golf course, play area and room to relax. Discount on boat rentals. Open all year.

#### In Montauk Village

Main Street is just three blocks away from the ocean beach. All the hotels, motels and inns are an easy walk to many of Montauk's restaurants, shops, bars and nightlife. Many activities take place on the Village Green, within the circle, especially during the summer.

#### **OCEAN SURF RESORT**

84 South Emerson Ave. 631-668-3332

#### oceansurfresort.com

Right on the beach and in the village, Ocean Surf Resort's location is unassailable. Add peaceful surroundings, extraordinary scenery and superb accommodations and vou've scored. A variety of rooms to choose and endless options for fun in the town and on the sand, which is right outside the door

#### OCEAN SURF RESORT

Montauk, Long Island



- · Ocean Front Efficiency Rooms · Heated Pool on the Beach
- Daily Maid Service · Walk to Town
- · Private Balcony/Sun deck
- · Free High-Speed Internet

Call (631) 668-3332 www.oceansurfresort.com

#### Lodging

#### STONE LION INN

#### 51 Edgemere Street 631-668-7050 harvest2000.com

Eleven newly decorated suites and duplexes, all with private balconies overlooking Fort Pond with A/C and kitchenettes. It's a quick walk to the village and ocean beaches. Great restaurant/bar East by Northeast is on premises. No children or pets.

#### On Old Montauk Highway and in **Napeague**

West of town the undulating Old Montauk Highway is flanked by bucolic Hither Hills and Hither Woods neighborhoods on one side (north), and wide, beautiful Atlantic Ocean beaches on the other (south). Great views and wide, sandy, uncrowded beaches abound here.

#### **BREAKERS MOTEL (AND RESTAURANT)**

#### 769 Old Montauk Hwy 631-668-2525 breakersmtk.com

Boutique motel with chic eponymous eatery, Breakers sports some of the most striking ocean views and amazing food in Montauk. This leaendary

seaside property built in the 50s and recently revitalized offers 25 rooms, direct beach access, a choice new café & bar, a private ocean-view quest lounge, quest wellness programming, and poolside service. The beach on this stretch of sand is wide and gorgeous. Morning beach runs, nightly bonfires...it'll work.

#### LENHART'S COTTAGES

#### **421 Old Montauk Highway** 631-668-2356

Spectacularly situated, charming cottage complex amidst undulatina, manicured grounds directly across the street from the beautiful Hither Hills beach. Twelve cottages





#### **COMPASS**

A/C, and log-burning

space. Open all year.

with kitchens, ocean views,

fireplaces. There is a pool,

gardens and lots of lawn

### · The Hamptons is my oyster. Montauk is my pearl.

_ David Winter
Licensed Real Estate Salesperson
631.875.1880
1 11 1 1 0

bedroom apartments with indoor and outdoor pools, tennis, kitchens, A/C, and wi-fi. A restaurant on premises serves guests and the public. Open all year.

90 Second House Road

#### On Fort Pond

Fort Pond, a large freshwater lake, spans a distance from the village north to Fort Pond Bay on the Long Island Sound side of Montauk.

Lenhart's has a loyal following

of returning guests and pets.

#### MONTAUK MANOR RESORT

236 Edgemere Street 631-668-4400 montaukmanor.com

Historic, grand building with a beautiful vaulted rotunda and old-world character on a 12-acre hill with views of Gardiner's Bay and Block Island Sound, One of Montauk's most storied structures. Ample parking on site with shuttle bus services. 140 studio, one, two, and three

#### **SOLÉ EAST**

631-668-2105 · soleeast.com Sole East is a hip spot with a stunningly beautiful courtyard containing a full-service restaurant and lounge, swimming pool and expansive lawn with mature trees and landscaping. Entertainment and weekend pool parties feature in season, 60 renovated rooms, onebedroom suites, and 7 garden suites. Heated pool, gardens with wood-burning fire pits, wi-fi, IPOD docking stations. Popular for receptions and wedding parties. Pets welcome. May thru October.

> For Complete Listings > **⊘** ONMONTAUK.COM

## THE POINT BAR & GRILL

Established 2000 (631) 668-1500

GREAT FOOD AT GREAT PRICES!
GREAT MUSIC!

Steaks
Seafood
Salads
Best Burgers
Around Town!
Kids Menu

**HAPPY HOUR** 

Mon. thru Fri. 4pm-7pm

1/2 Priced Appetizers (Select Items Seasonal)

1/2 Priced Drinks

Serving Dinner
from 5-10pm
Open at Noon
Lunch Daily
Bar Menu Til
Midnight

\$3 Everything From 11...til

### **HOME OF NY SPORTS**

16 TVs with All the Games Yanks + Mets Guaranteed

NFL Sunday Ticket
MLB Package ALL GAMES!

Flat Screen TV's Golden Tee Golf

Fridays & Saturdays-Best Party in Town!

Montauk's Headquarters for After Wedding Parties

Live Music – Call for Details

(631) 668-1500

697 Main St, Montauk | www.pointbarandgrill.com

## WHITE'S

### Drug and Department Store



Everything you need and more!

**Pharmacy** 

Summerwear

Souvenirs

**Toys & Games** 

**T-shirts & Sweats** 

**All Things Beach** 

Stationery

**Appliances** 

#### ON THE PLAZA, MONTAUK (631) 668-2994

Summer Hours: 8:00am-10:00pm 7 Days a Week Pharmacy: Mon-Sat 10:00am-6:00pm MC-Visa-Amex-Discover

Visit NEXT DOOR for Fashion, Accessories and Footwear Juniors, Misses, & Men's Clothing 631.668.1183



## MONTAUK MANOR RESORT



THE END IS JUST THE BEGINNING...

631.668.4400 www.montaukmanor.com

236 Edgemere Street, Montauk, New York reservations@montaukmanor.com